

Sons of Norway

Polar Star Lodge 5-472

Meetings on the first Sunday of the month – Potluck at 1:30 p.m.
St. Olaf Lutheran Church – Douglas Road, Montgomery, IL

President's Message



President Ken at the Norsk Museum Opening Day Event

Hilsen Polar Star Lodge!

As many of you know Barb and I are headed to Norway this month with our children and grandchildren. We look forward to sharing our experiences with all of you when we return. Thanks to all of you who baked and sold our baked goods at the Norsk Museum Opening on July 3rd. Hopefully I will see many of you at the Swedish Day Parade in Geneva on June 25th.

Your President
Ken



Frances and friends working the Norsk Museum Opening Day Breakfast event.



UPCOMING EVENTS

Swedish Days Parade
June 25, 2023 - noon

See page 3 for details

Polar Star Indoor Picnic
August 6th – 1:30

See article on page 2

Scandinavian Days

at
Vasa Park

Sunday September 10th

see article on Page 3

Polar Star Newsletter Deadline
Will be the 14th of every month. Please submit all articles to Barb Johnson at barbjohnsonb@aol.com
Follow us on facebook @
Sons of Norway – Polar Star Lodge

AUGUST LODGE EVENT
AUGUST 6th, 2023

Polar Star Picnic and Viking Games



Kjeppepinne



Potluck Pølse Piknik begins at 1:30
St. Olaf Lutheran Church
Montgomery, IL

Please bring a picnic dish to pass, your own table service and lawn chairs

Norsk Museum
Opening Day
Breakfast and Bake Sale
June 3rd



Docents are still needed!



Contact
dave.norskmuseum@gmail.com
to be placed on the schedule



VÄLKOMMEN



Swedish Days 2023
June 21-25 Geneva, IL

Sunday, June 25 Swedish Day Parade

Polar Star Lodge will be participating the Swedish Day Parade. Our line up number is 40A. Please arrive by noon wearing your Norwegian gear and waving your Norwegian flags at the staging areas at Steens and McKinley or Logan and Center. There is NO entry allowed at Anderson and Center. Ask a parade marshal wearing a yellow shirt if you need help finding our location

Hurra for Norge!!!

Vasa Park Scandinavian Festival

Sunday, September 10, 2023



“This will be the 43rd Scandinavian Day Festival. Many years have passed and the festival has evolved but it remains loyal to its roots; the heritage of the five Nordic countries. We achieved our mission to bring the Scandinavian community together last year when 1,400 people visited the Festival, and with your support we can look forward to a memorable 43rd Festival on **September 10th, 2023**.

“The Festival planning team is working to select the entertainment including the ever popular ABBA Salute and finding vendors to prepare those delicious Scandinavian foods and an assortment of Scandinavian goods for you. We are excited to bring to our 5 Nordic communities, and the Midwest, a vibrant and fun-filled Festival for 2023



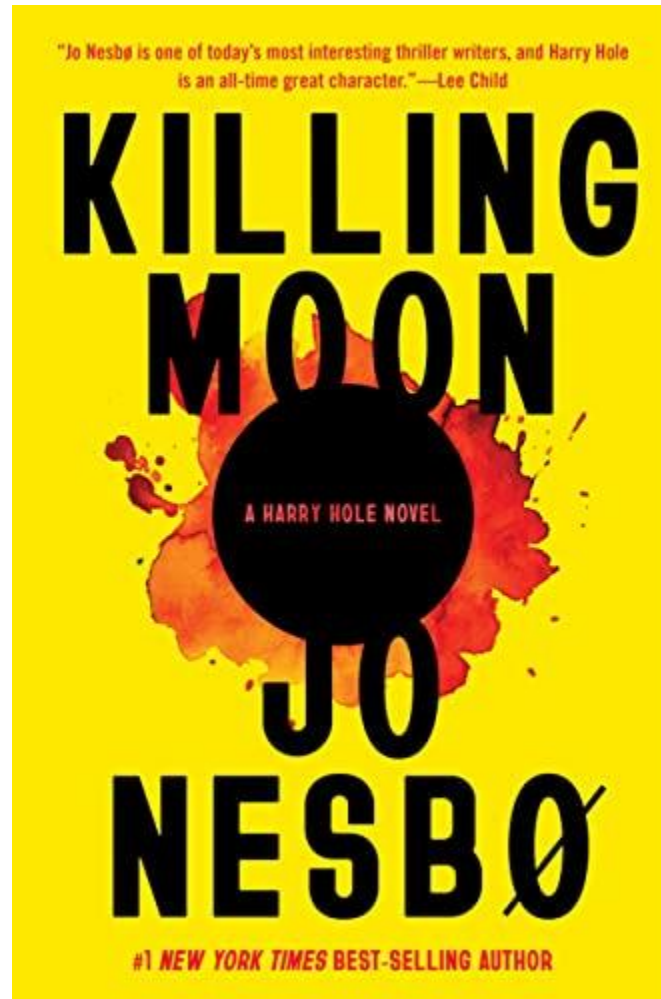
Editor's Note: Polar Star will be on site at the Scandinavian Day Festival selling our baked goods and Norwegian collectibles.

POLAR STAR CULTURAL CORNER

by
Barb Johnson

Sons of Norway Book Club

July Mystery Book Selection Review by Barb Johnson



Editor's note: This book is not on the Sons of Norway Book Club Reading list (yet) - but if you are a Jo Nesbø fan and love the Harry Hole Series this is a must read for you! Harry is still as damaged as ever and is no longer working as an Oslo Police Crime Investigator and is found licking his wounds (from the last book) at a bar in California. When two women disappear in Oslo he is pulled back into service as a private investigator working with his old crime team colleagues. This 13th book in the series may be my favorite. I highly recommend it if you like crime and don't mind a bit of blood with gory details.

Polar Star Sports and Activities

Polar Star Sports and Activites

by Jerri Lynn Baker



It's June 16th and that's 16 days into our **Muskego challenge!** Who is on their way?
You have from June 1-Aug. 31 to walk 114 miles virtually to Muskego, WI from St. Olaf's. That equals about 1.3 miles a day. But you can break that up any way you like.
That's for the sports side of it and for the cultural side a required at least 100 word essay needs to be turned in on the significance of Muskego in Norwegian immigration.
So... who's walking?

I forgot to mention that everyone who participates and completes both the sports and cultural challenge will have their name in a drawing for a rosmaled piece. Get started before it's too late. You have plenty of time right now to catch up on those miles.

GRATULERER MED DAGEN POLAR STAR



JUNE 16 - 31

- 23. Sherry Jensen
- 25. Jeanne Leifheit
- 29 Harold Broten
- 30. Sasha Baker

JULI 1-31

- 16 Barb Johnson
- 17. Carol Austin
- 18. Cary Hatteberg
- 21. Jeff Anderson
- 21. Doris Pittman
- 25. Frank Krawczyk
- 27 Aden Baker
- 27 Beatriz Ruiz Vann
- 28. Blake Chaussey

1-14 AUGUST

- 3. Kelly Welin
- 5. Tristan Meek

POLAR STAR CALENDAR OF EVENTS

All events held at St. Olaf Lutheran Church, Montgomery, Il at 1:30 unless otherwise listed

POLAR STAR LODGE DOES NOT MEET IN JULY

August 6th – Polar Star Viking Picnic 1:30

SEPTEMBER 10th - VASA PARK Scandinavian Festival - 9:00 a.m.

OCTOBER 8th - Program TBA

NOVEMBER 5th - Høstfest begins at 11:30 a.m.

DECEMBER 3rd - JULETRFEST



Save your canceled postage stamps and give them to...
Arther Anderson, our Polar Star Frimerke Coordinator,

Sons of Norway Announces the 2023 New Member Recruitment Campaign

Starting August 1, 2023, all lodge members are asked to recruit new members to their local lodge. For every new member (Not Heritage members) recruited, the lodge will receive \$10.00 for an individual or \$20.00 for a family membership. The money awarded will be given the local lodge to be used as the lodge would like. This campaign is an opportunity for all members to get involved and support their local lodge in meeting their membership goals. As well, it helps continue to grow the Sons of Norway organization.

The contest will begin August 1, 2023 and go until October 31, 2023. Please turn in all paperwork applications to our Lodge Membership Chairman, Frank Krawczyk or sent directly to the International Sons of Norway Office.

Track your 2023 Volunteer Hours!!!

Activity Volunteer Hours Tracking Sheet - Polar Star Lodge 5-472

Member Name _____ Phone _____ Service Year _____

This data is used for mandatory reporting that maintains Sons of Norway tax-exempt status, and for National Sons of Norway to lobby on behalf of Fraternal benefit societies. Annually, by end of January, submit your completed form to the Polar Star Secretary. Tusen takk.

- **Membership Activities** – Volunteer time spent on preparing, running or supporting projects/programs organized by Sons of Norway at a lodge, district or international level that were devoted to lodge business affairs, recreational/social events, training seminars, cultural classes, officer duties, etc. **Include only volunteer time** spent organizing, planning or working at/for the events. Do **not** include lodge meeting attendance time.

Member Activity	Jan	Feb	Mar	Apr	May	June	July	Aug	Sept	Oct	Nov	Dec	Total
Lodge Meeting/Food <small>(prepare food for pot luck; set/clean up; kitchen duty)</small>													
Lodge Meeting Programs/Activities <small>(plan/prepare/lead)</small>													
Training/Seminars <small>(plan/prepare/lead)</small>													
Officer Duties													
Manage Newsletter/ Facebook/Website													
Board/Committee Meetings													
District or National Meetings/Training													
Other <small>(describe)</small>													
TOTAL MEMBERSHIP HOURS:													

- **Community Activities** – Record time that you volunteered in the name of / on behalf of Polar Star lodge, another Sons of Norway lodge, or SON district or international level at events focusing on community involvement/interest. **Include only your volunteer time** working at, planning for, or traveling to/from the event. Do **not** include time just attending.

Community Activity	Jan	Feb	Mar	Apr	May	June	July	Aug	Sept	Oct	Nov	Dec	Total
Høstfest <small>(prep/food/work)</small>													
Fox Valley Norwegian Choir													
Vasa Park <small>(prep/food/work)</small>													
Norsk Museum <small>(docent/manage/maintain)</small>													
Norsk Museum Fundraisers <small>breakfast/smorgasbord/etc (prep/food/work)</small>													
Syttende Mai Parade/Banquet <small>(prep/food/work)</small>													
How to be a Viking <small>(prep/food/work)</small>													
Norwegian National League <small>(plan/prepare/lead)</small>													
Viking Ship <small>(docent/manage/maintain)</small>													
Red Hat Knitting													
Tubfrim													
Barnebirke/Norge Ski <small>(prep/food/work)</small>													
MSI Christmas Tree													
Other <small>(describe)</small>													
TOTAL COMMUNITY HOURS:													

Revised 2019