

# Med Vennlig Hilsen

## With Friendly Greetings

Sons of Norway - Grønnavik Lodge 5-632 - Green Bay, WI

Vol 32—No. 4—July/August 2026



### July Kalender

19 – Natl Ice Cream Day  
21—Cultural meeting,  
630pm, Trinity Luth Church  
23 – Natl Gorgeous Grand-  
ma Day  
27 – Bagpipe Appreciation  
Day

### August

8 – International Cat Day  
16 – Natl Tell A Joke Day  
18—Cultural meeting,  
630pm, Trinity Luth Church  
21—Deadline for News-  
letter!!

### Gratulerer med dagen!

#### July

04 – Gail Bartholomew  
04 – Darlene Gast  
05 – Vera Dauffenbach  
08 – Diane Overby  
16 – Rita Running  
19 – Carla Krines  
22 – Suvi Worley\*  
26 – Deena Bellin  
28 – Eilo Worley\*

#### August

05 – David Running  
07 – Judy Dickinson  
13 – Ryan DeMeuse  
18 – Gunnar Coleman  
19 – Vivian Danek\*  
22 – Evan Deutschmann  
24 – Linda Swiertz

Fra vår president: Mollie Bergsbaken

Hallo to all-

I'd like to thank a few people for helping out at our June meeting. Thank you to Colleen Griswald for taking care and picking up our pizzas. And a big thank you to Janet and Walter Bohm for their charcuterie cheeseboard. They wanted to share "June Dairy Month" and they did an excellent presentation. They served several cheeses with ties to Norway. Janet shared that their granddaughter Abby's dream of producing organic cheese. Abby's dad, Joe, is an inspiration. Very tasty cheeses. Thanks again, Janet and Walter.

Can you believe it's almost the 4<sup>th</sup> of July?? The year is half over and the "---ber" months are on the way. Everyone I talk to has such a busy remainder of their summers. And that is a good thing, I think...

Here at Grønnavik Lodge, we have our annual picnic meeting a little different this year. We will be picnicking at Trinity. Had a little setback with the parks this year. We will be having a potluck picnic (not necessary to bring a Norwegian dish) The date is July 21<sup>st</sup>.

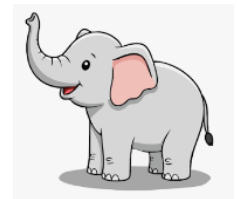
Let me remind you also that Viking Fest is set for October 2<sup>nd</sup> and 3<sup>rd</sup> at UWGB. Please mark your calendars and please plan on sharing and helping with the Fest.

Stay safe and enjoy your summer,

Mollie B, Pres.



A Norwegian went on an elephant hunt, but had to quit when he developed a hernia from carrying the decoy.



**Til din informasjon:** The Cleng Peerson Lodge of Sons of Norway and the Norsk Museum invite the public to attend a free Rosemaling Workshop on Sunday, July 19, 2026, at the Norway Community Building, 3656 E. 2631st Rd., Sheridan, Illinois.

The workshop will be led by accomplished Rosemaler Kathy "Kass" Mufich, who will introduce participants to the traditional Norwegian folk art of Rosemaling. Often described as the painting art of Norway, Rosemaling is known for its flowing floral designs, vibrant colors, and decorative patterns that have been passed down through generations. The event begins at Noon with lunch and a brief meeting, followed by the hands-on workshop from 1:00 p.m. to 3:00 p.m.



Whether you are an experienced painter or have never picked up a brush, this workshop offers a unique opportunity to learn the basics of this beautiful Norwegian art form in a welcoming and supportive environment.

Following the workshop, attendees are encouraged to visit the Norsk Museum's extensive Rosemaling exhibit, which showcases examples of this decorative folk art and highlights its cultural significance in Norwegian heritage. All painting supplies will be provided. Just bring your desire to learn. The event will be held at the Norway Community Building, located off Route 71 (Cleng Peerson Memorial Highway), directly across from the Norway Store.

Participation is free of charge, but advance reservations are required so organizers can order the necessary supplies. Seating is limited to 50 guests. The deadline for registration is July 10. Reserve your spot today! Call or text Dave Johnson (815) 343-5070.



### Kulturdirektøren: Peggy Schroeder

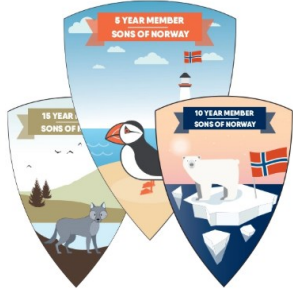
Can you name the 3 men who have Norwegian Backgrounds who served in the US Senate?

Knute Nelson (1842-1923) was born in Voss Norway and immigrated to US in 1849. He served in the Civil War, studied and practiced law in Madison, Wi. He moved to MN served as 12th governor of Minnesota. He was the first Norwegian to serve in US senate from 1895 until his death in 1923.

Hubert Humphrey (1911-1978) was born in Wallace SD to a Norwegian immigrant mother. He was in the US Senate for many years. He became the 38th Vice President under Pres. Lyndon Johnson.

Walter Mondale (1928-2021) was born in Minnesota, was US Senator and became the 42nd Vice President under President Jimmy Carter. He was Honorary Consul-General for Norway in Minnesota from 2008-2010.

**Fra Carol Brunner:** We've completed another year as Grønnvik Lodge! Thanks to each and everyone of you for continuing your membership which is what keeps our local organization operating. This year a special thanks to Judy Beerntsen for her 20 years of membership, and to Eileen Below for her 10 years of supporting Grønnvik. We now look to our Heritage Members to continue on with the Sons of Norway mission. This year Heritage Wolf badges went to Ryan DeMeuse and Tyler Overby for 15 years. Polar Bear 10 years badges went to Lilianna Robshaw, Gabriel Glesner and Ruby Freitag. Thank you for honoring your Norwegian ancestry!



Two sports pins were earned by Scott Brunner within the last year: a bronze pin for biking and a silver pin for walking. The weather's great! Let's hope there will be other sport or cultural pins to be given out next year.



## Fra Kjøkkenet: Karen and Colleen

Juli 21<sup>st</sup>, our Indoor Picnic!  
Pølser med Lefse will be waiting to enjoy!!! BYO---your beverages, place settings, and silverware. And bring a dish to share!

August 18<sup>th</sup>. A Summer Treat.  
Our treat will be ice cream sundaes! Don't forget to bring the Lingonberries, Bob!!

## Whale Watching

Seeing whales off the coast of Norway is not highly unusual. However, seeing a beluga whale swimming in a river near Oslo is. Recently, residents along the Drammenselva river spotted a Beluga whale swimming upstream. Word spread of the strange sight, drawing onlookers and gawkers alike.

Beluga whales are distinct in appearance, with their white coloring and lack of a dorsal fin. These adaptations help them navigate under ice better when they are in their more natural environment of the Arctic. While they have been known to stray off course from time to time and end up in rivers like this one, it is likely the lost whale will find its way

back to the sea in time and will have better food options once it does.

In the meantime, marine experts warn that the animal should not be disturbed, and boats should do their best to avoid going near it. They state that if the animal becomes stressed, it runs a higher risk of getting beached and unable to get back into the water.



Photo credit: Jeffry Surianto



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**Green Bay, WI**

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Grønnavik Lodge Meetings are usually the third Tuesday of the month at Trinity Lutheran Church, 330 S. Broadway, Green Bay, WI



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Grønnavik Lodge Green Bay



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Scandinavian countries are known for many things, but pizza isn't typically one of them. Traveling to Norway, one would expect things like potatoes (and all the dishes made from them), fish, and gjetost. But in Norway, as with the rest of the world, pizza has become a popular staple that can take on local flavors. While pizza didn't start taking off in Norway until the 1970's, today this dish has become a staple in many Norwegian homes. It's become so well-loved in fact, that Norway has earned the top spot for consuming the most pizza per capita in the world – about 11 pizzas per person. Some even joke that it's the unofficial national dish.

While this may come as a surprise to some, it is not shocking, given the history of Norwegian cuisine. Home of flatbread and open-faced sandwiches, it was only a matter of time before pizza took its place beside these other Nordic staples. Ethnologist Astri Riddervold told of how ancient Norwegians prepared something similar called brødtallerken, or "bread dish" more than a thousand years ago. She called it Viking Pizza.

Today, Norwegians primarily enjoy frozen pizza, with the cherished brand Pizza Grandiosa from the town of Stranda on the Storfjorden, being the most popular. Considered the unofficial national dish of Norway, over 25 million pies were consumed by Norway's 5.3 million inhabitants in 2018.

One of the world's most controversial toppings, pineapple may not be traditional to Italy but according to the delivery app Just Eat, every 10th pizza ordered in Norway is a Pizza Hawaii, with Canadian bacon and pineapple. Something about that sweet and salty combination is just appealing to the palate.

Another popular type of pizza is called #lørdagspizza, which translates to "Saturday pizza." This type is hand-made in a rectangular pan and typically has chopped meat, tomato sauce, and cheese. Other popular toppings in Norway include sweet corn, salad and shrimp.



<https://www.sofn.com/blog/pizza-in-norway/>