



Sons of Norway Fagernes Lodge 5-616



October, November, December 2021



Fagernes Lodge meetings location is now at Blair Lutheran Church, 126 S Peterson Ave, Blair, WI 54616

Upcoming Events

We meet the fourth Saturday each month at our new location, Blair Lutheran Church, 126 S. Peterson Ave. Blair, WI 54616

October 23, Meeting at Blair Church, 1:00, Program: Pam Knutson on Mons Anderson, one founder of Lacrosse. Servers: Charlotte Dahl and Roger and Fran Instenes

November 20, Meeting at Blair Church, 1:00, Program: Norway's Counties – Audience will participate in finding them. Servers: Byron and Marlys Britten and Chris Hamilton

December 5, Meeting at the Blair church at 1:00, Program: Juletrefest, Servers: Potluck



A Zone 2 meeting was held at Norskedalen on Aug. 28, 2021. Attendees from Fagernes Lodge: Todd and Mary Jo Fetsch, Charlotte Dahl, Roger Instenes, Christopher Hamilton, And LaVonne Wier. information was presented on several subjects. LaVonne turned in Tubfrim stamps. A tour of Norskedalen was given after the meeting. Replacements for Zone 2 Directors Tom Boudreau and Karen Broadhead are being sought. They aren't continuing. Contact Karen Broadhead if

interested. Top photo: Charlotte Dahl, Left back seat, accompanied other meeting attendees for a Norskedalen tour. Bottom photo: Fagernes members Chris Hamilton, Charlotte Dahl, Todd and Mary Jo Fetsch, Roger Instenes, LaVonne Wier. attended.

Save cancelled stamps

The Tubfrim project can use them. S stamps must be trimmed to have at least a 1/4 inch border. Bring them to the meetings and give them to LaVonne.



Hey, we haven't been together so you can turn in your ink cartridges. Gather what you have and bring them to a meeting, or give them directly to LaVonne. She will start turning in 10 per month to Office Depot. The \$2.00 credit per cartridge helps with the cost of publishing our newsletters and brochures.



Left, SON Fagernes members, Don Ronning, front, Marlys Britten, left, Byron Britten, Roger Instenes and Virginia Ronning listen intently to President Todd Fetsch, standing, at the lodge's annual picnic. Our lodge's annual picnic was held at the Blair Park as usual. The picnic is always potluck and Kubb is usually the game of choice. The camaraderie is always good as well.

News of Area Events

* The French Creek Lutheran Church's Holiday Fair is canceled for this year. Quilt tickets are available anyway - \$2 for one, \$3 for 5 and \$7 for 10. Call a W-EICA French Creek member.

* The North Beaver Creek Church's Lutefisk Dinner will be a drive-thru like last year on Oct. 24, 11-4. Pre-orders are required with payment by Oct. 18. Call 608-525-7203 and state number of dinners and time you will pick them up. Cost is \$15 each and includes Lutefisk, Lefse, Meatballs, potatoes and gravy, rutabagas and dessert. Send payment to Lutefisk Dinner, N24939 Lunde Coulee Lane, Ettrick, Wi 54627. Write checks to NBC Lutefisk Dinner. Dinners will be delivered to your car at the drive-thru.

* The Blair Lutheran Church Lutefisk Dinner will be Nov. 6, 11-4. Pre-orders are necessary. Details were sketchy at the time of this publication. For more information call 608-989-2818.

Please take a moment to fill out this survey

The feedback will help us strengthen our lodge.

How likely is it that you would recommend our Sons of Norway membership to a friend, family member or colleague? (10 on the scale below is extremely likely and 0 is very unlikely.)

0 1 2 3 4 5 6 7 8 9 10

Why did you pick this number?

Which of the following member benefits have you used in the past or do you currently use? Check all that apply.

- Viking magazine print edition**
- Viking magazine online archive**
- Recipes (in Viking, the online Recipe Box or lodge newsletters)**
- Norwegian language classes**
- Genealogical research**

Please fill out this survey and turn in to Terry (don't sign it, we want it anonymous) at our October meeting.

**Lodge meetings and social activities
Leadership skills through lodge participation**

- Discounts with partners like PerkSpot**
- Travel discounts with partners like Borton Overseas**
- Cultural Skills programs**
- Culture and Language camps for you or family members**
- Map service**
- Volunteer opportunities**
- Other online resources at the Sons of Norway web site**
- Insurance/annuity products**
- Free financial checkup**
- Youth cultural skills**
- Other lodge activities for children**

Please circle your answers below:

Do you feel you have enough access to the benefits of your membership? Yes/ No

Reports from Secretary LaVonne Wier

On Recruitment: (Note from Terry Thompson, membership secretary: our membership is down by 11 or more members from a few years ago). Recruitment of new members in our lodge has not brought a new influx of new members. LaVonne had an idea to reach people who might be interested in joining us. She devised a welcome letter. With that letter, a copy of our lodge brochure and a membership application were sent out. Only a few of our current members submitted names of people who should be contacted. About 45 envelopes were sent with the materials, plus a self-addressed stamped envelope with the headquarters address.

About a 10% rate of acceptance to join would have been considered a success. Unfortunately, not even one person/family sent in the application to join Fagernes Lodge. It was a disappointment. It appears that a face-to-face approach is still the best recruitment tool. Even providing all the needed paperwork and information in a mailing did not bring any new members. On the positive side, three former Heritage members are now regular members of Fagernes Lodge. They are Jacob and Jescey Thompson, grandsons of Terry Thompson, and Gage Instenes, grandson of Roger and Fran Instenes. We're so glad to have you three as regular members!

On Tubfrim: LaVonne was able to turn in lots of cancelled stamps at the District 5 Zone 2 meeting at Norskedalen, Aug. 28. It wasn't necessary to weigh them, as we don't have to send in a postcard. At least for now, a trip to Norway each year as a prize for a chosen postcard isn't being done. I don't know whether or not that prize will be reinstated after travel restrictions are lifted.

Tubfrim is still a good cause to support. The stamps are sold to collectors in Norway, and the proceeds help needy children there. We will continue to collect stamps for this cause. We don't mail them, so LaVonne will turn them over to the zone director whenever there is an opportunity.

On Adopt-a-School: Our library of books for the Adopt-a-School reading program was not utilized in the spring of 2020 nor 2021. We had just implemented it in February 2020 and presented it to the Arcadia Elementary when COVID hit. The books were collected and returned to LaVonne's house. It remains to be decided if the program can be started again in the spring of 2022. Usually the program runs from January through May 1st each year.

LaVonne will inquire at the Blair church to see if there is a spot for the library to be stored there. With the books at our meeting location, it will be easier for members to look over the titles and sign out books. Any time the books are not in the school reading program, they would be available for lodge members. Members could just read the books, or work towards a cultural award through Sons of Norway. When and if the books can be stored at the church, you will be notified.

Sunshine News

- * Cindi Anderson will have hip surgery on October 19.
- * Eddie Thompson is residing at Grandview Care Center in Blair for therapy.
- * LaVonne Wier is working part-time at Ferguson's Apple Orchard for the apple season. It's just a hop, skip and a jump over the hill from her home.

President's Message

Ord Fra Din Fagernes Losje Presidentin,

Now that greeting to you in Norwegian should get your attention! Let me know what it means at our next meeting! A Quiz!

Summer is now gone, thank Odin for that, and we now are experiencing the best time of the year, Høst!

We gathered at the busy Winghaven Pizza located past the Ferguson's Orchards near Galesville. We had a good number of Sons of Norway people there. Busy Busy place! Pizza was had by all...if you could wait for it. It was good.

Thank you goes to the parade participants as our Viking Ship floated in the Ettrick, Blair and Trempealeau parades. And even the Arcadia Broiler Dairy Days parade! Kudos goes out to our Float Harbor Master Byron Britten. He made sure these events did happen. The Viking Ship did float well. Mange Tusen Takk!

Now on to more active pastures...meetings. We will be meeting for the first time together at the Peterson Avenue Blair Lutheran Church on October 23. Hooray to get together! There will be a speaker of interest. And a little snack. Great ideas for the Fall and rest of the year will be discussed.

Therefore, let us bring guests to this meeting to share our S.O.N. enthusiasm for our coming years activities.

This Newsletter will mention those programs. I hope we have a good snowy winter for our Baneløpet in February. The Farmer's Almanac says we will have snow!

Ve see you at the meeting.

Fra, Presidentin Todd

HAPPY BIRTHDAY!

Due to privacy concerns, only the month is listed

October

Tami Bagstad

November

Byron Britten, Roger Instenes, Nora Iverson

December

Verle Austad, Jozephine Britten, Riley Dobson, Isla Fetsch, Michael Fuller, Mary Herness, LaMoine Jacobs

Photos of Fagernes Lodge Events more on page 5



Left, Members Leland Wier, nearly hidden on left, Roger Instenes, Todd Fetsch, Mary jo Fetsch and Fran Instenes visit together during the lodges' visit to Winghaven Pizza, Sept. 26. On right, members prepare float for Catfish Days.



Photos of Fagernes Lodge Events



Top left, our members are ready to participate in the Blair Cheesfest Parade with our float. Top right, Jozephine Britten, front right, is at Masse Moro Camp. The camp was held at the Beaver Creek Reserve near Fall Creek the last two weeks of July. Bottom, all camp attendees. They live in cabins. No electronics. They have classes such as rosemaling, knitting, sometimes there's baking class, language class, arts and crafts. They have music, it is mostly singing. At camp's end, there's a program for parents/ family.



The Norwegian Elkhound - “moose dog”

History

Norway's national dog, the Norsk elghund (Norwegian Elkhound or more accurately “moose dog”) is a medium-sized dog that has hunted, herded and played guard dog since Viking times. This ancient Spitz is one of the oldest dog breeds, having originated as early as 5,000 B.C. Elkhounds have been found buried at Viking grave sites such as the [Svarthola](#) in [Jæren](#), Norway. According to DNA research, the elkhound is descended from an extinct type of gray wolf originating in western Russia and central Europe.

The breed was first present at a Norwegian dog exhibit in 1877, and was first recognized by the American Kennel Club in 1913. It remains the only Spitz breed in the Hound category. It is the 100th most popular AKC breed, and has recently increased in popularity. The Norwegian elkhound is one of the most successful breeds at the Westminster dog show, having won the Hound category 11 times.

Name

The “elk” in elkhound is actually a mistranslation of the Norwegian word for “moose:” elg. This breed of dog is excellent at hunting moose, bear and reindeer, but there are actually no elk in Europe. During the Middle Ages, the breed was referred to as dyrehund, or “animal dog.”

Looks

The elkhound breed belongs to the [Spitz family](#) and possesses cold weather physical traits such as a thick stand-off coat, fuzzy pointed ears, a compact, dense body and a curly tail that sits on its back. Their coats are primarily a grayish wolf color with tips of black and white.

Personality

Friendly, confident, athletic and robust, Norwegian elkhounds [love exercise](#) and make great family pets. Perhaps due to their wolf roots, the elkhound is loyal and always wants to know who is in charge. This breed has incredible stamina and can track game for hours in harsh conditions and rough terrain. Its primary target is the moose, and it has the courage to hold large animals at bay while alerting the hunter by with sharp barking.

Famous Elkhounds

US President Herbert Hoover had a Norwegian Elkhound named [Weegie](#), and Norway's Minister of Defense has the power to mobilize all Norwegian Elkhounds in service of their country, if the need should ever arise.

A Little in English. . .

Artificial Intelligence Can Help You Understand Music Better

[University of Oslo researcher works to ensure that new technology can open people's ears to new music](#)

Chords, tempo, timbre, rhythm and harmony - all these aspects of the music make it sound the way it does. But have you thought about why you like the exact music that you do?

“Music is quite magical, when you think about it. When you listen, you feel many emotions. You understand that it is a kind of language, but do not see what is happening. Most people do not understand what is really going on.”

That's what Olivier Lartillot, researcher at RITMO Center for Interdisciplinary Research on Rhythm, Time and Movement, says. He is developing new digital tools that he hopes will make the magic of music available to everyone.

First up is Norwegian folk music.

“Folk music is so rich, and a treasure for Norwegian culture. Still, not many people listen to it. If we create a tool that can help people understand music, folk music may have a renaissance in Norway,” says Lartillot.

[Training artificial intelligence with the Hardanger fiddle](#)

The music that the machine must be able to transcribe is the National Library's catalog of folk music. According to Lartillot, Norwegian folk music, especially the Hardanger fiddle, is difficult material for the machine.

“The large amount of examples needed was initially not available. Therefore, we asked musicians, the professional fiddle player Olav Luksengård Mjelva and students from the Norwegian Academy of Music, to play for us, and designed software where they could see the sounds visually and place the notes for us.

[Visualization helps music understanding](#)

With the app Lartillot wants to create, you will be able to browse the catalog of folk music and go on a journey of discovery in music. When you find a song or a vocal tune you like, the app can point you in the direction of something in the same vein.

For now, such an app can be used specifically for folk music. In the longer run, Lartillot wants to expand the knowledge of artificial intelligence, so that it can be used for all music.

litt på norsk...

Kunstig intelligens kan hjelpe deg å forstå musikk bedre

[UiO-forsker jobber for at ny teknologi kan åpne folks ører for ny musikk.](#)

Akkorder, takt, klang, rytme og harmoni – alle disse aspektene ved musikken gjør at den låter som den gjør. Men har du tenkt over hvorfor du liker akkurat den musikken du gjør?

– Musikk er ganske magisk, når du tenker over det. Når du lytter, kjenner du på mange følelser. Du forstår at det er et slags språk, men ser ikke hva som skjer. De fleste forstår ikke hva som egentlig foregår. Det sier Olivier Lartillot, forsker ved RITMO Senter for tverrfaglig forskning på rytme, tid og bevegelse. Han utvikler nye digitale verktøy som han håper vil gjøre musikkens magi tilgjengelig for alle.

Først ut er norsk folkemusikk.

– Folkemusikken er så rik, og en skatt for norsk kultur. Likevel er det ikke så mange som hører på den. Hvis vi lager et verktøy som kan hjelpe folk å forstå musikken, kan folkemusikken kanskje få en renessanse i Norge, sier Lartillot.

[Trener opp kunstig intelligens med hardingfele](#)

Musikken maskinen skal klare å transkribere, er Nasjonalbibliotekets katalog med folkemusikk. Ifølge Lartillot er norsk folkemusikk og særlig hardingfela vanskelig materie for maskinen.

– Den store mengden eksempler som trengs, var i utgangspunktet ikke tilgjengelig. Derfor har vi bedt musikere, den profesjonelle felespilleren Olav Luksengård Mjelva og studenter fra Norges musikkhøgskole, om å spille for oss, og designet en programvare hvor de kunne se lydene visuelt og plassere notene for oss.

[Visualisering hjelper musikkforståelse](#)

Med appen Lartillot vil lage, vil du kunne bla i katalogen av folkemusikk og dra på oppdagelsesreise i musikken. Når du finner en slått eller et stev du liker, kan appen peke deg i retning av noe i samme landskap.

så lenge vil det en slik app kunne brukes til spesifikk folkemusikk. På lengre sikt ønsker Lartillot å utvide kunnskapen til den kunstige intelligensen, slik at den kan brukes for all musikk.



Sons of Norway Fagernes Lodge 5-616
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Salmon Burgers

1 1/2 to 2 lbs. ground salmon fillet
1 cup fine dried bread crumbs
1 small cucumber, peeled, seeded and chopped
4 large shallots, chopped
1/2 cup chopped fresh flat-leaf parsley
6 onion rolls, split

Combine the salmon, bread crumbs, cucumber, shallots and parsley and mix together gently. Make sure all ingredients are thoroughly mixed. Divide the salmon mixture into 6 equal portions and shape into patties about 3 inches in diameter and 1 inch thick. Refrigerate covered on a plate until ready to grill. Prepare your grill for direct grilling at medium-high heat. Lightly oil the grill rack or grill pan. **Place** the patties on the grilling surface over the hottest part of the grill. Cook the patties for about 5-6 minutes per side, turning once. Test with a sharp knife to see if the patties are done. **Right** before the burgers are done, place the bun halves on the grill, cut side down, and toast lightly.

