



Nordkapen

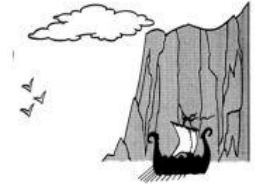
Nordkap Lodge 5-378 - Sons of Norway

The North Cape 71° 10' 21" North Latitude – The Top of Europe

A Congenial Society of Sons, Daughters and Friends of Norway

Organized August 10, 1929 – The first Sons of Norway Lodge in Michigan

<http://www.DetroitNorwegians.com>



NORDKAP CALENDAR

Monday, June 23, 6 – 9 p.m.
Midsummer – Sankthansaften
Heritage Park
24915 Farmington Road
Farmington Hills, Michigan

Sunday, September 7, 1 p.m.
Steak & Corn Roast
The Swedish Club
22398 Ruth Street
Farmington Hills, Michigan

Sunday, October 26, 4 – 7 p.m.
Members Gathering
The Swedish Club

Sunday, November 23, 2 – 5 p.m.
Members Gathering
The Swedish Club

Nordkap 2025 Officers

President: Haley Jarasz

Vice President: Heather Vingsness

Treasurer & Scholarship Chair:
Carmen Collins

Secretary: Mary Morehead

Membership Secretary

& Sunshine Director: Carol Jehle

Social Director & Greeter:
Eli Viik Steyskal

Cultural Director:

Karen Herche

Sports Director: Mike Jarasz

Youth Director:

David Thompson

Foundation Director:

Derrick Hendricks

Co-Store Directors:

Natalie Vaal & Dennis Flessland

Editor & Publicity Director:
Louise Giles

Counselor: Bob Giles

Photos by Bob Giles,
unless otherwise indicated
Facebook:
Norwegians in Michigan

June/July/August 2025

Volume 95 Issue 4

Join us to Celebrate Midsummer on June 23

June 23 is the day we Norwegians celebrate Midsummer or “Sankthansaften”—the eve of the birthday of St. John the Baptist and one of the longest days of the year. **This year, Nordkap will return to a favorite venue for our festivities, Heritage Park at 24915 Farmington Road in Farmington Hills, Michigan.**

Join us just before 6 p.m. at the fire pit in the picnic area by the park’s Nature Center and reserve your spot for the picnic. Bring your own lawn chairs, blankets, and anything else you need to be comfortable—such as bug spray!

Shortly after 6, our nature hike will begin. Our route along the park’s wooded trails will be marked with hidden Viking symbols hung in the trees. The walk will return us to the picnic area, where the fire will be ready for roasting hot dogs.

Nordkap will provide hot dogs, buns, and ingredients to roast s’mores. Please bring your own pop or water and consider bringing a side dish or dessert to share.

Picnicking will proceed until about 7:15, when the traditional ceremony to burn a paper witch for good luck is scheduled. Afterwards, members can roast their own s’mores and participate in Kubb lawn games. Everyone is invited to help in the clean-up before we finish at 9 p.m.



Gratulerer med Dagen



June Birthdays:

Sheryl Dalton, Jeff Hatteberg, Maureen Hatteberg, Isla Markusen, Edward Vingsness

July Birthdays:

Jayne Lafnear Bannister, Monica Dowhan, Michael Duffy, Holger Ekanger, Christiana Hart, Debra Kraft, Frode Maaseidvaag, Denise Marvel, Greg Morehead, Mary Morehead, Jeannine Sturgeon, David Thompson, Erik Vingsness, Bridget Wiley Robbins

August Birthdays:

Jarle Amundsen, Tove Bruning, Bryant Clary, Kristin Duus, James Green, Geir Gronstad, Lynn Herche, Marina Kozlova, Kara Markusen, Jack Markusen, Kristen Schotts, Lewis Vaal, Olivia Vaal, Kate Zawicki

Sunshine Updates

So pleased to report that **Cynthia Keech** is doing better after her recent hospitalization and time in a rehabilitation facility. She is using a walker to get around and has several post-hospital appointments to complete. We hope to see her soon!

Vice President **Heather Vingsness** recently finished her second semester of graduate school and remains on track to graduate in December 2026 with a master's degree in teaching biology. She will be studying overseas in Mongolia this summer as part of her training.



Heather Vingsness (her photo)

Film about Norway at Detroit Institute of Arts

If you enjoy movies about Norway (like the one shown at Nordkap's Movie Night on April 27) perhaps you'd like to catch another film set for the Detroit Film Theatre at the Detroit Institute of Arts.

The film, called *Folktales*, is actually a documentary about the Scandinavian "folk high schools" located in the wilds of northernmost Norway. For nearly two centuries, these high schools have emphasized the power of nature, simplicity, and community to transform the lives of teenagers on the brink of adulthood.

The documentary follows three teens who've chosen to spend one year in this arctic wilderness.

Freed from technology, guided by humane teachers and a pack of loyal, magnificent Alaskan huskies, the teens hope to replace their loneliness and social anxiety with self-confidence, and perhaps a life-changing sense of wonder.



A scene from the film "Folktales"

The film was an Official Selection at the 2025 Sundance Film Festival. It will be shown at 7 p.m. on August 1, at 3 & 7 p.m. on August 2, and at 2 p.m. on August 3.

Enter the Detroit Film Theatre at the John R entrance of the museum at 5200 John R St, Detroit, MI. General admission is \$11.50. DIA members, seniors, and students (ID required) pay \$9.50. Tickets are available at the door or through the DIA website.

#

New Lower Payment Option for Adult Culture Weekend

If you are planning to attend the Fall Adult Culture Camp in Norway, Illinois, October 3-5, you should know about a lower cost way to register for the event. The weekend marks the 200th anniversary of the Sloop Norwegian Immigration.

The committee planning the weekend has made the decision to accept a one-day registration for either Friday, October 3, or Saturday, October 4, and charge \$25.00 (instead of \$50.00). People who choose this option just need to note this on the registration form. Meals for the day they attend will still have to be pre-paid. **Access the registration form and schedule at** https://sonsofnorway5.com/programs/leadership_workshop.php

Designs Submitted in T-shirt Contest

Our challenge to help us design a new T-Shirt produced some interesting concepts! The idea was to create a new T-shirt that Nordkap members will purchase and wear with pride.

Eight designs were submitted at our 17th of May celebration at the Swedish Club. The next step is to vote for the best design at our Midsummer Celebration at Heritage Park in Farmington Hills on June 23. Here are the designs we will choose from:



Design #1



Design #2



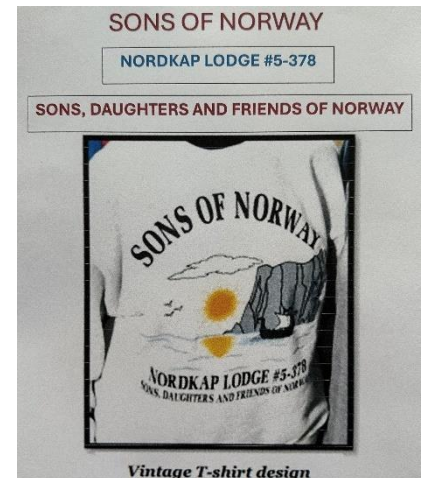
Design #3



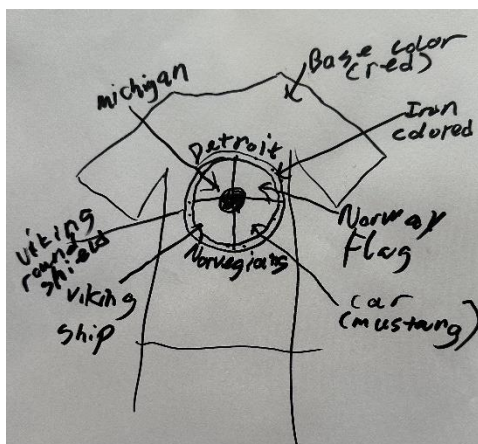
Design #4



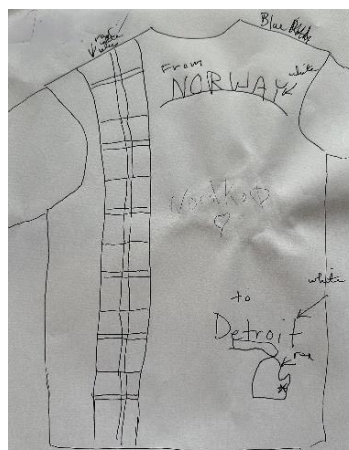
Design #5



Design #6



Design #7



Design #8

We thank all the kids and adults who shared their best ideas with us. More to come soon on the next steps!

We Marked Constitution Day-- in a Big Way--on May 17th

The Swedish Club in Farmington Hills filled nearly to overflowing for the celebration of Norway's biggest holiday--Syttende Mai--the day its Constitution was signed in Norway on May 17, 1814. Close to 90 people turned out to help us mark the day with a parade, music, games, and picnic foods. Here are some pictorial highlights:

Families came out with flags and bunads.



They studied Norway's map and shopped at our store.



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17th of May (continued)

We had music and a parade...



Games for the children....



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17th of May (concluded)

Lunch and desserts.....



And our infamous “Cod Toss!”



--Thanks to our May 17th photographers, Mary Morehead and Bob Giles

Nordkap Lodge Chefs Having Fun Cooking **Kjøttboller Klasse (Traditional Norwegian Meatballs)**

Another fun-filled cooking class on Saturday, April 5, 2025, at Mary Morehead's house where we made traditional Norwegian meatballs, vegetarian meatballs, Norwegian famous cucumber salad, baby redskin potatoes, red cabbage and Norwegian apple pie for dessert. We worked from 11 am until 3 pm. Then, we enjoyed our delicious meal. Nothing but a fun time with this group of chefs.

--Story and Photos by Mary Morehead

(Chefs from left to right in row one: Dee Marvel with Derrick Hendricks; Dee and Roy Marvel; Derrick Hendricks with Carol Jehle; Mary Morehead joined the chefs to eat in the last picture in the second row.)



Nordkap Joins Spring Cleanup at the Swedish Club

The Swedish Club and its President Dan Nelson

always go out of their way to have their property in excellent shape when Nordkap meets there.

So on May 7, seven of us (Bette Clary, Carmen Collins, Bob and Louise Giles, Haley Jarasz, Mary Morehead, and Eli Steyskal) helped Dan repair a fence and weed gardens. We also removed a file cabinet to make space in a closet we can use.



Couldn't Pass through May Without Another Cooking Class Laks Klasse (Salmon Class)

Story and Photos by Mary Morehead

Another successful baking class was held on Saturday, May 3, 2025, at Mary Morehead's house. We made a real nice, pan-fried salmon dinner with zucchini pie, roasted asparagus and redskin potatoes and a Scandinavian coffee cake for dessert. Plus, we made a lovely wine, lemon juice, butter and capers sauce to pour over the salmon. YUMMY! Of course, there are always leftovers to take home. We always have so much fun together. We have a great group of chefs.

(Pictures of chefs from left to right in row one: Roy Marvel, Derrick Hendricks with Carol Jehle; Carol Jehle with Derrick Hendricks; Dee Marvel with Carol Jehle; Greg and Mary Morehead are pictured in the last row joining in the meal. I especially like Carol Jehle's picture in row two. I caught her eating the crumbs from the coffee cake. She couldn't get enough of it. LOL!)



A Letter from President Haley Jarasz:

Hi friends,

The beginning of summer prompts conversations about your vacation plans. "What are you doing this summer?"

Next week I'll be going to Mammoth Cave National Park in Kentucky. I was excited to discover entrance to the park is free! I've recently been visiting Canadian national parks and been shocked by their cleanliness and low fees in comparison to American parks... such as the \$30 I recently paid to enter Olympic National Park in Washington. I'm hoping to be pleasantly surprised by the facilities at Mammoth Cave.

If you're already thinking ahead to next summer, be aware that in 2026 Norway will introduce a 3% tourism tax in some popular destinations—not nationwide—such as the Lofoten Islands. It does not apply to the campers or boats popular with local travelers. Luckily, it is relatively modest compared to the fees in Italy and France: a \$200 hotel stay would cost an extra \$6, barely noticeable in comparison to the cost of international airfare (and lower even than the \$9 I paid to enter Canada's Bruce Peninsula National Park).

It's a price tag that reflects Norway's priorities: clean cities, pristine wilderness, and a high quality of life. It shows visitors that sustainability matters in Norway. By focusing the tax on urban and tourist destinations, and sparing slow-travel like camping and boating, Norway can balance tourism and environmental stewardship.

Norway is a popular destination year-round for our members... If you are traveling there I hope you have an amazing time, and that you enjoy lots of time outdoors. If your adventures take you elsewhere, I'm excited to hear about them when we return from our lodge's summer break!

Vi sees – Haley



Detroit-Area Finns Celebrate the Centennial Year of “Finn Camp”

In the summer of 1925, Detroit-area Finns, organized a committee to find a suitable location for outdoor recreation. As new immigrants, they wanted a place they could gather and support one another, adapting to their new country.

They agreed upon land in what is now Wixom, Michigan, establishing the Detroit Finnish Cooperative Summer Camp Association there. They quickly began building their dance hall and their first sauna. Today the property includes beach facilities on Loon Lake, cabins, a softball field, a summer outdoor restaurant, and other amenities.

Camp members will mark the 100th anniversary with a Centennial Celebration Juhannus weekend, June 20– 22, featuring live music, food, drink, games, activities, and guest speakers.

Final Deadline to Apply for Nordkap Scholarships is June 30

College-bound students who wish to apply for a Nordkap scholarship must submit their applications by June 30. Last year our lodge scholarship fund awarded \$900 scholarships to four students who applied and met all requirements. Candidates may qualify up to 4 times for this scholarship.

To be considered for a scholarship, applicants must:

- Be a lodge member (for a minimum of 1 year prior to scholarship application) or child/grandchild of a person who's been a lodge member for a minimum of 1 year prior to scholarship application
- Be 17-23 years of age
- Be working towards a bachelor's or associate degree from an accredited educational institution
- Be in good standing at school, having a GPA of 2.0 or better
- Include two letters of recommendation written within the last year.



Application forms and complete details are available at:

<http://www.detroitnorwegians.com/scholarship.html>

Scholarship Chair Carmen Collins is ready to receive applications--but she needs them by the **deadline of June 30**. Direct any questions to Carmen at skicarmen@att.net.

NORDKAP LODGE 5-378

c/o Louise Giles

Box 1198

Royal Oak, MI 48068