Sons of Norway - Mandt Lodge News March- May 2024 Mandt Lodge 5-314 in Stoughton, Wisconsin

Fra Presidenten

Are you ready for spring? Mother Nature has been teasing us and now that we are turning the calendar to April, our focus turns to a number of events and preparation at our lodge! April will be busier than ever with three bus tours, hosting a number of events, and all the food prep that is needed for Syttende Mai. If this is your first year as a member, we have many opportunities for you to be involved. We know that people are busy and have other commitments, but we do hope that you can find time to work a few shifts, help with some of the food prep, bake at home, or make a financial donation to help support the event if you can't help. Many hands make light work and this is a "all hands on deck" week at Mandt!

We also have many fun opportunities with the kubb tournament, District convention, and hosting a variety of people at meetings, events and meals. Much of the SN experience is networking and meeting new people- so we hope you will take advantage of this opportunity! Don't forget to share information with your younger family members about the District 5 Camp "Masse Moro" which is for 9-15 years olds and our lodge scholarships for those who are eligible!

Darlene Arneson, President 608-873-7209 Cell: 608-514-4951 arnesonfamily5@gmail.com

Upcoming Meeting Programs- Back to Wednesdays at 7 PM

April 10- "Wizards and Magicians Were Found Everywhere- Legends of Witchcraft from the Nordic Countries". This presentation examines some of the most widely shared beliefs and stories about witchcraft in Scandinavia during the early modern period, when nearly everybody believed that there were people capable of harming others with magic. Due to a confluence of folk and elite belief in the period, hundreds of people were accused, tried, and executed for the crime of witchcraft. We'll look especially at the worst of Norway's witch trials, in seventeenth-century Finnmark, to untangle the webs of fear and envy that sent dozens of people to the stake. Amber R. Cederström has a Ph.D. in Scandinavian Studies—Folklore from the University of Wisconsin—Madison, where she defended her dissertation, *Poisoner, Shapeshifter, Adultress, Thief: Legends and Images of Witchcraft in Finnmark and Gotland.* She is currently an acquisitions editor at the University of Wisconsin Press.

May 8- Norwegian Folklore Program- Stories are one of the inspirations in times of celebration and turmoil. We look to them for morals, solutions, and levity. Norwegians turned to nature to gather their stories, especially the trolls. This presentation looks at Norwegian and Danish storytellers and collectors that our ancestors turned to and the stories they told. Presenter Eleanor Brinsko is a genealogist in the Madison area. She has presented workshops for the Wisconsin Historical Society and other history and genealogy societies and libraries across the country.

Sons of Norway- Mandt Lodge for Bingo 2024

Bingo is held the third Saturday of the month except for December. The lodge is located at 317 South Page Street in Stoughton. There will be food available after 5 PM and bingo begins at 6 PM. Any bingo questions can be directed to Bingo chairperson Becky Lunde at 608-205-2234. Anyone under 18 years old must have an adult family member present to play. Bingo is open to everyone- not just lodge members! **How you can help with bingo:** Sign up to help with the bingo game. We continue to try to get volunteers who don't want to play who can help with the game (selling cards, verifying, calling) as anyone who plays can't do those tasks. Help with food! Selling food that night or baking baked goods that we sell. Telling your friends and family to attend! Coming yourself to play!

2024 Sons of Norway- Mandt Lodge Calendar

Watch for other event updates on Facebook (**Sons Of Norway Stoughton WI)** or at www.stoughtonwi.com/events/calendar.

- April 1- Registration deadline for Advanced Rosemaling Class
- April 2- Lodge rented by Stoughton Historical Society for evening program
- April 3- Business Meeting at 7 PM
- April 4- Chamber Expo at Mandt Center (booth)- 5-7:30 PM
- April 4- Video night at 6 PM- How Winston Churchill Changed the World
- April 5-6- Lodge rented for District 5 Board Meeting
- April 6- Lefse making at 8 AM
- April 10- Bus Tour Meal
- April 10- Lodge Cultural Program at 7 PM
- April 11- Video night at 6 PM- How Winston Churchill Changed the World
- April 13- Lefse making at 8 AM
- April 17- Bus Tour Meal
- April 18- Video night at 6 PM- How Winston Churchill Changed the World
- April 20- Bingo at 6 PM- Food available at 5 PM
- April 22- Set up for 3rd grade event- 5 PM
- April 23- 3rd Grade Cultural Event
- April 24- Bus Tour Meal
- April 25- Video night at 6 PM- How Winston Churchill Changed the World
- April 26-28- Advanced Rosemaling Classes
- April 30- Lefse making at 4:30 PM
- May 1- Business Meeting at 7 PM
- May 2- Meatball making at 4 PM
- May 2- Video night at 6 PM- How Winston Churchill Changed the World
- May 3- Lodge rented: Fendrick and Peck Concert
- May 7- Krumkake and Sandbakkel baking from 9 AM -2 PM
- May 8- Krumkake and Sandbakkel baking from 9 AM 2 PM
- May 8- Lodge Cultural Program at 7 PM
- May 9- Video night at 6 PM- How Winston Churchill Changed the World
- May 10- Rosette baking from 8:30-2 PM
- May 11- Rosette baking from 8:30-2 PM
- May 11- Stoughton Kubb Tournament
- May 15- Decorating Kransekake at 9 AM
- May 17-19- Syttende Events at Sons of Norway
- May 18- Bingo at 6 PM- Food available at 5 PM
- May 23- Video night at 6 PM- How Winston Churchill Changed the World
- May 30- Video night at 6 PM- How Winston Churchill Changed the World

Contact Darlene
Arneson at
arnesonfamily5@gmail.
com to sign up to help
with these events!

rs

Happ	oy Birthday Membe
	April
1	Amy S Elvekrog
5	Bruce Douglas Goplen
5	Gunnar Monsen
6	Gary R Swain
7	Susan E Holtan
9	Sharon Lynn Nelson
11	Roger A Odalen
12	Sam Hjortland
14	Grace Rose Law
14	Ann N Nelson
14	Elaine R Peterson
16	Thomas M Asplund
16	Clara Ellefsen
18	Merick Monsen
22	James Daryl Furseth
22	Connie L Kreuser
26	Leif Fasching
27	Christopher John Mills
27	Daniel Swain
27	
28	Lara Maria Vagenius Jeanne L Julseth
30	Millie Marie Furseth
30	
1	May Sydnoy Arnagan
1	Sydney Arneson
3	Jean Chase
	Jason Schultz
4	Louise Christopher
4	Owen Heggelund
4	Elizabeth L Wentorf
7	Kathleen Ernst
7	David W Nelson
7	Margaret Ann Wersland
10	Nancy J Anderson
12	Rebecca Lunde-Ross
13	Jens O Arneson
14	Laura Jensen
14	Lori R Teigen
15	Darlene L Arneson
15	Kristi Huberd
17	Christopher J Jacobsen
18	Gryffin Eitland
21	Carol A Culbertson
21	Amanda Zupanc
23	Roberta Solberg
25	Natasha V Amundson
25	Sara Rabe
26	Richard H Moen
26	Sara Tupper
30	Laura Marie Trotter



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Sons of Norway has many products to help you reach your financial goals. Learn more about the type of products available and what will work best for your situation. https://www.sofn.com/financial_products/

District 5 Sons of Norway Convention and Lodge Meeting-June 19-22

SONS OF NORWAY
District 3 Convention
Indianapolis, Indiana
Indianapolis, Indiana

in Indianapolis, IN- All are welcome to attend! https://sonsofnorway5.com/conventions/

Well-Wishers- will be out at the January-April meetings. For \$2, you can list your name in the convention program booklet. This is a fun way to send greetings from our lodge to those attending the convention and it also helps offset convention expenses! We will have a separate clipboard for that with an envelope for you to put your money in!

Ads and Sponsorships for Convention booklet- Mandt Lodge will put an ad in the convention booklet but if you or your business, organization or other group wants to, you

can find the forms at . They also have vendor opportunities available! I will have forms available at the lodge for advertisers, sponsors, vendors and well-wishers!

https://sonsofnorway5.com/conventions/convention_forms.php and https://sonsofnorway5.com/conventions/program advertisements.php

Silent Auction- The District hosts a Silent Auction fundraiser at the convention. If you would like to donate an item or put an item into the Mandt Lodge basket, please let Darlene know!

Classes- The District is offering classes ranging from woodcarving, rosemaling, Hardanger, card making, knitting, needle felting, Hardanger fiddle playing, and Sami bracelets. You can register for them on the non-delegate form!

Cultural Arts Display- Cultural Skills Categories include: rosemaling, Norwegian weaving, Nordic or Sami-influenced knitting, Norwegian needlework (Hardainger embroidery, Klostersøm, Diamantsom, Nålbinding), crocheting, tatting, wood carving (figure, relief, chip carving), bent wood construction, photography, painting, knife-making, stained glass, kolrosing. Cultural arts items may be checked in at the display area Thursday, June 20th between 1 pm and 3 pm.

Items may be sent with someone if the artist is not attending the convention. Any cultural arts project completed since June of 2022 is eligible for display. An important part of the convention is the presentation of folk art projects completed by members. Your work will be appreciated by members from throughout the district. What a wonderful opportunity to display your skill and show others your contribution to carrying on traditional skills. This year our display space is somewhat limited, so it is more important than usual to register your pieces as soon as they are completed. The judging will be people's choice; there is no fee; preregistration is needed; work must have been finished after the last convention; SofN members only may enter; work must be completed by the person registered as the artist; each item must have appropriate identification attached; items will be kept in a locked room overnight; volunteers will monitor the display during the day.

PRESENTATIONS ON SAMI ART CONVENTION 2024

Rivojen Jorn Magnus Langseth will present insight into Sami art in his presentations at the Sons of Norway District 5 Convention. The presentations will center around the topics: From old ornaments till today's bit data: How do we communicate? Shapes and context within Umesami ornaments.

The artist will give presentations Thursday and Friday evenings and during the day Wednesday and Saturday of convention week.

Lynx Lynx Entertainment at D5 Banquet Dinner

Lynx Lynx to present entertainment at Convention Banquet. Vidar Skrede and Patrik Ahlberg are the duo known as Lynx Lynx which will perform at the banquet of the District 5 Sons of Norway convention Saturday evening, June 22, 2024. They join their Scandinavian forces to play a variety of string instruments including fiddles, Hardanger fiddles, guitars, and mandolin. The mix of tunes is put together by both their original and traditional Nordic fiddle tunes.

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Located in the Stoughton Plaza Shopping Center. Behind the Sunrise Family Restaurant

Phone: (608) 873-7737 Open: 11:00 AM



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Phone: 608.205.9999
Fax: 608.205.9998
Email: brett@noshortselectric.net
1768 Kaase Road, Stoughton, WI
53589



Thank you for supporting our RELAY FOR LIFE TEAM Year #23!

> August 17, 2024 Racetrack Park Darlene Arneson Team Captain

Connect with Sons of Norway <u>Facebook</u>

Sons of Norway Stoughton WI Sons of Norway District 5 Official Sons of Norway Facebook

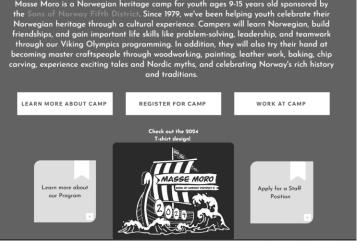
Websites

https://sonsofnorway5.com/ https://www.sofn.com/

Sons of Norway Financial Benefits Counselor

Greg Ragan 815-623-8817 (Office) Gragan51@gmail.com





District 5 Youth Camp for kids ages 9-15 years old near Eau Claire, WI. https://www.massemoro.org/

Syttende Mai Volunteer Form- 2024 (2 pages)
Return form to Darlene by May 10. Email at arnesonfamily5@gmail.com or send to 2056 Skaalen Rd, Stoughton, WI 53589. Thank you! If you aren't able to help, financial donations are welcomed! Use one form per person or write name on the line!

Name	Phone	Email
Thursday Food Prep Make cucumber salad Package baked good Butter and sugar lefse Make Søt Suppe- 9:0 Cut up cabbage- 10:3 Making rømmegrøt ba Help wherever nee	s – 5:00 PM e- 9:00 AM 0 AM 80 AM ars- 12 PM	Friday Food Prep Butter and sugar lefse- 9:00 AM Help make rømmegrøt– 9:00 AM Cook riskrem rice- 11 AM Package baked goods – 10:00 AM Help wherever needed!
Outside Food Stand Friday 1:30-4:30 (opening a cashiers and food stand runner/ packaging bake Dishing up rømmegrøt Dishes Friday 4:30-7:30 (closing a cashiers and food stand runner/ packaging bake Dishing up rømmegrøt Helping close up the stand stand runner/ packaging bake Dishing up rømmegrøt Cashiers and food stand runner/ packaging bake Dishing up rømmegrøt Dishing up rømmegrøt	d sales ed goods for sales t 7 PM) d sales ed goods for sales and and dishes ng at 10 AM) d sales ed goods	Saturday Kitchen Help Early – be there by 7:30 Make fish chowder (on annex stove) Make red cabbage Preparing potatoes Make rømmegrøt Be there by 8:30 (8:30-2:30 shift) Dishing up herring, cucumber salad Mixing riskrem and dishing up portions Preparing cookie trays for serving line Watching rømmegrøt heating and help wherever Other kitchen duties Cooking (overseeing all food prep 7 AM-12:30) Cooking (overseeing all food prep 12:30-4:00) Dishes (7:30-12:30) Dishes (12:30-5:30)
Saturday 1:30-5:30 (closing cashiers and food stand runner/ packaging baked Dishing up rømmegrøt Helping close up the standard 10:30-2:30 (opening cashiers and food standard runner/ packaging baked Dishing up rømmegrøt Clean up after closing standard Cle	d sales ed goods for sales and and dishes ag at 11:00) d sales ed goods for sales	Sunday Kitchen Help Early – be there by 8:30 Make fish chowder Making red cabbage Preparing potatoes Making rømmgrot (if needed) Be there by 9:30 (9:30-2:30 shift) Dishing up herring, cucumber salad Mixing riskrem and dishing up portions Preparing cookie trays for serving line Watching rømmegrøt heating
		Other kitchen duties Cooking (overseeing all food prep 7:30 AM-end) Dishes (7:30-end)

Upstairs serving meals	Saturday Bingo 4:00-end
Saturday 9:00-12:30 (open at 10 AM)	
Cashiers	Help with bingo game
Serving line	Serving line
Pop and water sales	Food cashier
Making coffee	Runner
Runner	Guiding players to tables
Greeter- outside	Clean up
Guiding guests to tables	Dishes
Clearing tables/bussing	Set up for Sunday afterwards
Saturday 12:30-4:30 (close at 4 PM)	
Cashiers	I can make baked goods at home (see
Serving line	guidelines). Bring them upstairs on Thursday afternoon (9
Pop and water sales	AM-6 PM) or Friday (8 AM- 3 PM). Please list what kind
Making coffee	and how many. Norsk and American baked goods welcome
Runner	but see guidelines!
Greeter- outside	
Guiding guests to tables	
Clearing tables/bussing	
Help transition to bingo	
Sunday 10:00-2:30 (open 11 AM- 2 PM)	
Cashiers	
Serving line	I can't help this year but will send a donation
Pop and water sales	(check to SN) to Jane Conner 405 Moe Circle,
Making coffee	Stoughton, WI 53589
Runner	
Greeter- outside	
Guiding guests to tables	
Clearing tables/bussing	
Cleaning tables/bussing	
Thursday- Help with set up- putting out signs	Sunday- Help with clean up after parade- taking in
setting up food stand, logistics	signs, putting away food stand
7 0	
l can halp take flyers around town to halp y	with publicity! Done the week before Syttende Mai.
i can help take hyers around town to help v	with publicity: Done the week before Syttemating.
News	
Name Phone	Email



Visit us at Sons of Norway- Mandt Lodge during Syttende Mai Weekend – May 17-19, 2024! 317 South Page Street in Stoughton, WI Offerings Bake Sales, Bingo, and Sit-Down Dinners!

Bake Sales on Friday, Saturday and Sunday:

Outside Bake Sale Stand at 317 South Page Street (south side of lodge). **Open Friday 2pm-7pm; Saturday 10am-5pm, and Sunday 11am-2pm.** Norwegian and American baked goods, packages of lefse and donuts, rømmegrøt, and beverages.

<u>Sit-Down Inside Meals on Saturday and Sunday:</u>

Syttende Mai luncheon-style meal serving on **Saturday**, **10am-4pm and Sunday**, **11am-2:00pm**. Ala carte luncheon buffet including Norwegian and American items. We'll have varme pølse (wieners in lefse), potatoes, barbeque, meatballs, herring, baked goods, lefse, rømmegrøt, søt suppe (fruit soup), riskrem (rice pudding), cucumber salad, warm red cabbage, and beverages! Complete list of menu items available until we run out! Reservations <u>are not needed</u> for the inside meals. All items are priced individually. We are handicapped accessible with a lift located on the south side of the building. Carry-out containers will be available for the parade on Sunday, if you want to take food home, or eat downtown in the Entertainment Tent (just over the bridge in the back of the lodge)!

Bingo on Saturday Night:

SN Mandt Lodge Bingo at 317 South Page Street- <u>Saturday at 6:00 PM</u>. Join us for an evening of bingo and fun with cash and fabulous free door prizes. **Doors open and food will be offered after 5 PM and during the bingo break.** We are handicapped accessible with a lift located on the south side of the building. All ages welcome but youth must be accompanied by an adult family member over the age of 18.

Please contact Darlene Arneson at arnesonfamily5@gmail.com or 608-514-4951. "Like us" on Facebook at <u>Sons of Norway StoughtonWI</u>. Visit www.stoughtonwi.com for more details on Syttende Mai!

How Winston Churchill Changed the World Video Series

Our video series continue on Thursday nights at 6 PM in April and May (except for May 16- Syttende Mai week). Free to those who attend, we'll have snacks and beverages to enjoy, and each video lasts about 30 minutes. No need to register- just come when you can. We will watch three videos each night. In **How Winston Churchill Changed the World**, enjoy a thorough, multifaceted exploration of Churchill's life, accomplishments, complexities, and legacies. Over the span of 24 lectures that unfurl like a great story, you will delve into Churchill's military leadership during World War I and World War II; his personal relationships with family and friends; his abiding passion for history, literature, and public speaking; and his political relationships with historical giants like Franklin Delano Roosevelt, Joseph Stalin, and Queen Elizabeth II. With Professor Shelden as your authoritative guide, you'll embark on an unforgettable adventure through the 20th century in the footsteps of the one man who helped not just Great Britain but all of humanity prevail during violent, dangerous times.

- April 4- Churchill and the Muse of History; Young Churchill; Churchill, the Edwardian Titan
- April 11- Churchill's Rise to the Admiralty; Churchill and Failure in World War I; Churchill in War and Peace
- April 18- Churchill as Chancellor of the Exchequer; The Rise of Tyranny in the 1930's;
 Churchill as Author and Historian
- April 25- The Gathering Storm in Nazi Germany; Churchill in the Age of Appeasement; The Road to Dunkirk
- May 2- Churchill in Power; Surviving the Nazi Blitz; Turning the Tide against Hitler
- May 9- Churchill and Roosevelt; Churchill and Stalin; Debating Churchill's Wartime Leadership
- May 16- no videos due to Syttende Mai week!
- May 23- Churchill from Tehran to Yalta; Peace, Churchill, and the British Voter; Churchill on the Iron Curtain
- May 30- Churchill and Britain's Postwar Crisis; Churchill's Return to Power; Churchill and the Legacy of Freedom

2023 Scholarship Recipients









Tyler Magestro

Maddie Klauer

Hallie Treptoe

Henry Ross

I am Tyler Magestro I went to Monona Grove High School and now I am going to School at Madison College (MATC) and I am doing the liberal arts transfer program and I am hoping to Major in business at Whitewater after my 2 years at Madison College. My Great Grandma Margaret Arneson and My Great Aunt and Uncle John and Darlene Arneson are in the Sons of Norway. Thank you for the scholarship for school!

Hi, I'm Maddie Klauer and I am a freshman attending Lakeland University and majoring in Music Education while also playing softball. I have enjoyed helping and working with children my whole life so for me the natural next step was to be an educator. I also have been very dedicated to music throughout my life being involved in anything that my high school music department offered. Through learning about teaching I am striving to learn the skills to be someone valuable in a child's life. Finally, my connection to Sons of Norway is myself because I am a member!

Hello! I would first like to say thank you, my name is Hallie Treptoe and my SN connection is Rebecca Lunde-Ross. I am from Fond du Lac and I am currently attending the University of Wisconsin Madison. I am attending college to pursuit a future in elementary education. As of right now, I am interested in teaching first through third grade! In my future plans I want to return and then become either an athletic director or a principal. I want to thank you again for this opportunity and it will help me as I furthering my education!

My name is Henry Ross, I am the Grandson of David and Ann Nelson and am currently a freshman at New York University. I am a double major in Global Liberal Studies and Journalism and hoping to pursue a Math minor. I have thoroughly enjoyed my first semester in New York and all the city has to offer. I love exploring new places and seeing many sites I have never seen before. My classes have helped to broaden my knowledge of the ancient world and I hope to visit these places soon. With the city all around me, New York University has proven to be a great fit for my wants and needs in a school and continues to help me thrive both academically and socially. Thank you so much for this scholarship. It will go to great use.







Katelin Berger

Gabrielle Berger

Have you logged into www.sofn.com to find these resources?

Cultural Skills Program Overview



Genealogy Guide - Use this updated guide, as you begin to research your family roots. This handy 10-page guide will provide background on Norwegian-North American immigration along with information about Norwegian names and

thly language lesson has been out for a while now, and many of you have let us know that it is working well. Thank you for taking the time to stes a Month" have asked for information on the Norwegian alphabet and genealogical terms, so we have added pages on both top

- 🖫 Lesson 1--When meeting people, small talk, and counting 1 to 10
- Lesson 2--When leaving people, small talk, and counting 1 to 20
 Lesson 3---Useful phrases and more numbers
 Lesson 3----Useful phrases and more numbers
 Lesson 4--Days, months, and seasons and greetings

look forward to your feedback. In the meantime, good luck!

My name is Katelin Berger and I am currently a freshman at the University of Wisconsin-Madison. My grandma, Rebecca Lunde-Ross, is a current member of the Sons of Norway-Mandt Lodge. I am on the prenursing track with aspirations of becoming a registered nurse, specializing in Obstetrics and Gynecology. Upon completing my BSN, my goal is to further my education in nursing to become a nurse practitioner. I am extremely grateful and want to thank the Sons of Norway-Mandt Lodge for this scholarship and for supporting my education in nursing!

My name is Gabrielle Berger and my grandma (Rebecca Lunde-Ross) is a member of the Sons of Norway. I have a technical degree in dental assisting and furthering my education into Dental Hygiene at Milwaukee Area Technical College. I have a passion to help improve and teach kids of the importance of oral hygiene. I am currently working as a pediatric dental assistant at Children's Hospital of Wisconsin. I want to thank the Sons of Norway for the scholarship.

2024 SN Mandt Lodge Scholarships are due June 1

SONS OF NORWAY- MANDT LODGE SCHOLARSHIP APPLICATION-2024

This scholarship is open to any current members, their children, grandchildren, and great grandchildren who have been **SN Mandt Lodge members for a minimum of six months (dues paid and in good standing)**. Members who are not parents may nominate nieces or nephews for the scholarship. An individual may only receive this scholarship one time. Scholarships are open to students pursuing associate degrees, technical school, college, university or graduate school. The application should be mailed to **Sons of Norway, 317 South Page Street, Stoughton, WI 53589 and postmarked by June 1, 2024.** Applications will be judged by the Lodge's Scholarship Committee and then approved by the Lodge officer's. Results will be announced in the Lodge newsletter and mailed to applicants. The applications are judged 40% scholastic, 30% activities, 20% need and 10% quality of the application. The scholarship money will be distributed to the winners at the January Lodge meeting after completion of the fall semester has been verified to Lodge officers. The scholarship will be a minimum of \$500 but can raised as determined by the Scholarship Committee. A minimum balance of \$250 must be kept in the Scholarship Fund.

The following information should be included in your scholarship application. The total application should not exceed 3 single-sided pages. Font size- not smaller than 12 font. You can request an electronic copy of the application from Lodge President Darlene Arneson at arnesonfamily5@gmail.com. For other questions, contact Darlene at 608-873-7209 or by email.

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APPLICANT'S NAME	PHONE
HOME ADDRESS	
EMAIL	PARENTS' NAMES
SONS OF NORWAY MEMBER – FAMILY CONTACT	
RELATIONSHIP TO THE APPLICANT	
HOMETOWN NEWSPAPER ADDRESS	
SIGNATURES: S/N MEMBER	APPLICANT
LEADERSHIP ACTIVITIES LIST HIGH SCHOOL/COLLEGE CO-CURRICULAR A ACTIVITIES:	CTIVITIES, CLUBS, HONORS, SPORTS AND OTHER
LIST COMMUNITY ACTIVITIES, HONORS AND OTH	ER INVOLVEMENT:

LIST SCANDINAVIAN ACTIVITIES, INTERESTS AND INVOLVEMENT:

WORK EXPERIENCE:

LIST WORK EXPERIENCES AND RESPONSIBILITIES YOU HAVE HAD:

EDUCATIONAL INFORMATION:
NAME OF SCHOOL YOU PLAN TO ATTEND:
DATE YOU PLAN TO ENROLL/OR ENROLLED:
DEGREE YOU ARE PURSUING:
NAME OF HIGH SCHOOL: H.S. GRADE POINT AVERAGE
YOUR RANK IN HIGH SCHOOL: OUT OF STUDENTS
DATE OF HIGH SCHOOL GRADUATION:
YOUR COLLEGE GPA: AND CREDITS EARNED
REFERENCE:
PLEASE LIST ONE NON-FAMILY REFERENCE:
NAME TITLE
ADDRESS PHONE

ON AN ATTACHED PIECE OF PAPER:

- BRIEFLY STATE YOUR FUTURE CAREER PLANS (100 WORDS OR LESS)
- IF YOU HAVE A SIGNIFICANT NEED YOU FEEL THE COMMITTEES SHOULD BE AWARE OF, PLEASE FEEL FREE TO EXPLAIN THAT NEED. (100 WORDS OR LESS)

YOU MAY COMPLETE THIS APPLICATION ON A WORD PROCESSOR OR COMPUTER. THE ENTIRE APPLICATION SHOULD NOT EXCEED THREE ONE-SIDED PAGES. THANK YOU.

RACING TO THE FUTURE



SONS OF NORWAY
District 5 Convention
Indianapolis, Indiana
6/19/24 - 6/22/24

How to calculate the distance your lodge's goal:

Distance from where your lodge meets to Chetek Lutheran Church 1419 2nd Street Chetek WI 54728

miles

- + Distance to Faith Lutheran Church, 39 Jamestowne Road Farragut, TN 37934 (912 miles)
- + Distance to the hotel in Indianapolis (376 miles)

Record the total number of miles at the end of the challenge.

_____ + 912 + 376 = ____ miles (your goal)

AND...We're off!

A member sports challenge was approved by the D5 Board at our recent fall board meeting and in advance of the June convention in Indianapolis.

*The Board encourages our members to exercise via the mode they prefer. Hike, bike, walk, snowshoe, ski, or swim your way to Indianapolis! Keeping ourselves healthy and strong is the goal. Fight off the winter doldrums and create a new you in 2024!

*The challenge will run from October 19, 2023, to May 19, 2024. Local sports directors can plan specific outings for their lodge, or individuals can chart their own course. Choose a warm time of the day and simply GO FOR IT!

*Another perk, members can also earn Sons of Norway sports medals in the process.

If your lodge is planning a friluftsliv event, include the challenge as part of your day!

*Keep track of your miles and submit them to your lodge's sports director or give them to your lodge president for recognition.

Participants could be recognized at your Syttende Mai banquet or May lodge meeting.

We will also acknowledge members at the 2024 District 5
Convention. Their names will be posted to the D5 webpage, and they will receive a participant award from their local lodge. A template will be provided.

The route:

All participants will begin by leaving their residence and heading to our northernmost lodge geographically, Dovre Lodge, in Chetek, WI. They meet at Chetek Lutheran Church. Then They will redirect themselves to our southernmost lodge, Vikings of the Smokies Lodge, in Knoxville, TN. They meet at Faith Lutheran Church. Lastly, participants will head for the finish line in Indy and so calculate the miles to our convention hotel!

Cheryl Wille-Schlesser
District 5 President and Interim Sports Director
cwschlesser200bc@gmail.com



District 5 Sport and Recreation Challenge for the 2024 Convention **Tracking Sheet**

Miles accumulated from October 19, 2023, to May 19, 2024

Name		Lodge			Phone			
Address		, City	<i>'</i>	St Zip				
Email		Goal (in miles)						
Date	Miles	Date	Miles	Dat	е	Miles		
	l			ı				

Total for this sheet _____ If this is the final sheet, your grand total ____ miles. Give completed sheets to Mandt Sports Directors Jens Arneson or Todd Fossum for processing.

Sons of Norway- Mandt Lodge 317 S. Page Street Stoughton, WI 53589



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