



Fra Presidenten

Kjære Venner,

Godt Nytt År til alle sammen! Happy New Year to everyone! I certainly hope that each of you will have the best year ever in 2023. I also hope each of you had a wonderful Christmas celebration and that Julenissen was good to you.

You should all know that - other than my birthday on December 7th and Christmas - one of my absolutely favorite days of the year is Winter Solstice on December 21st. It's the shortest day of the year, but the reward is that our days get longer with more sunlight for the next six months. Yay!!! I can't wait until Idun Lodge has its much-enjoyed summer picnic again when it's light out until late into the evening.

We at Idun Lodge have many things for which to be grateful, especially the youth who are associated with our lodge. Over the years, many young people associated with Idun Lodge have distinguished themselves, either via Masse Moro as campers or staff, as International Lodge scholarship recipients, as scholars in their educational settings, as leaders in Sons of Norway, and in any other numbers of ways.

Mathea Diedrich, a member of Idun Lodge and a junior at Luther College in Decorah, Iowa, who will graduate with a B.A. in Nordic Studies and allied health sciences, takes center stage in this regard. She was recently named only the second ever recipient of the Odd S. Lovoll Award in Norwegian-American Studies by The Norwegian American Historical Association. Her winning essay is "Change in Norwegian-American Identity Expression, as Seen Through the Headstones at Washington Prairie Lutheran Church, 1854-1969." The Lovoll Award recognizes originality, excellence, and creativity in undergraduate research on any aspect of Norwegian-American studies. In addition to publication of her essay in the 2023 volume of *Norwegian-American Studies*, Mathea receives \$500 and a membership in NAHA. We look forward to reading her essay!

Please join your fellow Idun Lodge members for our regular first-Wednesday monthly potluck meetings; details on page 3. On January 4th, we'll take turns sharing stories of our favorite travel adventures, and on February 1st, Eileen Nelson will tell about her Hurtigruten travels up the coast of Norway and her visit to the island of Svalbard. Don't miss these tales!

Jo Sommers will also continue at meetings with the Cultural Skills Music Award program, Part 2. And the Idun Lodge Board will gather on January 19th at Trinity Lutheran Church at 6:30pm for its first quarterly meeting. Year-end 2022 financial and committee reports will be presented. Interested lodge members are welcome.

Important note: Idun Lodge is in need of several volunteers to fill officer positions for the coming year; see page 2. Please consider giving back to the lodge some of your time and talent, even for a short stint. Tusen takk in advance!

Med vennlig hilsen.

Jon M. Grinde

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Mathea Diedrich



Officer List - 2022 to 2023 Term

President	Jon M Grinde.....608-513-6434 mobile & text.....grindej@firstweber.com
Vice-President	Mary Bennett.....608-837-8335 home.....mjbenn4@gmail.com
Secretary	Dana Diedrich.....608-213-0661 mobile & text.....chunkybread@gmail.com
Treasurer	Dee Grimsrud.....608-259-1958 mobile & text.....winorsk@gmail.com
Counselor	Mary Zoroufy.....608-277-8190 home.....maryzor@charter.net
Marshall	<i>We need a volunteer! Call Jon Grinde to find out what's involved.</i>
Assistant Marshall	Shirley Scriver.....608-467-2870 home.....scriver.shirley@gmail.com
Cultural Director	Jo Sommers.....608-238-7731 home.....josommers4@gmail.com
Social Director	Lucy Ghastin.....608-836-1679 home.....leghastin@gmail.com
Publicity Director	Dee Grimsrud.....608-259-1958 mobile & text.....winorsk@gmail.com
Librarian	Carolyn Lyle.....608-837-5205 home.....norsky43@me.com
Newsletter Editor	<i>We need a volunteer! Call Jon Grinde to find out what's involved.</i>
Foundation Director	Mary Bennett.....608-837-8335 home.....mjbenn4@gmail.com
Youth Director	<i>We need a volunteer! Call Jon Grinde to find out what's involved.</i>
Sports Director	<i>We need a volunteer! Call Jon Grinde to find out what's involved.</i>
Trustees -	
Through 2023	Asta Blanchar.....608-592-3997 home.....adblan@charter.net
Through 2024	Jerry Paulson.....608-244-5610 home.....paulsongh@yahoo.com
Through 2025	<i>We need a volunteer! Call Jon Grinde to find out what's involved.</i>
Greeter/Photographer	Shirley Scriver.....608-467-2870 home.....scriver.shirley@gmail.com
Musician	Mary Zoroufy.....608-277-8190 home.....maryzor@charter.net
Sunshine	Karen Smiley.....608-849-1971 home.....tom.smiley@tds.net

OFFICERS: Please check your listing and notify Dee if any changes need to be made.

Idun News is published six times a year, starting with the Jan-Feb issue and ending with the Nov-Dec issue. The final deadline for content submission is the 10th of the month prior to publication. Email news, articles, photos, and address changes to IdunLodgeMadison@gmail.com.

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Idun Lodge's Monthly Meetings

We will continue to meet in person for the time being, gathering for a potluck supper beginning at 6:00pm (bring a dish of your choice), eating at 6:30pm, and followed by a program at about 7:15-30. Water, decaf coffee, and lemonade will be provided.

We are not currently requiring that masks be worn, but feel free to wear one if you wish.

If we decide the weather is too dangerous for driving, we'll send an email to cancel the meeting. Feel free to call Mary Z or Mary B (see p2) if you haven't heard and want to know for sure.

Earn a Cultural Skills Pin! Jo Sommers will continue to present monthly musical selections at these and future meetings to count toward Part 2 of the Music Award. Be ready to listen thoughtfully to another type of music and take notes about it.

Wednesday, January 4 - Sharing Our Travels

Most of us like to take trips abroad...especially to Norway or Scandinavia, of course. But our planet has so many other interesting places to see and people to meet, and our members have experienced many of them. So gather your favorite memories of a vacation you've taken somewhere unusual, and prepare a short "sales pitch" telling what you found special enough about it to recommend to others. Bring a photo and/or souvenir from this favorite travel spot to pass around as inspiration to fellow members.

Wednesday, February 1 - A North Sea Adventure

Idun Member Eileen Nelson will give us an overview of her recent trip to Svalbard, 400 miles north of Norway, providing information about the geography of places visited, historical features of the island, and the "ups and downs" (literally!) of her subsequent cruise via MS Spitzbergen of the Hurtigruten Line to Iceland. The journey ends with an unplanned stop in Sognefjord! Eileen is also a member of Ygdrasil, the Norwegian literary society.



Attendees at the November 2nd Game Night

*Back row: Jerry Paulson; Larry Sommers; Jo Sommers; visitors from Norway - Andrine Solemdal (Molde) & Petter Tingelstad (Hvaler); Jon Grinde; James Eliason; Mary Zoroufy.
Front row: Jane Lepaske Grinde; Mary Bennett; Dee Grimrud; Carolyn Lyle; Karen Smiley; Bev Roelke; Ginny Nelson. Not included: Shirley Scriver, photographer.*

Idun Lodge - Sons of Norway
c/o Dee Grimsrud
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Madison WI 53704-6817

ADDRESS SERVICE REQUESTED

2023 KALENDAR

January

Wed, 1/4 - Monthly Meeting 6:30pm
Thu, 1/19 - Quarterly Board Meeting 6:30pm

February

Wed, 2/1 - Monthly Meeting 6:30pm

March

Wed, 3/1 - Monthly Meeting 6:30pm

April

Wed, 4/5 - Monthly Meeting 6:30pm

The public is always welcome at Idun Lodge meetings and events! Unless otherwise indicated, our events are free and held at Trinity Lutheran Church in Madison, at 1904 Winnebago St (at First St). Please use the entrance closest to the parking lot on Atwood Avenue. Or use the accessible entrance on Winnebago St via the ramp at the front door; call 608-513-6434 or 608-259-1958 to be let in. Proceed to the meeting in the basement Fellowship Hall.

Sons of Norway offers some excellent financial benefits, including life insurance, long term care insurance, and annuities. For more information, go to www.sofn.com and click on "Financial Products" in the blue strip near the top of the page. Or contact our area's Financial Benefits Counselor:
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The Mission of Sons of Norway is to promote, preserve, and cherish a lasting appreciation of the heritage and culture of Norway and other Nordic countries while growing soundly as a fraternal benefit society and offering maximum benefits to its members.