



Budstikken



Volume 44 Issue 11

November 2009

Wergeland Lodge #5/028 P.O. Box 3591, La Crosse, WI 54602-3591

**Next Meeting - Thursday, November 5
7:00 p.m. - American Legion Hall
711 S. 6th Street, La Crosse**

Norskedalen: Unforgettable in Every Season

Most of us in Sons of Norway know about Norskedalen, meaning Norwegian valley. It's been around for 30 years and many have visited, many volunteer. But there are lots of things going on there that you may not be aware of.

Chris Hall, education director at Norskedalen for the past three years, will be at our November meeting to give us an overview of this unique nature and heritage center whose mission is to preserve and interpret the cultural and natural history of this area. As Ben Logan said so well in his book **The Land Remembers**, "the land affects people and people affect the land." Norskedalen helps to show this connection through many and varied programs and activities. Don't miss this chance to learn from someone closely connected to all the events happening there.

Chris, who lives in a 130 year old log cabin in Chaseburg, will share information and opportunities at Norskedalen .

WERGELAND KALENDER

- November 5: 7:00 pm- General Meeting at Legion
- November 9: 8:30 am- Board Meeting at Perkins by the Mall
- November 16: Deadline for Budstikken Items
- November 20: Budstikken goes to Printer
- November 25: Budstikken mailed to Members
- December 3: Heritage Dinner and Juletefest

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Fra Presidenten:

Hei, hei ..

Thank you for being flexible to change the date of our October meeting, even though the Torchlight parade got cancelled for the first time in 47 years! In the fall, you never know how the weather will be. Let's enjoy the nice days, and before you know it, Thanksgiving and Christmas will be here.



We now have a new oak book case for our library books. Thanks again Lloyd Hoff for making it.

Have you invited someone to become a Wergeland member? You need to recruit them before December 15th for the contest. If you sign up a new member in this recruitment blitz, they will receive a \$5.00 discount on their first year dues. The cost of their membership would be \$33.00. Also, invite them to be your guest at the Heritage Dinner in December. Also remember to mix in conversation with the new members to make them feel welcome. Wergeland Lodge is a friendly group of people, and we don't have some of the membership problems other lodges have. Keep enjoying the socials, meetings, and programs. You will continue to gain friends who have many of the same interests you do. Remember, the cost of membership will go up in January, 2010 by \$3.50, which is mostly for the Viking magazine and costs at the Minneapolis office for maintenance of membership.

Speaking about the Viking magazine... the May, 2009 issue had an article on page 15 called "In Sickness and in Health." The man he interviewed was Kjeld Husebye, M.D. who came from Norway in 1954 with his wife Karan, and they raised their three children; David, Stephen, and Elizabeth in Minnesota. Karan was a nurse. I even named my daughter Karen after her. I was so happy to see his article for ... when I was 16 years old, I lived with this Husebye family in St. Paul for the summer between my junior and senior years in high school. It was the most memorable summer of my life. They had a big house in a nice neighborhood, and for a couple weeks of the summer, we lived in a nice cottage on Madeline Island. My job was to take care of the children, and help a little around the house. I have always been very grateful to them for the wonderful summer, and also that Dr. Husebye had a Dr. /friend cauterize my nose so I no longer had nosebleeds. He remained in this country after retirement. It would be nice to see them again.

Cindy Olson of the Foundation Office apologized sincerely because they somehow missed the picture and information about Abby Schoenfeld getting the Myrtle Beinbauer \$3,000 scholarship. It will be in the Viking soon.

The nomination committee read the names of the nominees for 2010 offices. The voting will be at the November meeting. The list is in this issue. We really need people to volunteer to be marshals. Tusen takk! Ha det!

Fraternally,

Shirley Lokstad Schoenfeld

Gratulerer Med Dagen!

(Happy Birthday)



November Birthdays

- 3 Raymond M. Hanson
- 3 Kristy A. Stokke
- 4 Mabel S. Klimpen
- 5 Kathryn K. Willinger
- 6 James C. Halvorson
- 6 Evelyn M. Pertzsch
- 8 Georgia R. Carr
- 8 Nancy R. Loper
- 8 Lois Willinger
- 9 Phyllis C. Branson
- 9 Julia L. Forde
- 11 Laura A. Gonja
- 11 Lydia C. Tande
- 12 Shirley M. Bryhn
- 13 Tamara L. Nowland
- 13 Shirley A. Schoenfeld
- 13 Signe G. Schroeder
- 14 Greg P. Hart
- 14 Charlotte B. Hougom
- 14 Donna B. Olson
- 14 Janice Dawn Otterson
- 15 Olga Christiansen
- 15 Theresa L. Heiser
- 16 Bernardo Cueto
- 16 Monroe S. Olson
- 17 Sara Jane Deters
- 18 Harley L. Evenson
- 18 Marilyn M. Fox
- 19 Laurine B. Woxland
- 20 Michael S. Berg
- 20 Marilyn D. Hammes
- 22 Lorraine Hagen
- 23 Joan Everson
- 25 Eleanor J. Mull
- 27 Lois J. Tolvstad
- 28 Susan M. Carlson
- 28 Connie Erickson

Lunch for the November 5 Meeting



Sandwiches (2 ½ dozen): Corrine Abegglen, JoAnn Briggs, Carole Wadel, Florence M. Johnson, Linda Sherwood, Mary Sween, Dee Johnson, Mary Johnson, Charlotte Hougom and Ingrid Iverson

Cake: Dian Fossum, Flo Moe Olson, Marilyn Trisch, Frieda Nowland, Dorothy Paulikas, Julia Forde, Jean Davis, Carol Stekel, Shirley Schoenfeld and Ruth Jostad

Pickles (2 qts.): Hjordis Helgestad, Ramona Johnson and Neil Nelson

Please contribute \$2.00 per person at the lunch table for lodge expenses

Looking Ahead--- Our Dec. 3 meeting will feature the annual Heritage Dinner with traditional Norwegian foods. Entertaining will be our Wergeland dancers and the 15 member Logan High School Madrigal Singers.

Skretær Notater... Abbreviated Minutes of the October 15 Meeting

Wergeland Lodge's October general meeting opened at 7:00 p.m. with the pledge of allegiance and the three national anthems. Shirley reminded everyone to bring new members to our lodge during the Membership Blitz between now and December 15. New members receive \$5 off their first year membership fee during this time.

Please sign up for the Heritage Dinner with either Marilyn Trisch or Sonja Banegas. If you are bringing a new member, please include their name(s), too.

Minutes of the September meeting were approved at the following Board meeting. Pete Sherry read the treasurer's report in Marilyn Rudser's absence. September income was \$952.33; Expenses were \$1,204.13. Balance in the checking account September 30 was \$2,277.59, the Scholarship fund held \$2,102 and Savings \$2,402.28. The report was received and filed.

Communications

The Barnebirkie will be February 25th in Hayward. Bowling Tournaments begin November 1 through February 28. More information in Budstikken.

Unfinished Business

Ken Eggen gave a nominating committee report. There are a few open positions yet. Please step forward to volunteer.

Karen Skarseth gave us an introduction to the new library cart Lloyd Hoff built for the lodge. A big thank you to him for the beautiful work!

Wergeland Lodge has donated \$5,905 thus far to Riverside Gardens for the Torvtak (grass-roofed entrance). The balance yet needed is \$1,595 of the \$7500 total. Remember to record your name when you work there Wednesdays at 6 p.m. Anyone knowing people who could be approached to talk about funding the larger components of the garden, please contact Shirley soon.

New Business

Onalaska Middle School PTO is having another Festival of Nations on Thursday, November 12, 2009 at the Onalaska Middle School Commons from 6:30 to 8:00 p.m. Let Shirley know if you have ideas for the evening.

Announcements

The next Wergeland Lodge meeting will be November 5th, 7 p.m. at the Legion. The next board meeting is Monday, October 19 at 8:30 a.m. at Perkins.

Members were reminded about Salvation Army bell ringing – a signup sheet was passed through the audience.

Vernetta Moe reminded everyone to keep track of the activities and time involved in each for the Lodge of the Year report.

The meeting was adjourned.

Doris Henderson introduced Prof. Dag Rossman. He taught at Louisiana State University and worked at Masso Moro camps. Dag introduced us to the world of Norsk tales and read from his newest book, THE DRAGON SEEKER SAGAS.

Attendance: 128 Foundation: \$62.50 Table collection: \$171.50

Respectfully submitted, Vernetta Moe, Secretary

Dis og Dat

Marilyn Silbaugh had the privilege to be the guardian for her two uncles, Clyde and Eugene Pierce, on the Freedom Honor Flight to the WWII Memorial Saturday, October 10th in Washington DC. This is such an awesome experience for our veterans.

Keith and JoAnn Briggs enjoyed two days at Høst Fest. In the thousands of those attending, it was so special to see **Joan and Ruth Everson**. They had a great time and highly recommend it to those who have not been there.

Ron and Frieda Nowland recently presented programs to Sons of Norway lodges at Spring Grove and at Owatonna, Minnesota.

Kent and Mary Sween were in Loveland, Ohio for six days visiting Mary's brother.

Jim Moe was on the Freedom Honor Flight on October 10th to Washington DC. He says "I had a fabulous trip. It was a long, wonderful day to remember - a wish come true. All I can say is "Thank you, thank you, thank you."

Fred and Dee Johnson attended Fred's ship reunion in Natchez MS in September. They also visited a cousin in Jackson MS.

Hans Amundson is hoping to hear soon from doctors in Rochester MN as to what will be done about a medical condition.

Ruth and Joan Everson attended the Norsk Høst Fest at Minot ND where they attended great shows and met many old friends.

Dorothy Paulikas and friends enjoyed a trip to Grand Marais MN on the north shore. She says, "The scenery was beautiful and the trees were just beginning to turn. Lake Superior was sometimes very quiet and still, almost like a mirror, and then without warning the wind would whip up huge waves."

Annette and Pete Sherry traveled east to Maine, New Hampshire and Vermont with their daughter and son-in-law, Karen and Steve Schmidtnicht. They were there from September 25th to October 5th.

Robert and Judean Everson traveled by train to Libby MT for a Norwegian festival.

Eugene and Florence Johnson traveled to Chapman KS to help their daughter Catherine who gave birth to Lucas, grandchild number 52, on September 9.

Gordon and Teri Peterson from Monroe LA and their daughter Cathy and granddaughter Kalin Swenson from Chippewa Falls WI along with **Wesley Bangsberg** gathered at the apartment of **Julia Nordby** on September 26th. They then traveled to Norskedalen for the threshing demonstration. They also visited Julia's sister Emma Liek at Rolling Hills in Sparta. Gordon is a cousin of Julia.

Don and Donella Erstad from Scranton ND visited **Julia Nordby** on October 6th. She took them to tour Norskedalen and they went on to Decorah IA. Donald is the treasurer of the SON lodge in Scranton.

Condolences

...til **Florence Spors** and family. Her husband Wesley Spors (86) died on October 10, 2009. Wesley had been a Wergeland member in the past.



In Memoriam...

Gloria Garcia died on October 15, 2009. She had been a member of our lodge for almost 9 years. Her mother and step father were Vivian and Vince Foster, who were very active members in the past. We extend our sincere sympathy to Gloria's family.

God Bedring

... til **Julia Nordby** who had tear duct surgery at Franciscan Skemp Medical Center in La Crosse. Julia reports that she had two of the most "beautiful" black eyes and for a couple of weeks she was "a real cutie."

Gratulerer....

...til **Susan Beitlich** - now **Carlson**, who got married to Robert Carlson. They live in Jamestown, North Dakota now.

...til **Darlene and Rector Wall**, who celebrated their 60th anniversary day on Oct. 15 with a nice family dinner. They have four children and nine grandchildren and eight great-grandchildren, who gave them a wonderful salute in the Tribune - "Thank you for your living examples of faith, love, and service to each other and your family - we love you!"

Rev. Scott Skogen, son of **Bing and Carolyn Skogen**, was recently inducted into the Onalaska High School Alumni Association "Wall of Excellence" for his contributions to the children of the area. Scott has been involved in the community volunteerism as well as school activities.

Norwegian Visitors at the Hendersons



On the weekend of September 19 and 20, **Doris and Arlan Henderson** entertained and housed Terje and Kristin Solheim and 13 other Norwegians from Froland, Norway. **Al and Julia Forde** and **Brian and Liesl Allen** were included in the fun weekend. Arlan took the group on a hay ride and explained the crops to them. He showed them an old log home on the property and gave them the history of the home. Doris provided a delicious picnic supper and they sang around a campfire with Terje playing a guitar.

On Sunday the group attended church with Arlan and Doris and sang in Norwegian during the service. They also sang in the fellowship hall before enjoying a brunch prepared by the church. Following that, the Norwegians went to Decorah to tour the Vesterheim Norwegian American Museum. Upon their return, Arlan sawed lumber for them, as one of the visitors was a carpenter and another sharpened saw blades. Following that, Doris had prepared another delicious home-cooked and home-grown meal for them including their favorite-cooked potatoes. The Norwegian again entertained with their singing and presented Arlan and Doris with Norwegian gifts.



KAREN'S KORNER

Applefest! Oktoberfest! Lutfest! Has a nice ring, doesn't it? The air is crisp and the colored leaves are falling so it's time to load up the mini-van or Buick and drive the circuit of church lutefisk and lefse diners. What does that have to do with a book report? Lydia Tande, a long-time lodge member, recently donated "The Last Word on Lutefisk" to our library. Our library already had "The Last Word on Lefse", both books by author Gary Legwold who grew up in Peterson, Minnesota. These humorous views of two of our favorite foods will put you in the mood for the dinners in Blair or West Salem or Westby or even Boaz.

When I first moved back to La Crosse from Minneapolis, I attended a lutefisk and lefse dinner at North Beaver Creek. We patiently waited in the Sanctuary for our numbers to be called as we watched the Packers on the big-screen TV (on mute) above the lectern and listened to the Oompa band playing around the pulpit. Only in Wisconsin could we enjoy such entertainment as we waited for the dinner that most of our friends would deride. The author calls the lutefisk book "true tales of cod and tradition". It think that is true for most of growing up Scandinavian in the Midwest - it is our tradition. If you drive the circuit, you will certainly run into many familiar faces from Sons of Norway.

These are humorous and heart-warming stories, anecdotes, recipes, songs, poems, and pictures about our 'L & L' foods. You will find out some interesting facts too:

*Lefse was a staple during WWII when Norway was occupied by Germany and food was scarce.

*There are over 50 kinds of lefse.

*Ling is now used to make lutefisk because it is cheaper than cod.

*Why lye is used to soak the fish.

*A candidate for Governor in Washington State ran on the Lutefisk Ticket.

I will put in a plug for my own church supper:

Our Redeemer Lutheran Church, 2135 Weston Street in La Crosse; meatball and lefse dinner (no lutefisk), 4:00 p.m. - 7:00 p.m. on Thurs. Oct. 29.

Hope to see you at one of the dinners and enjoy the foods of Fall!

Looking Back Through the Budstikkens

By Historian Christine Hanson

Fem år siden (5 years ago) November 20004

"Voices From The Viking Age". Douglas "Dag" Rossman of Decorah was the speaker. He has been sharing the stories of the ancient North to audiences around the country. The Norse myths are filled with the exploits of gods, giants, elves, dwarves, trolls and dragons.

Ti år siden (10 years ago) November 1999

Janet Melby presented the program. She showed slides and told about her trip to Africa to visit her son while he served in the Peace Corp.

Leon Edman was nominated Outstanding Escort at Gundersen Lutheran for going above and beyond what is re-

Fjentaen år siden (15 years ago) November 1994

Shirley Shoenfeld showed a video and told of her visits to northern Norway and Finland.

Frieda Nowland, Vince and Vivian Foster, and Al and Verda Guberud hosted the "Biking Vikings" as they came to La Crosse.



Karen Scarseth, Wergeland librarian, and Lloyd Hoff show the new library shelf/cart that Lloyd made for our library.

The Boys From Vangen: *Vangsgutane*

Written by Leif Halse

Illustrated by Jens R. Nilssen

Bilingual English and Norwegian

Translated into English by Alexander Knud Huntrods

Published by Deb Nelson Gourley, Astri My Astri Publishing

Vangsgutane (The Vangen Boys) has been a pre-Christmas classic series in Norway since 1941. Now available in America for the first time! Following the loss of their father, the boys from the Vangen farm—Steinar and Kåre—tackle their father's field work and fulfill his unfinished lumber contract obligation.

Honest and quick-thinking, the boys become role models for Norwegian children through their numerous adventures and close calls, some involving a troublesome neighbor boy, Larris. Right after WWII, *Vangsgutane* was used as curriculum material in Norwegian schools, as the series had easy-to-read text with pictures. Hard-cover book is for all ages with easy-to-read bilingual text and pictures throughout the stories. New off the press September 2009.

(Can be ordered from Deb Nelson Gourley. Her address/phone is on page 9)



Roald Engelbregt Gravning Amundsen

16 July 1872 -
c.18 June 1928

Roald Amundsen was a Norwegian explorer of polar regions. He led the first Antarctic expedition to reach the South Pole between 1910 and 1912.

He was also the first person to reach both the North and South Poles. His parents were Jens Amundsen and Hanna Sahlqvist.

He was known as the first to traverse the Northwest Passage. He disappeared in June 1928 while taking part in a rescue mission. Amundsen with Douglas Mawson, Robert Falcon Scott and Ernest Shackleton was a key expedition leader during the Heroic Age of Antarctic Exploration.

(Taken from Wikipedia)

Northwest Passage

In 1903, Amundsen led the first expedition to successfully traverse Canada's Northwest Passage between the Atlantic and Pacific Oceans (something explorers had been attempting since the days of Christopher Columbus, John Cabot, Jacques Cartier, and Henry Hudson), with six others in a 47 ton steel seal hunting vessel, Gjøa.

Amundsen had the ship outfitted with a small gasoline engine. They travelled via Baffin Bay, Lancaster and Peel Sounds, and James Ross, Simpson and Rae Straits and spent two winters near King William Island in what is today Gjoa Haven, Nunavut, Canada. During this time Amundsen learned from the local Netsilik people about Arctic survival skills that would later prove useful. For example, he learned to use sled dogs and to wear animal skins in lieu of heavy, woolen parkas. After a third winter trapped in the ice, Amundsen was able to navigate a passage into the Beaufort Sea after which he cleared into the Bering Strait, thus having successfully navigated the Northwest Passage.

Continuing to the south of Victoria Island, the ship cleared the Canadian Arctic Archipelago on August 17, 1905, but had to stop for the winter before going on to Nome on the Alaska Territory's Pacific coast. Five hundred miles (800 km) away, Eagle City, Alaska, had a telegraph station; Amundsen travelled there (and back) overland to wire a success message (collect) on December 5, 1905. Nome was reached in 1906. Due to water as shallow as 3 ft (0.91 m), a larger ship could never have used the route.

It was at this time that Amundsen received news that Norway had formally become independent of Sweden and had a new king. Amundsen sent the new King Haakon VII news that it "was a great achievement for Norway." He hoped to do more he said and signed it "Your loyal subject, Roald Amundsen

Warming Opens Northeast Passage

From Shirley Schoenfeld



Wergeland member Ernest Haugen sent some information from the Environment - a newspaper from San Luis Obispo CA where a relative lives.

The article tells about global warming in the Arctic Passage and thereby giving shippers a shortcut. Two German merchant ships traversed the fabled Northeast Passage after global warming and melting ice opened a route from South Korea along Russia's coast to Siberia. They believe the northern route "is going to become more and more open on a seasonal basis." It won't be consistently open because of local weather patterns that could still freeze it up for long time periods. This year is shaping up to have the third lowest amount of Arctic ice on record, just behind the worst year set in 2007, and 2008.

A journey from South Korea to the Netherlands is about 11,000 nautical miles (12,658 miles). By going northward and using the Northeast Passage, approximately 3,000 nautical miles (3,451 miles) and ten days can be shaved off. This means lower fuel costs.

"We are seeing an expression of climate change here," says Mark Serreze. "The Arctic is becoming a blue ocean" he told the Associated Press.

Ernest Haugen says "There are many who think global warming is nothing to be concerned about. The Norwegians are concerned about it." Ernest suggests that "We drive less and let the trees grow - the trees clean the air."

Ernest's relative in California is second cousin Alex Frew. He is related through his mother Amanda's father Tobias. Amanda had a sister Louise whose daughter Helen is Alex's mother. Ernest has been giving him all the family information that he knows. Ernest's great-grandfather was Jacob Opsahl Brennum from Skaabu in Nord-Fron. Alex takes a lot of interest in family history.

Marilyn and Lyle Silbaugh Address Changes

Email: cameranut09@yahoo.com

Mailing address Nov. 1- early April

1604 Garnette Dr
San Luis Obispo CA 93405
%Jude Saffas

Hardangersøm

This article is written by Shirley Schoenfeld as part of earning a Level 3 in the cultural awards for Hardangersøm. She has completed Levels 1 and 2, and for Level 3, the requirements are to write an article about it and have it published, as well as draw a pattern herself and make it.

The Hardangersøm group for our Wergeland Lodge meets the first Wednesday of each month at 1:30 PM at the S.Side Library of La Crosse. The picture below is one of the pieces she made, using variegated pink, green and ivory pearl cotton thread. She is currently working on a curtain valance, which is much larger. She hopes to finish it by the June District 5 Convention.



Originally, hardangersøm is always worked with white linen thread on white even-count linen cloth or with white pearl cotton thread on white even-count cotton cloth (Hardanger cloth.) In more recent years you see combinations of different colored threads with different colored cloth, which gives us contemporary hardangersøm. Many folks make Christmas decorations and book marks by using only a small part of traditional patterns.

Hardangersøm is a delicate form of open embroidery work. It is finally receiving the recognition and appreciation it deserves. It is very elegant embroidery. It can be done by any nationality, and some call it “cutwork” embroidery. It was developed in the beautiful Hardanger area of Norway, but in that area, it is known as *ut-skurdssøm*, which means “cut-out-seam.” They used to do the cutting with a sharp blade rather than clipping them out with scissors. This type of embroidery dates back to the early 1700s. They used it on aprons and collars, then tablecloths and napkins before each area in Hardanger developed its own bunad, using it on headdresses, breast cloths and hand covers.

Hardangersøm was brought over to United States by immigrants. These families keep this craft alive into the 3rd and 4th generations, and many of the pattern books are made by Americans. Sons of Norway lodges and Bygdelags show a great interest in keeping this skill alive.

Ole asks Lena, “Shall I wear boxers or briefs today?”
 “DEPENDS” says Lena.

Wergeland Lodge Officer Nominees for 2010

President	Shirley Schoenfeld
Vice President	Kent Sween
Counselor	Vivian Sacia
Secretary	Kathryn Beane
Ass't Secretary	Doris Hagen
Financial Secretary	Hjordis Helgestad
Treasurer	Marilyn Rudser
Co-Soc Dir-Spec. Meals	Marian Mickelson
Co-Soc Dir-Spec. Meals	Marilyn Trisch
Co-Soc Dir- Reg. Mtgs	Mary Sween
Co-Soc Dir-(Aug-Nov.)	Gurine Eggen
Co-Soc Dir-(Jan-Apr.)	Elsie Olson
Musician	Anne Farning
Ass't. Musician	Karan Mathison
Foundation Director	Alvin R. Forde
Ass't. Fndn. Director	Julia L. Forde
Historian	Jan Storlie
Sports Director	Jean Davis
Cultural Director	Doris Henderson
Ass't. Cultural Director	Frieda Nowland
Cultural Skills	Patty Dahl
Cultural Skills	Jan Brudos
Greeter	Orlando Wadel
Greeter	Carole E. Wadel
Ass't. Greeter	James W. Gums
Ass't. Greeter	Alice C. Gums
Marshal	
Marshal	Eugene Johnson
Marshal	Robert Everson
Marshal (Aug-Nov)	Ken Eggen
Marshal	Hazen Ames
Marshal	
Marshal	
Auditor, (1st Yr)	Adrian Johnson
Auditor, (2nd Yr)	Orlene Hough
Auditor, (3rd Yr)	Todd A. Trautmann
Trustee, (1st Yr)	Adrian Hagen
Trustee, (2nd Yr)	Marilyn Trisch
Trustee, (3rd Yr)	Warren Engelson
Budstikken Editor	Carol Stekel
Budstikken Editor help	Joe Stekel
Ass't. Budstikken Ed.	
Co-Publ Dir- Viking	Bernardo Cueto
Co-Publ Dir- programs	Leif Marking
Co-Publ Dir- pictures	Vern Olson

Information about Officers Duties

Duties of the officers of Wergeland Lodge follow those of the official Sons of Norway Charter and Constitution, and details are found in Chapter IX. However, we are providing here a brief summary for major offices to inform members prior to our election of officers. Officers are elected for a term of one year and shall perform their duties in accordance with the duties outlined in the Sons of Norway Constitution. All officers also serve on the lodge Board of Directors. The offices of President, Secretary, Financial Secretary, and Treasurer shall be held by separate individuals. There is no order of succession for the offices; one must only be a member for three months in order to be eligible to serve as an officer.

This information provides a general description of the duties of the major officers of the lodge, but there are other offices which provide assistance to the offices described. There are also various committees on which a member can serve to contribute to the lodge. The President appoints all the committee members. When all officers, committee members, and the general membership work together for the good of the lodge, the result is a lodge you are proud to be a member of.

PRESIDENT – Presides at all meetings of the Lodge and Board of Directors; has general supervision of the Lodge and sees that the officers perform their duties; decides parliamentary questions; counter signs all checks issued by the Treasurer.

VICE PRESIDENT – Presides at all meetings in the absence of the President; also is Chairman of the Membership Committee.

COUNSELOR – Supervises all ceremonies and assists and guides other officers. (Must be a past president).

SECRETARY – Keeps accurate minutes of meetings of the Lodge and Board of Directors; carries on correspondence; issues reports on behalf of the lodge.

FINANCIAL SECRETARY – Receives all money due the lodge; is responsible for the membership roll; issues necessary reports and maintains books of account; assists in the preparation of lodge financial reports.

TREASURER – Receives money collected by the Financial Secretary; deposits the money in lodge accounts; maintains the cash book; makes payments as authorized by the Lodge; prepares, together with the Financial Secretary, the required financial reports.

SOCIAL DIRECTOR – Plans and supervises social activities of the Lodge, such as the lunch at meetings, and dinners on special occasions, and selects songs to be used during ceremonies.

CULTURAL DIRECTOR – Plans and supervises entertainment programs for the Lodge, which will preserve and promote our heritage.

MARSHALS – Responsible for the regalia and physical appearance of the lodge meetings.

LIBRARIAN – Responsible for the lodge library and its use.

PUBLICITY DIRECTOR – Responsible for photos, news releases and advertising.

HISTORIAN – Responsible for keeping the lodge history books and providing research as necessary for lodge functions.

EDITOR – Responsible for compiling, editing and publishing the lodge newsletter.

GREETERS – Have charge of the doors, register guests, and provide name tags.

TRUSTEES – Supervise the personal property of the Lodge and keep accurate accounts of same.

Other important offices: Foundation Director, Sports Director, Auditor, Musician, and Assistants to some of the offices.

If you want to know more about any of the offices of Wergeland Lodge, please ask one of the incumbents, or refer to a copy of the Sons of Norway Constitution.

If you have seen members perform different tasks and have the capabilities, please call the President or the nominating committee.



Time for Those Lutefisk Dinners!

Saturday, November 7.....

Our Savior's Lutheran Church
359 N. Leonard St., West Salem, WI
Starts @3:30 p.m. \$13.00 for adults
Lutefisk, Meatballs, and baked Norwegian Goodies
Bake Sale and Bazaar

Sunday, November 15 ...

Looney Valley Lutheran Church
Houston, MN (on Hwy 9)
Lutefisk and all the trimmings!
Starts @4:00 p.m. \$13.50 each
For Tickets - Call 507 896 2205





Spruce up your tree with a limited edition Sons of Norway Christmas ornament!

For the first time ever, Sons of Norway is offering a limited-edition Christmas ornament to help you celebrate your Norwegian heritage this holiday season. Proudly displaying the Sons of Norway logo and colorful Telemark Rosemaling design, the ornament will display your Nordic pride as well as be a cherished, colorful addition to your Christmas tree this year.

About the Design

The ornament is styled with a Telemark Rosemaling design. Noted for its transparent and lyrical style, Telemark's use of organic shapes and scrolls create a dynamic feeling of movement, which carries the eye rhythmically through the design. Also, its color palettes have historically consisted of earth tones, mostly due to rural painters access to inorganic native elements. This year's ornament design preserves these styles and continues the traditions of Norway's earliest artisans.

Remember, this year's ornament is a special offer and quantities are limited. If you'd like to order an ornament for yourself or for someone special, contact Sons of Norway at (800) 945-8851. The cost is \$14.99 + tax and shipping per ornament.

Festival of Nations - Ethnic Night

Thursday, November 12, 2009 6:30 to 8 PM

Onalaska Middle School 1931 Sandalwood Dr. Onalaska, WI

Wergeland Lodge will again participate in this annual event intended to showcase and teach about the many ethnic groups and their cultures found in the region. Carolyn Skogen is the Chairperson, and says our lodge will have tables set up with samples of Norwegian food for the children, Norwegian crafts (Hardanger and Woodworking), and members wearing bunads. Along with Carolyn, Frieda Nowland, Ellen Olson and Hjordis Helgestad will represent our lodge. Volunteers are encouraged to participate by providing food items such as rosettes, krumkake, lefse or sandbakkels, as well as showing their own craft items..



Holiday Marketplace Bazaar

Saturday, Nov. 14, 2009

8:00 a.m. to 2:00 p.m.

Our Redeemer Lutheran Church

2135 Weston St., La Crosse

Barbecue Lunch and Pie 10:30 am - 1:30 pm

Door Prizes Every Hour

Norwegian Baked Goods Christmas Decorations

Wearable Art, Children's Corner

Quality Handmade Gifts



SON District 5 News

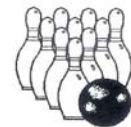
Bowlers Wanted!

**Help Support District 5
Scholarship Fund**

Our District Five SON is holding a Bowling Tournament from Nov. 1, 2009 through Feb. 28, 2010. It is open to all SON members, prospective members, friends and family at a cost of only \$5.00. This doesn't have to be at a special SON event, but can be from any league score or at specially arranged SON bowling parties.

Also, anyone who wants to play on a Wii game on your tv can also qualify. This applies to "Men's", "Women's" or "Youth" categories. You could win the top \$25.00 prize.

Anyone want to organize a group? Or perhaps you already bowl in a league? What a fun way to support our District 5 scholarship fund! See Shirley or call our Sports Director, Ruth Korb at 608 486 2854 for the rules and forms.



Upcoming Barnebirkie

Next winter's Barnebirkie will be help on Thursday, Feb. 25th at 12:30 p.m. Over 1000 children ages 3 to 13 participate in this special ski event.

Volunteers will be needed to assist at the starting and finish lines, registration, awarding medals to skiers, as well as working in the cookie tent. We can help also support this Birkebeiner Association event by supplying cookies.

Please email David Hermundson at davidphnx@hotmail.com or call him at 715 834-7556.

More info on this will be in our January Budstikken.

a little in English...

Norwegian Name Days

In Norwegian culture, a person's name day is a day of the year that according to an almanac is dedicated to their first name. The tradition of celebrating a name day comes from the early Christian church, evidently to reduce the significance of celebrating birthdays, which was considered a heathen practice.

The original name days were taken from a list of Catholic saints and martyrs from the Middle Ages. Even though the religious basis for saints' days fell away after the Reformation, the practice was retained in folk tradition. From about the middle of the 18th century until early in the 1900s these name days were published in almanacs. By 1912 both the names and the traditions surrounding them had died out in Norway.

Name days had little meaning in Norway during the 1900s, while growing in popularity in Sweden. This generated a certain amount of attention in the Norwegian media during the 1980s, and in 1988 a new calendar was published that included name days.

For every date in the year except January 1st, February 29th and December 25th, two names were chosen, based on statistics for names from the period 1900-1982. About 125 of the names from the old name day calendar were reintroduced on the same dates as before. A few names were assigned to dates connected to historical figures with the name. Examples of this are Snorre, which was assigned to September 23rd, the birth date of Icelandic saga scholar Snorre Sturlasson, and Håkon and Maud, which were both assigned to June 21st, the date of the coronation of King Håkon VII and Queen Maud in 1906.

Today the tradition is well-known in Norway. You can look up your own name day at http://www.nordisornames.de/wiki/Norwegian_Name_Days

Deb Nelson Gourley donated this book to our library:

The Boys From Vangen: Vangsgutane

(see page 4)

It has been a Norwegian classic since 1941 and was even taught in their schools. It would make a good Christmas present for young people (and old) and can be ordered from:

Astri My Astri Publishing

Deb Nelson Gourley

602 3rd Ave. SW, Waukon, IA 52172

Phone: 563-568-6229 email deb@astrimyastri.com

<http://www.astrimyastri.com>

litt på norsk...

Norske Navnedager

En persons navnedag er den dag som ifølge almanakken er tilegnet personens fornavn. Tradisjonen å feire navnedag oppstod i den tidlige kristne kirken, nærmest for å redusere betydningen av fødselsdagsfeiringen, som ble oppfattet som en hedensk skikk.

De gamle navnedagene var hentet fra en liste over helgener og martyrer fra middelalderen. Selv om det religiøse grunnlaget for helgendagene falt bort med reformasjonen, ble de bevart i folketradisjonen. Fra omtrent midten av den 18de århundret til tidlig i 1900-tallet var navnedagene trykket i almanakker. Innen 1912 hadde både navnene og tradisjonene rundt dem dødd ut i Norge.

Navnedager hadde lite betydning i Norge gjennom 1900-tallet, mens feiringen av folks navnedager fikk stor utbredelse i Sverige. Dette vakte en viss oppmerksomhet i norske medier på 1980-tallet, og i 1988 lanserte Almanakkforlaget en ny kalender som etter svensk forbilde inneholdt navnedager.

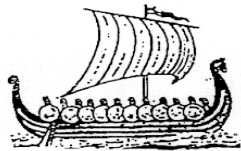
For hver dato i året, bortsett fra 1. januar, 29. februar og 25. desember, ble to navn valgt ut, basert på statistikk over navn for perioden 1900-1982. Rundt 125 av navnene fra den gamle navnedagskalenderen ble gjeninnført på samme dato som tidligere. Noen få navn ble lagt på datoer knyttet til historiske personer med navnet. Eksempler på dette er Snorre, som fikk navnedag 23. september etter dødsdatoen til Snorre Sturlasson, og Håkon og Maud, som begge fikk navnedag 21. juni etter kroningsdagen til kong Haakon VII og dronning Maud i 1906.

I dag er tradisjonen velkjent i Norge. Du kan slå opp din egen navnedag på http://www.nordicnames.de/wiki/Norwegian_Name_Days

The mission of Sons of Norway is to promote and preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and provide quality insurance and financial products to its

Budstikken (Permit #22) is the official publication of Wergeland Lodge 5-028. *Budstikken* is published 12 times a year by Wergeland Lodge 5-028, P.O. Box 3591, La Crosse, WI 54602-3591. Nonprofit bulk permit number 22 paid at La Crosse, Wisconsin. Annual membership in Wergeland Lodge includes subscription to this newsletter.

SONS OF NORWAY
WERGELAND LODGE #5/028
Carol Stekel, *Editor*
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November 2009



Non-Profit Organization
U.S. Postage Paid
Permit No.22
La Crosse, WI 54601

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Norskedalen Activities



Throne Visitor's Center:
Winter Hours: Nov. 1 - April 30
Monday-Friday: 8 am to 4 pm
Saturday: (1st & 3rd) 9 am to 12 Noon
Sunday: 12 Noon to 4 pm

“Always on a Sunday” Programs at 2 pm

November 1: “Photographing Nature” by Jim Solberg

November 8: “Agriculture’s Crucial Role: Past, Present and Future” by Nathan Papendorf

November 15: Dan Kapanke will give a program on the La Crosse Loggers

November 22: Chris Hall is speaking about Norskedalen education and the land

December 5-6, Sat. & Sun:
Old Fashioned Christmas

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