



## Fra Presidenten

*Kjære Venner,*

January 2023 was an incredibly “gray” month, and Ol’ Man Winter conspired with Mother Nature (those two mischief makers!) to keep us guessing as to the daily temperature and whether or not the sun would shine down upon us. But we’re hearty people, and even the bitter cold, and then the seven inches of snow (it was light and fluffy) couldn’t keep us from embracing what “true winter” really looks like. I like “true winter.” I don’t like seeing green grass in January. Spring will come soon enough!

For those of you who enjoy travel adventures, our Idun Lodge member Eileen Nelson shared in February the details of her and her daughter’s travels from Norway to Svalbard to Iceland and back to Norway. Eileen had as much in the way of gray skies as we here in the Madison area had throughout the month of January. But our days are getting longer in terms of sunshine and spring is just around the corner.

Our Idun Lodge revitalization of Kitchen Teams was realized at our February monthly meeting. Mary Z, James E, Marit B, Gage T, and Jane G were all on board to make sure the presentation and delivery of our members potluck dishes enticed all in attendance to “dig in” and enjoy the wonderful meal. For those of you who haven’t attended an Idun Lodge monthly meeting lately, you’re missing out on one of the best suppers in town on that given night. Plan to be with us for supper on March 1st and find out for yourself!

Our Idun Lodge means of communication may be in for an addition in the near future. In addition to the continuance of our time honored *Idun News*, your Board of Directors discussed at its January board meeting the possibility of creating an Idun Lodge blog. We’re in the preliminary stages of exploring this communications tool, so keep your eyes and ears open for more information to come.

By the time you read the next issue of *Idun News*, several of our members will have attended a District 5 - Zone 3 officer seminar in Monroe, and others will have been at the Annual Barnebirkie children’s cross-country ski event in Hayward. Sons of Norway in District 5 has done many wonderful things over its history, and encouraging participation in and sponsoring of these annual events are two of the greatest. I look forward to hearing reports from those from Idun who attended these two events.

Please read all of the articles in your *Idun News*, so you can keep up with what is happening with our Sons of Norway lodge. Syttende Mai is not too far down the road, and information about that most important of annual events will be detailed in the next newsletter. We’d like you all to attend and enjoy celebrating this most historic event in Norway’s history. It will be festive, entertaining, and the meal served will be delicious. Put the date on your calendar and join the celebration!

*Med vennlig hilsen.*

Jon M. Grinde

### In This Issue

**Page 1**  
2023-2024 Officer List  
TUBFRIM Update  
Member Photo  
Contact Us

**Page 3**  
Mar. & Apr. Programs  
Cultural Skills Note  
Save the Date – 17. Mai

**Page 4**  
Kalendar  
Address & Directions  
Financial Benefits Info  
SofN’s Mission



*Gud påske!*

## Officer List - 2022 to 2023 Term

<b>President</b>	Jon M Grinde.....608-513-6434 mobile & text.....grindej@firstweber.com
<b>Vice-President</b>	Mary Bennett.....608-837-8335 home.....mjbenn4@gmail.com
<b>Secretary</b>	Dana Diedrich.....608-213-0661 mobile & text.....chunkybread@gmail.com
<b>Treasurer</b>	Dee Grimsrud.....608-259-1958 mobile & text.....winorsk@gmail.com
<b>Cultural Director</b>	Jo Sommers.....608-238-7731 home.....josommers4@gmail.com
<b>Social Director</b>	Lucy Ghastin.....608-225-1412 mobile & text.....leghastin@gmail.com
<b>Editor <i>Idun News</i></b>	James Eliason.....608-772-8526 mobile & text.....jameseliason@ymail.com

For a complete list of officers, see the Jan/Feb 2023 issue of *Idun News* at <https://tinyurl.com/mrx3rr6j>.

We still need volunteers to serve as **Youth Director, Sports Director, and Marshall**. Call Jon G to learn what's involved.

*This information is for official Sons of Norway business use only. Use of this information for solicitation or commercial purposes is a violation of the Sons of Norway Privacy Policy and is strictly forbidden.*

### Changes to the TUBFRIM Stamp Project

The longtime SofN program in Norway that has sold stamps to help improve the health of children there has closed. BUT we can continue to support two

U.S. service organizations with our trimmed stamps:  
- Sisters of the Holy Cross (100 Augusta Hall - Saint Mary's, Notre Dame, IN 46556) uses stamps to help with their Ministry With the Poor Fund.

- Stamps for the Wounded (PO Box 297, Dunn Loring, VA 22027-0297) promotes stamp collecting by veterans as a hobby.

Mary Bennett (608-837-8335) will still gather and process your stamps. They are too expensive to ship, so volunteers will deliver them when they are going to IN or VA.

**IMPORTANT:** They ask us to leave a paper margin of at least ¼" and preferably ½"; so, NO strips of multiple stamps. They do NOT want stamps with a flag, star ribbon, liberty bell, US non-profit, first class presort, or stamps from fundraising appeals.



*Idun member Loretta Paulman rosemailed this fiberglass dragon using 7 different styles. It is for the Dragon Art Fair in DeForest, Wisconsin on June 3, 2023.*

*Idun News is published six times a year, starting with the Jan-Feb issue and ending with the Nov-Dec issue. The final deadline for content submission is the 10th of the month prior to publication. Email articles, photos and address changes to [IdunLodgeMadison@gmail.com](mailto:IdunLodgeMadison@gmail.com).*

### CONTACT US:

**Idun Lodge 5-074**

c/o Mary Bennett

6414 Irving Dr

Sun Prairie WI 53590

608-837-8335

[IdunLodgeMadison@gmail.com](mailto:IdunLodgeMadison@gmail.com)

[www.facebook.com/idunlodgemadison/](http://www.facebook.com/idunlodgemadison/)

## Idun Lodge's Monthly Meetings

**Wednesday, March 1**

**“Stoughton’s William Seamonson and our Civil War Adventure Trip”**

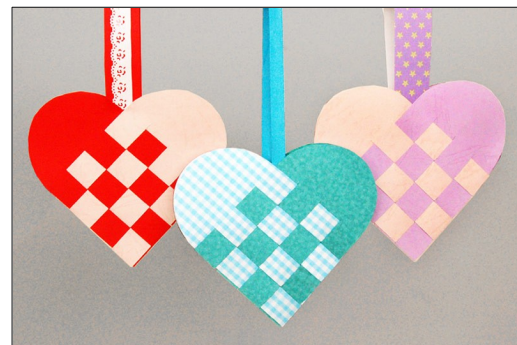


Mandt Lodge members John and Darlene Arneson will share the story of their adventure following the Civil War battle engagements of John’s great-grandfather, William Seamonson. Born in Norway and immigrating as a young child, William went on to serve three years in the 23rd Wisconsin Infantry in the Red River, Vicksburg, and Mobile Campaigns during the Civil War. Follow the journey that John’s investigation has taken as he shares how he researched his great-grandfather’s story of service to his country and what resources anyone has access to in order to research their own family members. Travels took them to Norway, Camp Randall, the four southern states where most of his battle engagements occurred, the state capitol, and ending at his final resting spot at West Koshkonong Church.

**Wednesday, April 6**

**Hjertekurver på Påske**

We will continue perfecting our skills in weaving Norwegian heart baskets. These baskets aren’t limited to Christmas or Valentine’s Day...you can use other colors and paper designs for a creative Easter greeting. Be prepared to use your weaving skills to create an Easter basket to give to someone in your family. Paper, accent pieces, tape, a stapler and some scissors will be provided. You can also bring your own scissors to be sure there are enough for everyone to use.



*We will continue to meet in person for the time being, gathering for a potluck supper beginning at 6:00pm (bring a dish of your choice), eating at 6:30pm, and followed by a program at about 7:15-30. Water, decaf coffee, and lemonade will be provided. We are not currently requiring that masks be worn, but feel free to wear one if you wish.*



**Earn a Cultural Skills Pin!** Jo Sommers will continue to present monthly musical selections at these and future meetings to count toward Part 2 of the Music Award. Be ready to listen thoughtfully to another type of music and take notes about it.



**SAVE THE DATE for Idun's Syttende Mai dinner!**

Date: Saturday, May 6, 2023

Time: 4pm Social Hour

5pm Dinner

6pm Program – entertainment and door prizes

Location: Trinity Lutheran Church - Fellowship Hall  
1904 Winnebago St, Madison

Price: \$10.00 per person *More details later*

Idun Lodge - Sons of Norway  
c/o Dee Grimsrud  
107 Sutherland Ct Unit 108  
Madison WI 53704-6817

**ADDRESS SERVICE REQUESTED**

**2023 KALENDAR**

**March**

Wed, 3/1 - Monthly Meeting 6:30pm

**April**

Wed, 4/5 - Monthly Meeting 6:30pm

**May**

Wed, 5/3 - NO REGULAR MONTHLY MEETING

Sat, 5/6 - Syttende Mai Banquet 4:00pm \$

**June**

Wed, 6/7 - Monthly Meeting 6:30pm

*The public is always welcome at Idun Lodge meetings and events! Unless otherwise indicated, our events are free and held at Trinity Lutheran Church in Madison, at 1904 Winnebago St (at First St). Please use the entrance closest to the parking lot on Atwood Avenue. Or use the accessible entrance on Winnebago St via the ramp at the front door; call 608-513-6434 or 608-259-1958 to be let in. Proceed to the meeting in the Fellowship Hall in the basement.*

Sons of Norway offers some excellent financial benefits, including life insurance, long term care insurance, and annuities. For more information, go to [www.sofn.com](http://www.sofn.com) and click on "Financial Products" in the blue strip near the top of the page. Or contact our area's Financial Benefits Counselor:

Greg W. Ragan, FIC  
7042 Kinnikinnick Dr  
Rosco IL 61073

Phone:1-815-623-8817 Office  
1-815-988-5975 Mobile  
Email: [gragan51@gmail.com](mailto:gragan51@gmail.com)

**The Mission of Sons of Norway is to promote, preserve, and cherish a lasting appreciation of the heritage and culture of Norway and other Nordic countries while growing soundly as a fraternal benefit society and offering maximum benefits to its members.**