

Med Vennlig Hilsen

With Friendly Greetings

Sons of Norway - Grønnavik Lodge 5-632 - Green Bay, WI

Vol 31—No. 4—July/August 2025

Kalender

July

4—Queen Sonja's birthday
14—National Mac & Cheese Day
17—THURSDAY!! Picnic at Meadowbrook Park—eat at 6:30

August

6—National Wiggle Your Toes Day
19—Cultural meeting: 6:30, Trinity Lutheran Church
21—Deadline for Newsletter!!

Gratulerer med dagen!

July

04 – Darlene Gast
04 – Gail Bartholomew
05 – Vera Dauffenbach
08 – Diane Overby
16 – Rita Running
19 – Carla Krines
22 – Suvi Worley*
26 – Deena Bellin
26 – James McIntosh
28 – Eilo Worley*

August

05 – David Running
07 – Judy Dickinson
13 – Ryan DeMeuse*
18 – Gunnar Coleman
19 – Vivian Danek*
22 – Evan Deutschmann
24 – Linda Swiertz
30 – Dixie Jorns

Fra vår president: Mollie Bergsbaken

Hallo,
Here we

are at the beginning of July! The year is half over. Time marches on. We have had some interesting and fun times here at Grønnavik the past few months. Our "pizza and games night" was a fun gathering in May. A few highlights of our June meeting included celebrating our lodge's 31st Anniversary and Jill Larson's insightful presentation.

July brings us to our annual picnic. Please remember we will be meeting on THURSDAY, July 17th, not our normal Tuesday night. Lefse med pølse and a dish to pass. See you at Meadowbrook Park, 670 Hillcrest Heights, Howard, WI 54313

Our upcoming August meeting is going to be Arts & Crafts Night. We are asking members to bring an art or craft you make. We will display these items and members will be asked to give a description of their craft. We will have a short presentation by Mike Taylor on a carving class he attended and share his progress on his carving. Bob Olson will also be sharing a project he is working on. And somewhere in the evening we will be enjoying pie and ice cream. Please come and share. Viking Fest will be here before we know it on September 19th and 20th. We will have our booth again. Please remember this is our chance to show some of our Norwegian heritage, talk about our lodge, and share our Norwegian baking and crafting. Last year we sold out of all baked goods! It is our biggest fund raiser for the lodge.

I would like to thank the Runnings and the Taylors for taking charge on "cleaning up" our space provided at Trinity. Thank You! A job well done and much appreciated. And a thank you to all for making Grønnavik Lodge work. We need to work together to keep going!

Thank you so much!

Mollie Bergsbaken, Pres.

En annen visste du

Norway introduced salmon sushi to Japan While sushi is absolutely a Japanese invention, they did not use salmon in the dish until it was suggested by a Norwegian delegation in 1980's. Despite the distance between the countries, Japan seemed a natural fit for Norwegian seafood. Japan's fish stocks were suffering from overfishing but demand from consumers was high. The deals created all those years ago have helped to boost Norwegian seafood exports. In Japan, Norwegian salmon sushi is one of the most popular dishes, especially among younger people. It took time to happen though, as the Japanese were originally concerned with the health impact of eating raw salmon. But they got over that, and Norwegian exports haven't looked back and seafood is now one of Norway's biggest industries.

<https://www.lifeinnorway.net/norway-facts/>

Utf-Da!

Fra vår Medlemssekretær: Eileen Larson Below

Welcome to our newest members! Vegard Slattelid and Annemarte Toftstuen joined SofN on June 3. Vegard is from Fosnavåg, Norway, near Ålesund; and Annemarte grew up in Fåvang, near Lillehammer. Vegard works at Fincantieri Bay Shipbuilding in Sturgeon Bay, while Annemarte volunteers at the Wisconsin Humane Society in Green Bay. Accompanied by their dogs, they moved from Norway in 2017 and have lived in Vietnam and Romania. They moved to the USA in 2024.

Both are outdoor enthusiasts and are exploring activities Wisconsin has to offer. They also appreciate the warm welcome they've received from everyone at Grønnavik Lodge. Speaking for all of us, we're glad you're here!

Certificates and pins were awarded at the June 17 Lodge meeting. Thirteen achieved SofN Golden Membership status: Marlene Bergum; Vera Dauffenbach; Karen Eiseth; Darlene Gast; Scott Naevestad; Diane Overby; Donald Overby; Rita Running; Peggy Schroeder; Gerald Tallbackson; Bonnie Vastag; Karen Vedvik; and Muriel Wallestad. Golden membership is awarded to those of a certain age who have been members for 30 or more years. Congratulations!



Vår stiftelsesdirektør: Rita Running

This year the Silent Auction will be held at our September 27 Frokost (Breakfast). This is a change from previous years. So, join us for breakfast and the Silent Auction on Saturday morning, September 27. Watch for more details. The proceeds from the Silent Auction are divided between the Sons of Norway Foundation and our lodge. You have a few months to find the perfect item for the auction. Norwegian items are in demand, although not required for the sale. Imagine what you would like to purchase....

Fra Kjøkkenet: Karen and Colleen



Our Potluck Picnic, July 17th. Pølse med Lefse will be served! Please bring your place settings, your beverages, and a dish to

share!

Our August 19th gathering will be at Trinity. "Arts & Crafts" night will be pie and ice cream. Please bring a pie to share! Ice cream will be provided!

Takk, Kitchen Crew





Ole bought Lena a piano for her birthday. A few weeks later, Lars inquired how she was doing with it. "Oh," said Ole, "I persuaded her to switch to a clarinet." "How come?" asked Lars. "Vell," Ole answered, "because with a clarinet, she can't sing."



Vår stiftelsesdirektør: Rita Running



Jill Larson shared her visit to Iceland at our lodge meeting in June. Jill and her daughter, Paris, traveled to Reykjavik, Iceland in March. Along with photos and stories, Jill enthusiastically took us along as she shared places, events, customs and foods of the country. We also learned a bit of nutrition and advice about the foods we eat and the supplements we take. (Try to include 30 plant based foods a day in your diet.) Ask Elle Taylor about the prize she won because she knew the answer to a question Jill asked.

Mange takk, Jill, for your animated presentation as well as sharing your knowledge of nutrition with us.



Så Beklager for Tapet Ditt: Grønnvik Lodge has lost three members in the last few months. We grieve the death of Ron Jacobson (5/18/2025), Charles Schroeder (5/28/2025) and Carol Dost (6/4/2025). There are many past and present memories of these friends, and we acknowledge their contributions to Grønnvik Lodge. They will be missed.

Ron (Jake) Jacobson was a charter member who may be best remembered for Jakes's Pizza on Main Street, Green Bay. His lutefisk casserole was a favorite Taste of Norway entry. You can read his obituary and tributes online at <https://www.malcorefuneralhome.com/obituaries/ronald-jacobson>

Charles (and Peggy) Schroeder generously provided plants and flowers for Grønnvik meetings from Schroeder's Floral. They also shared photos and stories of their travels. Charles loved to travel and learn about people from all over the world. He had a quiet manner, teaching and touching the lives of many. You can read his obituary at <https://prokowall.com/obituaries/charles-schroeder/>

Carol Dost took many of her family members to Norway a few years ago and shared adventures of the trip with our lodge. She also brought two of her grandchildren to meetings when they were younger as well volunteering to bring delicious food to Grønnvik lodge events. You can read Carol's obituary at <https://prokowall.com/obituaries/carol-dost/>



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Grønnvik Lodge Meetings are usually the third Tuesday of the month at Trinity Lutheran Church, 330 S. Broadway, Green Bay, WI



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Grønnvik Lodge Green Bay



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Jøss! Visste du dette? Queen Sonja was born in Oslo on July 4, 1937, to commoners. She studied dressmaking and tailoring, and received a degree in fashion and social sciences — perhaps this explains her impeccable taste! She also received a diploma from a Swiss finishing school. She met then-Crown Prince Harald at a gathering in 1959, and they began dating immediately.

Due to the contentious nature of their relationship, they kept their relationship a secret. A royal, especially the future King, was not permitted to woo commoners, at least not until Harald. Even before their marriage in 1968, Sonja and the then-Crown Prince Harald had been dating for nine years. Harald had warned his father, King Olav V, that if he did not give his consent for him to marry Sonja, he would remain unmarried. Eventually, King Olav V approved the marriage and Sonja received recognition at her wedding in 1968.

Harald and Sonja were crowned King and Queen of Norway in Oslo in 1991. The Queen has long been an active humanitarian, particularly in favor of children's organizations and the Red Cross. She accompanies the King on royal visits and hosts visiting dignitaries. Her various interests include painting, music, and hiking through Norway. Together with the King, she is a ceramicist and painter. Queen Sonja is immensely popular in her homeland. Sonja is one of the most popular girl names these days, with many people naming their daughters after her. The Queen's birthday is honored across the country by all departments of the government and state agencies, as well as many homes because Norwegians take national pride seriously.

<https://nationaltoday.com/queen-sonjas-day/>