

Fosselyngen Runespeak

januar og februar 2022
Volume 47 No. 1



Fosselyngen Lodge No. 5-082, Sons of Norway

PO Box 20957, Milwaukee, WI 53220

FOSELYNGEN LODGE – CALENDAR OF EVENTS

JANUARY 10 Monday Soc/Cult Meeting at Mt. Hope Lutheran Church in West Allis.
Dinner at 6 PM. Meeting at about 6:45 PM. (Includes Officer Installation.)
(See more details on Page 3.)

NO MEETING IN FEBRUARY

MARCH 14 Monday Soc/Cult Meeting at Mt. Hope Lutheran Church.
Program: NAGC Center Speaker “Norwegian Geography for Genealogy”.
(See the Mar/Apr 2022 *Runespeak* for details.)

APRIL 11 Monday Soc/Cult Meeting at Mt. Hope Lutheran Church.
Program: Video of Daryl’s Visits to Norway During May 17 Celebrations.
(See the Mar/Apr 2022 *Runespeak* for details.)

MAY 9 Monday Soc/Cult Meeting at Mt. Hope Lutheran Church.
Program: Video of Norwegian Music from 1814 to the Present.
(See the May/June 2022 *Runespeak* for details.)

Contents of This Issue:

- Pg. 1: Calendar of Events; Table of Contents
- Pg. 2: President’s Report; Sons of Norway Membership Information; Officers
- Pg. 3: January 10th Soc/Cult Meeting; Scandinavian Festival 2022; Norwegian Cookie Baking
- Pg. 4: God Bedring; Sympathy; Welcome New Members; Class Invite--Hardanger Embroidery Classes
- Pg. 5: Grants and Scholarships for 2022; 2021 & 2022 Volunteer Hour Sheets Information
- Pg. 6: FEZtival of Trees; New Scandinavian Cooking - A PBS TV Show
- Pg. 7: Holiday Folk Fair International; Leif Erikson Statue Update; Lutefisk & Meatball Dinner--Norway Luth.
- Pg. 8: December 5th, 2021 Christmas Party at Meyer’s Restaurant
- Pg. 9: World’s Longest Undersea Power Cable; Crown Prince Haakon visits Norwegian National Archives
- Pg. 10: Notices; Cultural Programs for 2022; Mail Staff; Newsletter Input Deadline Feb.14th
- Pg. 11: Front Side of 2022 Volunteer Hours Sheet
- Pg. 12: Postal Page; Back Side of 2022 Volunteer Hours Sheet

Like the modern alphabet, runes were the written symbols of our Norse ancestors. Understood only by the very wise, they were used to communicate with others, as well as with the ancient gods.

FRA PRESIDENTEN

(januar og februar 2022)

Happy New Year wishes to each one of you! I hope you enjoyed the holidays and are looking forward to this new year. Your lodge officers met online in December. We reviewed our accomplishments of 2021 and look forward to serving you in 2022 and 2023.

I heard the Christmas party was a huge success with 60 people in attendance. Many thanks to our resident Julenisse, as he is always a favorite part of our party. I'm sure the music and food were also appreciated and enjoyed. I was sorry to have missed it, being out of town.

Our January 10th meeting will be our Installation of Officers for the 2022-23 term at Mt. Hope. Our dinner will be Norwegian meatballs (with the Norway House recipe), along with potatoes and vegetable prepared by our caterer. 2022 is a convention year for District 5, Sons of Norway. The convention is set for June 15-19 in Middleton, WI. We will be electing delegates at the January meeting to attend and represent our lodge at the convention. Would you like to join me there? We will be looking for a total of at least three delegates and three subs. If you have any questions, please call me.

Wishing you happiness and health.

Sue Roedel

Is Your Sons of Norway Membership Information Correct?

When you receive your membership renewal form from Minneapolis, please remember to check the back of the form to be sure your email and phone number are current. The information on file with Minneapolis is used to print our Lodge Member Directory each year. We notice that some phone numbers and email addresses are either missing or not current. If you are renewing your membership on line, please check this information in your member profile.

Thank you.

Arlette Johnson

FOSELYNGEN OFFICERS

President	Sue Berg Roedel	414-526-8312
Vice-President	*Arlette Johnson	414-368-3324
Treasurer	Gretchen Bjork	262-502-9197
Secretary (Correspondence)	Janice Gregoire	262-784-6953
Secretary (Recording)	Maureen Welli	414-774-0507

If you have any questions, please call one of the above officers.

***NOTE:** For membership information, call our Vice-President, Arlette Johnson.

MONDAY, JANUARY 10TH, 2022
Social/Cultural Meeting
At Mt. Hope Lutheran Church In West Allis
(8633 W. Becher Street)

Dinner at 6 PM. Menu is Norwegian meatballs (with the Norway House recipe), along with potatoes and vegetable prepared by our caterer.

Meeting starts at about 6:45 PM. Includes items such as installation of officers, Scandinavian Festival, and discussion of the June District 5 convention in Middleton, WI. (Note that the list of officers to be installed is in the Nov/Dec 2021 *Runespeak* on Page 7.)

It is suggested that you wear your Norwegian sweaters at the meeting.

Reminder of Mt. Hope's COVID rule: Masks are required in hallways and restrooms, but are not required in our meeting room.

Scandinavian Festival 2022 – The Challenge for Our Lodge

After a two-year absence, due to the pandemic, the popular Scandinavian Festival is again a possibility for October 1, 2022. It is sponsored by the Nordic Council of Wisconsin. Our Fosselyngen Lodge is a member organization. At our January meeting our Lodge will discuss whether we can support the festival. This annual festival will require a major effort of our members. There are many areas in which we will need members to step forward.

Here are some examples of tasks that we need the help of our members:

1. We sell Norwegian cookies in the food court, so bakers are needed in Aug/Sept.
2. We have a promotional booth in the vendor area, so we need helpers to share our Lodge story.
3. Coffee and water are sold, so we need some members to brew and sell these beverages.
4. People are also needed sell tickets at Admissions as people enter.
5. Vendor areas need to be designated, and tables and chairs must be set up on the Friday evening before the festival.

For most of each year our Lodge activities are mostly about socializing, dining, and Nordic cultural programs. The Scandinavian Festival is an opportunity for each of our members to contribute their time and effort to promote Scandinavian culture. Come to our January meeting to show your support for the festival and your interest in making it a success.

(Daryl & Bonnie Wunrow, Lodge representatives on the Nordic Council)

Norwegian Cookie Baking

Some members have expressed an interest in learning how to make Norwegian cookies. Whether you have been a member for many years or have recently joined, we are here to help you learn how to make Krumkake, Sandbakkels, and possibly Rosettes. Not only can you learn to make them for yourself and your family, but we hope you will also help us when we make the cookies to sell at Scandinavian Festival in October. We are hoping to schedule a cookie baking class in August, and then another date (or dates) in September to make the cookies to sell at ScanFest. All baking will be done at Mt. Hope and will be scheduled for Saturdays. Dates and times will be arranged with Mt. Hope, so watch the upcoming newsletters for more details. We hope we can count on all our members to help bake for ScanFest and also work at the event (see Daryl Wunrow's article above in this newsletter). Many people come to ScanFest to buy our delicious cookies and in 2019 we sold out within a couple hours, so we need lots of bakers this year and hope we can count on you.

Thank you. Arlette Johnson

God Bedring

We wish the following member who has had health issues since the last newsletter a speedy recovery: Joyce Strom

Please Note: If you receive a notice or call that a member is sick, in a nursing home or has passed away, call Nancy Sande or Ellie Thoresen so that the person can be remembered and other officers notified.

Also, don't forget to notify Arlette Johnson when a member of the Lodge passes away, since Arlette must notify the Sons of Norway office in Minneapolis. Many people do not purchase a newspaper, and others do not indicate in the obituary that they were a member of Sons of Norway.

VELKOMMEN

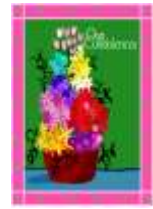
WELCOME NEW MEMBERS

(Introduced at the December 5th Christmas Party)

Jean and Keith Maurer

Sympathy

Fosselyngen Lodge extends its sympathy to the following:



- The family of Anna Veum who passed away on November 3rd, 2021. She was a member of the lodge since 1969. (Photo below toward the left side of this box.)
- The family of member Norman Sande, including his wife Joan and brother Milt Sande. Norman passed away on October 31st, 2021. He was a member of the lodge since 1968 and very active until they moved to Florida. (Photo below toward the right side of this box.)



Class Invite – Hardanger Embroidery Classes

Hardanger embroidery classes resume again January 5 – April 13, 2022. 15 weeks. **In person** at Stoughton Sr. Center – Wed. 8:15 – 10:15 AM and 10:15 – 12:15 am. \$50 with % to Sr. Center. **Zoom** class Thurs. 6:30 – 8:00 PM. \$40 with % to Zoom charge. Beginner to Adv. ability are welcome to join.

We review the basics and learn the more complicated stitches, show and tell our progress, ask for help, and get support to find the errors!

Kits selected (not required) Wild Blue Gifts – beg. -\$23.00: Morning Dew Runner – interm. Adv. - \$34.00: Table Flower Runner - \$34.00 Add this to class charge if chosen.

Contact Donna to enter the chosen class! Name, phone #, email address, home address required.

Donna M. Olson
1781 Burning Tree Circle
Oregon, WI 53575
dmolson43@gmail.com

GRANTS AND SCHOLARSHIPS FOR 2022

\$1000.00 College Scholarships

Children and grandchildren of a Fosselyngen member in good standing are eligible for the college scholarships. A member in good standing is identified as being a Fosselyngen member for a minimum of two years and working a minimum of ten volunteer hours during those two years. Grade point average of 2.5 is required. (We will also accept applicants with a 165 score (C+) in one of the four subject areas of the GED diploma.)

Applicants may acknowledge the scholarship with their presence at a meeting or written acknowledgement.

Applications may be obtained from Janice Gregoire, our Lodge secretary. Return applications to Janice Gregoire, 17725 Nassau Drive, Brookfield, WI 53045, no later than May 1st, 2022. Janice's phone number is 262-784-6953.

Sons of Norway District 5 Scholarships

- **Olav Eide District 5 Book Scholarship**

District 5 is offering a \$500.00 book scholarship in honor of Fosselyngen's long time leader Olav Eide at the district as well as the international level. You can download the application on the Sons of Norway District 5 website www.sonsofnorway5.com . See the application deadline on this website.

- **Other District 5 Scholarships**

For a list of other District 5 scholarships, visit the District 5 website at www.sonsofnorway5.com . Download applications at this site. See the application deadlines on this website.

Sons of Norway Foundation Grants and Scholarships

The Sons of Norway Foundation offers many grants and scholarships. For the listing of these grants and scholarships, go to www.sofn.com/foundation . See the application deadlines on this website.

All Sons of Norway Foundation grants and scholarships **MUST** be applied for **ONLINE**.

2021 VOLUNTEER HOUR SHEETS INFORMATION

Please remember to have your filled out **2021** Volunteer Hour Sheet ready to give to Jan Gregoire **during January 2022** so that she can tabulate totals for S of N Headquarters in February.

The 2021 Volunteer Hour Sheet was distributed to you with the January/February 2021 *Runespeak*.

If you did not receive it, or if you misplaced your copy of the 2021 Volunteer Hour Sheet, please request another copy of it from John Schneble by phone at 414-771-4176, or email csjohn@att.net .

2022 VOLUNTEER HOURS WORKSHEET INFORMATION

A blank 2022 Volunteer Hours Worksheet is included as Page 11 of this Jan/Feb 2022 *Runespeak* issue. The bottom of the back side of this page (which is Page 12, the postal page) includes guidelines for the Volunteer Hours Worksheet. **Fill out the sheet throughout 2022 so that it will be ready for you to turn in during January 2023.**

FEZtival of Trees

We participated in the 4th Annual FEZtival of Trees at the Tripoli Shrine Center, 3000 W Wisconsin Ave, during the week of Thanksgiving. This event raises money for the Shriners Hospital for Children system, with the trees (pre-lit 6'-8' tree, ornaments, and anything under the tree) being donated by various organizations and businesses, and then raffled off to the public. We decorated our tree with paper woven heart baskets, paper stars, straw ornaments, and Norwegian flags, and included a tree skirt, two julbuk, a gnome couple, and a throw blanket. We included a poster board that explained the ornaments and their meaning, as well as a QR code that provided a link to the lodge's Facebook page. This year was the largest with 65 trees, (including trees donated by Summerfest, Harley Davidson, and many more), a 50/50 raffle, a lottery tree, two gift card trees, and seven decorated wreaths. Santa and Mrs. Claus were also available for visits and photos. We are planning on participating again in 2022. It's for a great cause and a great way to introduce our lodge to the public.



FOSSELYNGEN TREE

New Scandinavian Cooking - A PBS TV Show

Do you enjoy a nugget of Norway during your TV watching? Bonnie and I do. I have my Spectrum Cable DVR set to record the New Scandinavian Cooking show whenever my local Milwaukee Public Television or MPTV offers it. Then the program shows up in my "list" of recorded programs, and whenever we wish, we can choose to watch a piece of Norwegian cuisine, geography and culture. We are very fortunate to have this program available to us from MPTV here in the Milwaukee area. There have been 13 seasons of episodes, so there are plenty to watch. All seasons can also be streamed on www.youtube.com on a smart TV, as well.

Why do Bonnie and I enjoy watching New Scandinavian Cooking? We enjoy seeing parts of Norway's beautiful scenery. We also enjoy many interesting cooking demonstrations, mostly outdoors, which feature locally produced foods. And we meet the people who produce these products. We can almost taste the meals the host prepares.

Just last night we watched a show from Røros, a community in northeastern Norway near the Swedish border. It was fascinating to see the host cooking Norwegian meatballs, make cloudberry ice cream, sour cream waffles, and making fermented sausage. It was a wonderful thirty minute escape.

Here is the Internet description of the show:

"New Scandinavian Cooking" is a culinary show that isn't filmed in a kitchen or TV studio, which is common with most shows of the genre. Hosted by Andreas Viestad, the series is filmed in a variety of locations throughout Scandinavia, offering a visual tour of Northern European cuisine, culture and history. In each episode, Viestad prepares recipes featuring locally sourced ingredients, ranging from berries and mushrooms to cod and mussels."

Try it.

Daryl Wunrow, Lodge Historian/Cultural Director

Holiday Folk Fair International

The 78th annual Holiday Folk Fair was again held virtually this year on Friday, November 19 through Sunday, November 21, with the theme “Celebrating the Culture of Weaving Community.” In October, Abby and Gretchen Bjork went to the International Institute of Wisconsin’s offices downtown and were filmed weaving the paper heart baskets for an artisan demonstration segment. All the videos for this year’s Holiday Folk Fair, including ours, are available for a limited time on the Holiday Folk Fair website, <https://folkfair.org/2021-programming/>. The videos are divided into different categories, such as cooking demonstrations, dance/musical performances, and artisan demonstrations. In addition to the individual videos, there are also composite videos that were aired on the virtual three-day run of this year’s event, and our segment can be seen in the Friday, November 19, Part 1 video (<https://folkfair.org/>).



ABBY BJORK DEMONSTRATING
WEAVING PAPER HEART BASKETS



FILMING OF DEMONSTRATION

Leif Erikson Statue Update

The Story of our Milwaukee Leif Erikson statue has been completed. We are working to have the pictorial narrative on our Fosselyngen website very soon. Watch for it.

<https://sonsofnorwaymilwaukee.org> or just google “fosselyngen”

Lutefisk and Meatball Dinner, Saturday, February 5th, 2022 Norway Lutheran Church

6321 Heg Park Road, Wind Lake, WI

By Reservation Only – Norway Lutheran Church will begin taking reservations after the first of the year on-line or by telephone. Contact the church as follows:

Hours: Monday - Wednesday & Friday 8:00 a.m. to 3:00 p.m.

Office: 262-895-2281, Fax: 262-895-3939

norwaychurchnews@gmail.com

www.norwaylutheranchurch.org

DECEMBER 5TH, 2021 CHRISTMAS PARTY AT MEYER'S RESTAURANT



BEFORE DINNER IS SERVED, WE LISTEN TO JACK LOFTE SAY "SKAL" (THE "TOAST" OF VIKINGS). (JACK IS THE MAN WEARING A BLUE VEST, STANDING AT THE FAR RIGHT SIDE OF PICTURE.)



HERE COMES THE JULENISSE



A CUTE COUPLE!

World's Longest Undersea Power Cable is Now Operational

The world's longest undersea electricity cable between Norway and the U.K. is now operational. The interconnector, known as the North Sea Link, was a joint venture between British company National Grid and Norwegian power operator Statnett. The cable spans 450 miles and connects Kvilldal in Norway with Blyth in Northumberland. At full capacity, 1.4 million homes can be supplied by hydro-power. National Grid Ventures president Cordi O'Hara said it was a "remarkable feat of engineering--we had to go through mountains, fjords and across the North Sea."

This project will help the U.K. reduce about 23 million tons of carbon emissions by 2030. It is truly beneficial for both parties as extra renewable power will be exported to Norway when wind generation is high in the U.K. but energy demand is low. This will help Norway conserve water in their reservoirs. All in all, this venture is "a great example of two countries working together to maximize renewable energy resources for mutual benefit."

(From Sons of Norway Newsletter Service)

Crown Prince Haakon visits Norwegian National Archives

In September, Crown Prince Haakon paid a visit to the National Archives at Sogndal, north of Oslo.

As part of the tour, Archivist Inga Bolstad demonstrated how they use artificial intelligence to convert hand-written documents into typed text. The technology can even translate archaic language into current-day Norwegian. The Crown Prince was able to digitize a nearly 800-year-old document himself, one sent by King Haakon Haakonsson in the year 1233.

Between 2017 and 2019, the National Archives digitized many of their medieval source documents which can be viewed at <https://www.digitalarkivet.no/en> . Their goal is to completely scan the collection of medieval documents by 2024, which will mark 750 years after the first written document that refers to Norway.

During the visit, the National Archives also presented Haakon with special gift-copies of documents from the seven kings who bore the name Håkon over the last thousand years, ranging from Håkon I in the 10th century, to the crown prince's great-grandfather, Haakon 7.



Photo credit: Sven Gj. Gjeruldsen, The Royal Court

(From Sons of Norway Newsletter Service)

Cultural Programs for 2022 (March, April, and May)

March 14 - Dana Kelly from the Norwegian-American Genealogical Center will talk about the Center and how people can research their Scandinavian roots. Her talk is titled, "Norwegian Geography for Genealogy."

April 11 – Daryl Wunrow will share video of his two visits to Norway during the 17 May celebration, one in the capital Oslo and the other on a small island Giske near Alesund on the west coast of Norway.

May 9 – Ivar Lundy, retired Director of the Eau Claire Symphony Orchestra shares his video of Norwegian Music from 1814 to the present.

Ole was so cheap that he gave Lena a check for 1000 kisses for her birthday. When Ole was downtown, Lena had the good looking mailman cash it.

HOW TO CONTACT FOSSELYNGEN LODGE:

To Phone: Call 414-526-8312

To Send Postal Mail:

Fosselyngen Lodge No. 5-082
Sons of Norway
PO Box 20957
Milwaukee, WI 53220

Fosselyngen Lodge Web Site:

<https://sonsofnorwaymilwaukee.org/index.html>

Fosselyngen Lodge Facebook Site:

<https://facebook.com/fosselyngenlodge>

SPORTS MEDAL PROGRAM

Just a reminder that forms and information about the Sports Medal Program are available. Contact Dennis Dale at 414-771-3470 or by mail at 1527 Alice Street, Wauwatosa, 53213.

Have You Had a Financial Checkup Lately?

If not, contact your field staff representative, Greg Ragan, to set up an appointment to discuss your financial needs at no cost to you. This is a benefit of membership.

Greg Ragan, Sons of Norway
Fraternal Benefits Counselor,
Insurance & Investments
7042 Kinnikinnick Drive
Roscoe, IL 61073
Phone: 815-623-8817 (Office)
Email: gragan51@gmail.com

NEWSLETTER MAILING STAFF

Arlette Johnson

Thanks for helping with the
November/December issue.

CHANGE OF ADDRESS

If you have a change of postal address, **please** notify the Sons of Norway International Headquarters Membership Department at 800-945-8851.

www.sonsofnorwayblog.blogspot.com

Designed to provide up-to-date commentary or news on issues related to Norway and Sons of Norway.

Dear Members,

If you would like your newsletter emailed to you, please email me at cslijohn@att.net.

John Schneble, Editor

Notice: All articles & information for the March/April 2022 newsletter are **due by February 14th**.

Email articles to the editor, John Schneble, cslijohn@att.net or mail to: 1024 North 121st Street, Wauwatosa, WI 53226. The editor reserves the right to edit all articles.

Sons of Norway Individual Volunteer Hours Worksheet for 2022 (to be turned in January 2023)
 (See guidelines on back side of this page.)

Member Name: _____

Fraternal Individual Support Hours		
Date	Name/Description of Activity	Hours

Community Individual Support Hours		
Date	Name/Description of Activity	Hours

Count the number of lines filled in above. This is your Fraternal Individual Support Activity Total.

Add up the time in your Hours column for Fraternal Individual Support Hours.

Count the number of lines filled in above. This is your Community Individual Support Activity Total.

Add up the time in your Hours column for Community Individual Support Hours.



**Fosselyngen Lodge No. 5-082
Sons of Norway
PO Box 20957
Milwaukee, WI 53220**

NON-PROFIT
ORGANIZATION
U.S. POSTAGE
PAID
MILWAUKEE, WI
PERMIT NO. 2420

Electronic Service Requested

**Dated Material Postmaster:
Please deliver by December 31**

Guidelines for Sons of Norway Individual Volunteer Hours Worksheet

Track the amount of time you spend working on Sons of Norway business and activities. This form is kept and maintained by each member of Sons of Norway and submitted to the Lodge secretary.

Fraternal - Some examples of fraternal activities are: working on the Lodge website, preparing a speech for a Lodge meeting, typing up meeting minutes, and shopping for treats for the upcoming Lodge meeting. Include anything you do which supports your Lodge and fellow members.

Community – An example of a community activity is: volunteering as part of a Lodge organized charity group. Include anything you do which has been organized by your Lodge and supports the people outside the Lodge.

Include any travel time associated with these activities in the time you record for them.

Do not record the time you spend at Lodge meetings, celebrations or any other group event.

For each activity, write down the date (if available), a description of activity and length of time you spent on the activity.

Monthly meetings vary. Please see page one for dates, times, and location of meetings.
Web site: <http://sonsofnorwaymilwaukee.org>

The mission of Sons of Norway is to promote and preserve the heritage and culture of Norway and provide quality insurance and financial products to its members. Sons of Norways mission er a fremme og ivareta norske kulturtradisjoner, og samtidig tilby de beste forsikrings-og finansprodukter til alle medlemmer.

This information is for official Sons of Norway business use only. Use of this information for solicitation or commercial purposes is a violation of the Sons of Norway privacy policy and is strictly prohibited.

Fosselyngen Runespeak (Permit#2420) is the official publication of Fosselyngen Lodge 5-082. Fosselyngen Runespeak is published 6 times a year by Fosselyngen Lodge 5-082, Sons of Norway, PO Box 20957, Milwaukee, WI 53220. Annual membership in Fosselyngen Lodge includes subscription to this newsletter.