

# **Sons of Norway - Mandt Lodge News**

## **November-December 2022**

### **Mandt Lodge 5-314 in Stoughton, Wisconsin**

#### ***Fra Presidenten***

As we near the holiday season, I count my blessings for all the wonderful members we have at Mandt Lodge. We were able to recognize all our five-year milestone members and welcome 42 new members into our lodge this past calendar year. What a wonderful tribute to the enthusiasm, variety of programs and classes, opportunities to learn and teach, and the fun we have at our lodge. Thank you for being a part of it!

As I write this, we are going into a busy weekend with the Bake/Vendor Sale and bingo. The hard work that has been going on the past months (lefse, donut, meatball, and cookie baking) is done by a great group of volunteers. Thank you to all of them as well as our bus tour meal volunteers. We have one more meal this fall that will wrap up a great year of sharing our food, culture and hospitality.

We have the survey going on so that we can get your input into 2023 events and activities. We have many great things happening in our lodge but we can always improve! So please take time to fill that out. Also a big thank you to Greg and Karen Haugen (culture committee) and Diane Fossum (librarian) who have stepped up to fulfill those officer terms as the rest of the officers continue for another year.

As we approach the holidays, please consider giving the gift of Sons of Norway membership to family members. Contact Jane Conner for details! And please consider coming to the Family Christmas Event (bake sale, dollar store for kids, free photos with Santa, and crafts) and julebukking! I hope you have a blessed Christmas and New Year and all the holiday fun with friends and family!

***Darlene Arneson***, President  
608-873-7209 Cell: 608-514-4951  
arnesonfamily5@gmail.com

---

#### **December Meeting Program**

**Thursday, December 8, at 7 PM-** Edvard Grieg Chorus Christmas concert and refreshments afterwards. The Edvard Grieg Chorus is a Norwegian men's chorus founded on January 26, 1925 in Madison, Wisconsin. Its repertoire includes songs in Norwegian and English. The Chorus is one of 11 that make up the Norwegian Singers' Association of America. The Chorus will present a selection of Norwegian/English songs and lead the audience in a sing-a-long of Norwegian/English Christmas carols. A free-will offering will be available to support the Edvard Grieg Chorus.

#### **Sports and Cultural Medals- Turn in sheets!**

As you achieve the requirements for a level, please turn that in to Todd Fossum or Jens Arneson (sports) or Darlene Arneson (cultural skills) so that we can order pins to present at meetings. Our goal is to have at least one member earn medals in each category this year!

## **Julebukking- Tuesday, December 27, at 5:00 PM**

Julebukking is a Christmas tradition of Scandinavian origin. Between Christmas and New Year's Day, people wearing masks and costumes would go door to door, where neighbors receiving them attempt to identify who is under the disguise. In one version of Julebukking, people go from door to door singing Christmas songs.

At Mandt Lodge, we usually don't wear masks and costumes but you certainly can! We have a lot of fun visiting some of our older members and those who can't get to meetings as much as they'd like. We also visit some of the nursing homes and residential apartments in the greater Stoughton area.

**Singing-** meet at the lodge at 5:00 and we'll get organized with the song sheets, treats and our schedule! We will sing both Norwegian and English Christmas songs and all voices are welcome!

**Social time at Allan and Christine Ciha home** (3032 Shadyside Drive) - All julebukkers, after singing, are invited to our home for socializing, food and beverages. If you don't go julebukking, you are welcome to the Ciha home any time after 7:30 PM. The julebukkers are usually back by 8:00 PM. Please bring an appetizer to share. If you can RSVP to Darlene that is helpful in planning but not required.

## **Family Christmas Event- Saturday, December 10, from 8:30-11:30 AM**

Upstairs from 8:30-11:30, there will be a lefse, donut & bake Sale so you can stock up on your baked goods before the holidays arrive! There will be Children's Craft Demonstrations and Take Home Kits. Our famous "Kid's Only" shopping area for kids to buy \$1 gifts they can purchase for family members! There will be free photos with Santa from 9-11 am. We'll take pictures and you can bring along your camera and take photos with Santa! We ask that you bring items for the Stoughton Food Pantry and make the holidays brighter for others in need!

### **We'd love your help with:**

- Baked goods
- Items for the dollar store- you can bring them anytime to the lodge! Especially need items for men and siblings!
- Help with the crafts
- Help with the photo area
- Help with the store!
- Your friends and family to attend!

## **2023 Mandt Lodge Directory**

Don't forget the new 2023 Mandt Lodge Directory will come out in early January! Lots of new members, address changes, and information for everyone! Is your contact information correct on your membership profile? Log in at [www.sofn.com](http://www.sofn.com) in the members only section to make sure!

## **Blood Drive on December 30**

We are hosting the American Red Cross Blood Drive on Friday, December 30, from 12:30-5:30 at the Stoughton Fire Station. If you are able to volunteer, please sign the clipboard or contact Darlene Arneson.

Support our local businesses and advertisers during your holiday shopping and throughout the year! Please patronize our local businesses! We appreciate their support so let's show them our support!

<p><i>"Like" Us On Facebook!</i> Sons Of Norway Stoughton WI</p>	 <p><b>SONS OF NORWAY</b></p> <hr/> <p>Mandt Lodge 5-314</p>	<p><i>Thank you for supporting our RELAY FOR LIFE TEAM Year #22!</i></p> <p>August 19, 2023</p> <p>Darlene Arneson Team Captain</p>
<p><b>U.S CELLULAR</b> <i>Agent Hanson Electronics</i> 2384 Jackson Street, Stoughton 608-877-9548</p>	<p><b>NORWEGIAN AMERICAN GENEALOGICAL CENTER &amp; NAESETH LIBRARY</b> 415 West Main Street, Madison 608-255-2224 nagcnl.org Research &amp; Translation Assistance Genealogy Classes</p>	<p><b>HOMETOWN COMPUTER PROs</b> <i>Hanson Electronics</i> 2384 Jackson Street, Stoughton 608-877-9548</p>
<p><b>VIKING BREW PUB</b> <i>Brewing a Nordic Family Tradition!</i> 211 E. Main Street, Stoughton 608-719-5041 VikingBrew.pub</p>	<p><b>PIZZA PIT</b> 1060 West Main Street, Stoughton 608-873-7737 Free, Fast &amp; Hot Delivery Order On-Line! Stoughtonpizzapit.com</p>	<p>Sons of Norway Financial Benefits Counselor Greg Ragan 815-623-8817 (Office) Gragan51@gmail.com</p>
<p><b>THE UPS STORE</b> 2364 Jackson Street, Stoughton 608-877-2679 Copies – Shipping Cards – Supplies</p>	 <p><b>SONS OF NORWAY</b></p> <hr/> <p>Mandt Lodge 5-314</p>	<p><i>DO YOU KNOW SOMEONE WHO WOULD APPRECIATE A THOUGHTFUL NOTE IN THE MAIL?</i></p> <p>Contact our Sunshine Lady Susan Slinde 873-7161 SlinSl@aol.com</p>

## Calendar of Events

### November 2022

- 18 Set up for bake sale- 5 PM
- 19 Fall Bake and Vendor Sale - 8 – 2:30
- 19 Bingo- food at 5 PM and bingo at 6 PM
- 25 Arneson rent lodge

### December 2022

- 1 (Thursday) Lodge Business Meeting at 7 PM
- 8 (Thursday) Lodge Meeting at 7 PM
- 9 Set up for Family Christmas Event- 5 PM
- 10 Family Christmas Event- 8:30-11:30 am
- 17 Arneson rent lodge
- 27 Julebukking at 5 PM
- 30 Host blood drive at fire station 12:30-5:30 PM

### Happy Birthday Members!

<b>November</b>		<b>December</b>	
2	Jane A Kleven	1	Joyce I Foss
5	Hazel Jane Dominguez	2	Ava Belle Dominguez
5	Isabella Kelly	3	Sandra Ann Fleming
6	Howard L Foss	3	Janice C Redford
9	Debra Miyazato	4	Holly Jane Ross
10	Martin W Lamers	4	Kim Sime
11	Bob Coon	5	Rodger C Hansen
11	Brett Jonathan Schumacher	5	Alexander Olaf Haugen
17	Christian Trieloff	5	Jan O Kristiansen
19	Adam Tuttle	7	Janis I Wegner
21	Susan R Helmke	9	Aurora Malouf
23	Joan Behr	9	Aurora K Malouf
24	Mark R Schubring	9	Julie F Nygaard
25	Susan Diane Albright	11	Sylvia Lewis
27	Bill Brue	12	Dana M Kelly
27	Mary Femrite	17	Rhonda S Erickson
29	Beth Fjeld	17	Sharon A Vance
29	Daniel P Hanson	22	Anna Amundson
29	Diane Lynn Maurer	23	Charlene Jean Fosdal
29	Jimmie Zupanc	25	Suzanne C Elvekrog
		26	Gerald S Erdahl
		27	Stephen C Culbertson
		27	Gunnar West Dominguez
		28	Dale G Maurer
		29	Jonathan Lewis
		29	Leah Van Kauwenbergh
		30	Chad Michael Goplen
		31	Wendy Furseth

**Gratuler  
er med  
dagen!**

**Masse Moro** is a Norwegian heritage camp for youth ages 9-15 years old sponsored by the Sons of Norway Fifth District. Since 1979, we've been helping youth celebrate their Norwegian heritage through a cultural immersion experience. Campers will learn Norwegian, build friendships, and gain important life skills like problem-solving, leadership, and teamwork through our Viking Olympics programming. In addition, they will also try their hand at becoming master craftspeople through woodworking, painting, leather work, chip carving, experience exciting tales and Nordic myths, and celebrating Norway's rich history and traditions.

**Watch for 2023 information at**  
**<https://www.massemoro.org/home>**



## **Foundation Updates from Jens Arneson**

Thank you- Thank you so much for supporting our auction and for your contribution towards the Sons of Norway Foundation. Funds raised by events like our Mandt Lodge online auction, basket raffles, and financial donations help to fund scholarships, grants, Humanitarian Funds, and other worthwhile programs. We truly appreciate all your support! We were able to send in a check for \$1,800 to the SN Foundation!

Scholarships and Grants- Be sure to check both the District 5 and SN International websites for the listing of scholarships and grants available for members. The International scholarship cycle is open so share the information with eligible family members!

District Five- [https://sonsofnorway5.com/financial/district\\_scholarships.php](https://sonsofnorway5.com/financial/district_scholarships.php)

SN International- <https://www.sofn.com/foundation/>

Envelope in the October Viking- If you want to make a monetary contribution to the SN Foundation, you can use the envelope that was in the October Viking. Be sure to list our lodge (Mandt 5-314) so they can track how much lodge members give!

Thank you! Jens Arneson, Foundation Director

## **Check out your SN Membership Benefits!**

When you log into your Membership Profile on the Sons of Norway website, it opens up the door to many membership benefits! Go to <https://www.sofn.com/> and click on the red "LOG IN" button (upper right). That will let you enter the Members Only section and there is a LOT of information on it!

Some of the current financial benefits:

- Members Enjoy Access to Discounts from a Variety of Companies- PerkSpot- By visiting Sons of Norway's exclusive PerkSpot portal you can start saving today on products and services, like travel, clothing, food, entertainment and electronics. But that's not all! Every month new discounts are added to enhance the benefit and, once you create your account, the discounts you see will be tailored to the area in which you live!
- Films of Norway- Films of Norway is an internet streaming service with a wide variety of Norwegian movies and TV series offered through a budget-friendly monthly or annual subscription. Watching these programs is a fun way to learn about Norwegian culture and improve your Norwegian language skills. Sons of Norway members worldwide are entitled to 1 free week and 25% off the regular monthly or annual subscription rate.
- Avis and Budget Car Rental- Members receive a 30% discount at participating locations worldwide.
- Best Western Hotel- Members receive a discount of up to 10% at any of Best Western's 3,400 hotels in the United States, Canada, and select properties in Scandinavia.
- Radisson Hotels- Members qualify for 5% off the regular rate at Radisson Blu, Radisson®, Country Inns & Suites By CarlsonSM, Park Inn by Radisson, and Park Plaza® hotels.
- Norwegian Map Service- Sons of Norway Map Service offers members and nonmembers access to a variety of maps. Genealogists, travelers, and map lovers have discovered this handy mail-order method of obtaining maps. All maps are produced by Statens kartverk, the official mapping authority for the Norwegian Government. [Click here](#) for more information.

## **PerkSpot**

By visiting Sons of Norway's exclusive PerkSpot portal you can start saving today on products and services, like travel, clothing, food, entertainment and electronics. But that's not all! Every month new discounts are added to enhance the benefit and, once you create your account, the discounts you see will be tailored to the area in which you live!

## Congratulations to our members!

At the November meeting, we were able to recognize our members who have reached membership milestones (five-year increments) and those who joined or transferred to our lodge this past year. If you weren't able to attend and are listed below, we'll get your pins to you! Thank you for being a part of Mandt Lodge!

Years	Name
50	John A Fosdal
40	Carol A Culbertson
35-Golden	Marilyn C Maurer
Golden	Janice C Redford
Golden	Christine M Tupper
Golden	John H Arneson
25	Linda L Hansen
25	Rodger C Hansen
25	Nancy A Larsen Odalen
25	Roger A Odalen
15	Jens O Arneson
15	Lars J Arneson
15	Donald W Amundson
15	Natasha V Amundson
15	Donna L Olson
15	Janis I Wegner
15	Scott R Wegner
10	Wendy Furseth
10	Kim Sime
10	Staci L Heimsoth
10	Amy S Elvekrog
10	Helen Karberg
10	Kent R Karberg
5	Daniel J Everson
5	Jason J Jacobson
5	Gary R Swain
5	Isabella Kelly
5	Daniel Swain
5	Mickoline Swain
5	Tricia M Suess-Charleston
5	Vonnie Meichtry
5	Chad Michael Goplen

- Transfer Jill Lendu Johnson
- Transfer Laura Jensen
- New Sylvia Lewis
- New Beth Fjeld
- New Jason Schultz
- New Jack H Ellickson
- New Judith (Judy) A Ellickson
- New Dale Hanson
- New Richard H Moen
- New Jim M Thompson
- New Debra Miyazato
- New Thomas Olson
- New Scott Johnson
- New Janice Somerfeld
- New Ross DeWitt
- New Anders Amundson
- New Anna Amundson
- New Holly Jane Ross
- New Anna Brinsko
- New Micheal Brunner
- New Sonja Newell
- New Jean Ann Lamers
- New Martin W Lamers
- New Scarlett Rozali Kaufman
- New Dale Hanson
- New Bob Chase
- New Jean Chase
- New Mary Femrite
- New Jayne Niendorff
- New Mark Niendorff
- New Ava Belle Dominguez
- New Axel Chase Dominguez
- New Gunnar West Dominguez
- New Hazel Jane Dominguez
- New Grace Rose Law
- New Jack Christian Law
- New Molly Hope Law
- New Sydney Faith Law
- New Jonathan Lewis
- New Lynne M Jacobsen
- New Chad Klauer
- New Maddie Klauer

V  
E  
L  
K  
O  
M  
M  
E  
N  
T  
I  
L  
M  
A  
N  
D  
T

Gratulerer  
og takk!

**Sons of Norway-Mandt Lodge 5-314**  
**2023 Spring - BEGINNING Rosemaling Registration Form**  
**This Class is for Students who have little or no experience in rosemaling.**  
**2 Day Class – March 25 (Saturday) and March 26 (Sunday), 2023**  
**9:00 AM – 4PM**  
Sons of Norway Mandt Lodge - 317 Page Street, Stoughton, Wisconsin 53589

Class Fees: \$110.00 Sons of Norway Members and Seniors (age 55 & over) and \$135.00 Non-members (Sons of Norway). Registration form and payment due: March 1, 2023 (\$25.00 of this class fee is non-refundable if you cancel or do not show up for class). ***We always welcome individuals to become Sons of Norway Member to take advantage of these discounted prices for the Norwegian Cultural Activities that are offered at the Lodge.*** Make checks payable to: Sons of Norway – Mandt Lodge. Send to: Nancy Odalen, 1109 Sundt Lane, Stoughton, WI 53589 ([naodalen@charter.net](mailto:naodalen@charter.net)) 608-513-1837-Cell)

Student Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Zip Code \_\_\_\_\_

Day Phone \_\_\_\_\_ Evening Phone \_\_\_\_\_

Email Address \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Phone \_\_\_\_\_ Relationship \_\_\_\_\_

Please note:

- **Classes fill up fast, so register early!** If a class is full, your name will be placed on a waiting list.
- Supplies for the Class will be available for an additional fee of \$20.00 per student please let us know at the time of registration if you would like to purchase supplies for your use during the class. **Students are required to supply their own brushes.** You will receive a Supply List on or before March 2, 2023.
- Classes are dependent upon enrollment. If a class is cancelled due to insufficient enrollment, payment will be refunded in full.

Nancy Odalen, VGM will be teaching this class. This is a class for beginning painters. At this level you will learn brush control and technique, complete a basic scroll and a flower form. The final task will be to paint a design of at least 3-4 inches in both height and width. The class will be taught in oils, and we will work on practice boards. There will be supplies available during this class for students who have not rosemaled previously there is a supply fee of \$20.00 for those that do not wish to purchase supplies prior to the class. **We ask that you purchase your own brushes.** We will send out a supply list on or before March 2<sup>nd</sup>. This will be an interesting, fun, and informative class that will provide you with a firm foundation in the art of Rosemaling. For Sons of Norway Members this will provide you with the skills you will need to complete the activities required by Sons of Norway for the Rosemaling Cultural Skills Medal. If you have any questions, contact Nancy Odalen (608-513-1837-cell or [naodalen@charter.net](mailto:naodalen@charter.net)) . **Registration form and payment is due March 1, 2023. \$25.00 of the class fee is non-refundable, if you cancel after March 2, 2023.**

**Sons of Norway-Mandt Lodge 5-314**  
**2023 Spring - Adult Rosemaling Registration Form**

**This Class will be for individuals with some experience.**

**3 Day Class – April 28 (Friday), April 29 (Saturday) and April 30 (Sunday), 2023**  
**9:00 AM – 4PM at Sons of Norway Mandt Lodge - 317 Page Street, Stoughton, Wisconsin**  
**53589**

Total Class Fees: \$155.00 Sons of Norway Members and Seniors (age 55 & over) and \$180.00 Non-Sons of Norway Members. Registration form and payment due: April 1, 2023 (\$50.00 of this class fee is non-refundable). ***We always welcome individuals to become Sons of Norway Member to take advantage of these discounted prices for the Norwegian Cultural Activities that are offered at the Lodge.*** Make checks payable to: Sons of Norway – Mandt Lodge. Send to: Nancy Odalen, 1109 Sundt Lane, Stoughton, WI 53589 ([naodalen@charter.net](mailto:naodalen@charter.net) ) 608-513-1837-cell)

Student Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Zip Code \_\_\_\_\_ Day Phone \_\_\_\_\_

Evening Phone \_\_\_\_\_ Email Address \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Phone \_\_\_\_\_ Relationship \_\_\_\_\_

Please note:

- Prerequisite to this class is the Sons of Norway Beginning Class or another beginning Rosemaling class.
- **Classes fill up fast, so register early!** If a class is full, you will be notified and placed on a waiting list.
- Unless previous arrangements have been made, your slot will be given to another student if you do not attend the first day of class.
- Classes are dependent upon enrollment. If a class is cancelled due to insufficient enrollment, payment will be refunded.

Andrea Herkert (VGM) will be teaching this class. This class will focus on the Valdres style of Rosemaling with its foundations in floral baroque. The distinctive use of flowing C and S curves, found in all Rosemaling, characterizes the flowers which are a hallmark of the Valdres style. While scrolls are found in this area's painting, they are secondary to the lush bouquets of stylized tulips, roses, daisies, and leaves often surrounded with elegant roping, vases, drapery, and landscapes.

In this class a design will be offered as a point of departure to understand the characteristics classic to Valdres Rosemaling. The interplay of color and shape will be emphasized as we paint a 12" covered bowl with an exterior marbled border. A supply list will be sent out on or before April 2<sup>th</sup> for this class. If you have any questions, contact Nancy Odalen (608-513-1837-cell or [naodalen@charter.net](mailto:naodalen@charter.net)). **Registration form and Payment is due April 1, 2023. \$50.00 of the class fee is non-refundable, if you cancel after April 2, 2023 or do not show up on the first day of class without prior arrangements.**



## Sons of Norway- Mandt Lodge 2022 Survey

We would love to have our members feedback on programs, activities, and input on other lodge business!  
**Please fill this out by December 1** so we can discuss it at our meetings. Thank you! Send to Darlene Arneson, 2056 Skaalen Road, Stoughton, WI 53589.

### What type of classes are you interested in?

- |   |  |
|---|--|
| <input type="checkbox"/> Woodcarving        | <input type="checkbox"/> Lefse                                     |
| <input type="checkbox"/> Rosemaling         | <input type="checkbox"/> Norwegian cookies and baked goods         |
| <input type="checkbox"/> Hardanger          | <input type="checkbox"/> Norwegian desserts                        |
| <input type="checkbox"/> Norwegian Language | <input type="checkbox"/> Norwegian main dishes, salads and veggies |
| <input type="checkbox"/> Knitting           | Other:   |

### What sports activities are you interested in?

- |   |                                  |
|---|----------------------------------|
| <input type="checkbox"/> Snowshoeing and cross country skiing | <input type="checkbox"/> Golf    |
| <input type="checkbox"/> Kubb                                 | <input type="checkbox"/> Walking |
| <input type="checkbox"/> Bowling                              | <input type="checkbox"/> Biking  |
| <input type="checkbox"/> Axe throwing                         | Other:                           |

### Have you used our lodge library in the past 12 months?

- Yes  
 No  
 I have used it but not in the past 12 months

### Would you be interested in small book groups?

- Yes  
 No

### If you are interested in small book groups, what types of reading do you enjoy?

### What types of family/kid activities are you interested in?

### If you don't attend our lodge program meetings (usually the 2<sup>nd</sup> Wednesday except for Advent and Lent), why not?

- Don't drive at night  
 Live out of town- too far away to attend  
 Not interested in the presentation topics  
 Have other commitments on Wednesday nights

### Other comments, suggestions or things you'd like to share?

# Are you ready for Christmas?!

## Gift ideas!

**Sons of Norway online shop-** <https://sofn.logoshop.com/ProductResults/?ProdSetIds=109764>  
Backpacks, jackets, cups, pins, ornaments and socks

## **District 5 Fundraisers-**

Stamping sets- <https://sonsofnorway5.com/gifts/stamps.php> (new stamps just arrived for Christmas!)  
Apparel, books, pins and sweatshirts- see Darlene Arneson for available inventory

**Support our advertisers-** See page 3 for contact information!

**Stoughton Chamber Gift Certificates-** <https://www.stoughtonwi.com/chamber-bucks>  
Gift certificates that can be used at participating Chamber members

**Stoughton 175<sup>th</sup> Anniversary Banners-** <https://www.32auctions.com/stoughtoncelebrates175>  
Visit the online auction between December 1-9 to bid on the anniversary banners that have been hanging on Main Street this past year. Funds will be used for historic map signage.

**Celebrating Christmas in Norway-** Source: VisitOslo.com

**"Little Christmas Eve", 23 December** - Many families have their own traditions this evening, such as decorating the Christmas tree, making a gingerbread house, or eating *risengrynsgrøt*; a hot rice pudding served with sugar, cinnamon and butter. An almond is hidden in the pudding, and if the almond turns up in your portion, you win a marzipan pig!

**Christmas Eve, 24 December-** Christmas Eve is the main event in Norwegian Christmas celebration. The first part of the day is often spent rushing around for the last Christmas presents, or in church for Christmas service. At five the bells ring out for Christmas, and most people have Christmas dinner at home or with relatives. The Christmas presents have been placed under the tree, and are opened after dinner. Of course, not everyone in Norway celebrates Christmas, but most people celebrate more or less according to these traditions. Many immigrants also celebrate, using elements of the traditional Norwegian Christmas. As this is a "stay-at-home evening", most restaurants and pubs are closed on Christmas Eve, and the streets are quiet.

**25-30 December-** The days between Christmas Eve and New Year's Eve are typically spent going to brunches and dinners with family and friends. Many people go out in the evening, so there is more activity in the city centre. From 27 December the shops are open, and people rush around exchanging presents that weren't quite what they wanted.

**Foods-** Source LifeinNorway.net

While the English eat turkey and Americans tend towards ham, roast beef, or goose, Norwegian Christmas food is based around totally different traditions. But what's on the dinner table does vary. The food Norwegians eat at Christmas is largely defined along regional lines. Perhaps the most common Christmas dish is **ribbe**, which is simply seasoned pork belly. It's usually served with sauerkraut and redcurrant sauce. **Pinekjøtt** (mutton) is popular in the western counties, as is cod or other fresh fish.

# JUST FOR KIDS

COLOR THE REINDEER



## WINTER FUN CHECKLIST

- ✧ GO SLEDDING
- ✧ BAKE COOKIES
- ✧ MAKE A SNOWMAN
- ✧ READ A BOOK
- ✧ DO A CRAFT

## DID YOU KNOW?



National Sámi Day is Feb. 6. The Sámi are an indigenous people who have been living in northern Norway, Sweden, Finland and Russia for thousands of years. They are known for their colorful clothes and reindeer herding.

For more Just for Kids pages from previous issues, go to [sofn.com/justforkids](https://www.sofn.com/justforkids). The "Family Matters" archive is available on the Just for Kids webpage.



## WINTER WORD SEARCH

Read the words in the list below, then find and circle them in the puzzle. They could be diagonal and backwards, too!

	L	E	C	V	D	Z	D	D	Q	N	S	D	U	N	
	F	G	L	Y	R	O	C	L	V	A	N	O	H	I	D
	T	E	W	G	G	E	A	O	B	I	O	Y	K	W	X
COLD	X	E	B	S	R	J	T	C	E	R	W	S	L	L	Y
DOG SLED	R	W	L	R	E	X	N	N	F	X	S	V	R	I	Y
FEBRUARY	P	E	X	H	U	J	W	T	I	U	H	Z	X	F	E
MITTENS	D	W	J	R	N	A	U	U	D	W	O	D	C	Z	T
NORTHERN LIGHTS	Z	R	V	J	V	O	R	J	S	N	E	T	T	I	M
SKI	N	D	E	X	V	S	L	Y	R	E	B	Q	O	N	N
SNOWSHOE	N	D	E	X	V	S	L	Y	R	E	B	Q	O	N	N
WINTER	N	O	R	T	H	E	R	N	L	I	G	H	T	S	W

Viking for Kids was launched in 2020 as part of our 125th anniversary celebration. Available for download, *Viking for Kids* is a quarterly digital publication that includes Scandinavian-inspired articles, quizzes, coloring pages and more! We are excited for our heritage members to have a magazine of their own. Share this magazine with Heritage members and tell us what you learned from *Viking for Kids* at [culture@sofn.com](mailto:culture@sofn.com). **Download issues at** [https://www.sofn.com/member\\_benefits/viking-for-kids/](https://www.sofn.com/member_benefits/viking-for-kids/)

**Sons of Norway- Mandt Lodge**  
**317 S. Page Street**  
**Stoughton, WI 53589**

### **Julebukking: December's Trick or Treating**

Although Halloween has come and gone, there is still time to participate in the Scandinavian Christmas version of trick-or-treating known as *julebukking*. *Julebukk* translates to "Yule goat" and was brought to the United States by Norwegian and German immigrants. It originated in Norway during Viking times to honor the god Thor, as he would often travel in a goat-drawn chariot. As part of the pagan celebrations, a person would carry a goat head, dress in goatskin, and burst in on the party.

Over the years julebukking has taken on a few different forms. It usually occurs between Christmas and New Year's. In one of the more common forms, julebukkers would dress in masks, hats, costumes, etc. and travel from door to door making their friends and neighbors guess who was behind the mask. They often would disguise their voices to make it even more difficult. Once their identities were revealed, they would be gifted candy, cookies, or holiday treats and continue to the next house. Another version from the early 20<sup>th</sup> century, julebukking involved dressing up with a group of friends, going house to house, and singing in exchange for alcohol. It's said that this version died out due to Prohibition. A more festive form of julebukking includes singing Christmas songs from door to door and is one of the more common forms of julebukking in present day. Although some say julebukking ended in their towns around the mid-20<sup>th</sup> century, others boast that it continues to this day. In fact, it is still observed in towns such as Stoughton, WI, Decorah, IA, and Spring Grove, MN. What these places have in common is a large population of people of Scandinavian descent. **Join us on December 27!**