

Sons of Norway

Polar Star Lodge 5-472

Meetings on the first Sunday of the month – Potluck at 1:30 p.m.
St. Olaf Lutheran Church – Douglas Road, Montgomery, IL

President's Message



H

Hilsen Polar Star Lodge!

It's that time again!!! Polar Star will be hosting our annual "Taste of Norway" Høstfest (Fall Festival) on November 5th! We all look forward to enjoying traditional Norwegian food, music and culture demonstrations. We hope to see all of you at our Lodge with your family and friends to enjoy the return of this special Lodge event.

Vi sees!
Your President
Ken Johnson

Slooper shirts will be available for purchase at the "Taste of Norway" Fall Festival



UPCOMING EVENTS

Polar Star "Taste of Norway" HØSTFEST

November 5th

11:30- 3:00

See page 2 & 4 for details

Polar Star Newsletter Deadline
Will be the 14th of every month. Please
submit all articles to Barb Johnson at
barbjjohnsonb@aol.com
Follow us on facebook @
Sons of Norway – Polar Star Lodge
Norway Museum Webiste
www.norskmuseum.org.
Polar Star Website
www.polarstarlodge.com



HØSTFEST WORKERS NEEDED

Please sign up to help with our Høstfest event that will be held November 5th, 2023.

We are really in need of workers.

Work Crew

Saturday afternoon at 1:00 p.m. (November 4th) set up help

Sunday workers (Nov. 5th)

Set up – 10:00

Kitchen Help any time between 11:00 - 3:00 p.m.

Food Servers from noon to 3:00 p.m.

Craft Table from noon to 3:00 p.m.

Krumkake and/or vafler demonstrators

Polar Star Loppemarked (Collectibles) noon to 3:00 p.m.

Clean up at 3:00 until we are done.

Food: We would like each member who is able to bring at least two dozen open-faced sandwiches (smørbrød), plus some Norwegian dessert(s). Here is a list of the dessert items that have been well received in the past:

Fruit Soup

Lefse (homemade only)

Julekake

Kringla

Eplekake

Kransekake

Bløtkake or other cream cakes

Lingonberry Bars and Cake

Almond Bars and Cake

Ice Cream with Lingonberries

Krumkake

Kardamom rolls/cake/cookies

Please contact Nancy Andersen (640-377-2956 or email her at nancyandarthur@comcast.net) and let her know when you will be working or what you will be bringing so we can avoid last minute phone calls.

Høstfest Schedule:

11:30 Lunch is served and Market opens

1:00 President's Greeting

3:00 p.m clean up begins

Editor's note: run off page 4 and use as a flier. Post it or give it to a friend.

Sons of Norway – Polar Star Lodge – 5-472



“Taste of Norway” Høstfest – Fall Festival **Sunday, November 5, 2023**

St Olaf Lutheran Church – 1223 Douglas Ave.
Noon- 3:00 p.m.
Montgomery, IL

- *Taste Traditional Norwegian smørbrød (open faced sandwiches) and desserts**
- *Listen to Norwegian Folk Music**
- *Visit the Polar Star Loppemarked (Marketplace) and Bakeri (Bakery) with lefse and Norwegian cookie demonstrations.**
- *Watch rosemaling and Hardanger Embroidery demonstrations**

Contact: Polar Star Cultural Director – Barb Johnson
Email: barbjohnsonb@aol.com or by phone: 630-553-738



Polar Star Culture Corner

by Barb Johnson

Have YOU completed your 2023
Culture Goals???????



2023 Polar Star Culture Goals

Genealogy Medal 2023

- Complete a biography for a Norwegian American Women
- Participate in the Polar Star Festival of Women (Jan. 7, 2024)

Literature Medal 2023

- Read 3 books about Norwegian American Women
- Attend 1 Sons of Norway Book Club Zoom Meeting

Traditional Norwegian Food Medal

Submit five recipes for our Polar Star Cookbook

1 cookie

1 cake

1 dessert (not a cake or cookie)

1 bread

1 meat/egg dish

Participate in the Family Food Festival

EDITOR'S NOTE....THIS ARTICLE APPEARED IN THE OCTOBER 2023 EDITION OF THE SLOOPER SOCIETY NEWSLETTER WRITTEN BY KIRK MIES.

This entry was posted in [General](#) on [October 9, 2023](#)



EDITOR'S NOTE....THIS ARTICLE APPEARED IN THE OCTOBER 2023 EDITION OF THE SLOOPER SOCIETY NEWSLETTER WRITTEN BY KIRK MIES.

98th Annual Meeting a Huge Success!



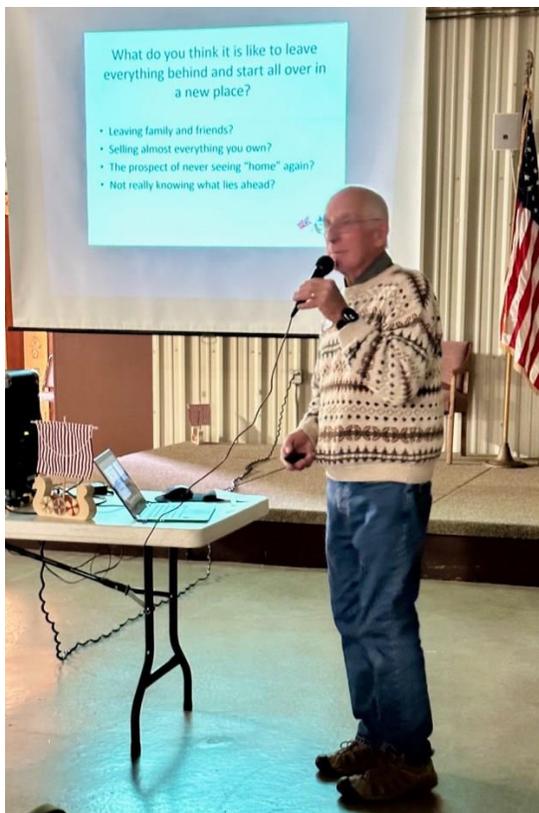
I think we should start with dessert!

This year the Sloopers partnered with the Norsk Museum and members of the Cleng Peerson and Polar Star lodges to put on a very special meeting. A wonderful meal was provided by the Norsk Museum which included cod, ham with kumla, lutefisk, meatballs, cabbage, Jarlsburg cheese, specialty breads, breads with lingonberry sauce, kringla, lefse, Norwegian desserts and guma.

Our feature presentation this year was, “The Sloopers of 1825” by Dale Goodman. Dale is a descendant of Tormond Madland and Siri Iversdatter Seldal who sailed aboard Restauration in 1825.

The meeting was very well attended by approximately 85 people which included a very special visit from Art Mortvedt who traveled all the way from northern Alaska to join us in beautiful Norway, IL. But that is really nothing for Art as he has travelled the world including multiple visits to the North and South poles. To learn more about this very interesting Norwegian-American and his airplane, the Polar Pumpkin, check out polarflight90.com.

It was wonderful to see these various organizations come together to celebrate their shared Norwegian heritage. Thank you to everyone for a wonderful day!



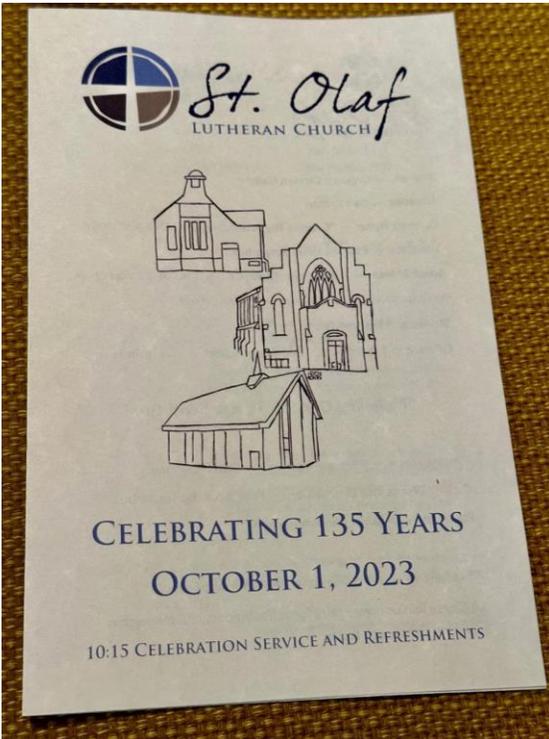
- Dale Gale Goodman from Vesterheim Museum

Polar Star and Cleng Peerson Dessert Table



This entry was posted in [General](#) on [October 9, 2023](#) by [Kirk Mies](#).

St Olaf's 135 th Anniversary Celebrations October 1, 2023



**Polar Star Lodge congratulates and thanks St. Olaf Church for
135 Years of Serving their Community.**



2023 culture programming was devoted to the **“Year of the Woman”** at Polar Star Lodge.

All members were encouraged to research their Norwegian mothers, grandmothers, aunts, sisters or special friends. I hope all of you have completed your research and are prepared to honor that special woman at our January 2024 Lodge meeting. Please provide their written story, their pictures, and their influence on their families and/or communities.

Costumes, and mementos are always encouraged (and appreciated) but not a requirement.

Your Culture Director is looking forward to meeting all of the influential women of our Lodge!

Gratulerer Med Dagen (Happy Birthday) Polar Star!



Karen Oswald October 30



Cole Johnson November 4



OCTOBER 16-31

- 19. Donna Kristensen
- 19. Emilia Todd
- 30. Karen Oswald

NOVEMBER 1-15

- 4. Cole Johnson
- 9. Gelaine G. Gallucci
- 9. Jean Kutrovatz
- 14. Michael Ward

POLAR STAR 2023-24 CALENDAR OF EVENTS

PROGRAMS 1:30 p.m. (unless listed)

Polar Star Høstfest – November 5th Noon

POLAR STAR JULETREFEST

SUNDAY, DECEMBER 3rd

Tree trimming at 1:00 p.m.

POTLUCK BEGINS AT 1:30

January 7th 2023 (1st Sunday)

Festival of Norwegian Women

St Olaf's 135 th Anniversary Celebrations

October 1, 2023



Slooper Meeting 2023

Sons of Norway Polar Star Lodge 5-472 Regular Meeting, October 2, 2022

St. Olaf Lutheran Church
1233 Douglas Avenue
Montgomery, IL 60538

The lodge met in person in St. Olaf's Lutheran Church basement. President Ken Johnson called the meeting to order at 2:20 PM, following a 1:30 PM delicious pot luck luncheon. Kitchen hosts were Phoebe and Al Bergh.

President's Announcements:

- President Ken opened the meeting and welcomed everyone. Ken introduced new member JoAnne Ward and her husband Mike.
- Attendance at this year's Vasa Park event in early September was down due to severe weather and heavy rain. Ten vendors (including us and our Polar Star booth) unfortunately pulled out. It was the right thing to do.

- Norske Museum Smorgasbord on Saturday October 8th .Tickets \$25 per person (advance tickets only). Please start baking your Norwegian goodies for the dessert table. Contact Dave Johnson for tickets. Seatings at 3:30 and 5:30 PM.
- Cleng Peerson Lodge will be celebrating its 50th anniversary on October 23, 2022, at the K of C in Ottawa, IL Guest speaker will be Susan Meyer, Norwegian Honorary Consul for Illinois. Social time at Noon, Dinner at 1 pm. \$40 per person. Contact Rich Gunderson for reservations. There will be a Polar Star Table.
- Many of you may be aware that our Norwegian friend, Inger Langsholt, who has a table selling Scandinavian items at our Host Fest also at other events that we attend, and who has shared Norwegian coffee traditions with our Lodge, is currently in the hospital in Rockford and will likely be in rehab for considerable time. Contact Barb or Karen for information and hospital/rehab mailing addresses.

Treasurer's Report: In the absence of our treasurer Carol, President Ken read the Treasurer's report (copy attached). Total assets of \$15,547.75.

Social Director:

- Norske Museum Smorgasbord – Polar Star will be providing salads as well as Norwegian baked goods. If you haven't already touched base with Nancy, please let her what types of sandwiches and baked goods you will be bringing. Please also let her know which shift(s) you will be working.
- Hostfest November 6 at 11:30 a.m. – Provide food items: Open Face Sandwiches and Desserts. Please let Nancy know what you'll be bringing, and the time that you will be able to work at it. Lynn will demonstrate Rosemaling and there will be a new vendor Mandy. We are looking for additional vendors. Ingrid's Scandinavian Cuties table will not be available.

Cultural Director:

- Hostfest – Barb will be doing Demonstrations. Music to be determined as Doris will be out of town.
- Sons of Norway Book Club – You are not required to read a book to attend the zoom Book Club on the 3rd Thursday of each Month. September books were "The Far Traveler - Voyages of a Viking Woman " and "The Land of Dreams". October books are "Madhouse at the End of the Earth" and "The Darkness".
- The book club has an author presentation on the 2nd Monday of each month: an author presentation. For October, the author Jan Carol Simonson will talk about her book "Brooklyn girl: Growing up Norwegian in New York City".

Sports Director:

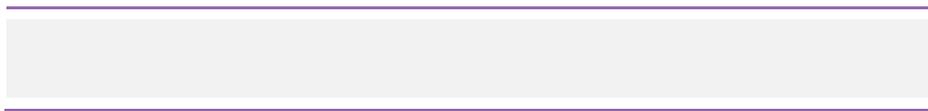
- "Ruck March": Vi received Norwegian Socks.
- Gangemerke medals: Vi received enamel and Floyd gold.

District 5 Representative:

- Connie shared some information about the International Lodge Zoom Meeting. The District 5 President stated that SON most importantly is an Insurance Company. SON is like a 3 legged stool – Financial, Fraternal and Foundation.
- Highlight of meeting was Robin Fossen's Hardanger Fiddle presentation and the VP's Memorial Service.
- Frank asked if moving priorities from Fraternal to Insurance will prompt changes to money rules. Connie responded probably as hiring more Insurance Agents.
- Cultural and sports medals will be handled totally locally (by Barb and Jeri).

Meeting Adjournment: The meeting was adjourned at 3:25 PM.

Today's Program:



- Barb and Connie presented a delightful interpretation of the book “Norwegian American Women in Illinois”, highlighting areas that applied to their mother. Focused on a rural farm life from their mother’s perspective: Family, Community, Partner and Educators. The women stayed because of improved position, marriage, American-born children, better wages, and better life.
- Al Berg spoke briefly about his grandmother, and that his grandfather was a pastor to six churches so was gone a lot. His grandmother took care of the family while he was away preaching. She ran the family and attended to six relatives during the 1918 flu epidemic. Because we were running late, Al’s story will be continued at the next regular meeting.

Next Meeting:

- For our next regular meeting, please bring pictures and stories about your own family’s women who came over from Norway.

Meeting Adjournment: The meeting adjournment ran late, around 4 pm.

Respectfully submitted,
Diana Raimond, Assistant Secretary
Karen Oswald, Secretary