



Nordkapen

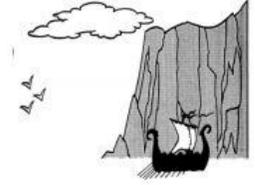
Nordkap Lodge 5-378 - Sons of Norway

The North Cape 71° 10' 21" North Latitude – The Top of Europe

A Congenial Society of Sons, Daughters and Friends of Norway

Organized August 10, 1929 – The first Sons of Norway Lodge in Michigan

<http://www.DetroitNorwegians.com>



NORDKAP CALENDAR

No February 2021 gathering – cancelled due to coronavirus concerns.

(Nordkap Lodge has taken an extended break due to the COVID-19 pandemic. Future in-person gatherings will be published once it is safe for us to congregate again.)

Nordkap 2020 Officers

President: Erik Duus

Treasurer & Scholarship Chair:
Carmen Collins

Secretary: Mary Morehead

Membership Secretary

& Sports Director: Carol Jehle

Cultural Director: Karen Herche

Social Director: Connie Hart

Foundation Director:

Derrick Hendricks

Store Director: Natalie Vaal

Editor & Publicity Director:

Louise Giles

Counselor: Bob Giles

Contact us:

Nordkap@DetroitNorwegians.com

**Photos by Bob Giles,
unless otherwise indicated**

Stay Connected on Facebook at
Norwegians in Michigan

[https://www.facebook.com/groups/
104416144749/](https://www.facebook.com/groups/104416144749/)

Call and leave a message at:
248-919-8355

February/March 2021

Volume 91 Issue 2

Help Kick off 'Kringles for Kollege' on Zoom

March is traditionally the month Nordkap has a big bowling tournament to raise money for our Nordkap Scholarship Fund. Alas, no bowling this year (due to COVID-19)!

Instead, we're inviting everyone to join our March 21st Zoom kickoff for "Kringles for Kollege." This unique campaign will raise funds for Nordkap scholarships while offering a special "sweetener" for donors.

The "sweetener" is a delicious Kringle—the Danish pastry coming from the famous O&H Danish Bakery in Racine, Wisconsin.

Here's how it will work: Every donor who mails a check for at least \$25 to the scholarship fund by March 31st will receive a yummy Kringle. Your Kringle will be available for curbside pickup at the Swedish Club on Saturday, April 10th, between 2 and 4 p.m. It's that simple.



Never heard of a Kringle? You're in for a treat!

You can learn about them—or share your own Kringle story—on our Zoom Happy Hour on March 21st at 4 p.m. All members and friends are invited to this Zoom video kickoff where we'll enjoy our special beverages at home while talking about Kringles and just socializing together. Donations to the Nordkap Scholarship Fund to send our deserving young people to college are encouraged but not required to join us on Zoom. Everybody is welcome!

To participate in "Kringles for Kollege" and join the Zoom kickoff, see "how-to" on p. 2.

Sunshine Updates



Congratulations to **Bob Bruner**, as his work with a fellow mathematician in Oslo is about to be published by the American Mathematical Society after eight years of collaborative research. This research has been helped by spending two to four months a year in Oslo for the last several years. Here Bob and his wife **Coco Bruner** were spotted out walking recently, something they often did often during their stays in Oslo.



GRATULERER MED DAGEN!

February Birthdays:

Kristine Dowhan, Kevin Duffy, Bill Edwards, Mark Eelnurme, Dennis Flessland, Janet Flessland, Louise Giles, Sven Hahr, Greydon Hyde, Emma Jehle, Cynthia Keech, Steven Keech, Judith Kirsch, Erik Lundberg, Clarence Mount, David Nelsen, Magda Pecsenye, Arthur Peterson, Yana Thompson

March Birthdays:

Miriam Amundsen, Annika Eelnurme, Harald Ehrenfeld, Robert French, Lilje Gronstad, Sonja Gronstad, Tim Miller, Barry Rabe, Linda Radwan, Dana Runestad, Avery Jean Skidmore, Phyllis Skora, Sarah Stalmack, Hannah Thomassen, Jenna Thomassen, Berit Willet

How to Join our 'Kringles for Kollege' Kickoff

We hope you will want to be part of this fun way to raise money and send our deserving young people to college. Last year Nordkap awarded scholarships to five college or college-bound students.

To participate as a donor, please send your check by March 31 to Louise Giles, P.O. Box 1198, Royal Oak, MI 48068. If you wish to pay with a credit card, call Bob Giles at 248-302-2222 before March 31st.

Checks should be written to Nordkap Lodge 5-378. Please indicate on the memo line "Nordkap Scholarship Fund" and include a note with your e-mail address and phone number with your check.

You will get an e-mail or phone call acknowledging receipt of your donation once we receive it. Then, plan to pick up your Kringle on April 10th between 2 and 4 p.m. at the curbside pickup at the Swedish Club, 22398 Ruth Street in Farmington Hills.

If you have no transportation or have medical issues that prevent you from getting there, please let us know in a note with your donation, or e-mail Nordkap@DetroitNorwegians.com.

Meanwhile, we invite you to tune into our Zoom video kickoff at 4 p.m., March 21st, hosted by Nordkap's Heather Vingsness, herself a former Nordkap Scholarship winner.



Heather Vingsness (family photo)

TO JOIN BY COMPUTER, go

to: <https://us04web.zoom.us/j/72729324593>

The password is nordkap, all lower case.

ON A SMARTPHONE:

Download the Zoom app from the App Store (if you have an Apple phone) or the Google Play Store (if you have an Android phone).

Tap "Join a Meeting". You do not have to sign in.

Enter the meeting ID 72729324593 and enter the password nordkap, all lower case.

Online Classes Offered in Norwegian Cooking and Embroidery

Want to learn more about Norwegian cooking? Or perhaps you'd like to try your hand at Hardanger embroidery. Online classes being offered by the Sons of Norway Fifth District might just provide the opportunity you need.

Cooking class: The District 5 Cultural Committee will be presenting experienced Norwegian cooks sharing traditional and experimental approaches to Scandinavian cooking via Zoom video conferencing on Mondays from 7 to 8:30 p.m. Eastern Time for six weeks beginning February 15th.

The fee for Sons of Norway members is \$25 for all 6 classes. Non-members pay \$50.

The registration form for the cooking class can be downloaded from the District website at <http://www.sonsofnorway5.com/library/original/docman/cookingvirtualclass.pdf> . **The registration deadline is February 12th.**

Hardanger embroidery: The District 5 Cultural Committee has arranged a special Hardanger embroidery virtual class with well-known Stoughton, WI, area teacher, Donna Olson. Donna became interested in Hardanger embroidery in the early 1970s when she and her husband moved to Stoughton. She learned the craft from descendants of Norwegian immigrants who were preserving their family traditions.

The class is all about technique, whether on the class project or your own project. The class project is Pattern 750 Small Treasures. It consists of four 6" x 6" doilies of different designs.

Classes will be held every Thursday night from 7:30 to 9 p.m. Eastern Time for six weeks, beginning March 4th through April 8th.

The fee for Sons of Norway members is \$50; for non-members, \$75.

To register for the embroidery class, go to the District website at <http://www.sonsofnorway5.com/library/original/docman/February52021-FFFN.pdf> and scroll to page 6 for a registration form. **Deadline to register is February 25th.**



Deadline for Sons of Norway Scholarships is March 1st

Just a quick reminder for any college-bound student looking for financial aid: The Sons of Norway International has a variety of scholarships available. Applications are due by March 1st. Details are available on the Sons of Norway website at <https://www.sofn.com/foundation/scholarships/> .

Nordkap Lodge has its own scholarship program. The deadline for applications for Nordkap scholarships is June 30th. See details at <http://www.detroitnorwegians.com/scholarship.html> .



Nordkap Meets Ambitious New-Member Recruitment Goal!

We did it again! Nordkap Lodge again last year met the ambitious member recruitment goal set for us by the Sons of Norway. We were tasked with adding 21 new members—in a pandemic year when we suspended virtually all in-person gatherings, and the thought of adding *any* new members seemed almost like wishful thinking.

We not only met the 21-member goal—we exceeded it by adding one more, for a total of 22 new members. Keep in mind that a new member by the International Lodge’s definition is someone completely new to Sons of Norway. It does not include transfers from another lodge.



Nordkap was one of only nine lodges in our 5th District region of the Sons of Norway to meet their membership goals. In fact, we led the pack with the most new members of any Fifth District lodge!

The 5th District lodge with the second-highest new members was Askeladden Lodge of Kalamazoo. They added 19 new members, exceeding their recruitment goal of 12. Congratulations to Askeladden! Only one of Michigan’s other six lodges met its recruitment goal: Sonja Henie Lodge in Lansing, which added 5 new members, exceeding their goal of 4. Kudos to them, as well!

The other three lodges in Michigan are Christian Radich Lodge in Suttons Bay, Sognefjord in Muskegon, and Ulseth Lodge in Calumet in the Upper Peninsula.

Recruitment goals were set by Sons of Norway this way: All lodges, regardless of size, were asked to recruit 5% more new members in 2020 than in 2019 (rounding up to the next whole number or “whole member”). Nordkap recruited 20 new members in 2019, so our 5% increase meant adding one more person, resulting in a 2020 goal of 21.

Meeting that goal means Nordkap President Erik Duus will be receiving a lodge prize package, which will include:

- **A check for \$125 to be used as our lodge prefers**
- **2020 Founders Award Certificate**—recognizing Nordkap’s achievement in meeting the recruitment goal
- **Plus, individual achievement certificates** recognizing recruiting members, to be handed out at a future meeting

The Nordkap Board extended thanks at its January 25 meeting to Membership Secretary **Carol Jehle** for her tireless efforts in leading Nordkap to its recruitment goal.



Carol Jehle

A Letter from President Erik Duus:

There's an old Norwegian proverb that goes, "Det som göms i snö, kommer fram vid tö." ("What is hidden in snow, is revealed at thaw.") As I write this, I'm looking out our large picture window in our living room into our backyard, and I'm thoroughly enjoying seeing all this snow. Not that it's particularly deep, but I love it when there's a blanket of snow everywhere and no footprints (rabbit tracks are fine). The Duus family has always enjoyed winter; our feeling is that if it's winter and it's cold outside anyway, then "let there be snow!" So do YOU like snow? And how well do you handle the *really* cold days?

Even though it's because of the virus, Kristin and I are relishing the fact that restaurants in Michigan are serving outdoors this winter. When we were in Norway several years ago, we noticed that Norwegian restaurants don't limit themselves to the indoors during chilly weather. (Blankets were draped over many an outdoor restaurant chair so that those dining outside could stay cozy.) And many people seemed to actually prefer eating outdoors despite the elements.

We recently visited our daughter, Lolly, in Ann Arbor...and of course many restaurants were serving outside. The eatery we chose had creatively set up heaters next to each table, and we were able to comfortably enjoy our meal right there on State Street. We're hopeful that maybe this trend will continue even after the pandemic; we could all learn a thing or two from those/us Norwegians, LOL!

This time of year, another way I get in touch with my Norwegian roots is by going skiing. I feel VERY Norwegian when I'm on the slopes. Also when I ski – and in all my preparations leading up – I very much consciously connect with my Norsk heritage; for example, pulling up YouTube videos from Norway, reminiscing of wonderful ski trip memories from my childhood, selecting and wearing my Norwegian sweaters and outerwear.

SIDEBAR: I finally upgraded my ski wear to 100% Norwegian brands, but I haven't tried them on the slopes yet! I got a heck of a deal on eBay for a brand new Norrona "Lofoten" Gore-Tex ski jacket and a slightly-used pair of Helly Hansen [shell] ski pants. Product reviews forthcoming...



Downtown Ann Arbor: Kristin is donning an Aleksander Moen of Norway shearling coat, and Erik is sporting a Norrona insulated parka and Swix Norwegian flag hat. (Duus photo)

(Continued on next page...)

(...President's Letter continued from previous page)

Though the forecast is cold, and the ground hog says winter will last at least another six weeks, we can welcome this winter with outdoor activities like skiing (and dining) AND with the Scandinavian concept of "hygge," or cozy living. Light a fire in the fireplace, light some candles, play comforting music, drink hot cocoa, read good books, wear woolen socks and that Norwegian sweater, and settle in for good conversation (even if it is still via Zoom). Enjoy the snow not only outdoors, but also from indoors looking out.

February often seems like a long month of not much happening except Valentine's Day, but we can enjoy it because we are people "of the snow" ...this is our time of year! Keep warm, have fun, and don't forget to keep an eye out next month for our "*Kringles for Kollege*" campaign – a fun way to fund our Nordkap Scholarship Fund. A Kringle can bring a sweetness to the ides of March!

Med vennlig hilsen (with best regards)

Erik Duus

PS – So for the first time in my life, starting at the beginning of last November, I decided to try growing a beard! I know this may not seem like a big deal to most of you, but it's the latest – but maybe not greatest – novelty here at home. Some people love it, some people hate it, and at least one person *really, really* hates it...and that's just in my immediate family! What's important is that I'm lovin' it, because it provides warmth, is starting to look Viking-esque, and Kristin has come around to really enjoying it.

Dennis Flessland Speaks on 5th District's Online 'Nordic News'

Those of you lucky enough to tune into the online show *Nordic News* on January 19 heard Nordkap's own Dennis Flessland discuss "Current Events in Norway."

As the Honorary Consul to Michigan for Norway, Dennis is in a unique position to speak on this subject.

He provided his perspective on a wide-ranging group of topics, including:

- 2021 travel advisories and how to keep up to date on travel restriction news
- New dual-citizenship rules
- Norway's membership in the U.N. Security Council and its impact on Norwegian foreign policy
- COVID-19 and Norway
- The recent avalanche near Oslo
- Norway as an attractive place to live
- Last year's virtual awarding of the Nobel Peace Prize in Norway



Dennis Flessland (screenshot from Zoom)

To see Dennis' presentation, go to: <https://www.screencast.com/t/hBMLxvJtQ8sK>

Sports Medals Arrive for Delivery to 14 Members

People who qualified for Sports Medals during the Walking to Norway campaign are now taking delivery of those special awards.

Sports Director Carol Jehle mailed or hand-delivered medals to 14 recipients, all of whom were named in the January issue of *Nordkapen*.

Seen below is Carol bringing bronze medals to the home of Bob and Louise Giles. Note below that both Carol and Louise are observing the pandemic protocol of staying six feet apart. Bob is proudly wearing his pin on his Norwegian sweater around the house. Louise is too!



Certificates Coming, Too

Meanwhile, everyone who took part in Walking to Norway will receive a certificate from the 5th District. The documents are being mailed to lodge presidents for awarding at a future date when in-person gatherings can be held.

Nordkap's President Erik Duus, on the right, plans to scan the certificates and e-mail the images to all Nordkap members who qualified for this recognition. The paper documents will be delivered later when we can safely gather for normal lodge events.



Erik Duus (Duus photo)

Uff Da! Correction

Our apologies to **Karen and Lynn Herche** for our reporting error in the January 2021 issue of *Nordkapen*. What the Herches had said at our Juletide Zoom gathering in December was that they had seen a television show of a St. Olaf College Christmas concert. In our story about the Zoom gathering, we erroneously reported they had seen a Shinola concert.

District 5 Seminar Brings Out Local Leaders for Special Training

Nordkap Lodge was well represented at the online Training Seminar offered by the 5th District Sons of Norway the morning of Saturday, January 23.



SONS OF NORWAY

District 5

In attendance on Zoom along with about 80 local lodge leaders from the 5th District were Nordkap's President **Erik Duus**, Membership Secretary and Sports Director **Carol Jehle**, Treasurer and Scholarship Director **Carmen Collins**, and Editor and Publicity Director **Louise Giles**. Our thanks to these Nordkap leaders for taking time to be present for this educational seminar.

Information important to local lodges was passed along from presenters like Sons of Norway International Vice President Mark Agerter and District 5 International Director Robin Fossum.

Some eye-opening information included the following:

- Fraternal benefit organizations in the U.S. have been declining. Years ago there were 800. Today there are just over 50 that belong to the American Fraternal Alliance.
- However, membership in Sons of Norway grew by 4,000 members in the past two years.
- Sons of Norway membership now totals just over 52,000.
- Two lodges in the 5th District have requested information about disbanding: Trollhaugen Lodge in South Holland, Illinois, and Vakkertland Lodge in Wisconsin Dells, Wisconsin.

Information for young people:

- Plans are proceeding to hold Masse Moro, the District's youth heritage camp, this summer from July 18th – 31st in Fall Creek, Wisconsin. The organizers hope to hold regular camp this year, but if necessary will go virtual as they did last year.
- The Barnebirkie, the children's ski race held each year in Hayward, Wisconsin, will proceed on February 25th-26th, but with changes required by coronavirus precautions. This year's Barnebirkie will be an open track-style event at a local stadium with no official start time. No spectators will be allowed, and there will be only a limited number of volunteers. Instead of the cookies previously donated by lodges, the D-5 Board is providing CLIF ZBars for the children.

2022 District Convention: The convention is scheduled for June 15th-19th, 2022, at the Madison Marriott West in Middleton, Wisconsin, hosted by Idun Lodge 5-074 in Madison. The room rate will be \$132 for a room with two queen beds.

Lodge Plans for Reopening: Although the course of the pandemic is uncertain, lodge leaders shared their plans for reopening once conditions permit. Some ideas included:

- Asking their most veteran members to retell family stories
- Celebrating Christmas in July with a picnic
- Holding outdoor "friluftsliv" events and Zoom gatherings
- Playing bingo over Zoom
- Participating in a local "Taste of Scandinavia" event and appearing in its parade
- When lodge doors are finally flung open, celebrating with a catered dinner

From the Sons of Norway Newsletter Service:

Norway to Introduce New Passports

On October 19, 2020, Norway issued its first new passports to the Minister of Foreign Affairs, Ine Eriksen Søreide, and the Minister of Justice and Public Security, Monica Mæland.

The decision to create a new version of the passport was mainly to increase its security elements, making it more difficult to forge. The new passport features aspects of Norway’s natural scenery as a pleasant background on the pages, but it also doubles as a security feature; when placed under UV lighting, the Norwegian landscape background will switch from day to night.

This clever feature came to fruition through a design competition for the new Norwegian passport. Neue Design Studio won for its emphasis on Norwegian identity, functionality, and preservation of traditions.

One of their main intentions was to convey the variances in Norway’s climate and landscape—elements that have shaped the people and country.

Neue's senior designer Benjamin Stenmarck adds, “The design had to create a sense of belonging and connection across age, gender, and regions in Norway.”

What better way to do this than through Norwegian nature!



News Service photo

***‘Extended Intermission’ Means
No February 2021 Gathering***

Nordkap Lodge continues its “extended intermission” from in-person gatherings due to the coronavirus pandemic. Therefore, sadly, we will not be holding our regular February gathering this year.

However, we continue to think about all our wonderful members and send each of you love and best wishes for:

A Happy Valentine’s Day February 14!



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