



SONS of NORWAY



Sept. 2022

Walworth County, WI

Norsemen of the Lakes 5-650

Congratulations to everyone who helped with the 25th Anniversary open house last month. I have received many compliments. It has given us a few leads on the possibility of new members we are so in need. I am hoping they will be interested in joining us for our September outing to Geneva, IL. (See sidebar for the info.)

There were thirty two people who signed our registration list, and even a few who signed up for a wine tasting that I'm going to host. I'll follow up with the info on that when I can firm up a date.

As fall is coming, we have the advantage of attending several events to invite any of our new possible contacts to in order to interest them in joining our Lodge and the Sons of Norway as a whole. Vennelag Lodge in Mt. Horeb will be hosting a Host Frokost in Oct. and a baking workshop in Nov. I know many of our members love traditional Norwegian baked goods, but don't know how to make them. Here is our chance to learn.

Another offer for us to learn more about our heritage is an Adult Heritage Weekend in IA. I know that many people say, "All the way to Iowa?" But if you are a traveler like me, it's a very short trip. I am going, and you are certainly welcome to ride with me. Besides the in-person trips, we have online classes available to us as well. It wouldn't hurt us to learn a little more our heritage.

See page 2 for a meeting with Nordland Lodge in Janesville. I'm going, so if you want a ride, let me know and I'll see if I can pick you up.

Our September meeting will not be a traditional business meeting. We are going to educate ourselves by sharing a pleasant day learning about the Viking Ship Museum as well as sharing lunch. Entry fee is only \$7 for Adults, \$4 for children 13-17, and free for kids 12 and under.

A little bit about the Viking ship:

The *Viking* was built at Christen Christensen's Framnes Shipyard in Sandefjord, Norway in 1892-93. It was copied after the ancient Viking ship Gokstad. Excavated in 1880, the Gokstad had been called the most beautiful ship ever built.

The *Viking* is approximately 78 feet long, 17 feet wide, and 6.5 feet high from the bottom of the keel to the gunwale. Clinker built, its planks are fastened together with thousands of iron rivets. At sea, the *Viking* averaged 10 knots and the hull was observed to flex with the waves.

In 1893 the *Viking* sailed from Norway to Chicago, via the Erie Canal and the Great Lakes, and became one of the greatest attractions at the World's Columbian Exposition in Chicago.

At the close of the Fair, the *Viking* traveled to New Orleans. The next year she was returned to Chicago and presented to the Field Columbian Museum. Soon the *Viking* was in dry dock alongside the Museum.

A ship this beautiful, which we also believe is the largest remaining artifact of the World's Columbian Exposition in Illinois, deserves to be preserved. *Viking* is valued for the fine ship she is and placed into a museum.

February 28, 2007, the *Viking* was declared one of ten most endangered historic sites in Illinois by "Landmarks Illinois," a statewide historic preservation advocacy group.

We will find out much more of the story when we attend the trip to the museum. I hope you will all find some time to attend and have a great day.



Gratulerer med dagen

September Birthdays

Robert Pederson	8th
Kathy Norquist	11th
Otto Brun	16th
Ashley Wilson	17th
Cole Pepper	23rd
Carol Anderson	27th

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CALENDAR

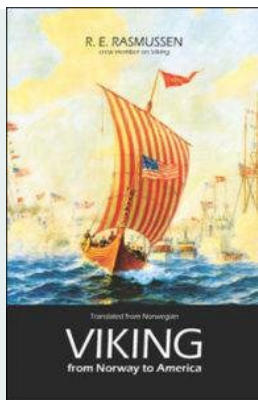
Next meeting:

Sept. 17th

Trip to the Viking Museum in Geneva, IL

Meet at 10:00 either at the Advia Credit Union parking lot in Elkhorn to ride with me, or at the Advia Credit Union in Wms. Bay to ride with Kathy Norquist.

We will have lunch once we arrive in Geneva. After that, we will go to the museum.



Viking from Norway to America

By R.R. Rasmussen
(crew member on *Viking*)

"She had kissed the seas as only a Viking ship can." Rasmus Elias Rasmussen provides a full account of the *Viking's* journey from Norway to Chicago from a crew-member's point of view. The trip was not without peril and hardship. Their accommodations were crude. The weather, at times, threatened their very lives. Most cities rolled out the red carpet to meet them, but one rolled out the paddy wagon. All together, an informative journal and a delightful read, and one that compels reflection and awe of the exploits of our Viking ancestors.

Rasmussen's diary recounts the historic journey made by twelve courageous seamen aboard *Viking* and includes his personal experiences during and after the fair. *Viking* is the first Viking ship to sail in nearly 1000 years, showing the world that Leif Erikson could have reached the New World almost 500 years before Columbus.

The Addendum continues the story of *Viking* and brings the reader up to date on the most recent preservation accomplishments.

Nordland's September 11th meeting has an interesting and informative program. Our newest member is a Team Leader of the MID-WEST Disaster Assessment Team. This is a part of the MidWest Severe Storm Tracking/Response Center, based out of Madison. His presentation will be "who we are, what we do and the agencies that we support or who request our services." This includes tornado spotting and training as well as other severe weather conditions. His mother used to say, "he is a storm chaser".

Their meeting is **September 11, at 1:00 PM at the Faith Lutheran church, 2116 Mineral Point Ave., Janesville, WI.** A light lunch will be provided at 1:00 PM with the program following. Please RSVP ofast42@aol.com.

VESTERHEIM

New online and in-person classes are available at the Vesterheim Museum in Rosemaling, woodworking, metalworking, jewelry, cooking, fiber arts, weaving, and heritage and language, plus special youth and family programming classes are open for registration through December 2022. Don't be a procrastinator. Check out and/or register [HERE](#).

Looking for ancestor? You may be interested in these classes. Some are online and others in person.

Genealogy Basics Online

September 10, 2022– 10:00 a.m.-noon, \$40 member & non-member (online)

This class is designed for those who are just dipping their toes into genealogy research. Class topics will include genealogy best practices, using websites such as FamilySearch.org and Ancestry.com, and resources available from historical societies and genealogical societies. This class is not specific to those with Norwegian heritage, and we welcome NAGC members and non-members.

INTRODUCTION TO NORWEGIAN GENEALOGY – ONLINE

September 13 & September 15, 2022 (10:00 AM to Noon) \$100/NAGC member/ \$150 non-member

This class is for those who are familiar with genealogy basics but haven't dug into Norwegian genealogical research yet. The class will focus on Norwegian naming traditions, history and geography along with strategies for reading old handwriting and finding where in Norway your ancestor may have originated. This class also includes a copy of our "Research Guide for Norwegian Genealogy: For Beginning and Experienced Genealogists."

USING NORWEGIAN FARM BOOKS (BYGDEBØKER) IN PERSON CLASS

September 24, 2022 (10:00 AM to 2:00 PM) \$55 NAGC member/\$65 non-member

This class expands on the introductory class by exploring how to use Norwegian Farm History books (bygdebøker) for clues in your genealogical research. Fee includes lunch and time after class to explore the collections in the Naeseth Library.

EXPLORING THE NORWEGIAN DIGITAL ARCHIVES ONLINE

September 26, 28 & 30, 2022 (10:00 AM to Noon) \$100 NAGC members / \$150 non-members

This class explores the wide variety of records and resources available in the Norwegian Digital Archives and how to find them.

30+ Old Norse Words You Already Know

By Michael, found on [Daily Writing Tips](#)



Probably you've never studied Conversational Viking, let alone claimed to speak it. But the language of the Vikings, Old Norse, has influenced the development of English more than any other language besides French and Latin. The Swedes, Norwegians, Icelanders, and Danes all spoke Old Norse in those days, usually called the "Danish tongue." In the 11th century, Old Norse was the most widely spoken European language, ranging west with Leif Erickson's colony of Vinland in modern-day Canada, east with the Viking settlers on the Volga River in modern-day Russia, and south with warriors battling in modern-day Spain, Italy and North Africa.

Four centuries after the Anglo-Saxons began emigrating from northern Europe, Danish Vikings began raiding Britain and had begun settling down by the year 876, plowing the land. The 14 shires dominated by Danish law in northern and eastern England were called the Danelaw. In 1016, King Canute the Great became ruler of all England, even before he became king of his native Denmark. Danish kings ruled England almost until William the Conqueror sailed from Normandy, France and became the first Norman king of England in 1066. When he did, more Norse words entered English. What did William the Conqueror have to do with the Vikings? Because Normandy means "land of the north men," colonized by people such as William's ancestor Rollo, whose real name was Hrólfr. See a pattern?

Today Old Norse words are most common in the Yorkshire dialect, but the Danelaw included the East Midlands, York, Essex, Cambridge, Suffolk, Norfolk, Northampton, Huntingdon, Bedford, Hertford, Middlesex and Buckingham.

OLD NORSE WORDS USED IN MODERN ENGLISH

When it comes to English words for which we are indebted to Old Norse, let's start with *they*, *their* and *them*. It's true. If it weren't for the Vikings, we might still be using the Old English words *hîe*, *heora* and *him* instead. Or maybe not – when *him* and *them* mean the same thing in a language, you know it's time for a change.

In fact, English received many really, really common words from Old Norse, such as give, take, get, and both. And sale, cake, egg, husband, fellow, sister, root, rag, loose, raise, rugged, odd, plough, freckle, call, flat, hale, ugly, and lake.

Another Old English word that was quickly replaced was the very short word *æ*, which meant law. Today we use a longer and less ambiguously-spelled Old Norse word: law.

Many English words that begin with sk or sc came from Old Norse, such as skin, sky, score, scant, scrub, scathe, and skill.

Old Norse words that feature two-letter blends and a high consonant-to-vowel ratio just sound Viking to me, especially if you pronounce both letters as the Vikings originally did: knife, snare, snub, wrong, bread, dwell, bask, dream, steak, stammer, and especially thwart.

Continued Page 5

Norwegian Mythology & Folk Tales

April 29, 2020 by David Nikel

THE ASBJØRNSSEN AND MOE COLLECTION

(Available at the Wisconsin Library System)

Norske folkeeventyr is a collection of Norwegian folk tales and legends collected by Peter Christen Asbjørnsen and Jørgen Moe. First published in 1841, all the tales from the book were released in English as *Popular Tales from the Norse* in 1859. The book has since been translated many times and is also available in English as *Norwegian Folk Tales*. There are 60 tales in the original collection. That's far too many to list here, of course! Instead, let's take a look at a couple in detail.

Gudbrand on the Hillside

One of the best known is *Gudbrand i Lia*. Known in English as *Gudbrand on the Hillside*, the tale has been adapted many times, including by Hans Christian Andersen no less!

The tale is about Gudbrand and his wife, who try to sell one of their cows. He trades it for a horse, which he then trades for a pig, then a goat, then a sheep. This goes on until he ends up with a rooster, but realizing he is starving, trades it for food. Left with nothing, he tells the tale to his neighbor, and places a bet that his wife will be fine with the situation because they get on so well.

Gudbrand explains the situation to his wife, who sees the positive side in all his decisions. Gudbrand wins the bet. In Hans Christian Andersen's version, known as *What the old man does is always right*, the story is very similar. However, he ends the story with a bag of rotten apples instead of nothing, and his neighbor is replaced by two travelling Englishmen.

THE TWELVE WILD DUCKS

Known in Norwegian as *De tolv villender*, the Twelve Wild Ducks tells the story of a Queen with twelve sons, but no daughters. She gave birth to a daughter after a troll hag told her that she would have a daughter, but that she would give up her sons upon baptism of the girl. The sons turned to wild ducks and flew away.

The girl became sad as everyone else had brothers and sisters, so her mother told her of her missing brothers. She set out to find them. After three years, she did just that. However, the oldest brother saw her as the cause of their problems. The younger brother defended her. Eventually they decided she could stay but set her to work making clothes. Meanwhile, her brothers flew off as wild ducks every day but always returned as men.

One day, a King found her and brought her to his castle to marry her and start a family. The King's stepmother objected and stole their babies, pinning the blame on the girl and eventually persuading the King to kill her. His stepmother said the girl should be torn apart by twelve horses for her crimes. The King eventually discovered the truth and gave that punishment to his stepmother.

THE BOY WHO HAD AN EATING MATCH WITH A TROLL

Another popular tale tells the story of Askeladden. He was the youngest son of a farmer in heavy debt. His two older sons went into the forest looking for wood to repay debts. But they were scared away by the trolls and returned with nothing. Askeladden then tried his luck, taking along a piece of cheese in case he got hungry.



Join the Sons of Norway Book Club

All Sons of Norway members are invited to join this virtual book club, regardless of where they live. The popular book club is rapidly growing and in most months, we've added an additional meeting time so more members can take part.

If interested, email son-sofnorwaybookclub@gmail.com or call 404-953-2525.

Askeladden encountered the angry troll and used the cheese to pretend he was clutching a rock. Squeezing it until they came out, Askeladden was able to fool the troll into thinking he had superior strength. The troll offered to help the boy cut wood, after which he invited the boy for a meal.

As the troll tended the fire, he asked Askeladden to fetch water in two large buckets. The boy realized he couldn't carry them so fobbed off the troll claiming they were too small. He said instead that he would bring the whole spring.

The troll instead chose to get the water while the boy tended the fire. Once the porridge was ready, they ate and ate. The boy placed his knapsack under his shirt and slashed a hole in it. While the troll thought he was eating a lot, the boy was actually filling the knapsack and letting it leak out.

Once the troll was full, the boy suggested that the troll cut a hole in his stomach, like the boy appeared to have done. That way he could eat as much as he wanted! The troll (they are stupid, remember) did so and died. Askeladden returned to the farm with the troll's silver and gold so the farmer could pay off his debts.

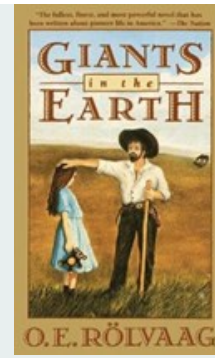
OLD NORSE WORDS THAT MEANT SOMETHING SLIGHTLY DIFFERENT

English words, with original Old Norse meaning

anger – trouble, affliction, which can make a person angry
bait – snack, food eaten at work. Now means food used to catch fish, wild animals, and susceptible people.
bask – similar to the Old Norse word meaning “to bathe”
berserk – either from *bear-shirt* (frenzied warriors wearing a bearskin shirt) or *bare-shirt* (frenzied warriors wearing no shirt)
blunder – to shut one’s eyes; to stumble about blindly
bulk – partition; cargo, as in the nautical term *bulkhead*
crawl – to claw. Crawling up a steep slope may require clawing.
dirt – excrement. Appropriately so.
gang – any group of men, as in modern Danish, not necessarily dangerous
gawk – to heed, as in paying too much attention
gift – dowry, a kind of wedding gift. In modern Danish, *gift* means wedding.
haggle – to chop. It amuses me to imagine how this word came to mean vigorous bargaining.
hap, happy – chance, good luck, fate. Apparently the Vikings didn’t believe that “happiness is a choice.”
lake – to play, which is what many people do at a lake. A famous Danish toy manufacturer is called Lego.
litmus – from the Old Norse words *litr* (dye) and *mosi* (moss), used as a chemical test for acidity and alkalinity.
muck – cow dung. An English dairy farmer may say he needs to muck out, or clean, his barn.
muggy – drizzle, mist. Today it means severely humid.
rive – to scratch, plow, tear. A poet might write about his heart being riven in two.
scathe – to hurt, injure. Only the opposite word, *unscathed*, is common. Gang members never say, “You come near me, I’m gonna scathe you.”
seem – to conform. Think about that for a while.
skill – distinction. If you are skilled, you might earn distinction.
sleuth – trail. The sleuth is always on the trail for clues.
snub – to curse. When you’re snubbed or ignored, you might feel cursed.
sprint – to jump up, one of the keys to winning in a sprint.
stain – to paint. Not the same thing at your paint store.
stammer – to hinder; to dam up, as in a flow of words
steak – to fry. Could the Vikings have introduced chicken fried steak to the American South? No.
thrift – prosperity. If you have thrift, perhaps prosperity will follow.
thwart – across, which has kept a similar meaning for sailors
window – “wind-eye” or in Old Norse, *vindauga*. A treasure of a word.

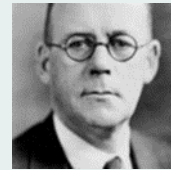
OLD ENGLISH WORDS THAT MEANT SOMETHING DIFFERENT BEFORE THE VIKINGS

bread – In Old English, bread meant “bit, piece, morsel” but in Old Norse, bread meant... “bread.” We get our word *loaf* from the Old English word for bread which it replaced.
die – Before the Vikings, die meant “starve”
dream – Before the Vikings, dream meant “joy, mirth, noisy merriment,” even “music.”
dwell – Before the Vikings, dwell meant both “go astray” and “tarry.” I’m still trying to figure that one out.



In case you are going to the District 5 Heritage Weekend, I think you should read *Giants in the Earth* if you haven’t, or, like me, maybe read it again to refresh your memory.

Giants in the Earth follows a Norwegian pioneer family’s struggles with the land and the elements of the Dakota Territory as they try to make a new life in America. The book is based partly on Rølvaag’s personal experiences as a settler, and on the experiences of his wife’s family who had been immigrant homesteaders. The novel depicts snow storms, locusts, poverty, hunger, loneliness, homesickness, the difficulty of fitting into a new culture, and the estrangement of immigrant children who grow up in a new land.



Author Ole Edvard Rølvaag
Norwegian-born Rølvaag emigrated to the United States

at age 20 in 1896. Following a college education in Minnesota and Norway, he began the writing and teaching career (at St. Olaf College, Minnesota) that was to bring him fame as an interpreter of the Norwegian-American cultural experience. Rølvaag’s understanding of immigrant life on the prairie was the source of novels that have given his name a solid place in both national literatures. His first, highly autobiographical work, *The Third Life of Per Smevik* (1912), was published under the pseudonym Paal Morck. Rølvaag’s masterpiece, *Giants in the Earth* (1924–25), is his own translation, with Lincoln Colcord, of the first two of four novels dealing with the family of Per Hansa. *Peder Victorious* (1928) and *Their Fathers’ God* (1931) complete the epic, although these two novels are less compelling.

Available at the library.

**District 5 Sons of Norway Adult Heritage
Weekend Registration Form**
October 7, 8, and 9, 2022
Spring Grove, MN



Print Name(s) for badges _____

Phone _____ () Cell () Landline Email _____

Address _____ City _____ State _____ Zip _____

Adult Heritage Weekend Registration (covers space rental, speakers, entertainment, genealogy, hospitality, printing, and advertising costs)

\$35/person x _____ = _____

We recommend you take advantage of the catered meals below, as there are limited options in the area.

Friday Evening –Meatballs/Ham dinner, Mashed Potatoes, Mixed Vegetable, Tossed Salad, Bars, and Beverage by Rosie's Catering

\$16/person x _____ = _____

Saturday Breakfast –Continental Breakfast: Yogurt, Fruit, Juices, Coffee, O&H Kringle

\$7/person x _____ = _____

Saturday Lunch –DIY Open-Faced Sandwich Smorgasbord including Lefse, Salads, Chips, Breads, Meats, Cheeses, Fresh and Pickled Veggies and Herring, Spreads, and Beverage

\$14/person x _____ = _____

Saturday Evening –Texas Style Bar-BQ catered by Fat Pat's Restaurant and Red's Hometown Market, including Pulled Pork, Beef Brisket, Smoked Pinto Beans, Mac & Cheese, Cornbread.

\$18/person x _____ = _____

Sunday Breakfast –Continental breakfast at Blackhammer Church: Yogurt, Fruit, Coffee, Water plus O&H Kringle

\$7/person x _____ = _____

Total Amount Enclosed \$ _____

Please indicate the name of your local lodge and how many years you have been involved:

Have you or a family member done DNA testing? _____ **Company(ies) used:** _____

Other sites where you have uploaded your data: _____

There is no admission charge for the Houston County Historical Society to see the Red River Girl Exhibit, or to tour the museum. The Society does, however, welcome your donations at the door.

Hotel reservations are on your own. A list of places to stay in the area can be found in the information packet, on the Giants of the Earth website, and online at www.springgrovemn.com/lodging-dining-shopping.

Mail this completed form along with your check not later than Sept. 15 to:
Giants of the Earth Heritage Center, PO Box 223, Spring Grove, MN, 55974

You can also register online and pay via PayPal at our website www.giantsoftheearth.org.
There is an additional fee of \$3 per registration to cover PayPal transaction fees.

Schedule of Events: District 5 Adult Heritage Weekend

Friday, October 7

3:00—Arrival in Spring Grove, Registration at Giants of the Earth Heritage Center
3:30—Intro to Giants with Community Outreach Coordinator Rachel Storlie
4:00-5:30--Norwegian *Revy* (Variety Show) at the Cinema, featuring Robin Fossum on Hardanger Fiddle, violin, and talented members of District 5, plus short sets by the Luren Singers and Rachel Storlie.
5:30-7:00—Mingling, Cash Bar and Dinner catered by Rosie's Catering, at Giants Immigrant Hall
7:00--Reader's Theater—History of Spring Grove: the stars are YOU plus members of Ye Olde Opera House
7:30--All aboard hayride, tour downtown and rural Spring Grove
8:30--Movie: (one of the following) Lutfisk Wars, the Birkebeiners, Heroes of Telemark
9:30—Uff Da Fest revels

Saturday, October 8

8-9AM—Continental Breakfast at Giants of the Earth Heritage Center
9:00—Johnathan Storlie and Bill and Karen Fried will kick off your morning with their presentations.
9:00 am--Johnathan Storlie presents on DNA in genealogy and public health
9:45am—Bill and Karen Fried present on relative Peter J. Rosendahl, Spring Grove author and creator of the historic, Norwegian-American famed comic strip "Ola and Per"
10:30am—Stretch your legs on a Spring Grove walking tour, including visits at the Sculpture Park featuring "Ola and Per," the signature Viking, our Spring Grove Lion, and more! Shop along Main Street and take in the Uff Da Fest fun.
11:15—Rebecca Hanna Presentation on Woodcarving: Ale Bowls and Decorative Techniques
Rebecca Hanna is a Vesterheim gold medalist. She has produced works of many kinds, including ale bowls, dragonstil, kubbstols, acanthus pieces, and figures. In addition, she has honed her skills using svidekor, kolrosing, and kroting. Rebecca will showcase examples of ale bowls and the decorative techniques she uses at this presentation.
Noon—Return to Giants for a traditional Norwegian Smorgasbord: Rachel and Jill Storlie speak about Norwegian Food Customs and demonstrate open-faced sandwiches for us to model after during lunch.
1:00pm—Jim Skree will speak about the "Red River Girl" book and local Norwegian settlement history.
2:00pm—Choose your own adventure!

- View the Red River Girl exhibit at the Caledonia Historical Society (donation requested)
- Research ancestors in the Genealogy Room
- Take a hike! At the Norwegian Ridge Birding & Nature Trail
- Record your family oral history in our Professional Recording Studio (extra fees)
- Nordic Stamping Class with Connie Aiello (extra fees)
Make Christmas Cards and Gift Tags plus optional Commemorative D5 Journal!
- David and Lynn Susag demonstration of bowl turning on Viking-Era lathe
- "Julekurver: They're Not Just for Christmas Anymore!" with Cheryl Miller
- Krumkake King: Shipping Krumkake across the US without breakage with Mark Storsteen

5pm—Historical re-enactment of the first local Sons of Norway Convention by "Lanesboro History Alive!"
5:30pm--Cash Bar and Catered Dinner from Fat Pat's with live entertainment by Rachel Storlie and Luther College Students, and local accordion player Audrey Almo
7pm—Spring Grove Nordic Roots concert by renowned fiddle/guitar duo Beth and John Rotto

Sunday, October 9

9am—Fresh muffins, fruit, yogurt, coffee, juice, water served at the Blackhammer Church!
9:30—Church and Graveyard History Tours
10am--Old-fashioned Norwegian Church Service with guest bi-lingual Pastor Rolf Svano
10:30—Departure Lunch offered by the Wilmington WELCA!
11am—Depart for Vesterheim Norwegian-American Museum in Decorah, IA for private behind-the-scenes tour with Chief Curator Laurann Gilbertson. (Admission and tour fees apply)

Education Corner

THE NOVEMBER NORWEGIAN BAKING WORKSHOP, NOW A VENNELAG TRADITION!



Encourage someone you know to learn more about the customs of their family. Alle er velkommen!

In part, the mission of the Sons of Norway is to share the heritage and culture of Norway. The members of Vennelag Lodge do it well.

Children aged 9 and older are welcome to attend when accompanied by an adult.



PHOTOS: BIGSEVENTRAVEL.COM and depositphoto.com

Vennelag, 5-513, will have a Baking Workshop at the Mt. Horeb Community Center on Saturday, November 5, 2022. The event will start at 8:30 AM with a light breakfast of waffles, fruit, juice, milk, and coffee.

The baking stations will include waffles, lefse, rosettes, sandbakkels, and krumkake. Please bring a Ziploc® bag or a container to take your samples home. These items could grace your Thanksgiving or Christmas table and would no doubt be gone in minutes!

The cost is \$25.00 per person. Children 9 and over are welcome if accompanied by an adult. Payment is due to Mary Gullickson-Krantz by Oct. 26. The space is limited to 25 people.

You may obtain a form from Mary by writing her at: laffalot@mhtc.net. Please send remittance and the form to Mary at her home address shown below. If you prefer, baking workshop forms can also be obtained at Open House Imports, 308 E. Main Street, Mt. Horeb. **The deadline is October 26, 2022.**

Help us to bring the heritage and culture of Norway to others via this outstanding food event. Mary's address is 217 N. Brookwood Drive Mt. Horeb, WI 53572

Vennelag's 19th Annual Host Frokost

October 1, 2022, 7:30 to 11 a.m.

Menu: Norwegian pancakes, heart waffles w/lingonberries, soft and hard-boiled eggs, rul-lepølse, lefse, bread, ham, beef, salami, and cheeses, herring, salmon, fruit salad, coffee, and Norwegian cookies and cakes, Don't forget the rommegrot!

Adults \$15

Children 10 and under \$6

Mt. Horeb Fall Festival will also be happening and event worth visiting.

I am super excited to announce that the Stoughton High School Norwegian Dancers are going to Norway in June of next year! I am planning and need to begin putting together the Companion Tour. I would like to take anyone interested in coming to Norway with the dancers. You will have nicer accommodations than the dancers, and you'll have the opportunity to watch every performance, although not a requirement! There will be plenty of sightseeing in fantastic places, all with your own personal tour guide for the entire 11 days. The dates of the trip will be June 16th – June 27th, 2023. Cities visited will include Oslo, Tinn, Rjukan (WW II heavy water site), Gjøvik (Former visiting dancers live here.), Lillehammer, Lom, Geiranger, and Trondheim.

If you are interested, please email me as soon as possible to get on the interested list. As soon as I have the itinerary and cost, I will email it to everyone on the list. You can either commit or decide not to go. Getting on this initial list is not committing you to travel. This is just the "I might be interested list." Email- heimstaci@gmail.com by mid August to get on the list.

Please forward this message to anyone and everyone you know who might be interested. I really appreciate your help in spreading the word to all who are interested in travel to Norway.

Many, many thanks!
Staci Heimsoth
Norwegian Dancer Director

NORWAY