



2026 Officers

President Susan K. Morton
(715) 341-7248
skaymorton@hotmail.com

Vice Pres. Kathy Clucas
(715)-321-0934
Threebelles@hotmail.com

Treasurer Judy Pesanka
(715) 344-0719
msbrewer2@charter.net

Financial Secretary
Arno Morton
(715) 341-7248
mrmorocks50@gmail.com

Secretary Jen Haas
(715)-347-4544
jenhaas137@gmail.com

Program Director
Charlotte Hensler
(715) 592-4916
chensler@wi-net.com

Newsletter Editor
Carl Rasmussen
(715) 341-7494
vennligblad@gmail.com

Newsletter Distributor
Lynn Rasmussen

Webmaster Kathy Clucas

Publicity Kathy Clucas

Sunshine Coordinator
Bea Berg
(715) 252-8853
beaberg96@gmail.com

Lodge Musician
Louise Lang

Lodge Librarian
Jane Gjevne

Lodge Historian
Lois Hagen

Language Specialist
Jan Flatoff

Cultural Skills Coord.
Patti Rous

Trustee (2026-2028)
Mark Hansen

Trustee (2025-2027)
Lynn Rasmussen

Trustee (2024-2026)
Karen Trzebiatowski

Vennligfolk Lodge
meets the second
Sunday at 5:00 pm
Sept thru Dec & April-May;
and, meets the second Sunday
Jan thru March at 1PM
at St. Paul's
United Methodist Church
600 Wilshire Blvd Stevens
Point, WI

Vennligblad

Friendly Pages for Vennligfolk - Sons of Norway Lodge #5-627 of Central Wisconsin
Serving Stevens Point, Whiting, Plover, Marshfield, and Wisconsin Rapids Areas

Volume 33 Issue 3

DISTRICT 5, ZONE 2

MAI OG JUNI 2026

Fra
presidenten:



When you receive this newsletter, it will be just a day or two before the Portage County Cultural Festival. Our lodge has been privileged to be

a part of this amazing festival since the mid '90's. Former lodge President, Milo Harpstead, wanted to be a part of this yearly event to let our community know about **Vennligfolk Lodge** and have people be able to get a taste of our delicious Norwegian lefse. I can testify to the success of Milo's thinking as my first contact with **Vennligfolk Lodge** was at the Cultural Festival many years ago. Milo gave me a lodge brochure, and look where that lead to . . . I am now in my 14th year of being **Vennligfolk Lodge** President!

Tusen takk to everyone who has signed up to provide baked goods, make monetary donations, and to work at the Cultural Festival. It takes many, many hands to be a part of this event. Not only does our participation make the community aware of **Vennligfolk Lodge**, but it is also our lodge's only fundraiser for the year. In this newsletter (pg 6) you will find a listing of the sign-ups for bringing baked goods, helping to make the lefse, and the work schedule for May 2nd. If you did not get a chance to sign up for helping, you can still do that. Just look to see where there are needs and let me know how you want to help. My email and phone number are listed on the left side of this page and on page 6.

Our Booth will be in the same location as in recent years in the northeast corner of the SPASH Fieldhouse! Come say, "hello!"

Before we start our "summer break," we still have our May 10th meeting at 5 PM and our annual Midtsommer Celebration at South New Hope Church

on June 23rd (rain date is June 25th). This year we are changing the menu just a bit. Instead of brats, we are having pulled pork sandwiches from Ambrosia's Catering. At our May 10th meeting, we will have a sign-up sheet for bring other food items for Midtsommer. It is such a wonderful tradition to gather on the grounds of this quaint Norwegian church and enjoy good food and fellowship before our summer break!

As a former elementary teacher of 35 years, I know the importance and need for a summer break. It's a time to vacation, spend with family, and enjoy the warm summer weather. I hope you and your family are able to do lots of fun summer activities, especially after the wild spring we just experienced - - the 30 inches of snow in March, and the ice storm & torrential rain in April. But while our lodge is on summer break, your officers will be planning **Vennligfolk** programs and activities for 2026-2027. On the docket is a day road trip to Door County in the fall. Of course, that will include a stop at Al Johnson's Restaurant & Butik! We will have more information on our road trip in the next issue of Vennligblad.

Hilsen, Susan Morton

In this Issue...

Pg.2 What's Happening at Vennligfolk?
Pg.3 Recent Vennligfolk In Photos
Pg.4-5 Ready for Some Fotball? Part 2

Pg.6 Cultural Festival Sign Ups
Pg.7 Eurovision & An Oscar for Norway
A Little in English & litt på norsk
Pg.8 Ole & Lena - Ready for Fotball



Gratulerer med dagen

Congratulations on the day!

Mai

- Ozz Hagen-4
- Cultural Fest-May 2
- Lodge meeting-May 10
- Mother's Day-10
- Kress Williamson-14
- syttende mai-17
- Memorial Day-25

May						
Su	M	Tu	W	Th	F	Sa
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

Juni

- Donna Huglen – 16
- Gloria Trapp - 17
- Father's Day U.S. – 21
- Alex Ingersoll - 22
- Midtsommer – 23
- Louise Lang – 24

June						
Su	M	Tu	W	Th	F	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

What's Happening at Vennligfolk???



Saturday May 2 10 AM – 5 PM: Portage County Cultural Festival
 "Food, Fun, & Music from Around the World" returns to Stevens Point Area Senior High. Mark your calendars and make plans to participate in this opportunity to demonstrate and celebrate our Scandinavian heritage. Our always popular lefse and bake goods raise funds to support our lodge activities throughout the entire year. See page 6 for details.

Sunday May 10, 5 PM Two Weeks in Norway Accomplished Rosemaler, Lisa Anderson and husband Tor describe their travels for two weeks in Norway last summer visiting multiple folk museums and examples of historic rosemaling from Bergen to Gudbrandsdalen. They also visited 11 of the remaining 28 stave medieval wooden churches and experienced the hospitality of family members. **Food Servers:** Susan Barsness, Bette Schneider, Susan Morton **Table Display:** TBD **Marshall:** TBD



May 17 Syttende Mai – Remember to display your colors! And remember too, the annual Syttende Mai Festive held in Stoughton, WI May 15-17. Join thousands of others to celebrate Norwegian Heritage. See the famed Stoughton Norwegian Dancers, Hardanger Fiddle Performances, Norse Costume Style Show, Viking Games, Races, Genealogy, and the always fun, Norwegian Parade down Main Street on Sunday and, much more. Details at: www.stoughtonfestivals.com



Visit Bailey's Harbor Range Light June 15-20 Lynn & Carl Rasmussen will return as docents again at the Bailey's Harbor Range Light in Door County the second week of June. Their duty days are Monday & Tuesday and Thursday thru Saturday 10 AM to 3 PM. They invite you to come visit that week and include a walk in the Ridges Sanctuary and a short drive out to see the Cana Island Lighthouse (and, perhaps, a stop at Al Johnsons Restaurant!)



Tuesday June 16, 2026 at 5 PM Norway's First World Cup Appearance since 1998



Also: **Monday, June 22 at 7 p.m. CDT** against Senegal, Africa, and **Friday, June 26 at 2 PM CDT** against France. All matches on Fox TV
 See Page 5 for details and mark your calendars now!
The World Cup Finals on Sunday, July 19 at 2:00 PM (CDT)

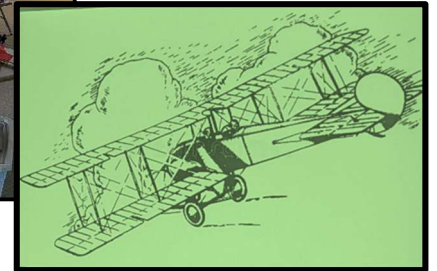


Midtsommer Celebration Tuesday, June 23 at South New Hope Church grounds, starting at 5:00 PM (Rain date Thursday, June 25) Save the dates! There will be a food sign-up during our May meeting. To reach South New Hope from Stevens Point take Highway 10 east to Highway 161 then east to County Road T turning left and continuing north on T for approximately 0.7 mile to the church Also, check out: facebook.com/SouthNewHope/

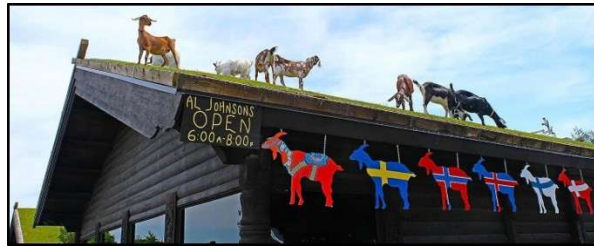
Treasurer Judy Pesanka reports: on April 6 our lodge showed a balance of \$4092

Each Vennligblad newsletter print cost is \$1.93, add first-class postage puts each mailed version at \$2.71. If a lodge member does not wish to receive a printed & mailed newsletter, please send an email to vennligblad@gmail.com requesting your name to be removed from the mail list. You will still receive the email version in PDF form. **Takk!**

Recent Vennligfolk in Photos



January 11 Arno Morton presented **Secret Escape from Denmark** a World War II story about a young Danish resistance fighter determined to reach England to join the RAF to fight the Germans. With a friend, they risk their lives making a 720-mile journey across the North Sea in a two-seat bi-plane with a range of only 372 miles!



The Story of Al Johnson's Swedish Restaurant was hosted by Lynn & Carl Rasmussen Feb 8 about the iconic Nordic themed Door County restaurant with the goats on the roof!



March 8 - Highlights of Boston's Freedom Trail
Presented by Jan Flatoff
Jan shared sites and stories leading up to the American Revolution and the USA becoming a nation 250 years ago!



R U Ready for Some Fotball !! – Part 2



Norway's Quest For 2026 World Cup Glory - By Carl Rasmussen, Editor

This Part 2 article continues from our March-April Vennligblad as the excitement builds for Norway's first appearance in World Cup Soccer competition since 1998.



Norway's opponent in the World Cup first round on **Tuesday, June 16, 2026** will be Iraq which emerged from their March qualifying tournament in Mexico.

The June 16 match takes place in Boston's Foxborough Stadium and will be broadcast on

Fox TV beginning at 5PM. Norway then competes in two follow-up matches: one, **Monday, June 22** against Senegal, Africa and the second, **Friday, June 26** against the number one rated team in the world, France. The outcome of these three matches determines if Norway moves forward to bracket competition with single game elimination play over the three weeks that follow.

With 48 teams competing across 16 host cities, the 2026 competition will be the largest World Cup ever. The World Cup will also be the first tournament hosted by three countries – United States, Mexico, and Canada. Eleven U.S. cities will host playoff matches including: Atlanta, Boston, Dallas, Houston, Kansas City, Los Angeles, Miami, New York/New Jersey, Philadelphia, Seattle, and the San Francisco Bay Area.

FOX Sports will be the exclusive U.S. television broadcast home up to and including the World Cup Championship on Sunday July 19. Over a span of 39 days, the Fox network will carry all 104 soccer tournament matches live on either FOX (with 70 matches) or FS1 (with 34 matches).

Soccer 101: A Primer for "American Football" Fans

If you are only used to NFL football, then soccer or *fotball* as it is called in Norway and most of the world, might feel completely "foreign." The following is designed to help you better understand and enjoy the competition particularly as you follow Norway and other teams including team USA:

- As with the Olympics, the **World Cup** is played only every four years. The anticipation builds!
- The **Clock Never Stops**: The match is divided into two halves of 45 minutes each. Unlike American football, the clock counts **up** to 45 minutes each half. At the end of each half a referee adds "stoppage time" to account for injuries and other "stoppages." Otherwise, the game is continuous with no commercial breaks.

- The break for halftime is 15 minutes. Expect commercials then!
- The 2026 World Cup competition is adding a new significant change to the clock though: in the middle of each half, a mandatory 3-minute "**hydration break**" for "**player welfare.**" This effectively splits the match into four quarters. The break will occur roughly 22 minutes into both halves starting on a referee's whistle. Count on commercials during this time too!
- **11 vs. 11**: Each team has 11 players, only goalkeepers can touch the ball with their hands.
- A "**Nil**" is **Not Meaningless**: A 0-0 (**nil-nil**) tie score might seem like a bore, but in round-robin play when it comes to advancing, a tie is not as bad as a loss. Things change when it comes to elimination games.
- For elimination games tied at the end of play, the game enters "**extra time.**" The match is extended by 30 minutes, divided into two 15-minute periods with a short break in between. There is no "sudden death" where the first team to score wins the game. It is the team with the most goals at the end of "**extra time**" that is winner
- If teams are still tied after "extra time" the game is settled with a **penalty shootout** where each team selects five players to take turns shooting the ball one on one with the goalie. A coin toss decides which team kicks first. The team that scores the most goals out of five attempts wins. If still tied after that, only then is sudden death put into effect with the first team to score a "penalty kick" is the winner. It helps to win the coin flip as that team will be first to kick!
- **FIFA** is the abbreviation of the French name for the Football Federation: **Fédération Internationale de Football Association**. FIFA is the international self-regulatory governing body of "association football." Founded in 1904, FIFA is headquartered in Switzerland and comprises 211 national associations. **FIFA play** is different from **Professional Soccer** (see the following article for more information!)
- Until 1978, only 16 teams competed for the World Cup. Beginning in 1982 this increased to 24 teams, in 1998 to 32 teams and in 2026 now there will be the 48 teams in bracket play competition out of a possible 211.
- **Global Scale**: While the Super Bowl is huge in the United States with roughly 137 million viewers, the World Cup Final is gigantic! It will be watched by over **1.5 billion people**. It is truly the only event that stops the entire planet waiting to see the outcome!

Continued . . .

Professional Vs Association Football

Our March-April Vennligblad introduced four key players for Norway: #9 **Erling Haaland**; #10 **Martin Ødegaard**; #22 **Oscar Bobb**; and #20 **Kristoffer Ajer**. Forward Erling Haaland and Winger Oscar Bobb play for the same professional team: Manchester City Club in Manchester, England. Manchester City is one of the most dominant soccer clubs in the world. Midfielder Martin Ødegaard plays for Arsenal of the Premier League in North London, England; and Defender Kristoffer Ajer plays for Brentford Football Club in West London, England, also a Premier League Club. All four of these stars play in the English Premier League, widely considered the most difficult and prestigious soccer league in the world.

In total, 18 of 24 Norway's roster play for pro-teams in other countries. A good way to understand this would be how hockey is played at the Olympics. Just like the Olympics, the World Cup is played only once every four years and like Olympic hockey, in World Soccer there is a clear distinction between **Clubs** (professional teams with paid players) and **Associations** (home country teams playing for national honor and pride). FIFA, the world-governing body, requires Clubs to "release" pro-players to their home countries for the World Cup competition. The players fly home, put on a home jersey, and play usually for little or no salary.

While most players on the Norwegian team were born and raised in Norway, FIFA rules allow players to represent a country based on three main connections: 1) **Birth**, 2) **Ancestry** (If one's parents or grandparents were born there) and, 3) **Residency** (If a player has lived and worked in the country for at least five years as an adult.)

Interestingly, Norway's biggest star, Erling Haaland, was born in Leeds, England. He is eligible to play for England. However, because both his parents are Norwegian and he grew up in Bryne, Norway, he chose to represent his "heart" country.

This is the same for other World Cup teams as well and makes many teams incredibly nationally diverse. Many players on the US National Team were born in Germany or England to American military parents. France's 2018 and 2022 squads were famous for having many players born in, or with parents from former French territories and African nations like Senegal, Mali, and Algeria. In the 2022 World Cup, more than half of Morocco's players were born in Europe (The Netherlands, Belgium, and France) but chose to play for their parents' homeland instead.

Dress For Success – The Full Kit and Caboodle!

Soccer jerseys are called kits. Norway officially unveiled its World Cup kit on March 19 and they have been flying off the racks since then! Reflecting Norway's flag, the kit features a classic chili-red base with a deep navy-blue cross across the chest outlined in white. Inside the blue stripes is an intricate Nordic knot weave pattern inspired by carvings at the entrance to the Urnes Stave Church, Norway's oldest.



The Viking-era design links Norway's modern sport team to its ancient Viking heritage and craftsmanship.

An embroidered national soccer team crest completes the kit and features a national flag shield topped by two lions from the Norwegian coat of arms. The lions hold a miniature blue Norwegian Football Federation (NFF) logo with "NORGE" (Norway) inscribed above. The bold contrasts create a dynamic effect, making the entire kit both eye-catching and symbolic.



Officially licensed, high-performance, Dri-FIT kit "authentic" of those worn on the field by the players retail for around \$180 from on-line stores like FansEdge and Azteca Soccer (neither have US Midwest physical stores). More affordable replica kits (fan versions) are available for approximately \$100 from Nike, DICK'S Sporting Goods, JD Sports, and SoccerPost.com. While cheaper "look-a-likes" can be found for \$50 or less on-line, quality and authorized trademarks can be an issue. Consider the purchase of a fan version as one would approach a Dale sweater for quality, durability, and long-term enjoyment on special occasions. Whether you wear it on matchday or throughout the week, the 2026 Norway Home Jersey delivers a standout clean look that stays true to the pride of the national team. There is also an all-black "away" version.

Factoid: Originating from British sports culture, a "kit" technically refers to the complete uniform a team wears or as the Brits say, the entire "kit and caboodle" of equipment from the jersey down to the shorts, socks, shin guards, and boots. Still, "kit" is commonly used interchangeably as the equivalent word for "jersey" just as in American sports.

Baked Goods Sign-Up - Cultural Festival

Contact Susan Morton by email skaymorton@hotmail.com
or phone 715-341-7248

Rosettes:

1. Kathy Clucas
2. Anne Rock

Sandbakels (2 dozen):

- 1.

Krumkaka (2 dozen):

1. Bette Schneider

Kringla (puff pastry)

Slice into 16 pieces (per recipe) and put into baggies:

1. Charolett Hensler

2. Susan Morton

3. Patti Rous

Norsk Sugar Cookies:

1. Karen Brinkman

Macaroons:

1. Jane Gjevre

Norwegian Almond Cake:

1. Judy Pesanka

2. Susan Morton

3. Sally Prideaux

Fudge:

1. Lois Hagen

Lefse Rounds: (Made ahead):

1. Ron & Charlotte Hensler - 40

2. Lynn & Carl Rasmussen - 60



I am not able to offer baked goods but will make a monetary contribution to Vennligfolk:

- | | |
|--------------------------|-----------|
| 1. Marty & Sherry Lieber | 6. _____ |
| 2. Don Romundson | 7. _____ |
| 3. Susan Barsness | 8. _____ |
| 4. _____ | 9. _____ |
| 5. _____ | 10. _____ |



Work Sign-Up - Cultural Festival

Contact Susan Morton by email skaymorton@hotmail.com
or phone 715-341-7248

Set-Up 8 AM – 9:00 AM - Sat, May 2 - Booth

1. Arno & Susan Morton

2. Tom Johnson

9 AM – 12:00 Noon

1. Karen Brinkman

2.

3.

10 AM – 1 PM

1. Kathy Clucas

2.

3.

4.

1 PM – 4 PM

1 Tom Boudreau

2 Marty Lieber

3 Sherry Lieber

3 PM – 5 PM -Clean Up

1. Judy Pesanka

2. Tom Johnson

4 PM – 5 PM-

Take Down

1. Tom Johnson

2. Oz Hagen

3. Lois Hagen

All or Most of the Day:

1. Arno & Susan Morton

2. Carl & Lynn Rasmussen

3. Ron Hensler

LEFSE

Fri, May 1 St Pauls UMC

8 AM to 11 AM

Peel, cook, & rice potatoes

Lynn & Carl Rasmussen,

Anne & John Rock

Judy Pesanka-Kathy Clucas

Bette Schneider

FRESH LEFSE at SPASH

Sat, May 2

10 AM Rolling: Patti Rous

Turner: Ron Hensler

Butr&Sweetnrs: Bette Schneider

Jerry Schneider

11 AM Rolling: Ron Hensler

Turner: Patti Rous

Butr&Sweetnrs: Kathy Clucas

Volunteer needed

12 Noon Rolling: Carl Rasmussen

Turner: Ron Hensler

Butr&Sweetnrs: Bette Schneider

Jerry Schneider

1 PM Rolling: Ron Hensler

Turner: Carl Rasmussen

Butr&Sweetnrs: Volunteer needed

Volunteer needed

2 PM Rolling: Jen Haas

Turner: Volunteer needed

Butr&Sweetnrs: Julie Sheppelman

Volunteer needed

3 PM Rolling: Jen Haas

Turner: Volunteer needed

Butr&Sweetnrs: Volunteer needed

Volunteer needed

4 PM Clean-up & Take Down

Jane Gjevre

Judy Pesanka

Carl Rasmussen

LEFSE

Sat, May 2 Morning

At Rasmussen home

7:30 AM to 9:00 AM

Mix, measure, & roll balls:

Lynn Rasmussen-Patti Rous

4 More needed!

Lynn will be calling contacts!

Carl Rasmussen until 8:30 AM

Help Spread the Sunshine! Our Lodge Sunshine Coordinator Bea Berg, asks if you hear of a member who has been ill, had surgery, a family circumstance, or something to celebrate, phone Bea at: [715-252-8853](tel:715-252-8853) or email to: beaberg96@gmail.com.



Takk and stay sunny!

Do you have an interesting program about Norway or Scandinavia? Know of a speaker with a great general interest topic? Please contact our lodge Program Director, Charlotte Hensler at: chensler@wi-net.com.



Tusen takk

Eurovision Bound

In February, Norway held its national singing contest in Lillehammer to determine who will represent Norway in the 70th Eurovision Song Contest in 2026. Over 1500 songs were submitted and pared down to nine for the final Norway competition event broadcast live on national TV.

Winner Jonas Lovv not only brought his strong vocals, high energy and charismatic stage presence but his song “Ya Ya



Ya” with a catchy drum and bass-driven beat had the crowd grooving and singing along. Like many Eurovision tunes, the lyrics are poppy and superficial, but Lovv’s

soaring vocal lines are undeniable. Judges from around Europe gave him a clean sweep of perfect scores, and home audiences agreed.

The 70th Eurovision Song Contest 2026 will be held in Vienna, Austria. The competition consists of two semi-finals on May 12 and May 14, followed by the Grand Final on Saturday, May 16. On Syttende Mai weekend, Lovv will represent his country in Austria!

February’s win is not just luck for Lovv, who hails from Bergen. Lovv has sung in a trio called Shuffle Baby who have released over a dozen singles in Norwegian and English since 2020.

a little in English... Norwegian in business

Although English is widespread in companies in Norway, Norwegian is still the most widely used language. This was revealed by a new survey conducted by the Language Council.

The use of English is increasing, but to a small extent at the expense of Norwegian. Rather, Norwegian and English are used in parallel in many companies. This shows that Norwegian is still the common language in Norwegian business.

Almost all companies (99 percent) state that they use Norwegian. This also applies to companies where the use of English is common.

Norwegian Oscar Film Award

After breaking its own Winter Olympics’ record for the most gold medals, Norway achieved one more feat – this for a first time Oscar for Best International Feature Film at the Academy Awards in March! The Norwegian film called *Sentimental Value* (*Affeksjonsverdi*) received a total of 9 nominations including Best Picture, Best Director, Best Actress and Best Original Screenplay. It was also the first time a Norwegian film had been included for nomination in the Best Picture category.



Sentimental Value tells the story of a dysfunctional and estranged family. The father is a film director played by Swedish actor Stellan Skarsgård, who has fallen out with his two adult daughters because of his always putting career before family. The film features numerous Oslo locations.

The family drama has received much critical acclaim, including from Norway’s Prime Minister Jonas Støre, stating “This is a big day for Norwegian film.” Upon accepting the honor at the Oscars, director, Joachim Trier said, “Though this film is about a very dysfunctional family, it’s the opposite of what I felt with this beautiful group behind me. There’s 1,072 people in these credits and I love them all, and I share this with them.”

Sentimental Value can be seen with a subscription to Disney+ or Hulu, or rented on Fandango at Home.

litt på norsk... Norsk i næringslivet

Selv om engelsk er utbredt i bedrifter i Norge, er det fremdeles norsk som brukes mest. Det viser en ny undersøkelse Språkrådet har gjennomført.

Bruken av engelsk øker, men det skjer i liten grad på bekostning av norsk. Snarere er det slik at norsk og engelsk brukes parallelt i mange virksomheter. Det viser at norsk fremdeles er fellesspråket i norsk næringsliv.

Så godt som alle bedriftene (99 prosent) oppgir at de bruker norsk. Det gjelder også virksomheter der bruk av engelsk er vanlig.



Vennligfolk Lodge #5-627
 Carl Rasmussen, Editor
 3136 Dans Ave
 Stevens Point, WI 54481

Portage County Cultural Festival
 Visit Vennligfolk's Booth
 Saturday May 2 10 AM – 5 PM

Two Weeks in Norway
 Program by Lisa Anderson
 Sun May 10 at 5 PM
 St Pauls Methodist Church



Ole & Lena are ready for some **FOTBALL**. Are you? See Pages 4 & 5
Heia Norge! (GO NORWAY! - Pronounced: Hey-ah Nor-geh)

Graphic by CRass
 using Google Gemini

The mission of Sons of Norway is to promote and preserve the heritage and culture of Norway and to provide quality insurance and financial products to its members.

Vennligblad, the official newsletter of Sons of Norway Vennligfolk Lodge (#5-627), is published at the beginning of the odd-numbered months of the year. If you have an item of interest to Vennligfolk members, please submit it to the Editor by the 10th of the even-numbered months. Send it to Carl Rasmussen at 3136 Dans Dr., Stevens Point, WI 54481 or by e-mail addressed to: Vennligblad@gmail.com; Takk Carl Rasmussen, Editor