

Med Vennlig Hilsen

With Friendly Greetings

Sons of Norway - Grønnvik Lodge 5-632 - Green Bay, WI

Vol 31—No. 5—September/October 2025

Kalender

September

6—National Bacon Day
13—Int'l Chocolate Day
19-20—Viking Fest at UWGB Campus; 10-4
27—Frokost: 9am, Trinity Lutheran Church

October

1—Int'l Coffee Day
15—Nat'l Cheese Curd Day
19—Cultural meeting: 6:30, Trinity Lutheran Church
21—Deadline for Newsletter!!
28—Nat'l Immigration Day

Gratulerer

September

9 – Matt Agen
15 – Marlene Bergum
16 – Vegard Slattelid
17 – Peggy Schroeder
26 – Muriel Wallestad
29 – Gwen Oleniczak

October

2 – Deborah Schneider
7 – Paul Gast
8 – Frank Ingram
15 – Diane Schleicher
19 – Tyler Overby*
22 – Heidi Sherman
23 – Steve Olsen

Fra vår Medlemssekretær: Eileen Larson Below

District 5 Publicity Director, LaVonne Wier, was teaching a krumkake class at Masse Moro this summer when she asked the children if they'd heard of or seen Viking Magazine. Only two of the ten attending had. As a result, she felt the urge to send a "heads-up" regarding Heritage members.

She is encouraging lodge members "to SHARE the Viking magazine with their children and grandchildren. They will see that Sons of Norway isn't just about traditional recipes and stories from the 1800's. The magazine gives current news and interesting information about what is happening in Norway."

She states that the children "need more relevant information if we are to keep their interest...and have them continue as adults in the Sons of Norway. We want those young ones to continue with us after they age-out of the Heritage designation."

Fra Kjøkkenet: Karen and Colleen

Mange takk to each and every one for baking, cooking, buying, and bringing yummy food to our meetings! Good conversations go along with good foods! September is our FROKOST gathering. Please call Colleen or Karen V regarding the items you'd like to bring and share. October will be a meatball dinner!

Public Service Announcement from the 5th District:

With the holidays coming up....remember lefse is a gateway drug to lutefisk!

Jeg
♥
Lutefisk

Inter-
essant in-
formasjon
funnet på
internet:



🥔 The Potato Revolution in Hol, Hallingdal. Reducing hunger, - and reinventing the Lefse!

The sheriff of Hol once changed history, not with laws, but with potatoes...

In 1778, Ole Hamarsbøen, sheriff of Hol and father of the four brothers in Letters Home, made local history.

That year, he was awarded eight riksdalers by the Danish Agricultural Society for being the first to grow potatoes in Hol, producing an impressive 20 barrels in his initial crop (source: Holsboka by Reinton).

This humble crop transformed life in Hallingdal. Potatoes boosted local nutrition, and traveling Christian preachers helped spread their use throughout the region.

And perhaps most deliciously... the potatoes found their way into lefse recipes; turning them from hard and dry to soft, tender, and oh-so-yummy.

Discover more about Ole Hamarsbøen, his family and remarkable local story in the Letters Home book.

Available now in Hardcover or Ebook for instant delivery.

<https://store.bookbaby.com/book/letters-home5>



Letters Home

August 24 at 7:19 AM · 🌐

Vår stiftelsesdirektør: Rita Running

October is Sons of Norway Foundation month.

Grønnavik Lodge will celebrate this with year

our annual Silent Auction. Please note that the Silent Auction will take place SATURDAY, September 27 this year. It will be held during our Frokost (Breakfast). This is a change from previous years. Hopefully members and guests who cannot attend a Tuesday evening Grønnavik event will be able to join us on Saturday morning. Enjoy breakfast and bid on an item or two from the donated items. I have heard a few people reveal what they are bringing to the sale. You won't want to miss the bidding! Also, bring your pocket book and wallet to purchase a treasure (or two) to take home with you!

The proceeds from the auction are divided between the Foundation and our lodge. It is a special way to support the sons of Norway Foundation and to know that those in other lodges nationally are also coordinating some event to support the Foundation in some way.

Grønnavik Lodge contributes to the Foundation throughout the year with the use of "Pass the Piggy" (the red piggy bank) at many meetings as well as donating \$25 in memory of members who have passed away.

The Sons of Norway Foundation awards scholarships and grants to promote the heritage and culture of Norway and provides assistance to members and communities in times of crisis. It was started in 1966 to achieve the goals of preserving and promoting Norwegian Heritage and Culture and to provide assistance to Sons of Norway members, lodges and communities.

Hei,

Fra vår president: Mollie Bergsbaken

Ahhh...the days seem cooler and have a hint of autumn. I was getting a little tired of the hot weather. I'd like to thank members and guests for attending our August Cultural meeting. It was dubbed "Crafts and Hobbies" and members were asked to share theirs. Thank you to Mike Taylor for sharing his story of starting the hobby of carving. Mike took an on-line class offered by Vesterheim Museum. He implied that his end product wasn't very good, however he is on his way to a great hobby. That's the fun part of starting something new, you always remember your start but are amazed where it goes! Always learning!

Thank you to Bob Olson for sharing a project he did. Bob explained the fence in his backyard looked very bare and he wanted something to go on it. Bob decided on making flags for each Scandinavian country and islands. The flags, made of wood, were for Iceland, Norway, Sweden, Finland, Denmark, and islands of Faroe and Aland. The flags have the same basic design, but colors are different. Bob showed each on a projector and told a bit about each. Thank you, Mike and Bob for sharing. Also, members were asked to bring and share their hobbies. Several members and guests shared interesting items and stories to go with them. Thank you to everyone who brought pies to share. Several different kinds and all VERY good. Thanks to Janet Bohm for providing the lemonade and the Lodge for the ice cream.

September 19th and 20th is the Midwest Viking Fest held at UWGB. We still have available space for baked items for the bake sale and workers (especially on Saturday) Let me know if you can help out for either opportunity. Please remember that this is the Lodge's biggest fundraiser!

Frokost is September 27th. Please arrive around 9am so everything is in place to eat at 930. If you would like to bring something, contact Karen V. Also remember our Annual Silent Auction will be that day. Bring items to donate and if you are purchasing, please use smaller bills as the tellers run out of change quickly.

At our October meeting, we will be having a Norwegian meatball dinner. After our meal, Dawn Bergsbaken and myself will be presenting a program on Restauration-the sloop that brought the first Norwegians to America. We will also have a short report on Heritage weekend in Norway, IL.

Ha det, Mollie Bergsbaken, president



Flags painted by Bob Olson



Grønnvik Lodge

Green Bay, WI

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Grønnvik Lodge Meetings are usually the third Tuesday of the month at Trinity Lutheran Church, 330 S. Broadway, Green Bay, WI



Like us on Facebook @Sons of Norway
Gronnvik Lodge Green Bay



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The Big Journey: The Story of the Restauration

A long time ago—almost 200 years back—a small wooden ship set sail from Norway. It was July 4, 1825—America's Independence Day—and the ship was called the Restauration. Onboard were 52 brave Norwegians, packed tightly into a 54-foot sloop (that's a small sailing ship). These passengers were part of the first organized group to leave Norway for America, and they were ready for a brand-new life across the sea. The Restauration had been carefully prepared for the journey. Below deck, bunk beds were stacked three or even four high. Families had to wiggle in and out, and kids probably slept toe-to-toe with their brothers and sisters. Each family had just one chest to carry their most important belongings – clothes, tools, and favorite keepsakes. The deck was crowded too. There was a tiny kitchen called a galley, tanks of fresh water, and lockers stuffed with ropes, sails, and supplies. Everyone brought food that wouldn't spoil: flatbrød (crispy flat bread), salt pork, dried beef, cheese, and smoked fish. Some families packed homebrewed ale, sour milk, tea, or a little coffee to share. The journey had taken three years to plan—carefully organized by a group of Quakers and Haugean Lutherans. Now it was finally happening. As the Restauration left the harbor in Stavanger, Norway, crowds of people gathered to wave goodbye. Soldiers on Kalhammer Hill even fired a cannon to wish them well as the little ship sailed out, flying its brand-new flag. The trip would take 98 long days. The Restauration stopped at the southern tip of England, then sailed to the island of Madeira, near the coast of Morocco in North Africa, before crossing the wide Atlantic Ocean to reach New York City. During the journey, something very special happened—a baby was born onboard! In the middle of the rocking ship, far out at sea, one family welcomed a brand-new little passenger. Just imagine being born on a tiny ship in the middle of the ocean! When the Restauration finally arrived in America, the passengers were tired, but excited. Some stayed in Kendall, New York. Others traveled farther west to Fox River, Illinois, or Wheeler's Grove, Iowa. One bold family kept going all the way to Napa, California! These early travelers helped start the story of Norwegian Americans—and it all began with a ship, a big dream, and even a brand-new baby.