

Myravisen



March 2024
Myrmarken Lodge 5-609
Marshfield, WI 54449



Kjære venner;

As I sit here to write something to you, I rejoice in seeing some snow fall. At this time of year, any moisture is a blessing.

A thank you to our members who represented Myrmarken Lodge at the Cultural Fair on the 24th. We were put into a new space in the gymnasium this year, and we met many people who tried their hand at our language displays, our bunad displays, the Birkebeiner video, and an opportunity for children to color. We also invited many of the visitors to come and see what Myrmarken and the Sons of Norway have to offer them.

We are look forward to our program this month as we will hear about the adventures in Norway that Carolyn and Mike Schulein had last summer.

We have a new wrinkle in our upcoming meetings, nothing too drastic or difficult. Please read the message from our secretary on page 2.

We are looking forward to seeing you at our meeting, **this Saturday, March 9th, 9:00am, at Scotty's Pizza.** Bring a friend.

Sherrie, Editor

The Public is Welcome



Fun Fact

Oslo Opera House

The Oslo Opera House is next to Oslo Fjord, and it's built to look like ice rising out of the sea. This unique design means you can wander all over the roof of the building and see Oslo from all different angles.

The mission of Sons of Norway is to promote and preserve the heritage and culture of Norway and to provide quality insurance and financial products to its members.

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GRATULERER MED AGEN !

Roger Duchow

Dane Tollefsen

Message from the Secretary

There has been a change in the way the Sons of Norway collects information from its members.

As in the past, each member was requested to report to the lodge secretary the number of hours spent by that member in performance of Fraternal and Community activities. What does this mean?

As a fraternal organization, Sons of Norway is required to report all volunteer hours to the American Fraternal Alliance (AFA). Besides being a requirement, it's also good business practice for an organization such as ours. These are some added benefits of tracking and recording volunteer hours:

- It improves the quality of our events, lodges, and organization overall to keep us running smoothly
- It helps give purpose and meaning to the valuable work volunteers do and attracts others to join us, so we can grow
- It can demonstrate community impact and inspire people to support us (including financially)

The AFA is changing the format of how hours are to be reported. The method is changing because much of the data that old format requested was not needed for the purposes of Sons of Norway. Members of our lodge should continue to track the number of hours of volunteer service they perform.

What counts as volunteer hours?

There are four categories:

- Fraternal Support Groups: This is time spent on member only group events, such as a monthly lodge meeting. The activity should include your travel time to and from the meetings.
- Fraternal Support Individuals: time spent by individuals on lodge business and programming outside a group setting, such as the editor working on the newsletter at home, preparing for lodge programs, taking care of any treasurer's duties, sending letters and birthday cards which should also include time in purchasing cards and stamps and going to the post office, and your time spent preparing treats for the meetings.
- Community Support Groups: focus on the community, outreach, and charitable work that our lodge may do such as a knit infant or school children's caps for the hospital or a local school, leading a class in cooking or genealogy, or preparing for a Lutefisk Supper.
- Community Support Individuals: activities done by individual members on behalf of Sons of Norway. These activities must be done on behalf of your lodge, not other personal charitable work or church volunteerism.

I have Individual Activity Tracking Sheet that members can record on monthly and turn them into the secretary for these activities. Each month, the amount of time members have spent in volunteering should be collected by the secretary.





The Sons of Norway was represented at the Annual Cultural Fair on the UWSP-Marshfield Campus on February 24th. Myrmarken members who greeted many people and promoted the Sons of Norway were Micah Horvath, Anne Grethe Cook, Sherrie Framness, and Doug Framness. Not shown but present for the day was also Julaine Varsho. Visitors were challenged to learn some Norwegian words, learn about bunads, children could color Norwegian pictures, and all could watch a video of the Birkebeiner.

Many thanks to everyone who offered time and items for this display.

Cookie Tent

We had an amazing group of volunteers assisting in the cookie tent at Barnebirkie. There were 433 runners this year (down from past years that ranged from 900-1200 young skiers). We had a much smaller tent set up so they had a cafeteria line process where the kids and families walked through a line to get their cookies and then Swiss Miss was set up on the end of the tent.

I believe we had over 600 dozen total cookies but will defer to the compiled report Cheryl (Willie Schleiser) is doing.

Many thanks to all who helped, donated cookies, picked up/delivered cookies, gave financial support, and supported the event in any way. It was the first time I had been back to Birkie since I was Sports Director in 2009 and so much fun to catch that Birkie Fever again!

Darlene Arneson



THIS IS WHERE BIRKIE DREAMS BEGIN!

Due to the lack of natural snow this year, the Barnebirkie 2024 was a fun-run on Main Street, in Hayward, WI. There was a 1/2 km, 1 km or 3 km course to run.



2024 Barnebirkie Expo Cookie Booth Report

We enjoyed meeting people from around the world at the Expo Cookie Booth again this year. Our location was different from last year and the first day several people said they had trouble finding us. Many approached the booth with a comment such as “our favorite booth,” “my child keeps asking when we will find the cookies,” or “we look forward to your booth every year.” There were many “Thanks for doing this,” and “It’s so nice of you to do this.”

We made about 18 gallons of coffee and served so many cookies it was impossible to keep count...90+ dozen to start and many dozens of cookies left from the Cookie Tent.

LaVonne Weir advocated for us when she arrived early and arranged for a second table for cookies and tables for Masse Moro. She led a major cheerleading campaign doing her publicity thing for the camp on Thursday and on Friday morning during the times she was at the Expo. Cheryl Wille-Schlesser, and Darlene and John Arneson joined the crew after working downtown. They took on promoting camp, filling water bottles, and refreshing cookie platters while visiting with people besides making a run to the store.

Visitors were generous with donations. They contributed over \$500 to the Nordic Legacy Foundation to help us support young skiers at the Barnebirkie and youth at camp.

Mange tusen takk to all who contributed to the Birkie in any way. Your efforts were truly appreciated.


Lucy and Judy Ghastin


Scandinavian vs. Nordic

What's the difference between "Scandinavian" and "Nordic?" Good question! For those outside of the region, the terms often get used interchangeably. However, if you look a little closer, you will discover that they are not one and the same.

- Geographically, Scandinavia refers to the peninsula that Norway, Sweden, and a small northern part of Finland sit on
 - The most common use of the term Scandinavia refers to the three countries of Sweden, Norway, and Denmark which share geography, language, and history
 - In general, speakers of Swedish, Norwegian, and Danish can understand each other well enough to communicate, because of the three languages' similarities
 - Sámi people who live in Norway and Sweden may not identify as Scandinavian because of the complicated history of assimilation policies the countries had
 - The term Nordic refers to five countries: Norway, Sweden, Denmark, Finland, and Iceland - and the autonomous regions those countries have jurisdiction over - the Faroe Islands, Greenland, and the Åland Islands
 - Nordic countries are linked by cultural, historical, financial, and political influence on each other
 - Nordic countries have a strong tradition of intergovernmental cooperation, with the foundation of the Nordic Council in 1952 that allowed citizens easy travel between the countries
- You won't hear people refer to themselves as "Nordic" because it's often seen as an added layer of their Norwegian, Swedish, Danish, Icelandic, or Finnish identity

PÅSKETID - EASTER TIME IN NORWEGIAN

SJHÆRTORSKDAG - Maundy Thursday 

LANGFREDAG - Good Friday 

PÅSKEAFTEN - Holy Saturday 

FØRSTE PÅSKEDAG - Easter Sunday 

ANDRE PÅSKEDAG - Easter Monday 