



Shawnee Skogen 5-689

Hilsen fra Presidenten Wendy Winkelman

**NEXT
EVENT:
Apr. 15, 2023**

**ALL ARE
WELCOME!!**

Hei alle sammen

Our March meeting was again a hit at the St. Nicholas Brewery. Their food and refreshments were wonderful.

This month we will not be having an official meeting. The SON District 5 board will be here for their board meeting. **Please see page 2 for the details regarding the visit.**

We hope that you will find time to visit with the board while they are here. The District President and other board members are excited to visit with you and Southern Illinois. This is "new territory" for them.

Some important upcoming dates include:

Syttende Mai, (May 14) our annual celebration will be hosted by Kitty J, Ron N, and Sarah P. The potluck will be on New Thompson Lake in Carbondale. There will be a

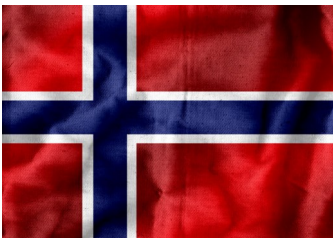
lot of activities for adults as well as the children.

Amy M. will be having a Rosemaling class on June 11 at Giant City Park. Learning a little rosemaling technique will be fun for all of us.

Thanks goes out to Ron N. for his program in March on Thor Heyerdahl. If your curious, maybe Ron would share it with you via email. Give him a holler.

See you all soon. Please email me if you would like to join us for lunch or dinner on the 15th.

Tusen Takk.



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The Friendly Fifth
Wisconsin Illinois Indiana Michigan Ohio Tennessee

Happy Birthday to our Members ! “Gratulerer med dagen”



Jeffery Jorgen Skjeveland	4	22
Erica Marie Strahm	4	26
Wendy Kay Winkelman	4	27

On Saturday, April 15, the District 5 Board (all from Wisconsin or Northern, Illinois) will be having their board meeting at the Davie School Inn in Anna, IL.

The meeting will start on Friday afternoon, continuing most of the day on Saturday. If you would like to join the board for lunch, I can email the time when I have more details. I will need you to RSVP so that I can make sure I have lunch ordered for you.

At 3:30, we plan to wrap up the meeting and head to Star View and Blue Sky Wineries. At 6:30 pm, we have reservations at Giant City Lodge for dinner, and we would love for you to join us if you are able. The dinner should be a great place to meet some of the District 5 board members, including our District President Cheryl Wille-Schlesser. Please RSVP if you can join us at Giant City. Tusen Takk. I would love for many of you to join us for this important visit from our District board members.

PS Dinner at Giant City will be paid for by yourself.

RSVP

wendyathadeland@yahoo.com





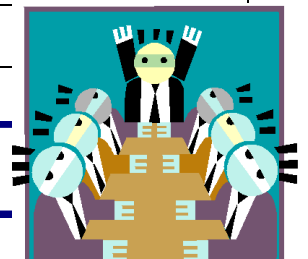
Lodge Programs for 2023

Programs need to be set up for our meetings in 2023. Please send your ideas to the Program Director, Heather Kjellesvik at hkjellesvik@gmail.com.

January 8	2023	Zoom—Heather	Where to Learn Norwegian
February 19	2023	Stave Kirke in Norway	St. Nicholas Brewery, DuQuoin, IL
March 12	2023	Thor Heyerdahl & the Kon Tiki	St. Nicholas Brewery, DuQuoin, IL
April 15, Sat.	2023	Anna, IL	The SON District 5 Board will be here. Please read my front page invitation.
May 14	2023	Syttende Celebration (Mother's Day)	Scandinavian Potluck—388 East New Thompson Lake Road., Carbondale, IL
June 11	2023	Giant City, Shelter 3	Rosemaling in Giant City with Amy M
July 9	2023		Open to Ideas for Summer Meeting
August 13	2023		Open to Ideas for Summer Meeting
September 10	2023		
October 8	2023	Nathan	Hardanger Embroidery
November 12	2023	Bill/Wendy	Lefse Making
December 10	2023	Open for Site	6th Annual Julebörd

2023 Officers

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Social Meeting Minutes—March 12, 2023

Pledge of allegiance

New member: Tricia Miller, from Herron.

Visitors: Brad, Cat.

Bill, Wendy, Jeanelle, Mike, Penni, Heather, Ron

Heads or tails. Winner: Jeanelle Charman.

Wendy has brought in books. 3 books in a Series, call the Immigrants written by Moberg, a Swedish author and 4 other books, all mysteries, 3 from Norwegian authors and 1 from an Icelandic author.

Next month is April. District 5 S of N coming down here on the 14th. Meeting on Friday night, all day Saturday, then Giant City Lodge for dinner on the 15th.

Ron explained a little bit about the different sports medal levels. Idrettsmerke, Skimerke, Svømmenmerke, Sykkelmerke, Gangmerke.

Ron Naversen has the presentation today on Thor Heyerdahl.

Thor Heyerdahl. 1914-2002. Main interest was Polynesian culture. Set out to demonstrate the possible existence of Kon Tiki, reputed to be the discoverer of Polynesian islands. He was challenged to demonstrate the veracity of his theories. He was able to do so with private donations as well as the US Army. Peter Freuchen (Danish) advised Thor to use native, not modern, techniques. Rafts can't be steered. The goal, then, was to float from South America to Polynesia. Crew of 6, including Heyerdahl. 101-day voyage, with ham radio contact. 4,300 miles traveled. There is still an award-winning documentary available on Netflix. There are also movie versions.

Followed up with writing Aku-Aku, based on Easter Island discoveries. Then he recreated some of the ancient trade routes between the Middle East and South America, using Ra I and Ra II, reed boats. Final expedition was the Tigris Expedition, in which he showed possible sea travel via the Tigris River.

In 2015-16, there were two more Kon-Tiki expeditions to and from Easter Island.

May's Syttende Mai celebration meeting will be in Carbondale.

God Påske!

Easter is one of Norway's biggest holidays, just as big as Christmas. The entire country seems to shut down during the week of Easter to enjoy the holiday with family, friends and nature. The Norwegians' idea of having a god påske consists of hiding away up in the mountains, skiing the last available snow or basking in a wall of early spring sunshine known as solveggen.



Påskeaften, Easter Eve on Holy Saturday is the big day of celebration. Children get to open large colorful Easter eggs filled with candy, families organize ski races and hikes in the mountains and the biggest meal of the week concludes the day with an Easter lamb or chicken. Easter Sunday gets underway with a special breakfast at the family hytte or at home, sometimes followed by church. It is common to enjoy homemade Easter bread on Sunday. Pastel-colored Easter bunnies, chickens, daffodils and eggs cover the table to set the mood. No Easter break is complete without the popular påskekrim (Easter crime) novel.

Milk Carton Mysteries Return

The Norwegian national obsession with crime novels cannot be understated, especially around Eastertime. The holiday has been associated with mystery novels for a century, so much so, that there is a single word for it: påskekrim. This fascination with whodunits extends beyond traditional books.

For 25 years, dairy company TINE printed Easter detective series on the back of milk cartons, so the whole family could put their heads together to solve a mealtime mystery. This tradition also led to a unique compound word: melkekartongkrim, milk carton mystery. In 2021, TINE announced that they would no longer be printing crime stories on their cartons but switching to scannable QR codes leading to interactive web games. After widespread backlash and petitioning, TINE decided there was no shame in reversing course and brought back the carton crime series in 2022, introducing a new crime-fighting chicken on skis. TINE doubled down, adding a full nynorsk version for the first time on their cultured milk cartons.



Photo Credit: TINE

Read more about 100 years of the Easter crime novel in the March/April issue of Viking.



World's First Fully Electric Public Transit System

By the end of 2023, Norway hopes to have the world's-first fully electric public transit system. The city has invested in 450 electric buses to replace the remaining diesel-fueled buses. While the upfront costs of US \$51.3 million are higher than the price of diesel buses, they believe there will be great long-term savings as electric buses have lower maintenance and operation costs. The public transport authority for Oslo is also confident that the new buses will be more comfortable and quieter for passengers. This move is expected to not only reduce emissions but also improve public health by reducing air pollution.

It is part of Norway's grand plan to be emissions-free by 2030. Many would say Norway is on the right track as electric vehicles in Norway now outnumber gas cars on Oslo's roads. They have become a "global pioneer for the green transportation revolution," hoping that other cities will follow suit to shift away from fossil fuel use.

Påsekjeks / Easter Cookies

These decorative cookies make a cheerful addition to any Easter celebration. You can vary the fillings to suit your taste- this recipe calls for fillings of orange marmalade or hazelnut/ chocolate.

The dough is a shortcrust pastry with almond flour. The dough needs to be completely cold before rolling out. Chill overnight, or an hour in the fridge works well. Test a little bit of the dough rather than rolling out a big piece that ends up sticky.

You can find egg-shaped cookie cutters online or in stores, or if you want to make these without buying anything, you can cut an egg template out of a cereal box and cut around it.

Dough:

200 g butter or margarine
 150 g all-purpose flour
 100 g ground almonds
 70 g powdered sugar
 1 egg yolk (or substitute with 2 Tablespoons of water)

Fillings:

75 g chocolate hazelnut spread like Nutella or Nugatti
 75 g melted milk chocolate
 Orange marmalade
 Powdered sugar for sprinkling

1. Put all dough ingredients into a bowl, mix with your hands until the dough forms.
2. Wrap dough and refrigerate for an hour.
3. Roll out the dough on a floured surface to approx. 2-3 mm (1/8 inch) thickness.
4. Cut out 10 cm / 4-inch egg shapes and place on a baking sheet. Bottom cookies will be full egg-shapes. Use a smaller round cutter (2.5 cm/1 inch diameter) to cut out a “yolk” into half of the cookies- these will be the top cookies.
5. Bake in the middle of the oven at 200°C (400°F) for 10 minutes.
6. Remove from oven and cool on cooling rack.
7. Making the fillings:



Photo Credit: krem.no

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**We are also apart of SON District
5—Check out their website at:
<http://sonsofnorway5.com/>**

**We're on Facebook
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**SONS of
NORWAY**

Mission Statement

*The mission of
Sons of Norway
is to promote and to
preserve the heritage and
culture of Norway,
to celebrate our relationship
with other Nordic countries,
and to provide quality
insurance and financial products
to its members.*

Easter Cookies (continued)

Heat orange marmalade in the microwave or in a saucepan. Spread marmalade on one of the bottom cookies. Place the part of the cookie with the cutout on top and then fill the “yolk” with marmalade filling. Sift powdered sugar on top. Take a spoon dipped in water to bring shine to the "yolk."

Melt the chocolate and mix with nougat spread. Spread chocolate mixture on one of the bottom cookies. Place the part of the biscuit with the cutout on top and then fill the “yolk” with nut/ chocolate filling. Top with a chocolate mini-egg or three.

These cookies have a room temperature.



long shelf life when stored at room temperature.
Source: Krem.no