



Nordkapen

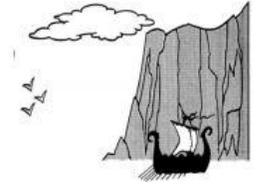
Nordkap Lodge 5-378 - Sons of Norway

The North Cape 71° 10' 21" North Latitude – The Top of Europe

A Congenial Society of Sons, Daughters and Friends of Norway

Organized August 10, 1929 – The first Sons of Norway Lodge in Michigan

<http://www.detroitnorwegians.com>



September 2019

Volume 89 Issue 5

NORDKAP CALENDAR

Sept. 8 – Steak & Corn Roast,
1 p.m., the Swedish Club

Sept. 14 – 90th Anniversary
Dinner Cruise on M.V. Portofino,
Wyandotte

Oct. 18-20 – 5th District Leadership
Conference, Cedar Lake, IN

Oct. 27 – Lodge Meeting,
4 p.m., the Swedish Club

Nov. 9 – Scandinavian Market,
10 a.m. - 4 p.m., Finnish Center

Nov. 24 – Lodge Meeting,
4 p.m., the Swedish Club

Dec. 15 – Christmas Party, 2 p.m.,
Fox Hills, Plymouth

2019 Officers

President: Haley Vingsness

Vice President: Erik Duus

Treasurer: Carmen Collins

Secretary: Mary Morehead

Financial &

Membership Secretary:

Carol Jehle

Scholarship & Store Director:

Natalie Flessland Vaal

Social Director: Connie Hart

Youth Director:

Heather Vingsness

Foundation Director:

Derrick Hendricks

Editor & Publicity Director:

Louise Giles

Counselor: Bob Giles

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Photos by Bob Giles, unless otherwise
indicated

Steak and Corn Roast Sunday, September 8th

Nordkap hosts its annual steak and corn roast as part of the Swedish Club's monthly brunch program. We invite you to come as a guest—or, better yet, a volunteer—and enjoy New York strip steak cooked to order and fresh corn on the cob!

Nordkap volunteers report at 10 a.m. September 8th at the Swedish Club, 22398 Ruth Street in Farmington Hills.

The Nordkap team of volunteers will prepare and then serve the meal at 1 p.m. Each person will be asked to handle a specific part of the preparations.

The tasks are pretty straightforward. (Bob Giles will have already done all the shopping and handed out the assignments.) Completing them together is fun!

The cost for dinner is \$15 for adults, \$7.50 for children.

Please let Grill Sergeant Bob Giles know if you can help at 248-302-2222 or bobgiles@newcarnews.tv.

These photos are from last year's event.



(Lt. to rt.) Geir Gronstad and Harald Ehrenfeld



SUNSHINE UPDATES



Butterflies top our news:

Carmen Collins is nurturing butterflies: “I am a butterfly mother, raising monarch and black swallowtails in my house!” As this newsletter went to press, Carmen had four chrysalides—two monarch and two black swallowtail, one of which “hatched” into a swallowtail butterfly. She also had seven caterpillars at different growth stages: “It is SO exciting!”

Georgia Roed planted three butterfly gardens to attract butterflies. She found the experience so fulfilling that she now plans to study for her Master Gardener certification this fall.

Bob Giles has been recognized with a bronze medal from the Automotive Heritage Awards in their “Best Heritage Restoration or Repair Story” category. Bob’s winning entry for NewCarNews.TV was a video called “A Rare Classic – 1960 Cadillac Eldorado Brougham Restored.”

Best wishes to **Marge Sorensen** who completed successful therapy for a back injury suffered in a fall.



GRATULERER MED DAGEN!

September Birthdays: Janice Capler, Marsha Gilman, Connie Hart, Anne Kristine Kilen, Eli Viik Steyskal, Haley Vingsness, Heather Vingsness, Paul Wiekierak

Happy 90th Anniversary! We’re Sailing Along!

August 10, 2019, was the day the Nordkap odometer rolled past the 90-year mark. Four score and ten years ago, Nordkap Lodge was born.

Passing such a milestone is a good reason to have a party. And that’s what Nordkap will be doing on September 14 on our chartered ship, the MV Portofino, when we embark on a three-hour dinner cruise on the Detroit River.

Our “Viking”-themed voyage was already nearing capacity as this newsletter was going to press. Nearly 100 people have paid reservations for the trip. As you’ve read in previous issues of Nordkapen, passage is by advance paid reservation only. Passengers will enjoy a delicious strolling dinner and available drinks from a cash bar.

The party will include music on the Hardanger fiddle played by the acclaimed fiddler Robin Fossum. Robin is traveling for the occasion from Wisconsin, where she serves as president of Sons of Norway’s Dovre Lodge and as International Director for Sons of Norway’s District 5.

Other highlights of the trip will include passing under the Ambassador Bridge and viewing the skylines of Detroit and Windsor. If we’re lucky, we’ll have a beautiful sunset.

The journey, from Wyandotte to Detroit and back, should help launch Nordkap on its next decade of serving its members--and honoring and preserving the heritage and culture of Norway.



MV Portofino (Portofino photo)

Nordkap Lodge 5-378 is the oldest Sons of Norway lodge in Michigan and is part of the organization’s Fifth District. It is named for Nordkapp (North Cape), a thousand-foot-high cliff at the northern tip of Norway.

Modern-Day Viking Raid Scores a Win

The Vikings once again invaded Scotland!

The “invasion” was the assault of four Nordic organizations on the Scottish Highland Games in Livonia last month.

Led by our Viking chief, Swedish Club President Dan Nelson (right), a group from Nordkap Lodge, the Finnish Center, the Swedish Club, and the Jenny Lind Club carried out the raid in search of new members. We were also just reaching out to people interested in exploring their Nordic heritage.

How did we compete for attention against the colorful Scottish attractions, like bagpipe bands, Highland dancers, and heavy athletic competitions with muscular men wearing kilts?

Getting attention was no problem. With the Swedes’ giant Viking Helmet float and Dan dressed in his remarkable Viking



outfit, we had plenty of visitors to our booth. We collected contact information from more than two dozen visitors and promoted our upcoming “Viking”-themed cruise for Nordkap’s 90th anniversary.

Many thanks to the volunteers who assisted at Nordkap’s table: Cathy Johnson, Carmen Collins, Geir Gronstad, and Bob and Louise Giles.

Nordkap booth (left) with Dan Nelson & Louise Giles

Five College Students Win Nordkap Scholarships

The Nordkap Lodge Scholarship Fund has awarded scholarships to five deserving college students.

This year’s winners, their colleges, and chosen fields of study are:

- **Charlotte Duus** - Central Michigan University - Elementary Education
- **Elizabeth "Lolly" Duus** - University of Michigan – Dance, Theatre, and Music
- **Marie McMenam** - College of Charleston - Archeology
- **Ian Sorensen** - Michigan State University - Neuroscience
- **Halee Stalmack** – Hope College

Charlotte and Lolly are daughters of Nordkap members Erik and Kristin Duus. Ian is the grandson of Marge Sorensen. Marie is the granddaughter of Norm and Judy Kirsch. Halee is the daughter of Sarah Stalmack and the granddaughter of Nordkap’s late member Torgie Torgerson.

Congratulations to our winners and continued success at school! Nordkap’s scholarship committee is comprised of Dennis Flessland, Bob and Louise Giles, and Natalie Vaal, who serves as scholarship director.

Nordkap Midsummer Celebration June 23, 2019, Had It All

The Swedish Club was a beautiful setting for our traditional Sankthansaften (St. John's Eve), or Midsummer's Eve party at the Swedish Club: We had great food and weather, a couple of lovely nature walks through the woods and river valley, a hilarious re-enactment of the Norwegian fairy tale of the Three Billy Goats Gruff crossing over the bridge guarded by the troll, and a perfect bonfire for burning a paper witch for luck and roasting s'mores!



A Letter from President Haley Vingsness

This week I decided to finally unpack the rest of the boxes from my last move. You know, the ones hiding in the back corner of the garage -- you don't even know what's in it anymore because you haven't opened it in so long?

Imagine my delight to find a box I had shipped home from last summer's trip to Oslo. It was like Christmas! The Norwegian post gives you a discount on paper, so I mailed myself all the heavy books to save weight in my suitcase. Apparently I sent myself text books, children's books, coloring books, activity books, magazines. (Who knew?) The children's books were supposed to help me retain all the vocabulary I learned in my intensive language class (oops).



Sometimes you find treasure, others not. When you're unpacking your own boxes this summer or preparing for a garage sale, please keep our lodge's annual Christmas silent auction in mind! We love your kind donations, and all proceeds go to the scholarship fund. And so many heartfelt thanks for your donations and help at the lodge fundraiser garage sale, especially Mary and Carmen for organizing.



Haley Vingsness photo)

I've been out for much of the summer, with endless cycles of packing, traveling, and unpacking. I'm not sure where the summer went. If you're in the same boat, you can still enjoy the water by joining us for our lodge's anniversary cruise!

**Med vennlig hilsen (with best regards),
Haley Vingsness**

Nordkap Nominating Committee on the Hunt for You

Like the U.S. Marines, Nordkap treasurer Carmen Collins is looking for a few good men—and women.

Carmen (right) is heading up the important search for next year's Nordkap officers. She is forming a nomination committee to come up with a tentative slate of nominees to be announced at the lodge's meeting on October 27. More nominees will be sought at that time.

An updated slate will be presented at the November 24th meeting, and elections will be held on that date. The newly elected officers for 2020 will be installed at the lodge meeting on January 26.

Carmen has Marge Sorensen assisting on her nomination committee, but at least one more person is needed.



If you can help out on the committee, or if you would like to run for a Nordkap office, please contact Carmen at skicarmen@att.net or 248-528-1147.

Opportunity Knocks: Your Help Is Wanted

We hope you've noticed that, as a Sons of Norway Lodge, Nordkap rocks!

We've already had an action-filled year. To mention just a few events, we'd had a cookie competition fundraiser, family bowling, cooking classes, genealogy talks, a Norwegian movie night, festive 17th of May, and Midsummer's Eve with a roaring bonfire and s'mores.

There's still more to come. On tap are our 90th Anniversary "Viking"-themed river cruise in September and the Christmas party at Fox Hills Golf and Banquet Center.

So what does it take to keep the momentum going and the fun coming? Besides good leadership from our Nordkap officers, it takes you.

We have several members who come forward on a regular basis to help, and we are grateful. Our heartfelt thanks to them!

But we need the help of everyone in our lodge to make the plans we have for future events a reality. The officers can't do it alone. They urgently need help from every one of our members. They need volunteers.

At our October meeting, we will be asking all our members to join at least one committee working on an important lodge event, such as:

- **Bowling**
- **Syttende Mai**
- **Mid-Summer's Eve**
- **Steak and Corn Roast**
- **Scholarships**
- **Officer Nominations**
- **Scandinavian Market**
- **Christmas Party**
- **Silent Auction**

We also need members to help with basic tasks at our regular meetings—things like set-up, cooking, serving, and the all-important clean-up.

If you can't make the meeting, you can still offer to help. Just e-mail Nordkap@DetroitNorwegians.com or call 248-919-8355 and leave a message.

Resolve now to step up to one of these opportunities. Join a team and enjoy the comradery. Let's keep Nordkap the great lodge that it is!



In Memoriam: Gudrun Aune

We sadly report the passing of former Nordkap member Gudrun Aune of Madison Heights, who died in July at the age of 98.

Gudrun joined Nordkap Lodge in 1999 with her sister Louise Lund, who predeceased her by several years. Their parents were both descendants of Norwegian immigrants.

Gudrun and Louise attended many of our lodge meetings and other functions, such as the cookie bake at Cana Church. They often came to Nordkap Christmas parties with Gudrun's son, Arthur Aune, and contributed items for our silent auction to benefit Nordkap's scholarship fund.



Gudrun Aune (family photo)

Gudrun was a gifted watercolor artist and used her talents to create illustrations for advertising at a time when few women had professional jobs in that competitive field. She was a furniture illustrator for major department stores, such as Gimbel's, in Hollywood, Florida; Chicago; and New York. Her work supported the studies of her late husband at New York University. In the Detroit area, she continued her career as a freelance illustrator for Kitchen Glamor and Federal Department Store, while raising two sons with her husband, a veteran of the European Theater in World War II.

Gudrun had been a den mother for the Boy Scouts and was a member of Warren Tri-County Fine Arts Inc. and the Birmingham Bloomfield Art Center.

Save These Dates!

Don't miss these other Nordkap events coming up this fall:

Norwegian Language Classes: After a well-deserved summer break, the Norwegian classes will resume on Wednesday nights in mid-October at the Swedish Club. Check the next Nordkapen newsletter for further details.

October 27 Lodge Meeting at 4 p.m. The meeting at the Swedish Club will feature delicious open-faced Norwegian waffle sandwiches. Afterwards, we will view an informative video history of the Sons of Norway, which celebrates its 125th anniversary next year.

November 9 Scandinavian Market: Get an early start on your Christmas shopping with Nordic items offered by the Swedes, Norwegians, Finns, and retail vendors. You can have lunch, too. Choose from a complete meatball dinner offered by Nordkap Lodge or a hot Finnish meal sold by the Finns. There is a nominal entrance fee. The event runs from 10 a.m. to 4 p.m. at the Finnish Center.

November 24 Lodge Meeting and dinner at 4 p.m. at the Swedish Club. Election of lodge officers for next year. Consider trying your leadership skills as a Nordkap officer.

December 15 Christmas Party at 2 p.m. at Fox Hills Golf and Banquet Center in Plymouth. Enjoy a traditional Norwegian holiday meal and a visit from the Julenisse. We will also dance around the Christmas tree and hold our silent auction to benefit the Nordkap Scholarship Fund.

Norwegian Cardamom Butter Cookies

You may remember these delicious cookies that **Eli Viik Steyskal** (right) baked for our Norwegian Constitution Day in May. Eli advises to top each cookie with Lars Pearl Sugar before baking.

Ingredients:

2 cups butter
2 cups sugar
1 large egg
2 teaspoons pure vanilla extract
1 teaspoon ground cardamom
¾ teaspoon salt
5 cups+2 tablespoons flour

Directions:

Preheat the oven to 375 degrees F.
Cream together the butter and sugar until light and fluffy. Beat in the egg, vanilla extract, cardamom, and salt until well blended. Mix in the flour, until you have a smooth, well-mixed dough.
Scoop the dough out onto parchment-lined baking sheets. Flatten with a fork dipped in cold water.
Bake for 8-10 minutes, or until the edges are just barely golden brown. Remove to a cooling rack to cool completely before storing in Tupperware in the freezer.



(Steyskal family photo)

NORDKAP

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