

Sons of Norway - Mandt Lodge News

March 2025

Mandt Lodge 5-314 in Stoughton, Wisconsin

Fra Presidenten

We have started the year off with so many activities, classes, and opportunities to get involved! And it's just starting as we move into March Madness and all our upcoming activities! Whatever the reason was that you joined Sons of Norway, we try to have those opportunities here for you or can help you find them.

We were thrilled to give eight scholarships out in January worth \$4,000. We have the new scholarship applications ready for 2025 so please share with family. We also hope to have families consider sending their youth to the District Heritage Camp Masse Moro in July. We have matching funds (\$250 from the lodge and the District will match \$250 until May 17). There are also District Scholarships due March 15- so check them out!

As we remind ourselves, we work hard and play hard at Mandt and it's going to be a spring and summer of both! We'll have another newsletter next month with the Syttende Mai sign ups but in the meantime, there are many food prep dates to consider helping at.

Darlene Arneson, President

608-873-7209 Cell: 608-514-4951

arnesonfamily5@gmail.com

Upcoming Meetings move to Thursdays at 7 PM during Lent

Alzheimer's Presentation - Michael Hecht will present "A Gentle Talk about Alzheimer's" at Sons of Norway, 317 South Page Street, in Stoughton on **Thursday, March 13, 2025** at 7:00 PM. Michael Hecht will present "A Gentle Talk about Alzheimer's" giving 1-15 practical suggestions for caregivers, friends and family. Michael Hecht is a 25 years and ongoing Skaalen Retirement Dementia Specialist.

Wisconsin's Glacial Landscapes - The public is welcome to attend a program on Wisconsin's Glacial Landscapes by David M. Mickelson at Sons of Norway, 317 South Page Street, in Stoughton on **Thursday, April 10, 2025** at 7:00 PM. This talk describes how Wisconsin's landscape came to be what it is today. Southwestern Wisconsin, the Driftless Area, was never glaciated and its deep valleys and narrow ridges result from millions of years of stream erosion. At times in the past glaciers covered more than two thirds of Wisconsin, and the area covered by the last glaciation exhibits excellent examples of glacial topography. Wisconsin was chosen as the location of the Ice Age National Scenic Trail and the Ice National Age Scientific Reserve mostly for that reason. Our most recent glaciation was the Wisconsin glaciation, and it was responsible for many of the glacial landforms we see today. David M. Mickelson is Emeritus Professor of Geoscience, Geological Engineering, and Water Resources Management at UW-Madison where he taught glacial geology, geomorphology, coastal geomorphology, and other classes from 1971 to 2005. In addition to coastal work on the Great Lakes, he has done substantial research on modern glaciers and glacial deposits. In the last decade, his main area of interest has been shoreline erosion. He is co-author of the books *Geology of the Ice Age National Scenic Trail* and *From Racoon Plain to Pakachoag*, a history of South Worcester, Massachusetts, where he grew up.

Don't forget! Also a reminder not to block the crosswalk on North Page Street (across from the museum) and not to park in Livsreise unless they are closed. This is especially important for the Saturday events- so along with our signage and reminders, please help us remind those attending the bake sale and family Christmas event not to park there. Thanks for your help with this! We want to be good neighbors!

Sons of Norway- Mandt Lodge for Bingo 2025

The last bingo of the year is Saturday, November 16. There will be food available after 5 PM and bingo begins at 6 PM. Any bingo questions can be directed to Bingo chairperson Becky Lunde at 608-205-2234. Anyone under 18 years old must have an adult family member present to play. Bingo is open to everyone- not just lodge members! **How you can help with bingo:** Sign up to help with the bingo game. We continue to try to get volunteers who don't want to play who can help with the game (selling cards, verifying, calling) as anyone who plays can't do those tasks. Help with food! Selling food that night or baking baked goods that we sell. Telling your friends and family to attend! Coming yourself to play!

World History: The Fertile Crescent to The American Revolution Video Series

Our video series continues on Thursday nights at 6 PM beginning on January 9 and running through April 17. Free to those who attend, we'll have snacks and beverages to enjoy, and each video lasts about 30 minutes. No need to register- just come when you can. We will watch two videos each night. In this series, learn about Ancient and Medieval History from The Fertile Crescent to the American Revolution.

- March 6 (at 5:45 PM)- Africa- The Civilization of the Sub-Sahara; China
- March 13 (at 5:45 PM)- The Mongols and Marco Polo; Early Japan through the Tokugawa Period
- March 20- Discoverers and Conquistadors; North American Explorers
- March 27- The Old World vs. The New World-Hazards and Benefits; Civilization of The Americas
- April 3 (at 5:45 PM)- The Protestant Reformation; Tudor England
- April 10 (at 5:45 PM)- The English Civil War and Parliament; The Monarchs of Europe
- April 17- The Growth of Democracy; The American Revolution

Our Scholarship Recipients!

Tristen Barton- I am currently pursuing a double major in Information Systems and Marketing at the University of Wisconsin-La Crosse. Outside of my academic endeavors, I have a deep passion for outdoor activities, including hiking, rock climbing, and camping trips with my family. My experience as a Stoughton Norwegian Dancer over the course of two years was profoundly impactful. It granted me the unique opportunity to travel to remarkable destinations such as Virginia Beach, Orlando Florida, and even Norway. These experiences have enriched my perspective on the world and fueled my desire for further exploration. I take great pride in my connection to the Sons of Norway through my grandparents, Jack and Judy Ellickson, whose heritage has been a significant source of inspiration and pride in my life. Thank you for your incredible generosity, I am deeply appreciative of your support and the opportunities it will afford me.

Leah Heggelund- I am connected to the Sons of Norway Mandt Lodge through my parents, Neil and Gina Heggelund. I love attending BINGO night and have visited the lodge with the Stoughton Norwegian Dancers in the past. These next four years I am attending UW-Madison studying nursing. In the future I would love to pursue a career in pediatric nursing, but I want to explore the many other specialties nursing has to offer. I am so grateful to have been given this scholarship!

Emma Ballweg- I graduated from Stoughton High School in 2024. During high school, I was a three year member of the Norwegian Dancers. I am currently attending the University of Iowa in Iowa City. Although I am undecided on my exact major, I plan to minor or perhaps double major in Spanish. In the future, I would love to live abroad, pursuing whatever career captures my interest. I am a Sons of Norway member myself along with both of my parents.

Grace Walker- I am a freshman at the University of Iowa studying Speech and Hearing Science as well as Music. I play the French Horn and am also a member of the Hawkeye Marching Band, where I play the mellophone. My connection to the Sons of Norway is through my grandparents, Denny Behr and Joan Behr, who have always shared their love for our Norwegian heritage with me and my twin sister. They've taken us to Norwegian museums and taught us about our history. Fun fact: My birthday is May 17th, which happens to be Syttende Mai! Looking forward I plan to pursue a PhD and become a Pediatric Speech Pathologist.

Lucy Walker- I'm a college Freshman at the University of Iowa studying psychology and Music (I play oboe)! I am also in the Hawkeye Marching Band DrumLine playing bass drum! My Grandpa (Denny Behr) and Grandma Joan are my Sons of Norway connection. Grandpa and Grandma have taken my twin sister and I to Norwegian museums and always talk with us about our Norwegian heritage. My birthday is also May 17th which just happens to be syttende mai! I plan to continue my schooling, gain a PhD, and be a clinical psychologist!

Sam Hjortland- I grew up in Stoughton and am a student at Edgewood College studying agronomy with the goal of becoming a golf course superintendent. My focus is on learning the science and management practices needed to maintain and improve golf course conditions. I also play on the college golf team, combining my academic interests with my passion for the sport.

Piper Grant- I'm the granddaughter of Jeannette and Keith Williamsen. I am currently a freshman at UW Madison majoring in Entomology and getting a certificate in German. In the future I hope to be an entomologist studying pollination and agricultural pests; along with insecticides and how they affect necessary insects. During university I plan to study abroad and become involved with research in a lab. Thank you again for this opportunity!

Parker Hagen- I am currently enrolled at the University of Wisconsin-Madison. Right now I'm declared as an actuarial science major at the Wisconsin School of Business—in simple terms, actuarial science deals with assessing risk and is usually associated with insurance companies through tasks like calculating premiums and creating new coverage plans. While I am not a Stoughton native, my grandparents and Sons of Norway connections Richard and Nancy Hagen have lived in Stoughton for quite some time now. Apart from my studies, I'm a part of the UW euchre club, work as an intramural sports official at our campus rec centers, and do play-by-play coverage of my high school alma mater Monona Grove's varsity football and basketball teams. I currently have my first actuarial exam passed through university-earned credit and am planning to have a couple more under my belt by the end of my time at UW-Madison



Top: Emma Ballweg, Leah Heggelund, Parker Hagen, Piper Grant. Bottom: Sam Hjortland, Tristen Barton, Grace Walker, and Lucy Walker.

Mandt Lodge Calendar

Watch for other event updates on Facebook (**Sons Of Norway Stoughton WI**) or at www.stoughtonwi.com/events/calendar.

- March 2- Lodge rented- SHS Norwegian Dancer Parents 3-5 PM
- March 6- (Thursday)- Lodge Business Meeting at 7 PM
- March 6- World History video night- 6 PM
- March 7-9- Scrapbook and Craft Weekend
- March 10- Roger Odalen Carving Class
- March 11- Roger Odalen Carving Class
- March 11- Lefse making at 4:30 PM
- March 12- Donut making at 8 AM
- March 13- World History video night- 5:45 PM
- March 13 (Thursday)- Lodge Cultural Program at 7 PM (Thursday)
- March 14- Roger Odalen Carving Class
- March 15- Lefse classes 9-11 and 1-3
- March 15- Bingo at 6 PM – Food available at 5 PM
- March 19- Donut making at 8 AM
- March 20- World History video night- 6 PM
- March 21- Lodge rented: Fendrick and Peck Concert
- March 22- Lefse making at 8 AM
- March 25- Lefse making at 4:30 PM
- March 29-30 -Beginning Rosemaling class (set up on Friday)
- March 27- World History video night- 6 PM
- March 31- Lefse making at 4:30 PM

- April 1- SHS rents lodge- Century Farm Program

April 3- Stoughton Community Expo 4:30-7:30
 April 3- World History video night- 5:45 PM
 April 3- (Thursday)- Lodge Business Meeting at 7 PM
 April 5-6- Advanced Beginning Rosemaling Class (set up on Friday)
 April 6- Lodge rented- SHS Norwegian Dancer Parents 3-5 PM
 April 9- 3rd Grade Cultural Event
 April 10- World History video night- 5:45 PM
 April 10 (Thursday) - Lodge Cultural Program at 7 PM
 April 12- Lefse making at 8 AM
 April 17- World History video night- 6 PM (last one)
 April 19- Bingo at 6 PM- Food available at 5 PM
 April 23- Meatball making at 4 PM
 April 25-27- Advanced Rosemaling Class
 April 27- Lodge lower level rented- Robin Erdahl
 April 29- Lefse making at 4:30 PM

District 5 Scholarships are due March 15- check them out at
https://sonsofnorway5.com/financial/district_scholarships.php

SN Mandt Lodge Logo wear will be available soon at the lodge!
What kind of logo wear are you interested in?

Happy Birthday Members!

3	1	Fern K Hosfeld
3	1	Marilyn B Teigen
3	1	Sarah Zupanc
3	2	Donna Olson Danowski
3	4	Phillip Harold Oren
3	8	HANS TUTTLE
3	9	Kim M Wentorf
3	11	Emma Ballweg
3	13	Susan L Slinde
3	15	Christine Klauer
3	15	Jeannette Williamsen
3	17	Tricia M Suess Charleston
3	18	Sigrid M Arneson
3	19	Alicia K Forrer
3	19	John Kenneth Haugen
3	20	Vincent L Blegen
3	25	Eli Noel
3	26	David L Listug
3	29	Jennifer Fossum
3	29	Olaf Gregory Haugen

**Sons of Norway- Mandt Lodge for
 Bingo 2025**

The public is always welcome at Mandt Lodge!

Bingo is held the third Saturday of the month except for December. The lodge is located at 317 South Page Street in Stoughton. There will be food available after 5 PM and bingo begins at 6 PM.

Our 2025 dates are: March 15, April 19, May 17, June 21, July 19, August 16, September 20, October 18, and November 15.

Please contact Rebecca Lunde-Ross at 608-284-0932 if you have questions. Anyone under 18 years old must have an adult family member present to play. Bingo is open to everyone- not just lodge members!

3	30	Shirley J Erdahl
3	31	Lars J Arneson
3	31	Kai Fasching
3	31	Ginny Olson
3	31	Carolyn Cook Slaney
4	1	Kelli Wyatt
4	1	Amy S Elvekrog
4	5	Bruce Douglas Goplen
4	5	Gunnar Monsen
4	6	Gary R Swain
4	8	Barbara A Jacobson
4	9	Sharon Lynn Nelson
4	11	Roger A Odalen
4	12	Sam Hjortland
4	14	Grace Rose Law
4	14	Ann N Nelson
4	14	Elaine R Peterson
4	16	Thomas M Asplund
4	16	Clara Ellefsen
4	18	Merick Monsen
4	22	James Daryl Furseth
4	22	Connie L Kreuser
4	26	Leif Fasching
4	27	Christopher John Mills
4	27	Daniel Swain
4	28	Jeanne L Julseth
4	30	Millie Marie Furseth

Life is a journey; protect yours and those you love.

You have worked hard to build a reliable lifestyle for your loved ones. With life insurance you can ensure it is maintained should something happen to you. Even without you, their journey is important! The funds from a life insurance policy can potentially provide enough money to help your family members pursue their dreams.

Sons of Norway has many products to help you reach your financial goals. Learn more about the type of products available and what will work best for your situation.

https://www.sofn.com/financial_products/products_we_offer/

Masse Moro is a Norwegian heritage camp for youth ages 9-15 years old sponsored by the [Sons of Norway Fifth District](#). Since 1979, we've been helping youth celebrate their Norwegian heritage through a cultural experience. Campers will learn Norwegian, build friendships, and gain important life skills like problem-solving, leadership, and teamwork through our Viking Olympics programming. In addition, they will also try their hand at becoming master craftspeople through woodworking, painting, leather work, baking, chip carving, experience exciting tales and Nordic myths, and celebrating Norway's rich history and traditions.

Sons of Norway-Mandt Lodge will support campers that are children, grandchildren, great-grandchildren, or if the Mandt Lodge member doesn't have children, their nieces or nephews qualify. But they must be members of Mandt in good standing (dues paid) for at least six months before camp starts. If you have campers, please get them registered and then complete the Lodge Supporting Grant Endorsement form (get from Lodge or Darlene) and return it to Darlene Arneson for processing. District Youth Director and Mandt Lodge member, Robert Schuck, is a great resource: (608) 513-6830 or d5youthdirector@gmail.com

Thank you to our advertisers!

Upcoming Webinars

The Celtic Church of St. Olav and the Later
Battle with the Catholic Church for
Norwegian Souls Webinar
(March 15th)

1814 to 1905 – Norway Finding its identity as a
Sovereign Nation Webinar
(May 3rd)

Upcoming Classes

BEGINNING NORWEGIAN (In-Person) Spring 2025
Session
(April 2nd – June 4th)

CONTINUING NORWEGIAN (In-Person)
Spring 2025 Session
(April 3rd – June 5th)

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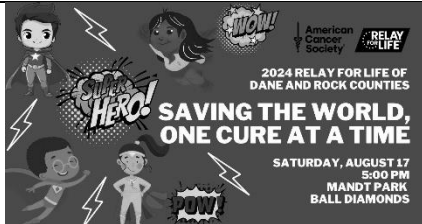


No Shorts Electric LLC is a locally owned and operated electrical contractor based in Stoughton, WI. We specialize in agricultural, residential and commercial installation and service work. The business has been open since May of 2006.

Phone: 608.205.9999

Fax: 608.205.9998

Email: brett@noshortselectric.net
 1768 Kaase Road, Stoughton, WI 53589



Thank you for supporting our
RELAY FOR LIFE TEAM
 Year #24!

August 16, 2025
 Racetrack Park
 Darlene Arneson
 Team Captain

Connect with Sons of Norway
Facebook

Sons of Norway Stoughton WI
 Sons of Norway District 5
 Official Sons of Norway Facebook

Websites

<https://sonsofnorway5.com/>
<https://www.sofn.com/>

**Sons of Norway Financial
 Benefits Counselor**

Greg Ragan
 815-623-8817 (Office)
 Gragan51@gmail.com

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MASSE MORO

Sons of Norway Fifth District Norwegian Heritage Camp



WHAT IS MASSE MORO?

Masse Moro is a Norwegian heritage camp for youth sponsored by the Sons of Norway Fifth District. Since 1979, it has been helping youth celebrate their Norwegian heritage and getting families connected to the Sons of Norway through its cultural immersion program. At camp, youth will learn the language, eat the food, listen to the music, tell the tales and myths, and celebrate the traditions of Norway.

ELIGIBILITY

Our camp is open to both boys and girls between the ages of 9 and 15 years old. (Campers must be 9 as of the first day of camp. No exceptions.) A two-week sleepaway camp, campers stay in cabins (furnished with bunk beds) along with 2-3 staff members and an additional 9-12 other campers. This small, cozy atmosphere creates a bonded tight-knit cabin that creates a home away from home where campers feel safe and comfortable.

RATE FOR MASSE MORO

Tuition

\$1,200.00*

Includes admission for one camper for the two-week session

Applications must be received on or before May 17th in order for your camper to qualify for matching funds through District Five. After May 17th, we will continue to accept applications until July 1st.

In order to qualify for District One scholarship support, please turn in your Camper Application to your lodge as early as possible. The scholarship deadlines may be different in other districts, so please communicate with them early for your best chances at financial aid.

Please visit www.massemoro.org and select the "Admissions Information" tab for all application materials including the Camper Application, Matching Funds Form, and Health Forms.

*Subject to change.



WHAT'S ON OUR PLATES

Campers will have 3 square meals a day including snacks and breaks throughout the day. At the beginning of every meal, campers are taught the vocabulary for that meal as well as key meal-time phrases in Norwegian. Campers eat a mix of traditional Norwegian cuisine and American favorites. Special dietary accommodations can be met, including allergies and vegetarian/vegan diets.



WHAT'S THE NEXT STEP?

Register for camp today! We'll walk you through the process with our easy checklist.

1. Visit www.massemoro.org and select the "Admission Information" tab
2. Fill out the application
3. Fill out the Health Form for your camper(s)
4. Pay your \$100.00 application fee (used toward tuition)
5. Receive your Camper Welcome Packet/Email
6. Start packing (we have a packing list on our website under the "Admissions" tab)
7. Attend camp July 13-26, 2025

Masse Moro Sons of Norway Fifth District Norwegian Heritage Camp
July 13-26, 2025 • Beaver Creek Nature Reserve, Fall Creek, WI
www.massemoro.org • Facebook: www.facebook.com/groups/massemoro

Baking continues! We have many baking sign ups. Here is what I have on the clipboard as of this morning. Please email me if you want me to add you to the list. If you want to learn how to make these baked goods, this is a perfect time to learn! The signs-ups are just starting so as you can see, there is room (and a need) for more volunteers!

- Donuts- March 12 at 8 AM- Bob and Maggie Wersland, Fern and Rich Hosfeld, Joan Behr, Vonnie Meichtry, Kim Wentorf, Jane Conner
- Donuts- March 19 at 8 AM- Bob and Maggie Wersland, Fern and Rich Hosfeld, Joan Behr, Vonnie Meichtry, Kim Wentorf, Jane Conner
- Lefse- March 11 at 4:30- Darlene (until 6:30), Jerry and Robin (until 7:15) Erdahl, Marty and Jean Lamers, Lynne Jacobsen, Kim Wentorf, Mary Furseth, Natasha Amundson
- Lefse- March 22 at 8 AM- Darlene, Jerry and Robin Erdahl, Lynne Jacobsen, Todd and Christy Tupper, Kim Wentorf
- Lefse - March 25 at 4:30- Darlene (until 7), Jerry and Robin Erdahl, Lynne Jacobsen, Kim Wentorf, Mary Furseth,
- Lefse class teachers March 15- Mixing on Friday-Jane, Alicia Forrer videotaping; Saturday ball making-Todd, Jane, Alicia, Jens and Jerry; help in morning-Darlene, Todd F, Natasha, Allan, Jane, Alicia, Jens, Jack and Judy, Jerry; Help in afternoon- Darlene, Todd F, Natasha, Allan, Jane, Jens, Jack and Judy, and Jerry
- Lefse March 31 at 4:30 pm- Darlene, Jerry and Robin, Marty and Jean Lamers, Lynne Jacobsen, Kim Wentorf, Mary Furseth, Jack and Judy Ellickson
- Lefse April 12 at 8 AM- Darlene, Jerry and Robin, Lynne Jacobsen, Jack and Judy Ellickson
- Meatball making- April 23 at 4 PM- John and Darlene Arneson
- Lefse April 29 at 4:30 PM- Darlene (until 7), Jerry and Robin Erdahl, Marty and Jean Lamers, Lynne Jacobsen, Jodi Coon, Mary Furseth, Jack and Judy Ellickson
- Lefse May 3 at 8 AM- Jerry and Robin Erdahl, Jodi Coon, Mary Furseth(?), Jack and Judy Ellickson
- Krumkake, Quick breads and sandbakkles- May 6 at 8 AM- Laurie Barrett, Fern Hosfeld, Robin Erdahl, Jodi Coon, Kim Wentorf
- Krumkake, Quick breads and sandbakkles- May 7 at 8 AM - Vonnie Meichtry, Fern Hosfeld, Christy Tupper, Robin Erdahl (until 10:30), Lynne Jacobsen, Kim Wentorf
- Cardmom breads, cookies- May 8 at 8 AM- Fern Hosfeld, Robin Erdahl, Jodi Coon, Kim Wentorf
- Rosettes May 10- 8 am - 3 PM- All day- Vonnie Meichtry, Fern Hosfeld, Robin Erdahl, Jodi Coon, Kim Wentorf. Morning only – Christy Tupper; Afternoon only- Lynne Jacobsen (11-3)
- Kransekake decorating- May 14 at 9 am- Vicky Goplen, Ginny Olson, Robin Erdahl (until 10:30), Jodi Coon, Kim Wentorf

Email Darlene at arnesonfamily5@gmail.com if you want to sign up to help! If you don't know how to make these items, it's a great way to learn!

Learn Norwegian in 5 Minutes a Month!

Our monthly language lesson has been out for a while now, and many of you have let us know that it is working well. Thank you for taking the time to communicate with us. Visitors to "Norwegian in 5 Minutes a Month" have asked for information on the Norwegian alphabet and genealogical terms, so we have added pages on both topics. We look forward to your feedback. In the meantime, good luck!

https://www.sofn.com/norwegian_culture/norwegian_language_lessons/

Stoughton Kubb Invitational



Visit us on Facebook at <https://www.facebook.com/stoughtonkubbclub> or send an email to StoughtonKubb@gmail.com



Kubb Like A Viking!!

Everyone is Welcome!

Saturday, May 10, 2025
@ 9 a.m.
“Rain-or-Shine”

Virgin Lake Park, 1901 Roby Road
Stoughton, WI 53589



The Stoughton Kubb Club is hosting the *Stoughton Kubb Invitational* at Virgin Lake Park on May 10th
Open to all ages and groups. A fun family event for people with all skill levels.



• Scan code to sign up
and for details.

- Play starts promptly at 9:00 a.m.
- Entry fee is \$40 per team (2-6 players)
- Pay online, in person (cash or check made out to Sons of Norway)

- Kid teams 12 and younger play free!
- Non-Profit event with proceeds going to local charities.
- Trophies and cash prizes
- Grab your friends, grab your family, it promises to be a great time!

Upcoming Area Tournaments

- WI State Kubb Champ. 5/3/25
- Kettle Moraine (Sand) 6/21/25
- Beloit 8/9/25
- Cottage Grove (TBD)
- Batavia 8/30/25
- Kettle Moraine (Grass) 9/13/25

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SONS OF NORWAY

Mandt Lodge 5-314

SONS OF NORWAY- MANDT LODGE SCHOLARSHIP APPLICATION-2025

This scholarship is open to any current members, their children, grandchildren, and great grandchildren who have been **SN Mandt Lodge members for a minimum of six months (dues paid and in good standing)**. Members who are not parents may nominate nieces or nephews for the scholarship. An individual may only receive this scholarship one time. Scholarships are open to students pursuing associate degrees, technical school, college, university or graduate school. The application should be mailed to **Sons of Norway, 317 South Page Street, Stoughton, WI 53589 and postmarked by June 1, 2025**. Applications will be judged by the Lodge's Scholarship Committee and then approved by the Lodge officer's. Results will be announced in the Lodge newsletter and mailed to applicants. The applications are judged 40% scholastic, 30% activities, 20% need and 10% quality of the application. The scholarship money will be distributed to the winners at the January Lodge meeting after completion of the fall semester has been verified to Lodge officers. The scholarship will be a minimum of \$500 but can be raised as determined by the Scholarship Committee. A minimum balance of \$250 must be kept in the Scholarship Fund.

The following information should be included in your scholarship application. The total application should not exceed **3 single-sided pages**. Font size- **not smaller than 12 font**. You can request an electronic copy of the application from Lodge President Darlene Arneson at **arnesonfamily5@gmail.com**. For other questions, contact Darlene at 608-873-7209 or by email.

PERSONAL INFORMATION:

APPLICANT'S NAME _____ PHONE _____

HOME ADDRESS _____

EMAIL _____ PARENTS' NAMES _____

SONS OF NORWAY MEMBER – FAMILY CONTACT _____

RELATIONSHIP TO THE APPLICANT _____

HOMETOWN NEWSPAPER ADDRESS _____

SIGNATURES: S/N MEMBER _____ APPLICANT _____

LEADERSHIP ACTIVITIES

LIST HIGH SCHOOL/COLLEGE CO-CURRICULAR ACTIVITIES, CLUBS, HONORS, SPORTS AND OTHER ACTIVITIES:

LIST COMMUNITY ACTIVITIES, HONORS AND OTHER INVOLVEMENT:

LIST SCANDINAVIAN ACTIVITIES, INTERESTS AND INVOLVEMENT:

WORK EXPERIENCE:

LIST WORK EXPERIENCES AND RESPONSIBILITIES YOU HAVE HAD:

EDUCATIONAL INFORMATION:

NAME OF SCHOOL YOU PLAN TO ATTEND: _____

DATE YOU PLAN TO ENROLL/OR ENROLLED: _____

DEGREE YOU ARE PURSUING: _____

NAME OF HIGH SCHOOL: _____ H.S. GRADE POINT AVERAGE _____

YOUR RANK IN HIGH SCHOOL: _____ OUT OF _____ STUDENTS

DATE OF HIGH SCHOOL GRADUATION: _____

YOUR COLLEGE GPA: _____ AND CREDITS EARNED _____

REFERENCE:

PLEASE LIST ONE NON-FAMILY REFERENCE:

NAME _____ TITLE _____

ADDRESS _____ PHONE _____

ON AN ATTACHED PIECE OF PAPER:

- BRIEFLY STATE YOUR FUTURE CAREER PLANS (100 WORDS OR LESS)
- IF YOU HAVE A SIGNIFICANT NEED YOU FEEL THE COMMITTEES SHOULD BE AWARE OF, PLEASE FEEL FREE TO EXPLAIN THAT NEED. (100 WORDS OR LESS)

YOU MAY COMPLETE THIS APPLICATION ON A WORD PROCESSOR OR COMPUTER. THE ENTIRE APPLICATION SHOULD NOT EXCEED THREE ONE-SIDED PAGES. THANK YOU.

Sons of Norway-Mandt Lodge 5-314
Culture Committee

2025 Spring - Adult Advanced Rosemaling Registration Form

This Class will be for individuals with some experience.

3 Day Class – April 25 (Friday), April 26 (Saturday) and April 27 (Sunday), 2025
9:00 AM – 4PM
Sons of Norway Mandt Lodge - 317 Page Street, Stoughton, Wisconsin 53589

Total Class Fees: \$155.00 Sons of Norway Members and Seniors (age 55 & over) and \$180.00 Non- Sons of Norway Members.

Registration form and payment due: April 1, 2025 (\$50.00 of this class fee is non-refundable) if student cancels after April 2, 2025 or does not show on the first day without prior arrangements.

We always welcome individuals to become Sons of Norway Member to take advantage of these discounted prices for the Norwegian Cultural Activities that are offered at the Lodge.

Make checks payable to: Sons of Norway – Mandt Lodge

Send to: Nancy Odalen, 1109 Sundt Lane, Stoughton, WI 53589 (naodalen@charter.net) 608-513-1837-cell)

Student Name _____

Address _____

City _____ Zip Code _____

Day Phone _____ Evening Phone _____

Email Address _____

Emergency Contact _____ Phone _____ Relationship _____

Please note:

- Prerequisite to this class is the Sons of Norway Beginning Class or another beginning Rosemaling class.
- **Classes fill up fast, so register early!** If a class is full, you will be notified and placed on a waiting list.

Andrea Herkert (VGM) will be teaching this class. This class will focus on the Hallingdal style of Rosemaling. Additional information on the project for this class will be sent to students once determined by Andrea.

A supply list will be sent out on or before April 2nd for this class.

If you have any questions, contact Nancy Odalen (608-513-1837-cell or naodalen@charter.net)
Registration form and Payment is due April 1, 2025. \$50.00 of the class fee is non-refundable, if you cancel after April 2, 2025 or do not show up on the first day of class without prior arrangements.

Sons of Norway District 5 Adult Norwegian Cultural Weekend October 3-5, 2025

“Celebrating Norwegian Immigration – The Sloopers 200th Anniversary”

https://sonsofnorway5.com/programs/leadership_workshop.php

A three-day weekend of Norwegian Culture fun featuring Sloopers and Fox Valley Settlement pioneer history, traditional Norwegian culture and craft programs and classes, Norwegian games and movie night, “Sluppen” fun walk, Norwegian barn dance with Norwegian folk music and food, traditional Norwegian worship service, and a chance to meet descendants of the first Norwegian-American immigrants at their Sloopers Society annual meeting.

This is a Sons of Norway District 5 Adult Norwegian Cultural Weekend event in Norway, Illinois, sponsored by Polar Star and Cleng Peerson Sons of Norway lodges, the Norsk Museum, and the Sloopers Society of America.

Sons of Norway Membership Benefits you should try! Learn more when you log on to the website. Not sure how to do that? Watch this video! <https://youtu.be/4q-7Mxuuv5Q?si=BNqdhKdlv2V687DT>

Member Discounts-https://www.sofn.com/member_benefits/member_discounts/

1. **PerkSpot** By visiting Sons of Norway's exclusive PerkSpot portal you can start saving today on products and services, like travel, clothing, food, entertainment and electronics. But that's not all! Every month new discounts are added to enhance the benefit and, once you create your account, the discounts you see will be tailored to the area in which you live!
2. **Films of Norway-** Films of Norway is an internet streaming service with a wide variety of Norwegian movies and TV series offered through a budget-friendly monthly or annual subscription. Watching these programs is a fun way to learn about Norwegian culture and improve your Norwegian language skills. **Sons of Norway members worldwide are entitled to 1 free week and 25% off** the regular monthly or annual subscription rate.
3. **Avis and Budget Car Rental-** Members receive a 30% discount at participating locations worldwide.
4. **Best Western Hotel-** Members receive a discount of up to 10% at any of Best Western's 3,400 hotels in the United States, Canada, and select properties in Scandinavia.
5. **Radisson Hotels-** Members qualify for 5% off the regular rate at Radisson Blu, Radisson®, Country Inns & Suites By CarlsonSM, Park Inn by Radisson, and Park Plaza® hotels.
6. **Norwegian Map Service-** Sons of Norway Map Service offers members and nonmembers access to a variety of maps. Genealogists, travelers, and map lovers have discovered this handy mail-order method of obtaining maps. All maps are produced by Statens kartverk, the official mapping authority for the Norwegian Government.

Programming Benefits to check out- You also need to log in!

https://www.sofn.com/member_resources/cultural_programming/

1. **Recipe Box-** Tickle your taste buds with one of our featured recipes or just find a new favorite!
2. **Just for Kids-** Getting our youth engaged in Norwegian heritage and interested in all of its cultural aspects is a mission that always inspires us.
3. **Norwegian in 5 Minutes a Month, with Sound!** Our monthly language lesson has been out for a while now, and many of you have let us know that it is working well.
4. **Norwegian for Reading Comprehension-** Learning Norwegian is never easy, however, especially for adult learners who may not have access to university extension programs.
5. **Cultural Skills Program-** Downloadable pdfs provide a framework for learning about traditional and contemporary Norwegian cultural skills, including rosemaling, folk dancing, cooking and literature.
6. **Genealogy-** Get in touch with your Norwegian heritage
7. **Christmas Traditions-** Learn more about Norway's captivating Christmas customs.
8. **Sports Medal Program-** Sports Medal program for maintaining an active life.
9. **Viking Magazine-** Browse current and archived issues.
10. **Idea Bank-** Strong programming is a key to success for lodges.
11. **Information Bank-** What exactly is a bunad and how did it come to be Norway's national costume? What is Syttende Mai and how is it celebrated today? What are some of the most popular Norwegian names, and what do they mean?

Sons of Norway- Mandt 5-314
317 S. Page Street
Stoughton, WI 53589

Sons of Norway- 2025 Syttende Mai- volunteer sign ups coming soon!

Festive Feast (food stand section)

Sons of Norway Outside Bake Sale Stand (C) at 317 South Page Street (south side of lodge). Open Friday 2pm-7pm; Saturday 10am-5pm, and Sunday 11am-2pm. Norwegian and American baked goods, packages of lefse and donuts, rømmegrøt, and beverages.

Sit-down Meals

Sons of Norway- Mandt Lodge, Syttende Mai Luncheon (C), Serving on **Saturday, 10am-4pm and Sunday, 11am-2:00pm**. Ala carte luncheon buffet including Norwegian and American items. We'll have varme pølse (wiensers in lefse), potatoes, barbeque, meatballs, herring, baked goods, lefse, rømmegrøt, søt suppe (fruit soup), riskrem (rice pudding), cucumber salad, warm red cabbage, and beverages! Complete list of menu items available until we run out! Reservations are not needed for the inside meals. All items are priced individually. We are handicapped accessible with a lift located on the south side of the building. Carry-out containers will be available for the parade on Sunday, if you want to take food home, or eat downtown in the Entertainment Tent (just over the bridge in the back of the lodge)!

SN Mandt Lodge Bingo (C)- Saturday at 6:00 PM. 317 South Page Street- Join us for an evening of bingo and fun with cash and fabulous free door prizes. Doors open and food will be offered after 5 PM and during the bingo break. We are handicapped accessible with a lift located on the south side of the building. All ages welcome but youth must be accompanied by an adult family member over the age of 18.