

Kjære venner

Summer is here in full force, and about half over, too, with the 4th of July. These last 2 days have been considerably less smoky, although I understand it will be a while before those Canadian fires will be under control.



The picnic last month was delightful—so much wonderful food, and the rain “on our parade” was welcome. It was wonderful to see you there, enjoy your tasty dish contributions, and to enjoy Anne Grethe’s Norwegian hospitality and see her beautiful flowers. Thank you so much, Anne Grethe, for hosting the picnic.

Our lodge meets again this coming Saturday, **July 8th, 9am at Scotty’s Pizza**, and we hope to see all of you there. Our program will be about a little Norwegian history and how much of that information you already have tucked away in the back of your mind.



July Birthday wishes go to Bernie Binning, Meda Heywood, and Thora Tollefson! Gratulerer med dagen!

Just a reminder, there will be no meeting of Myrmarken Lodge in August. Enjoy the rest of your summer!

Hilsen fra Sherrie



FUN FACT

Everyone living in Norway has three figures taken from their annual tax return published: their annual income, income tax paid, and total wealth. Yes, really!

The mission of Sons of Norway is to promote and preserve the heritage and culture of Norway and to provide quality insurance and financial products to its members.

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Congratulations to Lois Fadness, the 2nd place winner in the 17 and up category of the International SN Syttende Mai Coloring Contest.

Nordic News Radio has moved

Looking for the Nordic News- http://www.sonsofnorway5.com/programs/nordic_news_radio.php

Are you using the Recipe Box for some new recipes at Lodge events?

NORWEGIAN EGG COFFEE

Scandinavian immigrants popularized this distinctive brewing method in certain parts of the United States, and it remains a regional favorite to this day. The egg does not flavor the coffee, but instead clarifies it by filtering out bitterness and impurities. The result is an unusually smooth and mild brew.

Want learn more about the science, history and recent revival of egg coffee? Check out this article from Eater: "Why You Should Crack an Egg Into Your Coffee Grounds"

Recipe source: Eater.com

Ingredients

5 Tbsp. coffee (medium grind works best)

1 egg

Instructions

Beat egg in a small bowl with a fork. Add coffee grounds and mix until you have a sludge.

Bring 7 cups of water to a boil in a large coffee pot or saucepan. Add coffee/egg mixture. Continue boiling until the foam disappears – about 3 minutes. Remove from heat.

Add 1 cup of cold water to the coffee pot. This will help settle the grounds.

Pour coffee through a strainer to catch any loose grounds.
Serve.





4th of July in Oslo

Fireworks, backyard barbecues and parades are just some of the ways Americans celebrate the United States' birthday. But how do expats celebrate the holiday? For the last 35 years, Americans living in Oslo have held their Fourth of July celebration, growing from a backyard party to a major event in the capital city.

The Fourth of July celebration was the brainchild of Bruce Allen, the founder and longtime board member of the American Coordinating Council of Norway (ACCN).

Entertainment has always played an important role in the Fourth of July celebrations. Early on, flag football games between the military and civilians were a great draw. Since then, it has evolved into a wide array of entertainment, including Civil War reenactors, a sky-diving team and an Elvis impersonator.

Even early on, the ACCN and its members made a commitment to giving back to local communities. In 1992, the group began a relationship with Norway's National Cancer Hospital. Over the next seven celebrations, money raised benefited the hospital, specifically children and their families. In 1999, ACCN created its own foundation, increasing the scope of their giving and benefiting a great number of charities.

This year, for Independence Day 2023, ACCN is highlighting the ties between Norway and the U.S. with music, food and entertainment. Plus, there's fun for the entire family, including children's activities and a watermelon-eating contest.



Photo Credit: Ronnie Robertson, Wikimedia Commons

Royal Homecoming for One Ocean

The Statsraad Lehmkuhl, considered one of the world's oldest and most beautiful square-riggers, recently docked in Bergen after a 22-month voyage around the world. The voyage began in August of 2021 as part of the "One Ocean Expedition" project, aimed at researching the oceans and collecting data. During the journey, the ship went to 24 different countries, 37 ports, and spanned 60,000 nautical miles. Aboard the ship, there were students, researchers, cadets, and crew. The main theme of the circumnavigation was to share knowledge about the role of the oceans and how humans affect it. The ship's arrival on April 15, 2023, kicked off the first annual One Ocean Week, an event that will continue to share the ocean's importance in sustainable development. The ship was also welcomed back to its home port in Bergen by King Harald, himself. The celebration included singing, a royal dinner on board, and a chance for the people of Bergen to go onboard the ship.

Whale-Watching Museum



Norway is adding yet another architectural attraction to its landscape with the opening of its new whale-watching museum in the Arctic circle. The museum is on the coast of Andøya, an island in Norway's Vesterålen archipelago. The purpose of the museum is to act as a viewpoint and educational center for those interested in the area's marine life.

Dorte Mandrup, a Copenhagen architecture studio, were the masterminds behind the design. The village where the museum now calls home draws nearly 50,000 visitors each year for the chance to see a whale. The area is particularly favorable for whale-watchers because of its location in the Arctic Circle which helps draw many squids, and in turn a large number of whales.

The opening date, June 2023, was not the original intended target date. In fact, the original launch date of 2022 was postponed due to an archaeological discovery of a Viking age settlement on the building site. Nonetheless, there is much excitement around the unique museum's opening.

The goal for the design of the building was to blend the building into the landscape. The roof is curved, covered with stones, and was constructed in such a way that visitors can walk on the roof to enjoy the magnificent views. The museum also features a series of large glass windows that face the archipelago and draw the outside nature inward. Inside the museum, there will be a store, café, and whale-related artifacts. Visitors will also be able to look out over the Norwegian Sea through the large glass windows to catch a glimpse of marine life.

According to a press release, the museum's mission is to: "create awareness and inspire [the] conservation of whales and their environment." Additionally, the hope is that this new attraction will strengthen Northern Norway as a desirable travel destination.