

Sons of Norway

Polar Star Lodge 5-472

Meetings on the first Sunday of the month – Potluck at 1:30 p.m.
St. Olaf Lutheran Church – Douglas Road, Montgomery, IL

President's Message



Our Polar Star Julenisse 2021

Greetings Polar Star Lodge!

We have survived year two of Covid!!!! We have made progress. We now have a vaccine and we are able to meet in person for our annual juletefest. We are blessed! Looking forward to seeing all of you in 2022

Your President
Ken Johnson



Juletefest 2021

Upcoming Events
Polar Star 2022
Norwegian American Women

Sunday, January 2
1:30 p.m.
St. Olaf Lutheran Church
See article on page 2

POLAR STAR
PENNY SOCIAL

Sunday, Feb. 6, 2022
1:30

St. Olaf Lutheran Church
See article on page 3

Polar Star Newsletter Deadline
Will be the 14th of every month.
Please submit all articles to Barb Johnson at barbjohnsonb@aol.com
Follow us on Facebook @
Sons of Norway – Polar Star Lodge

JAN 2, 2022

NORWEGIAN AMERICAN WOMEN

Godt Nyttår Polar Star!

We will celebrate the new year with a program devoted to our Norwegian Women and their contributions to our families and to our communities.

Connie Benson Kross (District 5 Zone Director) and Barb Benson Johnson (Culture Director) will be sharing their research project from the 2021 District 5 Zoom Norwegian American History class.

Please plan to bring pictures of the Norwegian women in your family to share in our Polar Star Lodge Norwegian Women photo gallery. If you would take the time to write a short story about the Norwegian women of your family, the Benson girls will add that to their research project.

1:30 Potluck Dinner

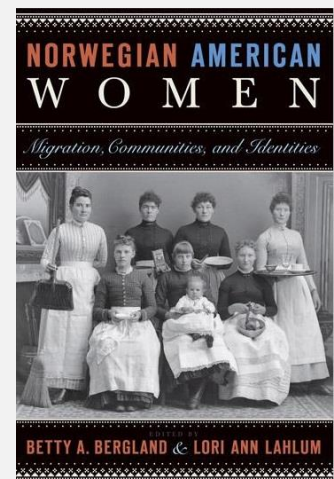
Please bring a dish to pass and your own table service. If you have a Norwegian family recipe to share with all of us that would be great too!

Don't forget to bring your favorite book with your favorite chocolate to begin our 2022 Julebok flod.

See the sons of Norway Zoom Book Club information on pages 7-8



The Benson Girls will present Norwegian American Women at the Jan. 2, 2022 Polar Star Event.



POLAR STAR PENNY SOCIAL

FEBRUARY 6, 2022

1:30 p.m.

Begin gathering your garage sale treasures for re-sale at our Penny Social Auction. Tickets will be sold for 25 cents each.

Potluck will begin at 1:30 pm followed by the Penny Social.

2022 POLAR STAR KITCHEN COMMITTEE

Jan. 2	Roald, Frances & Barb B
Feb. 6	Karen O. Diana and Ed
March 6	Desserts needed for the Norwegian Dance program
April 3	?????????
May 1	Carol and Frank
June 4	Norsk Museum Opening
Aug. 7	?????????
Sept 11	Vasa Park Event
Oct. 2	Phoebe and Al
Nov. 6	All members - Høstfest
Dec. 4	Polar Star Board

Volunteers Needed for the 2022 Kitchen Committee



Social Director, Nancy serves Icelandic Cod as part of the Kitchen Committee



President Ken serves the ham

SONS OF NORWAY – Polar Star Lodge 5-472 MEETING HOSTS (Kitchen Committee)

At least two members/families are needed each meeting to serve on the kitchen committee. Join in by volunteering for one time each year.

INSTRUCTIONS FOR HOSTS FOR SETTING UP LODGE MEETING

Chairperson: Contact members of your committee to complete your plans ahead of time. The committee normally supplies meat or main dishes and one gallon of 2% milk and ice for drinking water. All other members are asked to bring a potluck dish to share.

- Arrive at the hall 1-½ hours prior to meeting time.
- Set up 6-8 tables with chairs in their proper places.
- Provide table decorations according to season. Napkins and placemats may be in cabinet – check this at meeting before – for inventory.
- Make the coffee (50-60 cups). Coffee is provided by Lodge and is in the Lodge cabinet. If not, purchase coffee and you will be reimbursed. Start coffee immediately. Takes at least one hour.
- Set up the buffet table (two long tables). Arrange the food on the tables as it comes in. Include a basket at the front end for donations.
- Please set up an entry table for the sign in book.
- Set up the podium and the three flags in the front of the room.
- After everyone has eaten, wash cups, spoons, etc. and clean up area. Use our lodge dishtowels (in storage room). One person from the committee needs to take the dishtowels home, wash them, and bring them back to the next meeting.
- Return all chairs and tables to their proper places
- If it is inconvenient for you to serve at the time scheduled for you, exchange with someone or find a substitute. Any questions notify the Social Chairperson, Nancy Andersen.

If there is anyone who would like to assist in serving, please feel free to do so. The committee will love you!

Don't forget the gallon of milk!

*Coffee: (Usually taken care of by Pres. Ken Johnson.) 1) Fill urn with COLD water. DO NOT IMMERSE URN OR CORD IN WATER. 2) Pour coffee into basket. For 55 cups, use 3-1/2 cups ground coffee. 3) Plug in urn. When it has finished brewing, remove basket with grounds

Updated January 2021 by Nancy Andersen



Norge Ski Club's
International Winter Tournament 2022
January 29th and 30th, 2022

Noon - 4:00PM
Gates Open at 11:00AM

SAT. JAN 29

Junior Competition

K70 Competition

SUN. JAN 30

K70 - US Cup Five Hills Tournament

Long - Standing Competition



Highlights:

- Junior National Qualifier – Junior Ski Jumpers compete on the big hill (Saturday) for a spot representing the Central Division for the Championships at Norge Ski Club in Chicago IL February.
- Five-Hills Tournament: International Ski Jumping Teams will compete head to head with U,S. Jumpers both days, for the first of 5 Competitions in the Midwest's Five-Hills Tournament.

A Weekend of Fun for the Entire Family!

Ski jumpers from around the world compete on our 70-meter hill.

- Brats, Hot Dogs, Pizza, Popcorn, Pop, Beer, Wine, Jägermeister
- No Snow, No Problem - We make our own!

Admission - Buttons are required and good for Sat. & Sun.

\$15.00 purchased online sales started December at norgeskiclub.org

Buttons are non-refundable

Free admission for children 12 & under

Bring blankets & lawn chairs

Polar Star 5-472 - 2022 Events and Programs

1:30 p.m. St. Olaf Lutheran Church – Montgomery, IL (unless listed)

JANUARY 2	NORWEGIAN AMERICAN WOMEN
FEBRUARY 6	POLAR STAR PENNY SOCIAL
MARCH 6	STOUGHTON NORWEGIAN DANCERS
APRIL 7	NORWEGIAN STAMP COLLECTING
MAY 1	NORWEGIAN MAY DAY
JUNE 4	NORWAY MUSEUM OPEN HOUSE AND BREAKFAST
JULY	POLAR STAR FAMILY MONTH – NO EVENT SCHEDULED
AUGUST 7	Program TBA
SEPTEMBER 11	VASA PARK 9:00 a.m.
OCTOBER 2	FAMILY TREE FAIR
NOVEMBER 6	Høstfest begins at 11:30 a.m.
DECEMBER 4	JULETREFEST



Save Your Canceled Postage Stamps for Tubfrim

Polar Star Culture Corner....by Barb Johnson

POLAR STAR CULTURE GOALS 2022

Language Part 1, 2 or 3; Genealogy 1,2,3; or Literature 1, 2or 3

Language Part 1,2 or 3

The *Mystery of Nils* Part 2 will begin January 7 at 10:00 a.m. by Zoom. Inger Langsholt will continue to provide beginning Norwegian Language instruction to anyone who is interested in learning the basics of the Language of our ancestors. There will be a minimum \$10.00 per session fee to cover Ingers's time and traveling expenses.

Genealogy Part 1,2 or 3

Participate in the Family Tree Fair and earn part 1, 2 or 3 of the Genealogy medals. It's easy and it's fun. More details in January.

Literature Part 1, 2 or 3

2022 Polar Star will continue the year of Jolabokafloð. Every month members will be encouraged to bring their favorite book to the Lodge Meeting to share with the group. Hopefully by the end of the year, we will have all earned new Literature medals.

Sons of Norway has implemented a monthly book club that meets the last Thursday of the month at. Below is the 2022 list of Book Club selections and the December zoon link.

To join the Sons of Norway Book Club, send an email with your name, lodge name and contact information to SonsofNorwayBookClub@gmail.com.

Sons of Norway Book Club December Selections

Below are our December titles. **Both are available from Barnes & Noble and Amazon.** I will be setting us up on Slack again and, for the first time, on Good Reads. I will send you all the sign on info for both in just a few days. On both websites, we can interact with each other and leave our impressions before our Zoom meeting on Thursday, 30 December.

Main Read: ***Assault in Norway: Sabotaging the Nazi Nuclear Program***

by Thomas Gallagher

Synopsis: Assault in Norway is the classic account of a legendary raid on the Nazi war program. By 1942 Germany had a seemingly insurmountable lead over the Allies in developing an atomic bomb. Contributing to this situation was its access to a crucial ingredient: "heavy water," found in great abundance at a fortress-like factory in occupied Norway. Allied hopes of stalling the Nazi nuclear program soon focused on sabotaging the cliffside plant—a suicidal mission. But a team of brave Norwegian exiles, trained in Britain, infiltrated their homeland and, hiding in the wilds, awaited the opportunity to launch one of the war's most daring commando raids.

Mystery Read: ***Roseanna***

by Maj Sjöwall and Per Wahloo

Synopsis: The masterful first novel in the Martin Beck series of mysteries by the internationally renowned crime writing duo Maj Sjöwall and Per Wahlöö ("the best writers of police procedurals in the world"), finds Beck hunting for the murderer of a lonely traveler.

On a July afternoon, a young woman's body is dredged from Sweden's beautiful Lake Vattern. With no clues, Beck begins an investigation not only to uncover a murderer by also to discover who the victim was. Three months later, all Beck knows is that her name was Roseanna and that she could have been strangled by any one of eighty-five people on a cruise. As the melancholic Beck narrows the list of suspects, he is drawn increasingly to the enigma of the victim, a free-spirited traveler with a penchant for casual sex, and to the psychopathology of a murderer with a distinctive, indeed terrifying, sense of propriety.

Editor's Note: I just finished reading Roseanna. I'm glad I read the introduction before I began the novel. It was very helpful in understanding the pace of the book and the intent of the authors. It took until page 34 until I was all in. I think you will enjoy it and also find the social differences between 1965 and 2022. Enjoy!

I hope you will join me in the zoom discussion on December 30th Link

<https://us02web.zoom.us/j/85105747530?pwd=NHh0V0ZhdDc5NmZQMzVmMzdNTGdBUT09>

or

Sign-on from website

Meeting ID: 851 0574 7530

Passcode: 925776

Sons of Norway 2022 Zoom Book Club Selections



January 2022 Book Club Selections

Main Read: *Between Rocks and Hard Places* by Ann Urness Gesme

Mystery Read: *The Girl with the Dragon Tattoo* by Stieg Larsson

Zoom Meeting/Discussion Date: January 27



February 2022 Book Club Selections

Main Read: *The Ice Palace* by Terjei Vesaas

Mystery Read: *The Dogs of Riga* by Henning Mankell

Zoom Meeting/Discussion Date: February 24



March 2022 Book Club Selections

Main Read: *Peer Gynt* by Henrik Ibsen

Mystery Read: *Burned* by Thomas Enger

Zoom Meeting/Discussion Date: March 31



April 2022 Book Club Selections

Main Read: *Out Stealing Horses* by Per Petterson

Secondary Read: *The Fellowship of Ghosts: Travels in the Land of the*

Midnight Sun (a travelogue) by Karin Fossum

Mystery Read: *The Snowman* by Jo Nesbo

Zoom Meeting/Discussion Date: April 28



May 2022 Book Club Selections

Special Author Presentation

Main Read: *Searching for Nora* by Wendy Swallow

The author, Wendy Swallow, will give a presentation and lead a discussion of her book at the monthly book club Zoom meeting.

Zoom Meeting/Discussion Date: May 26



June 2022 Book Club Selection

Special Author/Editor Presentation

Main Read: *From Day to Day: One Man's Diary of Survival in*

Nazi Concentration Camps.

The editor, Timothy Boyce, will give a presentation and lead a discussion of the book at the monthly book club Zoom meeting.

Zoom Meeting/Discussion Date: June 30



Book Club Coordinator's Notes

I will schedule the books for the second half of 2022 sometime in the first quarter of 2022. If anyone has any suggestions for books to read as a book club, please let me know. The more input we get for reading material, the more diverse our selection will become. Send your suggestions or comments to me at SonsOfNorwayBookClub@gmail.com. Thanks,

Bill Browning

Book Club Coordinator



Polar Star Sports and Activities

by Sports Director, Jerri Lynn Baker



I put out a challenge several months ago to everyone who has been logging walking miles to sign up and participate in a live, in person 5K (3.1 mile) race if they had never completed one before. Congratulations to Karen Oswald, the only one to take me up on the challenge. She completed the "I Am the Strom" 5K at Danada Forest preserve on October 17th. At our gathering on December 5th, I presented her with a Viking Ship necklace. She had to leave before our meeting started so no one was able to see her receive her present from me. I'm so very proud of her accomplishment and extremely overjoyed she picked up the gauntlet I threw down!

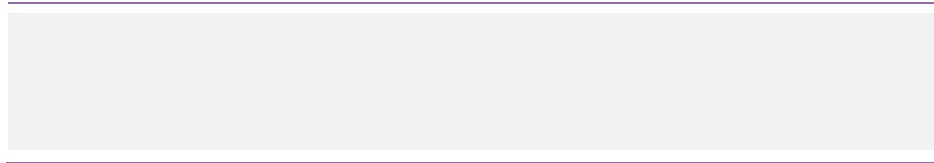
Light a Candle

by Jerri Lynn Baker

Light a Candle this Christmas Eve,
before you lay to rest,
in remembrance of the family,
who have shared our Christmas past.
In the flicker of the flame,
embrace the memory of them all,
and Christmas come and gone.
Let the whisper of the fire's dance
keep them ever in its light,
till once again we share
our Christmas within the heavenly light.



Juletreffest 2021





December 16-31	Birthdays	January 1-15	Birthdays
19	Carol Vigsnes	1	Eleanor Bates (98 th)
22	Ken Johnson	1	Larry Baker
23	Tom Harkins	5	Carol Baker
26	Gail Anderson	8	Ralph Kristenson
31	Charles Ray		



**Don't forget to turn in your volunteer hours to Karen Oswald
Form can be found in the November newsletter or on the
Polar Star website.**

