



# SONS of NORWAY



Aug. 2021

Walworth County, WI

## Norsemen of the Lakes 5-650

Greetings all:

Great news! I have been able to secure a meeting place in Elkhorn at Advia Credit Union for Aug., Sept., and Oct. And since they have a small kitchen, we can have a pot luck. However, the kitchen is small, so if you are bringing a "hot dish," please remember there is only a microwave. It's a better idea to bring something in a crockpot or something similar.

Items to discuss for our meeting will be future events and activities, membership, and luncheon to serve during the reunion of the Norwegian American History course given online by District 5 during the pandemic. The reunion will be held at Heg Park on Aug. 14th. Please let me know if you can help prepare and/or serve at the reunion.

I've been watching the Olympics each evening, so I thought I'd dedicate this issue of the newsletter to the Olympic contenders from Norway since we hear little about them on TV. Current results are as follows:

Gold: 1 medal

Kristian Blummenfelt, Triathlon, Men's individual

Silver: 1 medal

Team Norway, Rowing, Men's single sculls

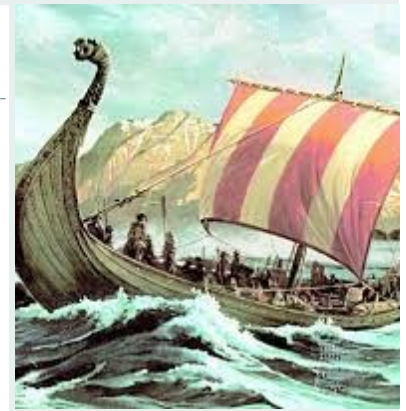
Bronze: 1 medal

Hermann Tomasgaard, Sailing, Men's laser

Sadly, another member of our lodge has passed away. Joye Arlene (nee Norwood) Kaul, 85 of Elkhorn, WI, formerly of Rhinelander, WI, passed away on Wednesday, July 28, 2021 at home. She was born June 11, 1936 in Brainerd, MN, the daughter of the late Arli and Eileen (Spiess) Norwood. Joye was united in marriage to William H. Kaul on June 20, 1958 in Brainerd, MN. Together, they lived in Rhinelander for 47 years then later moved to Elkhorn for the past 15 years to be closer to their daughters and grandchildren.



Funeral Service will be 12:00PM on Wednesday, August 4, 2021 at Haase-Lockwood & Associates Funeral Homes and Crematory, 730 N. Wisconsin St. Elkhorn, WI. Visitation will be 10:30AM until service time Wednesday at the Funeral Home. In lieu of flowers, memorials may be directed to Gideon's International, PO Box 140800, Nashville TN 37214. Online guest book at [www.haaselockwoodfhs.com](http://www.haaselockwoodfhs.com).



## Gratulerer med dagen

### July Birthday

Donald Henderson 15th

### August Birthdays

Diane Olson 2nd

Elaine Lundgren 19th

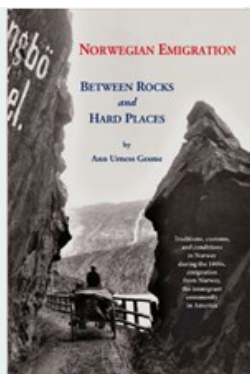
Anne Harrington Hope 30th

### INSIDE THIS ISSUE

Greetings .....	1
Book review .....	2
Olympic Contenders .....	2
Rowers Capsize .....	4
Women Refuse Bikinis ..	5
Nikolai Astrup .....	6
Viking Heritage #3 .....	6

### KALENDAR

Potluck at Advia  
Credit Union, 837  
No. Wisconsin St.,  
Elkhorn, WI 53121  
**6 P.M. Aug. 10th**



**ANN URNESS GESME'S** new book, *Norwegian Emigration: Between Rocks and Hard Places*, shares her research detailing customs and conditions in the lives of rural Norwegians as they began to consider emigration in the 1800's. With this information, readers will gain logical and credible insight into the daily lives of our Norwegian ancestors.

Daily life on the farm:

- ◆ In the mountains
- ◆ The seter
- ◆ By the fjord
- ◆ Fishing and storing worms

Daily life in the home:

- ◆ Diapering babies
- ◆ Courting & marriage
- ◆ Food storage
- ◆ Keeping track of time

Emigration:

- ◆ Packing
- ◆ Means of travel
- ◆ Destinations
- ◆ Costs

#### ABOUT THE AUTHOR

Over many decades Ann Urness Gesme researched her family's roots along with conditions and customs in Norway when her family, and many others, left Norway in the 1800s. She has written four books about her family's Norwegian heritage in the Look to the Rock series, along with *Between Rocks and Hard Places* published in 1993.

Ann has been a member and held leadership roles with the Vesterheim Norwegian-American Museum's Board of Trustees, Norwegian American Historical Association, Norwegian American Genealogical Center and Naeseth Library, Sons of Norway, and several Bygdelag.

## Meet Norway's 2020 (2021) Olympics Medal Contenders

*Norge Olympiatoppen*

JO CHRISTIAN WELDINGH PUBLISHED JULY 11, 2021

The [Norwegian Confederation of Sports \(NIF\)](#) has a strict policy of only sending athletes who are capable of being among the top 12 in the world in their sport, so making the Norwegian Olympic team is no easy feat. NIF has an outspoken goal of winning eight medals in Tokyo. Some might say it is too ambitious and point to the disappointing Olympic games in London 2012 (four medals) and Rio de Janeiro 2016 (four medals), but Norwegian sports have taken big strides in the last five years. Below is a list of Norway's best Olympic medal contenders.

### Men's Track

Karsten Warholm (400m hurdles) is ranked as the No. 1 athlete in his event and is the reigning European and World Champion. By far, he is the best Norwegian gold medal contender. He has not competed in an official

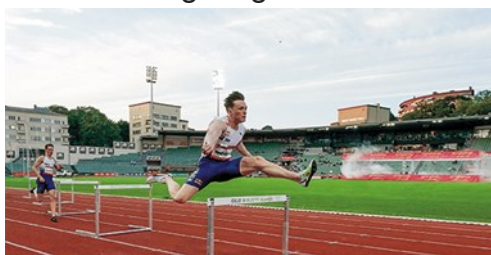


Photo: Stian Lysberg Solum/NTB  
Karsten Warholm is Norway's top medal contender at the Tokyo Summer Olympics.

400m hurdles race so far this season, so it is difficult to say anything about his current form. Warholm is expected to get tough competition from American Rai Benjamin and Abderrahman Samba from Qatar. Last year, he clocked 46.87 in Stockholm, which is .09 shy of American Kevin Young's world record in the 1992 Summer Olympics in Barcelona. Warholm is only 25.

Jakob Ingebrigtsen's (1,500m) progress is unique for a European runner. The 20-year-old from Sandnes is already one of the best middle-distance runners in the world and has been the second best 1,500m runner for the last two seasons behind Timothy Cheruiyot from Kenya. Cheruiyot failed to qualify for the 2021 Olympics, so Ingebrigtsen might be traveling to Tokyo as the biggest favorite. He set the European record in the 5,000m—not even his main event—of 12:48.5 in Florence, Italy, on June 10.

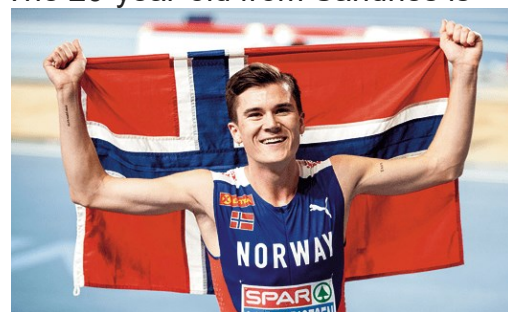


Photo: Christine Olsson/TT/NTB  
Jakob Ingebrigtsen is one of the best middle-distance runners in the world.



Photo: Ørn E. Borgen/NTB  
Things look promising for hurdler Amalie Iuel to reach her first Olympic final.

Jakob's brother Filip Ingebrigtsen, 28, while also a World Championship medal winner in the 1,500m, has not been able to keep up with younger brother Jakob in the last couple of seasons. He's a medal contender if he avoids injuries and everything goes his way.

### Women's Track

Amalie Iuel (400m hurdles) was eliminated in the first round in Rio de Janeiro in 2016 but has improved since then. Iuel will easily get in the top 10, and if everything goes her way, she has a good chance of reaching her first ever Olym-



pic final. She holds the Norwegian record and shares the same coach as Warholm, Leif Olav Alnes.

Karoline Bjerkeli Grøvdal (5,000m, 10,000m) probably won't be able to compete with the best African runners but has a good chance at a top 10 spot. She finished seventh in Rio in 2016. At the Bislett Night of Highlights at Bislett Stadium in Oslo on June 4, she unofficially broke legend Grete Waitz's record in the 3,000m.



Photo: Vidar Ruud/NTB

Center-back Stine Bredal Oftedal is one of the players to watch on Norway's Olympic handball team.

### Women's Handball

Besides Warholm, the Norwegian women's handball team is the biggest Norwegian gold medal hope. The Norwegian women have made a habit of winning international championships and won last December's European championship. They are loaded.

Standout players are right back Nora Mørk (635 goals, 131 international games), center-back Stine Bredal Oftedal (547/202) and young up-and-comer 22-year-old Henny Reistad (80/27). The top scorer is Camilla Herrem (724/262, 65 goals in 10 games for Sola in REMI-1000). Vipers Kristiansand won the Norway REMI -1000 league going undefeated, and the Norway Cup, then won the Champions League on May 30, crowned as

the world's best team. Reistad scored 22 goals in the two final four games and was named MVP. Four Vipers are on the national team's top 22, five more on the extended squad. Besides Reistad and Mørk, is goalkeeper Katrine Lunde and Marta Tomac (72/76). Hungarian power Győr was in the CL final four and has four Norwegians on the team, all of whom are on Norway's squad, including Oftedal, Player of the Year in 2019; Veronica Kristiansen (474/143), Kari Brattset Dale (181/78) and goalie Silje Solberg. Among five from Danish power Esbjerg are Marit Malm Fraford (411/212), Sanna Solberg-Isaksen (287/159), and Marit Røsberg-Jacobsen (130/72).

Norway won bronze in 2016 and gold in 2008 and 2012.

### Men's Handball

The men's handball team won the silver medal in both the 2017 and the 2019 World championships, but they were knocked out in the quarterfinals last winter. This is the first time the men's handball team has been in the Olympics in 49 years. The team is unpredictable and too reliant on superstar Sander Sagosen (601/121), but with a bit of luck, they have a good chance at winning an Olympic medal. Bjarte Myrhol, 39, (795/257) announced he will retire after the Tokyo games.



Photo: Toms Kalnin/NTB

Sander Sagosen is the superstar of the Norwegian men's Olympic handball team.



### Beach Volleyball

Anders Mol and Christian Sørum are ranked as the best beach volleyball duo in the world. They made a comeback from injury this spring and won two tournaments in the FIVB World Tour. The lack of competitions in 2020 may have set them back.

Photo: Alejandro Gutiérrez Mora/FIVB NTB

Anders Mol and Christian Sørum may have a good shot at an Olympic medal this summer in Tokyo.

# Norway's Team Sweater for the Tokyo Olympics

July 11, 2021 by David Nikel

On July 23, the Tokyo Olympics got underway, one year later than planned. Despite competing in front of no crowds, the Norwegian team will certainly look the part.

The Dale of Norway design is unmistakably Norwegian. While there are two color designs available, it's the white version that both men and women will be wearing in Tokyo.

## A summer challenge for winter specialists

Fashion house Dale of Norway has a strong association with national sporting teams, but until now they've been focused mostly on winter events. It's just the second time Dale has been asked to design for the summer games.

Since 1956, Dale has designed and produced the official sweater for Norwegian athletes at the Winter Olympics and skiing world cup events. The IOC has also previously asked Dale to design the official Winter Olympics sweater. The design is, of course, more lightweight than a traditional Norwegian sweater. That lightweight style is also reflected in the simple look with both Norwegian and Japanese touches.

## Norwegian design with a salute to Japanese culture

Walter Hanson is CEO of The Nordic Shop in Rochester, Minnesota. He told the Norwegian American that the designers always try to respect the host nation's culture, while still retaining a Norwegian core: "The center point of the sweater is the Norwegian eight point rose in red, white and blue. The pattern that's coming out from that are symbols found in a Japanese Temple that stands for Luck and Good Fortune. So they used that symbol in the whole border going around the sweater for luck and good fortune in the Games."

Hanson added that Dale wanted a break from the more traditional look of their previous sweaters, introducing a modern look that reflected Japanese modernism while still making something that was clearly Norwegian: "I think they came up with a good solution for that. The design is extremely well thought out. It still has the ideal Norway look to it, but it's definitely different. You're not going to mistake it for something else."

If you don't like the Tokyo sweater, there's not long to wait for another! The Winter Olympics in Beijing are set to take place in February 2022, with another design on its way.



## Tokyo 2020: Norway Rowing Pair CAPSIZE in Horror Show During Olympic Double Sculls Competition

BY THEUSPOSTS JULY 28, 2021

### A Norwegian rowing pair's medal hopes were dashed after capsizing while in second place with 500 meters to go.

Kristoffer Brun and Are Weierholt Strandli – who were bronze medalists at the 2016 Rio Olympic Games – were competing in one of the men's lightweight double sculls semi-finals. The final was 500m in their sight when they capsized. The pair held onto their boat until help arrived. Brun and Strandli had to be helped by lifeguards.

The pair were medal hopefuls after breezing past the competition and comfortably winning their heat on Saturday. Brun and Strandli were 1500m into their race and on course to qualify for the final when disaster struck. TV cameras captured the pair splashing down and tipping over, which the commentators described as "heartbreaking".

The Norwegian duo had to hold onto their boat until they were helped by lifeguards. Brun and Strandli eventually got back inside the boat and finished the race, clocking in a time of 12:16:25 – double the time it took the German winners.



GETTY IMAGES



# Norwegian Volleyball Team Refuse To Wear Bikini Bottoms At Summer Olympics In Tokyo

Dominic Smithers

Published 17:44, 19 July 2021 BST

**Norway's female volleyball team have said they will not wear bikini bottoms during the Olympic Games this summer.**

Players swapped the traditional bikini bottoms for shorts during a match against Spain at the European Beach Handball Championship in Varna, Bulgaria, yesterday (18 July). And the Norwegian federation has stated that it is willing to pay a fine - potentially 50 euros per player - for their defiance of the rules.

Speaking to AFP, Norwegian Handball Federation president Kare Geir Lio said: "Of course we would pay any fine. We are all in the same boat. "The most important thing is to have equipment that athletes are comfortable with."

The Norway team wore shorts during a recent match against Spain. The European Handball Federation confirmed that it was aware of the situation; however, a decision with regards to any possible



sanctions had not yet been made.

EHF spokesman Andrew Barringer said: "The EHF is committed to bring this topic forward in the interest of its member federations; however it must also be said that a change of the rules can only happen at IHF level."

Previously, two German volleyball players hit the headlines after they said they would not compete at a tournament in Qatar because they would not be allowed to wear bikini bottoms. Karla Borger said at the time: "We are there to do our job, but we are being prevented from wearing our work clothes. This is really the only country and the only tournament where a government tells us how to do our job - we are criticizing that."

Last month, a Serbian volleyball player was suspended for making a racist gesture during a match against Thailand. Sanja Djurdjevic made a "slant-eyed" gesture at the game in Rimini, Italy during a FIVB Volleyball Women's Nations League match. Following an investigation, FIVB decided the gesture was inappropriate. She has now been benched for two games and her sporting federation has been fined 20,000 Swiss francs (AUD\$28,872).

The governing body said in a statement, "The FIVB disciplinary panel subcommittee, which is the independent body competent to impose disciplinary sanctions within FIVB competitions, has found that Ms. Sanja Djurdjevic, a player of the Serbia women's national volleyball team, violated the FIVB disciplinary regulations following a gesture made during the Volleyball Nations League (VNL) 2021 match between Serbia and Thailand on 1 June 2021. Ms. Sanja Djurdjevic has received a two-match suspension. The player will serve her match suspensions during the VNL 2021 matches and will therefore miss Serbia's match on 8 and 12 June 2021 against Belgium and Canada respectively. In addition, the Volleyball Federation of Serbia has been fined CHF 20.000."

Norway's Parliament member Lena Westgaard-Halle Tweeted in regards to the issue, "Dear @ihf\_info. Can you please stop the forced bikini nonsense at your beach handball games? It is embarrassing, disgraceful and sexist. You are ruining both the sport and your own reputation."



### Women's Sailing

Line Flem Høst (laser radial) won the bronze medal in the 2020 World Championship and is the Norwegian sailing team's best chance at an Olympic medal.

Marie Rønningen/Helene Næss (49er FX) won the European Championship gold medal in 2018 and the silver medal in 2019 and 2020, and they also placed second in the test Olympics in Japan in August 2019. They were Sailors of the Year in 2019. They can compete with the best on their day.



Photo: Sailing Energy  
Marie Rønningen and Helene Næss were sailors of the year in 2019.

### Men's Sailing

Among the men, Hermann Tomasgaard has the best chance to medal competing in the Laser Class. Other top Norwegian competitors include Anders Pedersen.



Photo: Morten Jensen  
Hermann Tomasgaard is the favorite to win a medal on the Norwegian men's sailing team.



Photo: Ørn E. Borgen/NTB  
Olaf Tufte, Knut-Erik Solbakken, Martin Helseth, and Jan Oscar Helvig will be competing in the men's Quadruple Sculls

### Rowing

The 2020 Olympics will be Norwegian rowing legend Olaf Tufte's seventh and last Olympic games. Tufte started his rowing career in 1995 and competed in his first Olympics games in Atlanta 1996.

Since then, Tufte has won four Olympic medals: two gold medals, one silver medal, and one bronze medal.

Tufte will be competing in

the men's Quadruple Sculls with Knut-Erik Solbakken, Martin Helseth, and Jan Oscar Helvig. Of Norway's four bronze medals in Rio, two were from rowing. Kjetil Borch won gold in single sculls in a World Cup meet in Sabaudia, Italy, on June 6.

### Shooting

The Norwegian shooting team won two gold medals in the 2021 European championship in May. Jon-Hermann Hegg won the gold medal in 50m Rifle 3 Positions, while Henrik Larsen won the gold medal in 50m Rifle Prone. Still, the best Norwegian events are the team competitions.

*This article originally appeared in the July 9, 2021, issue of The Norwegian American. To subscribe, visit [SUBSCRIBE](#) or call us at (206) 784-4617.*



Photo: Norwegian Shooting Federation  
Henrik Larsen (left) and Jon-Hermann Hegg (right) won golds at the 2021 European championship.

## SIX THINGS WE OWE THE VIKINGS



Temple Bar pub in Dublin, Ireland. (Credit: Chris Jackson/Getty Images)

### 3. DUBLIN

Temple Bar pub in Dublin, Ireland. (Credit: Chris Jackson/Getty Images)

We owe the capital of the Emerald Isle to the Vikings, who founded the first recorded settlement on the south bank of the River Liffey in A.D. 841. Named Dubh Linn ("Black Pool") after the lake where the ancient Norsemen moored their boats, the Viking settlement centered around a timber-earthen fort called a longphort. Built at what is now the heart of modern-day Dublin, it became the hub of one of Europe's largest slave markets. The Vikings kept firm control of Dublin for nearly three centuries, until the Irish High King Brian Boru defeated them in the Battle of Clontarf in 1014. Unlike in England, Vikings left few Norse place-names in Ireland or words in the Irish language, but they made their mark there nonetheless. In addition to Dublin, the Irish cities of Wexford, Waterford, Cork and Limerick also began as Viking settlements.