

Fosselyngen Runespeak

mars og april 2025
Volume 50 No. 2



Fosselyngen Lodge No. 5-082, Sons of Norway

PO Box 20957, Milwaukee, WI 53220

FOSELYNGEN LODGE – CALENDAR OF EVENTS

- MARCH** 10 Monday Soc/Cult Meeting at Resurrection Lutheran Church
12400 W. Cold Spring Rd., New Berlin, WI
Socialize at 5:30 p.m. Dinner at 6 p.m. Meeting at about 6:45 p.m.
Program: Bingo and Prizes with Mary Taylor. (See Page 3.)
- APRIL** 14 Monday Soc/Cult Meeting at Resurrection Lutheran Church
12400 W. Cold Spring Rd., New Berlin, WI
Socialize at 5:30 p.m. Dinner at 6 p.m. Meeting at about 6:45 p.m.
Program: Sami People of Scandinavia – Linda Reed. (See Page 3.)
- MAY** 12 Monday Soc/Cult Meeting at Resurrection Lutheran Church
12400 W. Cold Spring Rd., New Berlin, WI
Socialize at 5:30 p.m. Dinner at 6 p.m. Meeting at about 6:45 p.m.
Celebrating Syttende Mai (Norway's Constitution Day). (See Page 3.)
(See May/June 2025 *Runespeak* for full details of meeting and program.)
- NO LODGE MEETING IN JUNE**
- JULY** 14 Monday **Lodge Picnic at Matty's Bar & Grille in New Berlin**
Reserve the Date on Your Calendar!

Contents of This Issue:

- Pg. 1: Calendar of Events; Table of Contents
- Pg. 2: President's Report; Officers
- Pg. 3: Mar. 10, Apr. 14, & May 12 Lodge Mtgs; Restauration Anniversary 1825-2025 Topic of Aug. 11 Mtg.
- Pg. 4: Snow Birds; Welcome; Sympathy; Swedish American H.S.
- Pg. 5: January 13th Program "Mead, the Vikings, Honey and the Honey Makers"
- Pg. 6: How Oslo Got Its Name; Munch Museum in Oslo
- Pg. 7: Stavanger Celebrates 900 Years; Origin of Lutefisk
- Pg. 8: 2025 Sons of Norway 5th District Masse Moro
- Pg. 9: Notices; Newsletter Input Deadline April 15
- Pg.10: Postal Page; Jokes

Like the modern alphabet, runes were the written symbols of our Norse ancestors. Understood only by the very wise, they were used to communicate with others, as well as with the ancient gods.

FRA PRESIDENTEN
(mars og april 2025)

President's Message, February 14, 2025

Dear Members,

We started the year with a board meeting on January 7th. The Officers have voted that any member who attends at least six or more meetings and/or sponsored events in 2025 will have their Sons of Norway dues paid by the lodge for one year. We encourage you to take this great opportunity to join us and make our organization stronger. We have begun planning our meetings for the year and always accept and welcome ideas for future meetings.

Please save the date for our summer picnic on Monday, July 14th this year at Matty's Bar and Grille, 14460 W. College Ave., New Berlin.

As our service project, we have made a commitment to provide bag lunches for "The Gathering" three times this year, on May 23rd, July 25th, and September 12th. We will be looking for 12-15 members to volunteer to help make peanut butter sandwiches and help pack the bags on each date. We meet at 1 p.m. at Resurrection Lutheran Church, and it takes approximately two hours to complete. The lunches are delivered the next morning for distribution at Ascension Lutheran Church in Milwaukee. It is a fun and rewarding time. Please join us in making a difference for our community.

Our Treasurer, Gretchen Bjork, has been busy closing out the finances for the year, and our audit has been completed by the audit committee and found to be in good order. Thank you for your great service!

Our next meeting, March 10th, will be Norwegian Bingo by Mary Taylor, and dinner will be from That's Amore. Please read your *Runespeak* for the details.

Stay warm and safe.

Sue Roedel
414-526-8312

sjroedel@gmail.com

FOSELYNGEN OFFICERS

President	Sue Berg Roedel	414-526-8312
Vice-President	*Arlette Johnson	414-368-3324
Treasurer	Gretchen Bjork	262-502-9197
Secretary (Correspondence)	Janice Gregoire	262-784-6953
Secretary (Recording)	Karen Smeiska	414-690-4402

If you have any questions, please call one of the above officers.

***NOTE:** For membership information, call our Vice-President, Arlette Johnson.

MONDAY, MARCH 10, 2025
Social/Cultural Meeting
Resurrection Lutheran Church
12400 W. Cold Spring Rd., New Berlin, WI 53151

Socialize at 5:30 p.m.

Dinner at 6 p.m. Menu: Mostaccioli with meat sauce, salad, Italian bread, and dessert.

Meeting starts at about 6:45 p.m.

Program: Bingo and Prizes with Mary Taylor

MONDAY, APRIL 14, 2025
Social/Cultural Meeting
Resurrection Lutheran Church
12400 W. Cold Spring Rd., New Berlin, WI 53151

Socialize at 5:30 p.m.

Dinner at 6 p.m. Menu: Sliced roast beef in gravy, mashed potatoes, California mixed vegetables, rolls and dessert.

Meeting starts at about 6:45 p.m.

Program: Sami People of Scandinavia – Linda Reed

Meet the Sami: Indigenous People of the Far North. The Sami are a resilient nomadic people with a rich and unique heritage. Learn a bit about their history, culture and the unique challenges they face as they strive to maintain their traditional way of life, while at the same time, adapting to modern times.

MONDAY, MAY 12, 2025
Social/Cultural Meeting
Resurrection Lutheran Church
12400 W. Cold Spring Rd., New Berlin, WI 53151

Socialize at 5:30 p.m.

Dinner at 6 p.m.

Meeting starts at about 6:45 p.m.

Celebrating Syttende Mai (17th of May) Norway's Constitution Day.

(See May/June 2025 *Runespeak* for full details of meeting and program.)

Restauration Anniversary 1825-2025

On July 4, 1825, a group of 52 Norwegians set sail on the ship Restauration to make the first organized migration from Norway to North America. The 200th anniversary will include events in Norway and North America and will be marked by the 2025 return of a replica of the Restauration which will sail from Stavanger to New York in 2025. A Vesterheim Norwegian-American Museum exhibit (Decorah, IA) will feature an exhibit titled "200 Years of Norwegians in America". The exhibit will include photographs, objects, stories, and themes. Watch the news for more information in the coming months.

NOTE: Our Aug. 11, 2025 cultural program will feature the 200th Anniversary of the first organized Norwegian emigration to North America that will be celebrated in 2025.

Hey Snow Birds!

Those of you who move from one place to another as the seasons change are asked to contact Sons of Norway International headquarters **each time you move**. Please call 800-945-8851 to notify them so you continue receiving your *Viking* and other mailings the home office may send out.



VELKOMMEN

WELCOME NEW MEMBERS

- Kyle Swanson
- Anna Corey
- Larry Gnatzig
- Kari Toth
- Karen Amundson
- Karen Klein (Transferred from lodge in Indianapolis)

Swedish American Historical Society

Our next meeting will be Saturday, March 22, 2025, 1:30 p.m. at Martin Luther Church, 9235 W. Bluemound Rd.

Program: **The history and role of FÄBODAR in Swedish culture** – Presentation by Linde Lodge President and SAHSWI member **Brent Erickson**.

FÄBODAR is practiced in both Norway and Sweden. Please see the following link:

<https://ich.unesco.org/doc/download.php?versionID=72524> .

Note: Fäbodar has also been common in Norway. They are called *seter* (säter) or *stöl* in Norway

Fika (coffee and treats) will follow. More information on the meeting and program will be on our website <https://sahswi.org> .

Sympathy

Fosselyngen Lodge extends its sympathy to the following:



- The family of Joan M. Peterson who passed away November 11, 2024. Joan was a member since 1999.
- The family of Karen A. Olson who passed away January 5, 2025. Karen was a member since 1995.



Please Note: If you receive a notice or call that a member is sick, in a nursing home or has passed away, **call Nancy Sande (414-231-3586) or Ellie Thoresen (262-953-2871) so that the person can be remembered and other officers notified.**

Also, don't forget to **notify Arlette Johnson (414-368-3324) when a member of the Lodge passes away**, since Arlette must notify the Sons of Norway office in Minneapolis. Many people do not purchase a newspaper, and others do not indicate in the obituary that they were a member of Sons of Norway.

JANUARY 13, 2025 PROGRAM

Our member Peter Bonovich presented:
“Mead, the Vikings, Honey and the Honey Makers”.



PETER'S PRESENTATION



**THE SLIDE IS TITLED:
“A SUPER FRAME FULL OF HONEY
CAPPED WITH BEE'S WAX”**

How Oslo Got Its Name

The capital of Norway—Oslo—is one of the easier names to pronounce in the list of Norwegian cities. However, Oslo hasn't always been its name. In fact, it has taken on a few different names throughout history. Originally, the name was Ánslo or Áslo around the year 1040. It is believed that the second part of the name, 'lo', meant "meadow" and the first part of the word, 'Ás', meant "hill" or "ridge", which makes the entire name translate to "meadow beneath the ridge." In 1314, when the city officially became the capital, the spelling transitioned to what we know today: Oslo (pronounced "ooh-shloo"). However, when the city burned down in 1624 and plans were discussed to rebuild, King Christian VI of Denmark and Norway decided the new city would take his name and become Christiania. With the language reform movement that followed in the next few centuries, the city was then spelled with a K, becoming Kristiania. Finally, around 1924, the city went back to its roots and was officially renamed Oslo, which stemmed from some of the eastern parts of the city being referred to as "Oslo" in maps at the time.



**MUNCH MUSEUM IN OSLO
OPENED OCTOBER 22, 2021**

(The above article "How Oslo Got Its Name" along with the Munch Museum photo, which is included in the article, is from the Sons of Norway Newsletter Service.)

Stavanger Celebrates 900 Years

Stavanger was founded in 1125, with the completion of its cathedral. Today, this southwest coastal city stands as the country's third-largest city and is central to the country's oil and gas industry.

To mark the occasion, the city is taking the entire year to celebrate with the theme of *Stavanger 2025: Past, Present, Future*. Over the course of the year, events will occur that include themes of origin, cultural heritage, community, urban life, and natural wonder. The topics of innovation and sustainability will also be evident.

Festivities kicked off in January, with an estimated 17,000 in attendance for light festival events. Spring and summer festivities will be full of music, dance, performances, reenactments, and food celebrations. One of the biggest highlights will happen in July when the replica ship *Restauration* sets sail from Stavanger harbor to re-enact the start of Norwegian mass migration to America in 1825. The year-long commemoration will conclude in December with an event called *Into the Future*, that will focus on technology and innovation topics.

(From the Sons of Norway Newsletter Service)

ORIGIN OF LUTEFISK

"Centuries ago, many Norwegians came to Ireland to escape the bitter Norwegian winters. A famine gripped Ireland at the time and food was scarce, fish and potatoes being just about all there was. To make matters worse, the Norwegians were eating all the fish, leaving the Irish with nothing to eat but potatoes. Then the Norwegians started taking over the potato crop and making lefse. This was too much for the Irish and they decided the Norwegians had to go. They organized a secret organization called IRATION (Irish Republican Army to Rid Ireland of Norwegians). The army members sabotaged all power plants so the fish in the Norwegian refrigerators would spoil and force them to move some place else. The fish spoiled, alright, but as everyone knows, the Norwegians thrive on spoiled fish.

The Irishmen then tried a new tactic—they sneaked into the fish storage houses in the dead of the night and sprinkled the rotten fish with lye, hoping to poison the intruders. This didn't work either, because what resulted was the Norwegian delicacy, LUTEFISK, and the Norwegians thrived on that too. The poor, poor Irish! They were desperate! But Saint Patrick came to the rescue. On March 17th, he blew his top and told all the Norwegians where to go—so they all went to Minnesota and South Dakota, and to this day they eat Lutefisk and lefse at church dinners."

**SONS OF NORWAY 5TH DISTRICT MASSE MORO
NORWEGIAN HERITAGE YOUTH CAMP
SHARING THE NORWEGIAN HERITAGE CAMP EXPERIENCE SINCE 1979**

GENERAL INFORMATION FOR 2025 MASSE MORO YOUTH CAMP:

- **DATES:** *SUNDAY, JULY 13TH at 2:00 PM (check-in) through SATURDAY, JULY 26TH at 11:00 AM, 2025.*
- **ELIGIBILITY:** District 5 youth*, ages 9 to 15 (as of 1st day of camp, July 13th, 2025).
*Sons of Norway affiliation, while strongly encouraged, is not required for participation at Camp.
- **COST:** \$ 1200.00
- **CAMP APPLICATION FORMS** are available from our Lodge Secretary (Janice Gregoire), or get forms from the S of N District 5 website www.sonsofnorway5.com or www.massemoro.org .
- **REGISTRATION DEADLINE: MAY 17, 2025.** Please include your \$100.00 non-refundable registration fee with this form. Complete (please print clearly) and mail the completed application materials to: Robert Schuck, District 5 Youth Director, N6011 State Rd 70, Winter, WI 54896.

For ALL payments, make check payable to Nordic Legacy Foundation and send to Robert Schuck, District 5 Youth Director. Please include the camper's name on the memo line of the check. (Alternatively, you could use the electronic pay option, available under the "Register for Camp" tab on the www.massemoro.org website.)

- **MATCHING FUNDS DEADLINE TO APPLY IS MAY 17, 2025:**
Contact our LODGE SECRETARY (JANICE GREGOIRE, 262-784-6953) FOR INFORMATION ABOUT MATCHING FUNDS, and get a "Local Lodge Supporting Grant Endorsement" form from her. Our Lodge has voted to give matching funds of \$500 to each of two youths (**who have met the registration deadline of May 17, 2025**). District Five will also contribute UP TO \$250.00 each for the two youths.

Fill out the top part of the a "Local Lodge Supporting Grant Endorsement" form and send it to our Lodge Secretary (Janice Gregoire). She will fill out the LOCAL LODGE ENDORSEMENT at the bottom of the form, and mail the completed endorsement form with accompanying supporting check (payable to Nordic Legacy Foundation) to Robert Schuck, District 5 Youth Director. **THE ENDORSEMENT MUST BE POSTMARKED BY May 17, 2025.**

FOSELYNGEN GUIDELINES FOR YOUTH HERITAGE APPLICANTS AND MATCHING FUNDS

- A. The Lodge will provide matching funds from its Masse Moro scholarship fund for two applicants.
- B. Application is to be sent to our Lodge Secretary (Janice Gregoire).
- C. The applicant must be the child, grandchild, nephew or niece of a Lodge member in good standing. A member in good standing is identified as being a Fosselyngen member for a minimum of two years and working a minimum of ten volunteer hours during those two years.
- D. The applicant must provide one of the following after attending camp:
 1. A thank you and article written about his/her experience at camp that will be published in the Lodge newsletter. **OR**
 2. A presentation at a Lodge meeting about their experience at camp. They may also wish to bring photos and any type of project, e.g., rosemaling, hardanger, or wood carving.
- E. The applicant and his/her sponsor must sign a contract stating his/her obligations when applying for a scholarship to Heritage Camp.

HOW TO CONTACT FOSSELYNGEN LODGE:

To Phone: Call 414-526-8312

To Send Postal Mail:

Fosselyngen Lodge No. 5-082
Sons of Norway
PO Box 20957
Milwaukee, WI 53220

Fosselyngen Lodge Web Site:

<https://sonsofnorwaymilwaukee.org/index.html>

Fosselyngen Lodge Facebook Site:

<https://facebook.com/fosselyngenlodge>

SPORTS MEDAL PROGRAM

Just a reminder that forms and information about the Sports Medal Program are available. Contact Dennis Dale at 414-771-3470 or by mail at 1527 Alice Street, Wauwatosa, 53213.

GUIDELINES FOR BRINGING GUESTS TO LODGE MEETINGS

Members are encouraged to invite guests to our monthly meetings to learn more about our Lodge. If a guest would also like to join us for dinner prior to the program, they may do so at no cost for one time only. Should they want to come again, they will need to pay \$10.00 for the dinner. As a member you are not charged for any regular meeting meal and also receive a discounted price for the picnic and Christmas party, so please encourage your friends to join to receive these benefits and become a member of the Fosselyngen Family.

*** JOIN US IN SONG ***

Festival City Chorus, Milwaukee's own a cappella chorus, is working diligently to prepare for performances and contests.

We rehearse most Tuesday evenings at Mount Hope Lutheran Church, 8633 W. Becher.

ALL males interested in learning more about us are encouraged to call our hotline: 414-281-SING (7464)

Don Doss, SON Member

Have You Had a Financial Checkup Lately?

If not, contact your field staff representative, Greg Ragan, to set up an appointment to discuss your financial needs at no cost to you. This is a benefit of membership.

Greg Ragan, Sons of Norway
Fraternal Benefits Counselor,
Insurance & Investments

7042 Kinnikinnick Drive
Roscoe, IL 61073

Phone: 815-623-8817 (Office)

Email: gragan51@gmail.com

www.sonsofnorwayblog.blogspot.com

Designed to provide up-to-date commentary or news on issues related to Norway and Sons of Norway.

CHANGE OF POSTAL ADDRESS, PHONE NUMBER, OR EMAIL ADDRESS

If you have a change of any of these items, **please** notify the Sons of Norway International Headquarters Membership Department.

Either phone their office at 800-945-8851, or you can log on to the Sons of Norway website (<https://www.sofn.com>) and view & update your member profile.

Notice: All articles & information for the May/June 2025 newsletter are **due by April 15.**

Email articles to the editor, John Schneble, csjohn@att.net or mail to: 1024 North 121st Street, Wauwatosa, WI 53226. The editor reserves the right to edit all articles.



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Ole and Lena died and went to heaven. As they experienced all the joys of heaven, Lena remarked to Ole, "It is so vunderful here, Ole. Yust tink...ve might have got here years earlier if ve hadn't started eating all dat oat bran."

Shorty Osteberg loved to dance, but his height was a bit of a handicap to him. One night at the dance, he approached Lena and asked her to dance. Lena looked at Shorty and said, "I'm sorry.... I can't dance vid a child." "Oh," said Shorty. "I didn't know you were in that condition."

Ole grew misty-eyed when he read his name in the bowling scores column in the paper. "It's vunderful," said Ole, "dere's my name...and yust tink...you usually have to die in order to read your name in da paper."

What did the two pieces of bread say on their wedding day? It was loaf at first sight!

Monthly meetings vary. Please see page one for dates, times, and location of meetings.
 Web site: <http://sonsofnorwaymilwaukee.org>

The mission of Sons of Norway is to promote and preserve the heritage and culture of Norway and provide quality insurance and financial products to its members. Sons of Norways mission er a fremme og ivareta norske kulturtradisjoner, og samtidig tilby de beste forsikrings-og finansprodukter til alle medlemmer.

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