

Sons of Norway

Polar Star Lodge 5-472

Meetings on the first Sunday of the month – Potluck at 1:30 p.m.
St. Olaf Lutheran Church – Douglas Road, Montgomery, IL

President's Message



Thanks to our Polar Star Bakers for a successful Norsk Museum Bake Sale

Hilsen Polar Star Lodge!

Thanks to our Polar Star delegates; Steve, Ed and Kelly who attended our Sons of Norway District 5 Convention in June. I enjoyed watching our leadership in action and feel confident that we have elected a capable new President, Cheryl Wille-Schlesser.

Start baking everyone since our Vasa Park fund-raising event will be here before we know it.

Looking forward to seeing all of you at the August Ruck and Picnic!

Your President
Ken



Cheryl Wille-Schlesser
New President of Sons of Norway District 5

UPCOMING EVENTS

Polar Star Ruck

August 6th – 10:00

See page 6 for details

Polar Star Indoor Picnic

August 7th – 1:30

See article on page 2

Scandinavian Days

at
Vasa Park

Sunday September 11th

see article on Page 3

Polar Star Newsletter Deadline
Will be the 14th of every month. Please
submit all articles to Barb Johnson at
barbjohnsonb@aol.com
Follow us on facebook @
Sons of Norway – Polar Star Lodge

**AUGUST LODGE EVENT
AUGUST 7th**

Polar Star Picnic and Viking Games



Kjeppepinne



**Potluck Pølse Pikknik begins at 1:30
St. Olaf Lutheran Church
Montgomery, IL**

**Please bring a picnic dish to pass, your
own table service and lawn chairs**

**Norsk Museum
Opening Day
Breakfast and Bake Sale
June 4th**



Docents are still needed!



**Contact
dave.norskmuseum@gmail.com
to be placed on the schedule**

Sons of Norway District 5

Convention Highlights June-14-18



District 5 Delegates in session



Cheryl Wille-Schlesser – District 5 President



Polar Star Delegation



Barb reaches the "heads or tails" finals



Kelly and Barb participating in the "Ost Style" Rosemaling class

Vasa Park Scandinavian Festival

Sunday, September 11, 2022



“This will be the 42nd Scandinavian Day Festival. Many years have passed and the festival has evolved but it remains loyal to its roots; the heritage of the five Nordic countries. We achieved our mission to bring the Scandinavian community together last year when 1,400 people visited the Festival, and with your support we can look forward to a memorable 42nd Festival on **September 11th, 2022**”

“The Festival planning team is working to select the entertainment including the ever popular ABBA Salute and finding vendors to prepare those delicious Scandinavian foods and an assortment of Scandinavian goods for you. We are excited to bring to our 5 Nordic communities, and the Midwest, a vibrant and fun-filled Festival for 2022”



Editor's Note: Polar Star will be on site at the Scandinavian Day Festival selling our baked goods and Norwegian collectibles.

POLAR STAR CULTURAL CORNER

by
Barb Johnson

Polar Star Lodge was well represented at the District 5 Culture Competition. Carol Devito earned top blue ribbon honors with her rosemaled plate and her Sami bracelet. Barb Johnson earned third place honors with her knitting projects and Kelly Welin and Karen Oswald earned recognition for photography, knitting and wood carving.



Blue Arrow – Carol Devito's winning projects

Sons of Norway Book Club

July Mystery Book Selection Review by Barb Johnson



I hated math in school and I still do, but any author who has the ability to “hook” me in with a passage comparing the number system to human life is an author worthy of reading. I am also a daughter who grew up in the sixties, so anytime I find a book with a strong, brilliant, and courageous female character who can live and succeed in a man’s world, it’s the book for me. Smilla Jaspersen, is that female. In addition to being a math genius, Smilla Jaspersen, is a native Greenlander and an expert on ice, who is convinced her neighbor, a little boy named Isaiah, has been murdered and sets out to prove it. Her investigation takes her from the “White Palace” housing development in Copenhagen back to Greenland on a mysterious voyage that is connected to Isaiah’s death. I loved the author’s ability to create visual imagery and I was in awe at the research he must have done to create this book. I give this book a five-star rating. Please join our Zoom book club as we discuss “*Smilla’s Sense of Snow*” by Peter Høeg and “*The Naïve Super*” by Erland Loe.

Book Club Zoom Meeting - Eastern U.S. July 28, 2022, 7:00 - 9:00 p.m. Eastern Time Link
<https://us02web.zoom.us/j/88352999290?pwd=V8qBbcRaJrrGjFC54mSXf2qSjnwVb9.1> or
Sign-in from website
Meeting ID: 883 5299 9290 Passcode: 328350

Editor's note: This book has also been made into a movie of the same name.

Polar Star Sports and Activities

by Jerri Lynn Baker



Ruck March for St. Olaf's Food Pantry will be held on Saturday, August the 6th at 10AM. We will meet at Violet Patch park located at 1605 Rt. 25 in Oswego, park is by the Fox River. The path is asphalt and flat. The scenery is beautiful. There will be no weight requirements on the food you carry in your pack, but you must carry something, even if it's marshmallows. However, there will be a prize for whoever carries more than me, how much do you think I can or will carry is the question! Prize is yet to be determined. You must weigh your pack before you arrive and check in with me with

how much weight you are carrying, I am leaving this on the Honor System. You will have different options of how far you walk because I know we all have different capabilities, yet all are welcome to do what they can.

This Ruck is in support of St. Olaf's food pantry. While you may only be able to carry one can of beans or one bag of marshmallows in your pack while you walk your distance, I am asking you to bring more food with you to donate to St. Olaf's. For those who bring at least 5 items of anything you will have your name placed in a drawing for a fabulous prize (yet to be determined). All extra food plus what you carry will be loaded into my car and it will be delivered to St. Olaf's on Sunday before our meeting.

This Ruck will be held rain or shine (unless there is lightning). It's up to you to decide how strong the Viking blood is that courses through your veins!

Editors Note:

Please pre-register for the Ruck by contacting Barb Johnson at barbjjohnsonb@aol.com so we know how many to expect.

GRATULERER MED DAGEN POLAR STAR



15 - 31 JULI

- 16 Barb Johnson
- 17. Carol Austin
- 18. Cary Hatteberg
- 21 Jeff Anderson
- 21 Doris Pittman
- 25. Frank Krawczyk
- 27 Aden Baker
- 27 Beatriz Ruiz Vann
- 31 Audrey Miller

1-14 AUGUST

- 3. Kelly Welin
- 5. Tristan Meek

POLAR STAR CALENDAR OF EVENTS

All events held at St. Olaf Lutheran Church, Montgomery, Il at 1:30 unless otherwise listed

August 6 – Polar Star Ruck – 10:00

August 7 – Polar Star Viking Picnic 1:30

SEPTEMBER 11 - VASA PARK Scandinavian Festival - 9:00 a.m.

OCTOBER 2 - Program TBA

NOVEMBER 6 - Høstfest begins at 11:30 a.m.

DECEMBER 4 - JULETRIFEST

SAVE THE DATE....

AUGUST 13TH 11:00

AND ATTEND THE MEMORIAL SERVICE FOR MUSEUM FRIENDS



TUBFRIM
NO-3540 NESBYEN - NORGE



Save Your Canceled Postage Stamps for Tubfrim

Track your 2022 Volunteer Hours!!!

Activity Volunteer Hours Tracking Sheet - Polar Star Lodge 5-472

Member Name _____ Phone _____ Service Year _____

This data is used for mandatory reporting that maintains Sons of Norway tax-exempt status, and for National Sons of Norway to lobby on behalf of Fraternal benefit societies. Annually, by end of January, submit your completed form to the Polar Star Secretary. Tusen takk.

- **Membership Activities** – Volunteer time spent on preparing, running or supporting projects/programs organized by Sons of Norway at a lodge, district or international level that were devoted to lodge business affairs, recreational/social events, training seminars, cultural classes, officer duties, etc. **Include only volunteer time** spent organizing, planning or working at/for the events. Do **not** include lodge meeting attendance time.

Member Activity	Jan	Feb	Mar	Apr	May	June	July	Aug	Sept	Oct	Nov	Dec	Total
Lodge Meeting/Food <small>(prepare food for pot luck; set/clean up; kitchen duty)</small>													
Lodge Meeting Programs/Activities <small>(plan/prepare/lead)</small>													
Training/Seminars <small>(plan/prepare/lead)</small>													
Officer Duties													
Manage Newsletter/Facebook/Website													
Board/Committee Meetings													
District or National Meetings/Training													
Other <small>(describe)</small>													
TOTAL MEMBERSHIP HOURS:													

- **Community Activities** – Record time that you volunteered in the name of / on behalf of Polar Star lodge, another Sons of Norway lodge, or SON district or international level at events focusing on community involvement/interest. **Include only your volunteer time** working at, planning for, or traveling to/from the event. Do **not** include time just attending.

Community Activity	Jan	Feb	Mar	Apr	May	June	July	Aug	Sept	Oct	Nov	Dec	Total
Høstfest <small>(prep/food/work)</small>													
Fox Valley Norwegian Choir													
Vasa Park <small>(prep/food/work)</small>													
Norsk Museum <small>(docent/manage/maintain)</small>													
Norsk Museum Fundraisers <small>breakfast/smorgasbord/etc (prep/food/work)</small>													
Syttende Mai Parade/Banquet <small>(prep/food/work)</small>													
How to be a Viking <small>(prep/food/work)</small>													
Norwegian National League <small>(plan/prepare/lead)</small>													
Viking Ship <small>(docent/manage/maintain)</small>													
Red Hat Knitting													
Tubfrim													
Barnebirke/Norge Ski <small>(prep/food/work)</small>													
MSI Christmas Tree													
Other <small>(describe)</small>													
TOTAL COMMUNITY HOURS:													

Revised 2019