



Sons of Norway Fagernes Lodge 5-616 July August September 2025 Newsletter



*We meet the fourth Saturday each
month unless otherwise noted.*



Fagernes Lodge meeting
location is at Blair Lutheran
Church, 126 S Peterson Ave,
Blair, unless otherwise noted.

Upcoming Events

July 12, 1:00, Rick Volkman
Stringed Instruments; Servers:
Terry Thompson, Dawn Volkman

Aug. 17, 1:00, Our float in
Whitehall parade

Aug. 24, 1:00, Our float in
Ettrick Fun Days parade

Sept. 21, 1:00, Our float in
Blair Cheese Festival parade

Sept. 27, 1:00, Silent Auction &
Glenn Borreson-Lindesfarne;
Servers: Rowekamps and
Charlene Saxe

Stamps for the Wounded can use our
cancelled stamps. Please trim them
yourself to a 1/4 inch border all around.
Give to Fran Instenes at one of our
meetings.



On April 5th, our Fagernes Lodge held a Frokost and Bake Sale at the Blair Friendship First Community Center. Top photos show the kitchen crew, Todd Fetsch, Dawn Volkman, LaVonne Wier and Jan Hartung. On April 16, We ate at Blair's Rise N Shine Cafe (middle photos). Clockwise from the left, Mary Jo Fetsch, Todd Fetsch, Rod Moen, Kathy Moen, Charlene Saxe, Marlys Britten, Byron Britten, Roger Instenes, Fran Instenes, Betty Glomstad, Russell Glomstad, Leland Wier, Rosanna Larsen, Terry Thompson and Dawn Volkman. Then we presented a program at Blair's Grandview Care Center where Todd Fetsch (bottom photo) played various stringed instruments and the entire group sang a number of Norwegian songs.



Our Float is scheduled in these remaining 2025 parades

August 17, 1:00 - **Whitehall Days Parade**

August 24, 1:00 - **Ettrick Fun Days Parade**

September 21, 1:00 - **Blair Cheese Festival Parade**

From our President Leland Wier

Well, summer is upon us. Hopefully it won't be too hot or humid. On July 26, we have a very interesting program scheduled, Rick Volkman presents and performs with his collection of Stringed Instruments. In August, we have two chances to ride our Fagernes float in local parades, On Aug. 17, in the Whitehall parade and on Aug. 24, in the Ettrick Fun Days parade.

In September, for one last time this year, our float will travel in the Blair Cheesefest parade on the 21st. On Sept. 27, we have our silent auction, but also, once again, we have Glenn Borreson presenting another of his interesting programs, Lindesfarne.

We had a nice evening for our Fyrbal with the Osseo Lodge in Pigeon Falls on June 19. It was a fun evening. The two lodges competed in the lawn game, Kubb, and our Fagernes Lodge won (again) so we retained the trophy. Each lodge member introduced themselves so we could get to know a bit about each other.

Hope to see you at our events this summer.

Ha en huggelig Sommer, your President Leland Wier



Leland Wier



For the Arcadia Broilerfest parade on May 25th, we managed to get our float up and running without the help of Todd who was nursing a bum foot. However, when we passed by him on the parade route, he gave us a big wave of recognition, bottom photo. Some Fagernes members riding the float included, top left photo, Charlene Saxe, Marlys Britten, Chris Hamilton, and next photo, Terry Thompson, Russell Glomstad, Fran Instenes and Betty Glomstad.

Idun Bus Trip in July to Masse Moro and St. Isadore's Dairy, Osseo

Holy Cow! The Sons of Norway Idun Lodge is going on a Dairyland Daytrip. It's Saturday, July 19th and we're visiting Masse Moro in Fall Creek, WI and St. Isadore's Dairy in Osseo. This is a FREE trip for Idun Lodge members. Gratis. No charge. On the house. Complimentary. Thanks for being a member and for everything that you do to make the lodge successful.

The schedule is easy and comfortable. At 8 a.m., we'll leave the Dutch Mill Park and Ride lot in Madison aboard a Lamers Bus Lines chartered coach. We'll stop at the Outlets at the Dells for passenger pick up. We'll then mooove on to the Sons of Norway District Five Masse Moro camp at Fall Creek, WI. At 2:30 p.m., we'll leave the camp and visit St. Isadore's Dairy, south of Osseo. On the return to Madison, we'll stop in Tomah at a Culver's Restaurant for dinner on your own.

Masse Moro is a Norwegian Heritage Youth Camp for children ages nine to fifteen. It started in 1979. The camp offers language, folk art classes and activities, sports, and Viking games. The schedule also includes cultural and historical programming.

The visit to Masse Moro includes a homemade Bar-B-Cue luncheon. In order for the camp to order and prepare the extra food, we have an attendance deadline of Saturday, 7/5 at 12 Noon. You'll find lots of information about Masse Moro at the Sons of Norway District Five website. It's exciting to be able to visit this important camp for the district.

After camp, we'll meet Inga and Chance Orth at St. Isadore's Dairy. On a small pasture-based farm in western Wisconsin, Inga and Chance care for a beloved herd of dairy cows-Sharon, Champagne, Scar, Agnes, Isabella, Mabel, Sophie, and Sally. Together, they run St. Isadore's Dairy, the smallest licensed creamery in the state, crafting farmstead cheeses by hand and milking their cows with care. Every part of their work is rooted in respect for the land, the animals, and the slow, meaningful process of making real food. We'll be sampling the award winning cheese and it will be available for purchase.

The trip is at a minimum a \$60.00 value, FREE to Idun Lodge members. The price for other Sons of Norway members is \$30.00 and it's \$45.00 for the general public. Reservations, payment and questions to: Lucy Ghastin, 7130 Century Ave., Middleton, WI 53562. Cell phone: 608-225-1412.

Email: leghastin@gmail.com.

Join us for this delightful Dairyland Daytrip. Just like Masse Moro, it's going to be a lot of fun.

The absolute final deadline for all reservations (and payments for non-Idun members) is Saturday, 7/5 at 12 noon. But the sooner you sign up, the better...first come, first seated!

Direct your reservations, payments (check payable to Idun Lodge) and questions to: Lucy Ghastin, 7130 Century Ave, Middleton WI 53562. Mobile: 608-225-1412.

Email: **leghastin@gmail.com**

Fraternaly yours, **James Eliason, President Idun Lodge, 5-074, Madison, WI, Sons of Norway**

SONS OF NORWAY SUMMER PICNIC FOR ALL LODGES!

SUNDAY, JULY 6, 2025 AT 1:00 PM

JOHN AND DARLENE ARNESON'S, 2056 SKAALLEN ROAD, STOUGHTON, WI 53589

Join neighboring Sons of Norway- Mandt Lodge and our neighboring lodge members for a good time of fellowship and a preview of what is to come this fall. All are welcome to join us for an afternoon of visiting, fellowship, games, and then we'll play kubb at 4 PM for the usual Sunday Night Kubb at the Arneson pitch. Please bring a dish to pass. Tableware, coffee, juice, and other beverages will be provided.

Our Summer Solstice celebration, The Fyrbal with the Osseo Trygvason Lodge on June 18th.



Our Fyrbal celebration consisted of a potluck lunch at the Pigeon Falls Community Center hosted by the Osseo Trygvason Lodge. After the meal, the two lodges competed on the lawn for the "coveted" Kubb Trophy. The Fagernes Lodge team consisted of, top left photo, Leland Wier, Roger Instenes, Todd Fetsch and Danny Toth. Meanwhile, the Osseo Trygvason Lodge team included, top right photo and its inset, Alton Staff, Gaylord Olson, David Fischer and Jim Christenson. The Fagernes team had a cheering section, smallest photo, which must have helped because after some tense moments where it looked like the Osseo Lodge was winning, the Fagernes Lodge managed to capture the win. Bottom left photo, David Fischer congratulates Todd Fetsch on the Fagernes win.

HAPPY BIRTHDAY! Due to privacy concerns, only the month is listed

July Bailey Anderson, Todd Fetsch, Mary Jo Fetsch, Rodney Moen, Eddie Thompson, Jack Wier

August Marlys Britten, Bianca Casey, Mary Anna-Mete Iverson, Anja Kettinger, Virgieann Stecha, Terry Thompson, LaVonne Wier

September Cynthia Anderson, Marleen Berg, Betty Glomstad, Christopher Hamilton, Janice Hartung, Vivian Rivero

LaVonne Wier, Fagernes Secretary & District 5 Representative

Summer's here because we had the Fyrbal with Trygvason Lodge on June 18th. Lots of fun! There is still time to get a child signed up for Masse Moro camp. Go to www.massemoro.org to find the forms and how to apply. Get the information to a child's family SOON, as the camp starts the middle of July.

I won't be taking printer cartridges to Office Depot any longer. I buy my cartridges online for a lot less than they are at Office Depot. Terry will also buy her printer cartridges online soon. So, we won't need the benefit from the printer cartridges. To get the \$20.00 credit, I had to buy at least \$10.00 of some product each month, and I buy very little from them.

Leland and I have been participating in Zoom training from the International office. One thing I want to pass on to you from those sessions. If you want someone to join Sons of Norway, **SELL** it to them by telling them **WHY** it would be a good idea. Bring them to a meeting...and pick them up so they don't have to walk in alone. Tell them about the good programs, financial opportunities, insurance opportunities, Viking magazine, history and genealogy information. Don't just ask them, "you want to join the Sons of Norway?". **DIRECT** them to the www.sofn.com website. By the **WAY**, if you aren't going there, and to the District 5 website, www.sonsofnorway5.com, you are missing out on lots of information. Take a trip on the internet to see these resources. A person can sign up on the internet to join the lodge. They just have to make sure to specify Fagernes 5-616. You can also print a paper copy of the membership form from www.sofn.com.

District 5 is encouraging a Throwing Challenge. What can be thrown? Darts, cards, bowling, softball, baseball, basketball, cornhole, ladder golf, disc golf, curling, broomball, pickleball, axe, kubbs, football, badminton, tennis, dice, and more! Use your imagination! We also encourage your members to track their individual activities to earn a Sports Medal! Please send in a preliminary report by September 1, 2025 so we have an idea of who is participating and to help us finalize the recognition. The reports can be emailed to District 5 Sports Director Clara Solak at clara.solak23@gmail.com or hard copy at 836 Bennington Drive, Crystal Lake, IL 60014. The challenge runs to the end of the year. I didn't see a form, so just keep track of your minutes and **write them down**.

How about this for a meeting program?

Norwegian Bingo

Many lodges engage in activities that are not specifically Norwegian. With a little extra effort, many of these activities can be given a Norwegian flavor—something of Norwegian culture and heritage can be added and the activity turned into a learning experience.

Needed for Norwegian Bingo

A person to do the calling in Norwegian.

At each table, a person who can help the players with the Norwegian numbers.

Prizes

Norwegian foods like fish balls, geitost (goat cheese), flatbread, lefse, sardines, knekkebrød, pewter buttons. The prizes should be presented in a closed sack or at least wrapped in something so people can't see what is inside. The prizes should be opened at the table. The caller or another person then can teach everybody present what the various prize items are called in Norwegian.

The Norwegian Bingo will be a slow game, but fun and informative.

Photos you've taken of lodge events need to be submitted to LaVonne Wier at 2nor1rus@gmail.com by the 20th of each month for her to pass them on for publication in the Viking and on the SON website. Here is the submission form. Copy and paste the form and fill it out along with your photos and email to her.

Sons of Norway Content & Photo Submission Form

This form is provided to help you share information about your members, past and upcoming lodge events and district happenings via Viking magazine and other organization communications.

The event or photo caption will be based on information you provide so please check spelling of lodges, member names and location information. Send your member profile photographs and this form to your lodge publicity director who in turn should forward it to the district publicity director. If your lodge does not have a lodge publicity director, please send submissions, including this form, directly to your district publicity director.

By submitting this photo submission form, I grant permission and consent to Sons of Norway and the Sons of Norway Foundation for the use of the following photograph(s) as identified below to promote the organization(s). Use may include but is not limited to print publication, publicity, advertising, and digital or online content.

Submitter's Contact Information

**** Highlighted fields are required. Place cursor after highlighted word and type your response.**

Name:

Phone:

Email:

Lodge Name:

District/Lodge Number:

Location:

Are you providing a High-Resolution photo (Yes or No):

(Not sure? Here is a [link](#) explaining what a high-resolution photo is)

File name if providing a photo:

Please fill in the appropriate information for the content categories noted below. Please keep in mind that Viking magazine content is prepared two months ahead of issue.

1. Past Events and Member Activities

Includes recognition of current members, lodge celebrations, community service projects and other past activities. Please include event purpose and location. Individual member names of these shown in photo may be included, however we are limited in caption length to 1 or 2 lines per photo.

Description:

2. Member Profiles

This content features members who with an interesting story that will inspire other members. It could include outstanding long-term or young members in your lodge and district, other members who celebrate their heritage in unique ways. Please include the member contact information, along with a brief description explaining why you believe they should be featured.

Description:

3. Upcoming Events and Member Activities

Includes upcoming lodge and district events that are open to all members, as well as public events. We will feature in-person and remote events such as district wide fundraising initiatives, festivals, community events where the lodge/district will be represented, and upcoming cultural activities or youth camps. A photo is not required. Your description should include dates and location of the upcoming event and a contact name and email/phone number that will be published.

Description:

Lynn Arden Thompson-June 27, 1934 - May 29, 2025

Lynn Arden Thompson, age 90, of Blair, formerly of rural Ettrick, died on Thursday, May 29, 2025 in the Grand View Care Center in Blair.

Lynn was born on June 27, 1934 in Chicago, IL to Harry and Vivian (Peterson) Juul. She married Eddie Thompson on July 2, 1977 in the North Beaver Creek First Lutheran Church in rural Ettrick.

Lynn was a person who loved life, was adventurous, wasn't afraid to take on or try most things and loved working with people. All her jobs, The Bridal Shop, Arrow Shopper, First Lutheran North Beaver Creek, A to Z store and Blair Veterinary Clinic were customer oriented and she found great joy in helping her clients, customers and friends. Lynn even had worked as a driver/aide for the Grand View Care Center where she lived the last eight years of her life.

One of Lynn's greatest joys in life were her grand and great-grandchildren. You could tell she was filled with joy when they visited her.

Lynn is survived by her husband, Eddie; sons, Glen (Debbie) Hughes, Ray (Dianne) Hughes, Craig (Sheryl) Hughes and Bill Hughes; six grandchildren, Shane (Tammy) Hughes, Abby (Mike) McDonnell, Melissa Feit, Scott (My'Lisse) Hughes, Moriah Mackey and Monica (Adam) DeLePena; 14 great-grandchildren and many nieces and nephews.

In addition to her parents, Lynn was preceded in death by her sister and brother-in-law Lois (Clyde) Lytle and a daughter-in-law, Dianne Noel Hughes.

The family would like to extend its heartfelt thanks to the staff of the Grand View Care Center and the staff of St. Croix Hospice for the loving and compassionate care they gave Lynn.*

*(Partial obit is taken from Jack Funeral Home obituaries online)

Sons of Norway Fagernes Lodge 5-616
 Terry Thompson, Editor
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Walnut and Cheese (Valnøtter og ost)



Ingredients

Walnut halves

Normanna
 cheese
 (Norwegian
 Roquefort)

Butter or light
 cream

Green grapes

Directions

Step 1

Rub cheese through a sieve, or mash with a fork and blend with a little butter (room temperature) or cream.

Step 2

Place a small amount of cheese on whole walnut halves, press a grape into the cheese on one half and top with the other half.

Step 3

Place a toothpick into the grape. Arrange the appetizers on a platter with curly endive.