

Med Vennlig Hilsen

With Friendly Greetings

Sons of Norway - Grønnvik Lodge 5-632 - Green Bay, WI

Vol 28—No. 4—July/Aug 2022

Kalender

July

4—Independence Day

19—Lodge Cultural

Meeting: Picnic at Mead-
owbrook Park in Howard

Eat at 6:30

August

21—Lodge Cultural Meeting

21—Deadline for News-
letter submissions

Gratulerer med dagen!

July

1—Emily Jensen

4—Darlene Gast

5—Vera Dauffenbach

12—Paris Riggle

16—Rita Running

16—Adam Ruotsala

19—Carla Krines

24—Sandra Milward

25—Ronald Widell

26—James McIntosh

31—Jim Dost

31—Jill Kieslich

August

4—Natalie Brunner

5—David Running

12—Charles Schroeder

13—Ryan DeMeuse*

24—Carol Dost

24—Linda Swietz

27—Kari Jensen

Fra vår president: Joy Bashara

Dear members,

It is good to be into summer with a less stressful time ahead.

Even though our lives are now filled with more controversies, we can celebrate what we have in common- like our love for family and friends and the opportunities to get together, laughing and talking about the past and projecting good times in the future. I was reminded of this at our June Grønnvik Anniversary meeting. We talked about family and members in the lodge during the past hundred years. Whether it was a reenactment of immigrants trying to enter America or a grandfather's first experiences here, it was all a joy of remembrance.

A recent reminder of the days we live in now was brought to mind by Frank and I discovering that we had contracted Covid on our holiday after taking every precaution. Our lives are simply not the same anymore. We need to step up and decide what we are going to do in this changed world. It is each person's decision and there is no right or wrong.

We have a fun summer and fall for all of you including a picnic with fun, games and a potluck in July; Norwegian painting in August with a guest instructor; and a share Norwegian breakfast in September along with a two day Vikings Fest at the Viking House at UWGB. More details on all of these will be forthcoming.

Please keep involved as we need you to be whole.

Your president

Joy

Gratulerer! Hip Hip Hurra!

Congratulations to our Scholarship Recipients:

Charles Iverson: District 5 Scholarship \$500.00

Natalie Brunner: International Scholarship \$2000.00





A Norwegian Blessing:

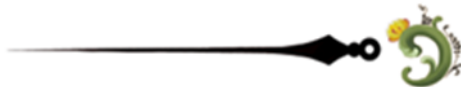
May da ruts always fit da wheels in yer pickup.
 May yer ear muf's always keep out da nort vind.
 May da sun shine varm on yer lefse.
 May da rain fall soft on yer lutefisk.
 And until ve meet again,
 May da Good Lord protect ya from
 any and all unnecessary Uff Da's!

Fra Kjøkkenet: Karen and Colleen

Upcoming reminders: July is potluck picnic. Bring your own: tableware and beverage and a dish to share.

August, go in the kitchen and bake a pan of bars to share. Bring a plate to share. Beverages will be available, hot and cold

September: we will have a sign up sheet ready for our September Frokost meeting. Think norsk!



i kjærlig minne: Former Grønnavik member, Carl Lovlien, 93, passed away April 14, 2022. Carl and his wife, Maryann, were very active members of our lodge. Many of us remember them for making and sharing their rommegrøt, a staple at our November Taste of Norway event. Carl donated one of Grønnavik's banners and our song-books in Maryann's honor. Blessed be Carl's memory.

Et lite notat fra Elle:

Some members have been inquiring on the names of the games featured at our April Lodge Meeting:

- Hnefatafl (Viking Chess)
- Fox & Geese (similar to Hnefatafl)
- Viking Adventure
- Ticket To Ride: Nordic Countries (for more players and simpler rules, the original Ticket to Ride feature a USA map is a great place to start.
- Taco Cat Goat Cheese Pizza
- Kubb

Kulturdirektøren: Eileen Larson Below

AUGUST NATIONAL COFFEE MONTH

In Norway, a cup of coffee means more than just a boost of energy to help you power through your day. Instead, drinking coffee is largely recognized as a cultural custom or social norm that's been bringing people together for more than a century.

Among other Scandinavian countries, Norway consistently ranks in the top three coffee drinking nations in the world. Statistics reveal that each Norwegian consumes nearly 7.5 kilos (about 16.5 lbs) of coffee beans per year - far exceeding the world average of just 1.3 kilos.

Norway's love of coffee and its rise in popularity is rooted in history, and can be traced back to the 1800s when the country began trading its ample fish supplies for American coffee beans. But it wasn't until the early 1900s, when Norway passed prohibition laws, that coffee started to secure its status as the nation's preferred social drink. During this time, when alcohol wasn't an option, Norwegians wanted another casual drink they could enjoy in social settings, and found coffee a safer and healthier alternative. Nationwide appreciation for coffee has existed ever since then.

fra vår delegat: Elle Taylor

District 5 Sons of Norway 2022: On June 15-19, 2022, Idun Lodge (Madison) hosted the regional convention for the 45 Lodges of

District 5. Grønnavik lodge had four members in attendance: Peggy Schroeder, shown right (District 5 Board Member - Zone 4 Director), Elle Taylor, shown left (voting delegate), and Birgit Ruotsala (vendor showcasing her wonderful Tomte books) along with her husband Jim.

There were many cultural activities and classes including genealogy, rosemaking, hardanger embroidery, Viking woodworking, folk music, seminars on Viking Women, and more! With over 100 delegates in attendance (most of whom were first timers), plus nondelegates, board members, and vendors, the convention was a great success with a lot of energy and inspiration.

During the delegation meetings district board updates were given along with a variety of presentations including Tubfrim (keep clipping those stamps!), Masse-Moro Youth Camp, and the Barnebirkie. Additionally, Connie O'Brien (Director of Fraternal & Foundation Development) and Emily Stark (Foundation Development Manager) gave presentations on governance updates and the International Foundation (lodge cultural grants and 15+ scholarships are available).



A new District 5 board was elected during the convention. Elle Taylor is stepping into Peggy Schroeder's role as Zone 4 Director, and was also elected as District 5 Youth Director. Thank you so much to Peggy for all of your work on the board and representing Grønnavik lodge! Judy Gastin from Norse Valley lodge in Appleton is continuing as the additional Zone 4 Director and District 5 Cultural Director. Our new District 5 president is Cheryl Wille-Schlesser. For a full list of board members and their introductions, along with other district news, please visit District 5 website sonsofnorway.com (see the News & Events tab, then click on the Friendly Fifth Friday News).

Upcoming District & International Events:

No bids were received for hosting the 2024 convention, so the location is TBD.

Anyone interested in joining the International Convention is welcome! The convention is being held virtually, so no travel is required (other than venturing to the kitchen to refill your coffee & cookies). Dates of the International Convention are: Wednesday, August 31, 2022, 10 a.m. – 2:45 pm CST and Thursday, September 1, 2022, 10 a.m. – 2:30 pm CST . There is a \$75.00 non-delegate fee to join. Details on-line at Sons of Norway www.sofn.com.

Adult Heritage Weekend in Spring Grove, MN October 7-9, 2022 held in conjunction with Uff-Da Fest. Weekend highlights include: Robin Fossum playing Hardanger fiddle and violin along with other performers in the Norwegian Revy (variety show); Genealogy tips from Ancestor Genealogy Research to DNA in Genealogy & Public Health; Vesterheim gold medalist, Rebecca Hanna presenting on woodcarving: acanthus, ale bowls, chip & figure carving; Krumkake Baking and Mailing; The history of Spring Grove and its importance to immigration in the Upper Midwest; Learn how to make and present Norwegian Open-face sandwiches.

Contact Elle (920-284-8649) for a full schedule of events and registration form. Registration starts at \$35.00 per person (catered meal options and hotel are additional).



Grønnvik Lodge

Green Bay, WI

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Grønnvik Lodge Meetings are usually the third Tuesday of the month at Trinity Lutheran Church, 330 S. Broadway, Green Bay, WI



Like us on Facebook @Sons of Norway
Grønnvik Lodge Green Bay



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Lodge anerkjennelse:

On behalf of the lodge, Peggy Schroeder (shown right) received the 2019 Family Lodge of the Year presented at the biennial District Convention.

The Family Lodge of the Year honors outstanding lodges that provide opportunities for family participation and involvement. This program recognizes lodges that build strong family and youth connections among their members and communities.



In addition, our lodge received:

2018 Gold Merit Award,

2019 Silver Merit Award,

2020 Gold Merit Award, and

2021 Gold Merit Award. Each year, Sons of Nor-

way lodges who score high points on their Lodge

Achievement Forms are awarded a Merit Certifi-

cate. These Gold, Silver and Bronze awards are based on their total Lodge

Achievement scores.

