

Med Vennlig Hilsen

With Friendly Greetings

Sons of Norway - Grønnvik Lodge 5-632 - Green Bay, WI

Vol 28—No. 5—Sept/Oct 2022

OFF
TO

There is still a little time left to register for the Adult Heritage Weekend Oct 7-9, 2022. Sponsored by District 5 Sons of Norway and the Giants of the Earth Heritage Center. Deadline to register is Sept 15. Registration by mail via pdf form on District 5 website or at giantsoftheearth.org with an additional \$3 fee.

Kalender

September:

17—Frokost, eat at 9:30.
19—Talk like a pirate day
23 and 24—Midwest Viking Festival at UWGB Longhouse. (info on right)

October:

9—World Leif Erikson Day
18—Lodge Cultural Mtg
31—Halloween

Gratulerer med dagen!

September

9 – Matt Agen
13 – Jim Ruotsala
15 – Marlene Bergum
17 – Peggy Schroeder
26 – Patricia Larson-Rynning

October

7 – Logan Dost
8 – Frank Ingram
10 – Evan Dost
22 – Heidi Sherman
23 – Steven Olsen

The Midwest Viking Festival is taking place on the grounds of the UWGB campus this year, adjacent to the Viking House.

Join us from 10-4 on September 23rd and 24th for a free admission public event with Viking Age living history demonstrators, performers, artists, and more.

You'll encounter cooking demonstrations, blacksmithing, woodcrafts, glass bead making, fiber arts, a Viking boat display, battle demonstrations, pottery, axe throwing and more.

Food trucks will be on-site from Bacon Burger Company and Caribbean Cruise.

Så Beklager for Tapet Ditt:

It is with very sad hearts that we say goodbye to one of our members. We will remember Elvi Ruotsala for all of the stories, her grace, her kind heart, her sense of style, and the twinkle in her eye. Arrangements are being made by Lyndale Funeral Home. Services are being held at St. John's Lutheran Church in Ashwaubenon on Sunday September 4th. Visitation at 12:30 and funeral at 2pm. Condolences can be sent to:

Jim and Birgit Ruotsala
236 Bryan St
Green Bay, WI 54301



Lo, they do call to me. They bid me take my place among them, In the halls of Valhalla! Where the brave may live forever!"

Viking Prayer

Award Winning Almond Dessert Bars: AKA the really good bars Mollie brought last meeting

For the crust:

1 c butter, softened to room temp
½ c powdered sugar
2 c all-purpose flour

Instructions: Preheat oven to 350 degrees and grease 9x13 pan.

Make crust: In a large bowl, combine the butter and powdered sugar and mix until light and fluffy. Gently add flour and mix on low until just combined. Mixture will be crumbly, so use hands to form a dough ball. Press evenly into prepared pan. Bake 18 min or until lightly browned and set.

Filling: In a large bowl, combine eggs, cream cheese, and sugar. Whisk together until no lumps remain. Add almond extract and mix to combine. Evenly pour the filling over crust. Bake 15 – 20 min or until set. Let dessert cool completely on wire rack.

Frosting: Combine all ingredients, whisk until smooth. Evenly frost over completely cooled bars. Cover, chill, and serve with almond slices on top.

For the filling:

2 large eggs, room temp
1 – 8 ounce cream cheese, fully softened
1/3 c sugar
1 tsp almond extract

For the frosting:

1 c powdered sugar
¼ c butter, softened to room temp
1 ½ Tbs milk

Fra Kjøkkenet: Karen and Colleen

Thank you to all that signed up for bringing items for our Frokost this month. If you missed the sign up sheet, please contact Karen or Colleen to see what is needed.

Sign up sheets for Taste of Norway in November are available, please share family favorites!

Kulturdirektøren: Eileen Larson Below



Happy National Potato Month!

Potatoes have been part of Norwegian cuisine and culture for more than 250 years. They continue to be a staple ingredient in many traditional dishes like dumplings, lompe lefse, hash and hasselback potatoes, but have also played a significant role in Norway's history.

Potatoes originated in the Andes in Latin America, where they had been exclusively grown for 10,000 years before the first Europeans arrived. Those early settlers brought the potato to Portugal in 1567, and with help from European religious leaders, potatoes eventually made their way to Norway in 1750. Priests and pastors, commonly referred to as "potato priests," were known for growing spuds on the grounds of their parsonage at the time. They would often move from district to district and teach people how to cultivate them on their own. It wasn't until the Napoleonic wars in the early nineteenth century that potatoes were fully integrated into the Norwegian diet. The British navy blocked the seas around Norway. This eliminated grain imports from Denmark, and struck Norway with famine. In desperate need of a replacement, Norwegians turned to potatoes, and quickly found them to not only be nutritious, but simple to cook, inexpensive, filling and easily grown in the harsh Norwegian climate and soil conditions. The humble potato has been a Norwegian favorite ever since.

For Barna:

For the little ones (and not so little ones)
excerpts from Viking for Kids, Aug 2022

Summer scavenger hunt:

In Norway, outdoor life is really important. In fact, Norwegians even have a term for their love of the outdoors: *friluftsliv*. It's a commitment to celebrating nature and time outside, regardless of age, condition or weather. We encourage you to connect with the outdoors this summer. What better way to do so than with a fun summer scavenger hunt!





Grønnvik Lodge

Green Bay, WI

President: Joy Bashara, 920-445-1585
1460 Maple Hills Dr. Green Bay, WI 54313

Membership: Carol Brunner, 920-336-7044
555 Hilltop, Green Bay, WI 54301

Editor: Dawn BergsBaken, 920-860-1106
851 New York Ave. Oostburg, WI 53070
dawnthenorskeditor@gmail.com

Grønnvik Lodge Meetings are usually the third Tuesday of the month at Trinity Lutheran Church, 330 S. Broadway, Green Bay, WI



Like us on Facebook @Sons of Norway
Grønnvik Lodge Green Bay



grønnviklodge@gmail.com



Norsk språktime: courtesy of theintrepidguide.com
**HILARIOUS NORWEGIAN IDIOMS AND SAYINGS THAT WILL
MAKE YOU GIGGLE**

I Norsk	Translation:	What it really means:
Å være pling i bollen	To be a ping in the bowl.	To be empty-headed/stupid (from the “ping”-like noise an empty bowl makes when you tap it).
Å få blod på tannen	To get blood on your tooth.	To become inspired / driven to do something.
Å være på bærtur	Berry-picking	To describe someone who does not know what they’re talking about or is lost (either literally or in a conversation).
Å skrive noe bak øret	To write something behind the ear.	To make a mental note of something; to make sure to remember something.
Å snakke rett fra leveren	To speak directly from the liver.	To speak plainly/truthfully without sugar-coating.