

# LUREN



## SONS OF NORWAY- CIRCLE CITY LODGE #5-614 CARMEL, IN

May/June 2023 Issue

### Mission statement:

*The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway. To celebrate our relationship with other Nordic Countries, and provide quality insurance and financial products to its members.*

### *Hilsen fra Presidenten (Greetings from the President)*

It is finally spring or at least it is starting to feel like it! I am more than ready for some warmer weather where I can get out and walk my dog and get back down to the barn. Since my surgery in March my family has been taking care of my horses, donkeys, dogs and, of course, myself. I am looking forward to getting back to mucking out stalls and working with the horses. I have my next round of chemo on May 1 so I hope by the following week I will feel up to getting down to the barn.

I am so fortunate to live where I do and have had nature to entertain me when I do not feel like getting out. I have watched a momma fox and pup for several weeks until she moved him. I see deer almost every day and a huge assortment of birds.

A huge thank you for the get-well cards and words of inspiration. They have helped so much and are so appreciated.

Our next meeting is our Syttende Mai celebration which will be held May 13 th . Jim Nelson will be providing the program/entertainment. The meal will be a pitch-in of Norwegian foods so mix up your favorites and come ready to enjoy some great food!

The Nationalities Council will be walking again in the Indy 500 Parade on May 27 th . I do not know if we have any members who are interested in walking in the parade and carrying a Norwegian flag. Jerry Rud has sent out the waiver form that you would need to sign in order to walk, and they are due May 1. You must be wearing traditional Norwegian clothes (Bunad) to be able to walk in the parade, but if you don't have the traditional clothing you could likely borrow it from another member.

On June 2nd and 3rd several club members will be heading to Norway Illinois. It is a 3 ½ hour drive from Indianapolis and we are driving over on the 2nd so we will be there for the "season opening and celebration" of the Norsk Museum. In addition to the museum, there is also a small Viking ship and Norwegian food store there and a permanent marker to memorialize Cleng Peerson. The SON chapter in Norway, Illinois will be hosting an early morning breakfast and other festivities throughout the day.

Cleng Peerson (17 May 1783 – 16 December 1865) was born near the community of Tysvær, Rogaland, Norway. His first trip to the U.S. was upon the request of a religious community in Stavanger in 1821. In 1824 Peerson returned to Norway and it was decided that a group would emigrate. He returned to the U.S. to prepare and met the immigrants in New York on October 9, 1825. The group settled in northern New York in the town of Kendall near Lake Ontario. In 1834 Peerson and other pioneers from Norway established the first permanent Norwegian settlement in Norway, Illinois. Later he started several other settlements in the U. S.

June 10 th will be our regular meeting and will be a pitch in. Berit will be talking about her most recent trip to Norway on the Hurtigruten. It will be a very interesting program!

July is our month off, but I know several members have talked about taking a trip to Decorah, Iowa, for Nordic Fest. There will be more details on this at the June meeting.

I really hope to be able to attend the next several events and at this moment I plan to go.

Hilsen,

Nancy Andersen

# Nidarosdomen, A Living Cultural Monument

If you have ever been to Nidarosdomen, Trondheim's magnificent Nidaros Cathedral in the center of the city, you know that entering through its great portal is like stepping back in time to another world. With its sweeping arched ceilings that seem to reach toward heaven, stunning stained-glass windows that let in an ethereal light, ornate sculptured figures of an other-worldly character, this architectural masterpiece is shrouded with an atmosphere of mystery and wonderment.

Nidarosdomen is the world's northernmost Gothic cathedral and a Norwegian national monument. The first structure there began to take shape in 1070 over the burial place of St. Olav. "Den hellige Olav," the Viking king who converted Norway to Christianity. By the year 1300, construction on the cathedral was completed.



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Beginning in medieval times, pilgrims began to journey the Pilgrim's Path from Oslo to visit the tomb of St. Olav. This tradition has survived throughout time, and today pilgrims from all over the world follow along the trail to make their way to Trondheim.

Over the centuries, the cathedral has undergone major changes and restorations. It endured many fires, and by the 19th century, it was in a major state of decay. In 1868, it was decided that the cathedral should be rebuilt as a national symbol. Work began the following year and has been ongoing on some level ever since.

The cathedral is the main church for the Nidaros og Vår Frue parish of the Church of Norway, the seat of the Nidaros domprosti (archdeanery), and the seat of the Bishop of the Diocese of Nidaros. The massive cathedral can seat about 1,850 parishioners and is the setting for major cultural events in the region, as well as for productions with a national outreach. The cathedral is not only the setting for weekly sermons but also serves as the stage for major concerts, lectures, and other cultural programs for all ages.

Most notably, with its extraordinary architecture and acoustics, the cathedral is home to a host of choirs: the Nidaros Cathedral Choir, Nidaros Cathedral Boys' Choir, Nidaros Cathedral Girls' Choir, Schola Sanctae Sunniva, Nidaros Vocalis, and Nidaros Oratory Choir.

You can also find three museums in the building of the archdiocese. The oldest part of the surrounding grounds is used for formal receptions and dinners. The National Regalia Exhibition is housed in the west wing, where the royal crown is on display. The cathedral is the home of royal consecrations and has been the setting for many royal weddings over time.

In the Erkebispegården Museum, you will find original sculptures from Nidaros Cathedral and the most important archaeological finds from the excavations that took place in the 1990s. There is also a defense museum, Rustkammeret, where you can learn about the history of defense in central Norway.

Each year, important festivals take place at Nidaros Cathedral. It is the site of the observation of Olav's Wake (Olavsvaka). This religious and cultural festival is centered upon the anniversary of the death of Saint Olav at the Battle of Stiklestad.

The observance of Easter is a very special time at Nidarosdomen. Holy communion and prayers take place throughout the Lenten season. Then on Palm Sunday, evening prayers mark the beginning of the Holy Week.

A few years back, a tourist left a review on Tripadvisor of what it is like to experience Easter services at Nidaros Cathedral:

"I was transported back to the 12th century. At the end of the candlelight church service, we were ushered outside in front of Nidaros. We stood in a gigantic circle with our candles for the closing prayers. Then we greeted our neighbors with a handshake and smile. Perfect ending."



# Calendar of Events

- May 13 – Syttende Mai:**  
*Syttende Mai – Noon Music Program by James Nelson*  
**Norsk Classes:**  
*Norsk Class at 10 am*
- May 28 – Norsk Classes:**  
*Norsk Class at 2pm, Via Zoom*
- June 2-3 – Norsk Museum:**  
*Group outing to season open of Norsk Museum in Norway, Illinois. Contact Jerry Rud if interested at 765-720-5232*
- June 10 – Hurtigruten in Norway:**  
*Noon Travelogue by Berit Skaare*  
**Norsk Classes:**  
*Norsk Class at 10 am*
- June 25 – Norsk Classes:**  
*Norsk Class at 2pm, Via Zoom*
- July 9 – Norsk Classes:**  
*Norsk Class at 2pm, Via Zoom*
- July 23 – Norsk Classes:**  
*Norsk Class at 2pm, Via Zoom*
- July 26-30 – Nordic Fest:**  
*Group outing to Nordic Fest (Decorah, Iowa)*
- August 12 – TBD:**  
*Program to be decided*  
**Norsk Classes:**  
*Norsk Class at 10 am*
- September 9 – TBD:**  
*Program to be decided*  
**Norsk Classes:**  
*Norsk Class at 10 am*
- October 14 – Photo Presentation:**  
*Photo presentation of Lofoten Islands by Susan Fleck*  
**Norsk Classes:**  
*Norsk Class at 10 am*
- November 11 – Stave Churches Presentation:**  
*Stave churches in Norway presented by Karen Courtney Pitch-in meal*  
**Norsk Classes:**  
*Norsk Class at 10 am*

# Decorah Nordic Fest

On July 26th to the 29th we will be carpooling to Decorah, Iowa for the annual Nordic Fest. A celebration of community and Decorah's Scandinavian heritage. The festival was started in 1967 and is organized entirely by volunteers.

Nordic Fest offers food, activities and entertainment. They also show off ethnic pieces from around the US. Below is the information from last year's Folk Art Exhibition as well as photos from the festival

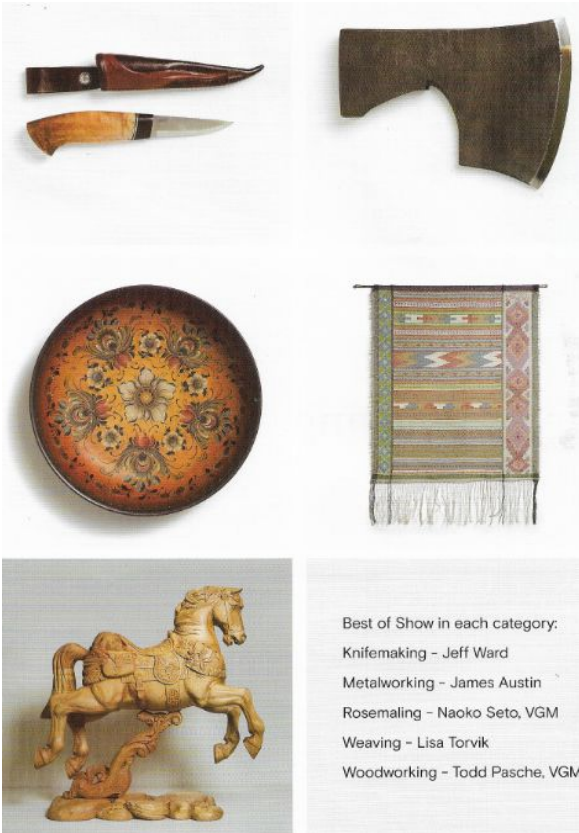
## National Norwegian-American Folk Art Exhibition

*The National Norwegian-American Folk Art Exhibition* was open at Vesterheim from July 2-July 30, 2022. We were so glad to have this beautiful contemporary artwork back on exhibit after a two-year pandemic hiatus.

Congratulations to this year's award winners, the new Gold Medalists, and everyone who entered! This year, there were 158 entries in rosemaling, woodworking, weaving, knifemaking, and metalworking. This represents work by 91 artists from 18 states. We look forward to a special juried exhibition in 2023 with the theme "Embellishment" and the *National Norwegian-American Folk Art Exhibition* again in 2024! Check [vesterheim.org](http://vesterheim.org) as information is available in the spring.

The exhibition was made possible thanks to generous support of the Vesterheim Annual Fund from Decorah Bank & Trust; the Iowa Arts Council, a division of the Iowa Department of Cultural Affairs; and the National Endowment for the Arts.

Scan the QR code or check [vesterheim.org/national-exhibition-ribbons-gold-medalists-2022](http://vesterheim.org/national-exhibition-ribbons-gold-medalists-2022) to see images of all of the winners.



Best of Show in each category:

Knifemaking - Jeff Ward

Metalworking - James Austin

Rosemaling - Naoko Seto, VGM

Weaving - Lisa Torvik

Woodworking - Todd Pasche, VGM



# Wild Garlic Soup (Ramsløksuppe)

## Ingredients:

25g (2Tb) butter  
3 medium (400g) potatoes, peeled and diced  
1 medium onion  
1 liter (4 cups) vegetable stock  
200g or 4 handfuls of wild garlic leaves, roughly chopped  
heavy cream for serving (optional)



## Directions:

Melt the butter in a large saucepan. Add the onion and sauté over medium-high heat until soft and translucent. Add the diced potatoes and cook together for about 5 minutes. Add the stock and bring to a boil. Turn the heat down and simmer, covered, for 15-20 minutes. Add the wild garlic leaves and cook for 2-3 minutes. Take the soup off the heat and puree with a hand blender, or blender, being careful of the heat. Season with salt and pepper to taste. Serve in individual bowls with a dash of cream on top.

## History:

Wild garlic or ramps, known as ramsløk in Norwegian, can be found along the coasts and in the forests of Norway mainly during May and June. The season is short, only a few weeks, and as quickly as they grow up, they wither before the start of summer. They are a culinary treasure, used by chefs and home cooks who wish to serve up the perfect taste of springtime. They are also incredibly nutritious, and have been used for centuries for their medicinal properties.

This delightful plant grows wild, and has a subtle garlic flavor. It makes a nice addition to soups, salads, tarts and sauces as its taste is incredibly versatile. It's one of those greens that needs only a little imagination to go a long way. If you can't get your hands on any wild garlic, you can substitute it with garlic chives.

*<https://northwildkitchen.com/wild-garlic-soup/>*



# Circle City Lodge Officers

President:	Nancy Andersen
Vice President:	Stan Pederson
Secretary:	Jerome Rud
Treasurer:	Burt Bittner and Alice Voris
Cultural Director:	Berit Skarre
Membership Director:	Jerome Rud
Sports Director:	Susan Alden
Foundation Director:	Alice Voris
Lodge Counselor:	Dagrun Bennett
Historian:	Glenna Divine
Newsletter Editor:	Lillian Page
Directory:	Neil Schuch

## **Change of member address:**

Michael Jacobs

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Westfield, IN 46074-5060

Phone: (602) 300 - 6564

Check out our facebook group!

<https://www.facebook.com/groups/473869819402515>



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