

Fosselyngen Runespeak

juli og august 2024
Volume 49 No. 4



Fosselyngen Lodge No. 5-082, Sons of Norway

PO Box 20957, Milwaukee, WI 53220

FOSELYNGEN LODGE – CALENDAR OF EVENTS

JULY	8 Monday	Lodge Picnic – Fosselyngen 5 PM (See May/June Runespeak for Details.)
AUGUST	12 Monday	Soc/Cult Meeting at Resurrection Lutheran Church 12400 W. Cold Spring Rd., New Berlin, WI Socialize at 5:30 PM. Dinner at 6 PM. Meeting at about 6:45 PM. Program: August 12th Cultural Program - Stave Churches of Norway Corlene Bartels will tell us about stave churches in Norway. She is past president of Norsemen of the Lakes Lodge in Walworth County and a 3 rd generation Norwegian-American. She became interested in stave churches in 2016 while touring in Norway. She has a presentation that will show and tell us about each of the stave churches in Norway. (See Pg. 3 for Full Details of Mtg.)
SEPTEMBER	9 Monday	Soc/Cult Meeting at Resurrection Lutheran Church 12400 W. Cold Spring Rd., New Berlin, WI Socialize at 5:30 PM. Dinner at 6 PM. Meeting at about 6:45 PM. (Prog. topic on Pg. 3 of this issue. See Sept./Oct. <i>Runespeak</i> for full details.)
OCTOBER	14 Monday	Soc/Cult Meeting at Resurrection Lutheran Church 12400 W. Cold Spring Rd., New Berlin, WI Socialize at 5:30 PM. Dinner at 6 PM. Meeting at about 6:45 PM. (Prog. topic on Pg. 3 of this issue. See Sept./Oct. <i>Runespeak</i> for full details.)

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Like the modern alphabet, runes were the written symbols of our Norse ancestors. Understood only by the very wise, they were used to communicate with others, as well as with the ancient gods.

FRA PRESIDENTEN
(juli og august 2024)

President's Message June 12th, 2024

Dear Members,

We had a great meeting and program in May to celebrate Syttende Mai. Daryl Wunrow did a great job with his extensive research and presentation about Olav Eide, a past member and past District 5 President of Sons of Norway. His son Erik Eide said he learned things about his Dad that he didn't even know. We also enjoyed a delicious Norwegian dinner of Lapkaus (Norwegian stew with beef tips). Thanks to the members Arlette Johnson, Nancy Sande, and Kath Holmes who baked Norwegian cookies to add delight to our ice cream cup dessert and all who helped with set up, serving and cleaning up.

We have been notified by the Sons of Norway home office that our dues will be increasing on July 1st, 2024. They explain that they haven't increased dues since 2018, while inflation has increased 21% and that our dues don't cover the expenses of doing business. Our board has discussed how this increase may be a hardship for some members and have voted for our local lodge to reimburse members the increase amount after you make your annual payment. A single member dues will be \$84.00 (an increase of \$24) and a family membership will be \$144.00 (an increase of \$48). If you renew after July 1st and pay the annual premium, Gretchen Bjork, our Treasurer, will see your name on the renewal report, and she will send you a check for the \$24 or \$48.00 increase. We will not be able to accommodate monthly payment plans unless you wait until you pay the higher monthly payment for 12 payments. Golden Members' dues are slightly less, and they will receive a check for the increased amount of their dues as well. This is another benefit of your membership with Fosselyngen! You are a valued member!

Our lodge picnic is Monday, July 8th at 5PM at the home of members Dave and Victoria Christianson, 3435 Cardinal Dr., Brookfield, WI 53005. If you haven't already sent me your RSVP, please do so by email sjroedel@gmail.com, or phone call or text to 414-526-8312, so we can have the proper amount of food. We plan on playing the Norwegian yard game of "Kubb" and also Bingo. Please bring a lawn chair if you are able. I hope to see you there!

Sue Berg Roedel

414-526-8312

sjroedel@gmail.com

FOSELYNGEN OFFICERS

President	Sue Berg Roedel	414-526-8312
Vice-President	*Arlette Johnson	414-368-3324
Treasurer	Gretchen Bjork	262-502-9197
Secretary (Correspondence)	Janice Gregoire	262-784-6953
Secretary (Recording)	Karen Smeiska	414-690-4402

If you have any questions, please call one of the above officers.

***NOTE:** For membership information, call our Vice-President, Arlette Johnson.

MONDAY, AUGUST 12th, 2024
Social/Cultural Meeting
Resurrection Lutheran Church
12400 W. Cold Spring Rd., New Berlin, WI 53151

Socialize at 5:30 PM.

Dinner at 6 PM. Menu: Turkey, mashed potatoes, and vegetables

Meeting starts at about 6:45 PM.

Program: August 12th Cultural Program - Stave Churches of Norway

Corlene Bartels will tell us about stave churches in Norway. She is past president of Norsemen of the Lakes Lodge in Walworth County and a 3rd generation Norwegian-American. She became interested in stave churches in 2016 while touring in Norway. She has a presentation that will show and tell us about each of the stave churches in Norway.

PROGRAM PLANNED FOR SEPTEMBER 9th 2024 SOCIAL/CULTURAL MEETING

Monday, September 9th - Outdoor Campfire and Viking Stories.

(See September/October 2024 Runespeak for full details of meeting and program.)

PROGRAM PLANNED FOR OCTOBER 14th 2024 SOCIAL/CULTURAL MEETING

Monday, October 14th - Steve Andersen will offer Part 2 of his recent trip to Norway, featuring the Hurtigruten Cruise from Bergen to Trondheim and the Lofoten Islands.

(See September/October 2024 Runespeak for full details of meeting and program.)

Program: “Celebrate Syttende Mai, the Norwegian National Day”

Daryl Wunrow’s presentation on May 13th was about “Past Lodge Member Olav Eide - Norwegian-American member of the 99th Viking Battalion and OSS in World War II”. Olav’s son Erik Eide was present to show his father’s memorabilia and share memories of his father.

Erik furnished the information and photos to Daryl for the PowerPoint presentation about Olav’s life in general, and especially about his World War II experiences as a member of the Norwegian-American units in the United States Army.

Erik (left) is shown with Daryl in the following photo.

The items on the table in the photo at the bottom of this page are Olav’s memorabilia that Erik brought to the meeting.





Our Lodge Fosselyngen Stave Church Model Update

Our model of the Borgund Stave Church has arrived at its new home at Chapel in the Hills in Rapid City, South Dakota. It is now displayed in the Stave Church Museum, the chapel director Brian Kringle announced.

The Chapel and museum are now open for the season! Hours are from 8:00 AM to 7:00 PM daily (8:00 PM starting June 1).

Site Information: Chapel in the Hills | 3788 Chapel Lane | Rapid City, South Dakota 57702.

<https://www.chapel-in-the-hills.org/>

(605) 342-8281.

Brun Lapskaus (Norwegian Beef + Vegetable Stew)

Lapskaus is a traditional Norwegian stew, usually made with beef and root vegetables. It tastes even better the next day!

Prep Time: 15 minutes

Cook Time: 1 hour and 45 minutes

Total Time: 2 hours

Servings: 4

Ingredients

- 2 tbsp olive oil
- 1 and $\frac{3}{4}$ lbs beef (stew quality – I used chuck steak)
- 1 onion
- 3 cups beef stock
- 1 small rutabaga
- 1 celery root
- 4 carrots
- 4 parsley roots
- 1 lb potatoes
- $\frac{1}{2}$ leek
- fresh parsley (garnish)

Instructions

Heat olive oil in a large pot. Cut beef into 1 inch (2.5 cm) cubes and brown in oil.

Dice the onion and add to browning beef. Add the stock and bring to a boil, then lower the heat, cover, and let simmer for about 30 minutes.

Peel and cut the rutabaga and celery root into 1 inch (2.5 cm) cubes. Add to the pot, cover, and continue simmering for another 30 minutes.

Peel and chop the rest of the vegetables into 1 inch (2.5 cm) cubes and add to the pot. Slice the leek into rings. Cover and continue simmering for about 20 minutes. Stir as little as possible. Top with fresh parsley.

Crossings 200: Bicentennial Commemoration of Norwegian Migration to America

Written by Mark Bjorgo, Fosselyngen Lodge Member
Article for Valdres Samband Budstikken
Reprinted here by permission

A large effort is underway, both in Norway and North America, to commemorate the 200th anniversary of the first organized direct emigration from Norway to America in 1825. Many groups are developing activities to raise awareness and understanding of Norwegian emigration and history to strengthen the bonds and networks of Norwegians abroad and in Norway.

On July 4, 1825, a group of 52 Norwegians set sail on the ship *Restauration* to make the first organized migration from Norway to North America. Since that first voyage, nearly a million people have followed, leaving their homes in search of opportunities and a better life. While many returned to Norway, most remained and built new homes and lives for their families in the United States and Canada. Today, nearly 5 million people in North America claim Norwegian ancestry- almost as many people that live in Norway today.

A website dedicated to the bicentennial was launched on March 5, 2024 [[Velkommen — Welcome - Crossings \(norwegianamerican.com\)](https://www.velkommen-welcome-crossings.com)] in coordination with the Norwegian Emigrant Museum [[2025 - Norsk utvandremuseum \(utvandremuseet.no\)](https://www.2025-norsk-utvandremuseum.no)] located near Hamar, Norway. The website provides information, resources and calendar of events for the bicentennial commemoration. Groups may register their events on the website, which is serving as a hub for the bicentennial commemoration.

Examples of activities include plans for a replica ship to sail from Stavanger on 4 July 2025 to New York City arriving 9 October (Leif Ericson day) and a conference June 18-22 at St. Olaf College in Northfield, Minnesota. The Norwegian-American Historical Association (NAHA), Det norsk-amerikanske historielaget i Norge (NAHA-Norge), the Norwegian Teachers and Researchers Association of North America (NORTANA), and the Norwegian Department at St. Olaf College will co-host a conference commemorating 200 years of Norwegian migration to/from North America. The multi-day event will offer a variety of experiences that will appeal to scholars and researchers of Norwegian migration as well as the general public, including Norwegian-American music, dance, historic sites, and more. More information is forthcoming, including a call for papers, registration, lodging, pre- and post-conference excursions, and more.

Cooperation in the Valdres region

There was a presentation in February this year from the 2025 bicentennial committee to the board of the regional organization Valdres Historical Society and members of the local historical societies in each of the Valdres municipalities. The organizations are now in the process of planning a new organization structure with Valdres Historical Society as an umbrella organization and hopes that activities tied to the bicentennial on emigration in Valdres could unite the new organization in a common activity.

Crossings commemorates 200 years of organized Norwegian migration to North America. 2025 will be a year to celebrate the strong ties between Norway, the United States, and Canada. It's an opportunity to remember what it means to take great risks and trade one home for another. And it's a chance to better understand the movement of peoples that continues worldwide today.

VASA PARK

35W217 Route 31
South Elgin, IL 60177

The 44th Scandinavian Day Festival

Sunday, September 8, 2024

Festival Hours are from 10:00 am to 5:00 pm

\$15.00 per person, Children 12 and under free!

For full information go to www.scandinaviandayil.com

Please Note: If you receive a notice or call that a member is sick, in a nursing home or has passed away, **call Nancy Sande (414-231-3586) or Ellie Thoresen (262-953-2871) so that the person can be remembered and other officers notified.**

Also, don't forget to **notify Arlette Johnson (414-368-3324) when a member of the Lodge passes away**, since Arlette must notify the Sons of Norway office in Minneapolis. Many people do not purchase a newspaper, and others do not indicate in the obituary that they were a member of Sons of Norway.



WELCOME NEW MEMBERS

Todd Reinke & his wife Susan,
and their daughters Peyton, Sadie,
and Mallory.

HOW TO CONTACT FOSSELYNGEN LODGE:

To Phone: Call 414-526-8312

To Send Postal Mail:

Fosselyngen Lodge No. 5-082
Sons of Norway
PO Box 20957
Milwaukee, WI 53220

Fosselyngen Lodge Web Site:

<https://sonsofnorwaymilwaukee.org/index.html>

Fosselyngen Lodge Facebook Site:

<https://facebook.com/fosselyngenlodge>

SPORTS MEDAL PROGRAM

Just a reminder that forms and information about the Sports Medal Program are available. Contact Dennis Dale at 414-771-3470 or by mail at 1527 Alice Street, Wauwatosa, 53213.

GUIDELINES FOR BRINGING GUESTS TO LODGE MEETINGS

Members are encouraged to invite guests to our monthly meetings to learn more about our Lodge. If a guest would also like to join us for dinner prior to the program, they may do so at no cost for one time only. Should they want to come again, they will need to pay \$10.00 for the dinner. As a member you are not charged for any regular meeting meal and also receive a discounted price for the picnic and Christmas party, so please encourage your friends to join to receive these benefits and become a member of the Fosselyngen Family.

*** JOIN US IN SONG ***

Festival City Chorus, Milwaukee's own a cappella chorus, is working diligently to prepare for performances and contests.

We rehearse most Tuesday evenings at Mount Hope Lutheran Church, 8633 W. Becher.

ALL males interested in learning more about us are encouraged to call our hotline: 414-281-SING (7464)

Don Doss, SON Member

Have You Had a Financial Checkup Lately?

If not, contact your field staff representative, Greg Ragan, to set up an appointment to discuss your financial needs at no cost to you. This is a benefit of membership.

Greg Ragan, Sons of Norway
Fraternal Benefits Counselor,
Insurance & Investments

7042 Kinnikinnick Drive
Roscoe, IL 61073

Phone: 815-623-8817 (Office)

Email: gragan51@gmail.com

www.sonsofnorwayblog.blogspot.com

Designed to provide up-to-date commentary or news on issues related to Norway and Sons of Norway.

CHANGE OF POSTAL ADDRESS, PHONE NUMBER, OR EMAIL ADDRESS

If you have a change of any of these items, **please** notify the Sons of Norway International Headquarters Membership Department.

Either phone their office at 800-945-8851, or you can log on to the Sons of Norway website (<https://www.sofn.com>) and view & update your member profile.

Notice: All articles & information for the September/October 2024 newsletter are **due by August 15th**.

Email articles to the editor, John Schneble, csjohn@att.net or mail to: 1024 North 121st Street, Wauwatosa, WI 53226. The editor reserves the right to edit all articles.



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Sons of Norway
PO Box 20957
Milwaukee, WI 53220

The preacher stopped by to see Ole and Lena. During the visit, Little Ole entered the room. Wishing to impress the minister, Ole said, "Little Ole, why don't you show Reverend Olson how you can count?" Whereupon, Little Ole showed what he knew: "Vun, two, tree, four, five, six, seven, eight, nine, ten, Jack, Queen, King." Ole just about fainted.

Knute was in Fargo visiting Lars. Lars was showing Knute around in his car when he went through a red light. "Lars," said Knute, "you yust went tru a red light." "Yah, I know", said Lars. "Ole does dat all da time." A few minutes later, Lars did the same thing, explaining that was what Ole was accustomed to doing. Shortly, they came to a signal where the traffic light was green. Lars stopped the car. Puzzled, Knute asked why he stopped on GREEN. "Becoss," said Lars, "Ole might be coming from da other direction."

Ole and Lena went to the Olympics. While sitting on a bench a lady turned to Ole and said, "Are you a pole vaulter?" Ole said, "No, I'm Finnish, and my name isn't Valter."

<p>Monthly meetings vary. Please see page one for dates, times, and location of meetings. Web site: http://sonsofnorwaymilwaukee.org</p>
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<p>The mission of Sons of Norway is to promote and preserve the heritage and culture of Norway and provide quality insurance and financial products to its members.</p>	<p>Sons of Norways mission er a fremme og ivareta norske kulturtradisjoner, og samtidig tilby de beste forsikrings-og finansprodukter til alle medlemmer.</p>
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