

## Friendly Fifth Friday News September 27, 2019

Send all web posting info and calendar dates/events directly to our webmaster at [inputd5@sonsofnorway5.com](mailto:inputd5@sonsofnorway5.com)

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**Don't forget to register for the District Leadership Conference by Monday- We 29 have registered so far!**

### **October 18-20**

#### **REGISTRATION FEES**

includes Friday dinner, Saturday breakfast, lunch and dinner, Sunday breakfast

\$320 - Double occupancy, per person

\$480 - Single occupancy, one person in a room

\$180 - Off campus rate - if you wish to stay off campus and attend the conference (all five meals are included).

#### **REGISTRATION NOTES**

##### **REGISTRATION MATERIALS ARE AT THE D5 WEBSITE**

Multiple people from a lodge can attend.

Registration deadline is September 30.

#### **SCHOLARSHIPS**

Ten \$100 scholarships will be available to lodges. Please see registration materials for more information. If you need a scholarship, call Mike Palecek, D5 treasurer, 262-497-2761. Your inquiry is confidential.

#### **We will do whatever is needed to help someone from your lodge attend the D5LC.**

**We hope your lodge will send one or more key lodge officers to the D5LC, because:**

- 1.) you will get ideas to make your lodge better.
- 2.) you will learn about important issues of concern to lodges.
- 3.) this will be a forum for you to share your lodge's best practices and state your opinions and concerns.
- 4.) you will develop valuable contacts with other lodges for resource and idea sharing.

#### **ABOUT CEDAR LAKES MINISTRY**

The Cedar Lakes Ministry camp is on the shore of beautiful Cedar Lake in Lake County, Indiana. It is four miles east of the Illinois-Indiana border and thirty miles south of downtown Chicago.

Cedar Lake Ministries is a conference center, used by religious and non-profit groups. Learn more at: [www.cedarlakeministries.org/what-are-retreats-and-rentals](http://www.cedarlakeministries.org/what-are-retreats-and-rentals)

**Show off your Nordic pride** with these items from the SON D5 Nordic Legacy Foundation. **All proceeds benefit Nordic heritage and cultural activities of the Nordic Legacy Foundation**, including the Masse Moro Norwegian heritage youth camp.

These are great Christmas gift items...



Sweatshirts are available in NAVY BLUE - sizes: M, L, XL, 2XL.



The embroidering will attract attention and is often a conversation starter.



I rolled out this clothing at a lodge meeting, and the cooks in the kitchen snapped up these aprons.  
COLOR: NAVY BLUE



They really enjoyed the humorous message, with the very nice embroidery.



I was wearing my NAVY BLUE Norge baseball cap while out shopping. The husband of one of our lodge members saw me while I was out shopping, and said "I thought that was you, but with the Norwegian hat, I was sure that was you." This is a very high quality, comfortable cap.



Norway

Our crossed-flag pins are a big hit. Some people have bought over a dozen, to take with them as gifts, when they travel to Nordic countries.

# District 5 Fundraising Order Form

Name: \_\_\_\_\_

Lodge: \_\_\_\_\_

Address: \_\_\_\_\_

City/St/Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Nordic items purchased:

\_\_\_\_\_ Norge flag hat x \$15 = \_\_\_\_\_

\_\_\_\_\_ Kiss the cook apron x \$18 = \_\_\_\_\_

\_\_\_\_\_ Explore your Nordic heritage sweatshirt x \$25 = \_\_\_\_\_ (size: \_\_\_\_\_)

\_\_\_\_\_ Norwegian flag - 3x5 outdoor x \$30 = \_\_\_\_\_

\_\_\_\_\_ Flag pin, country: \_\_\_\_\_ x \$5 = \_\_\_\_\_

## Prices do not include shipping

(\$8 shipping for any single product needing shipping.)

(Email for shipping on multiple items)

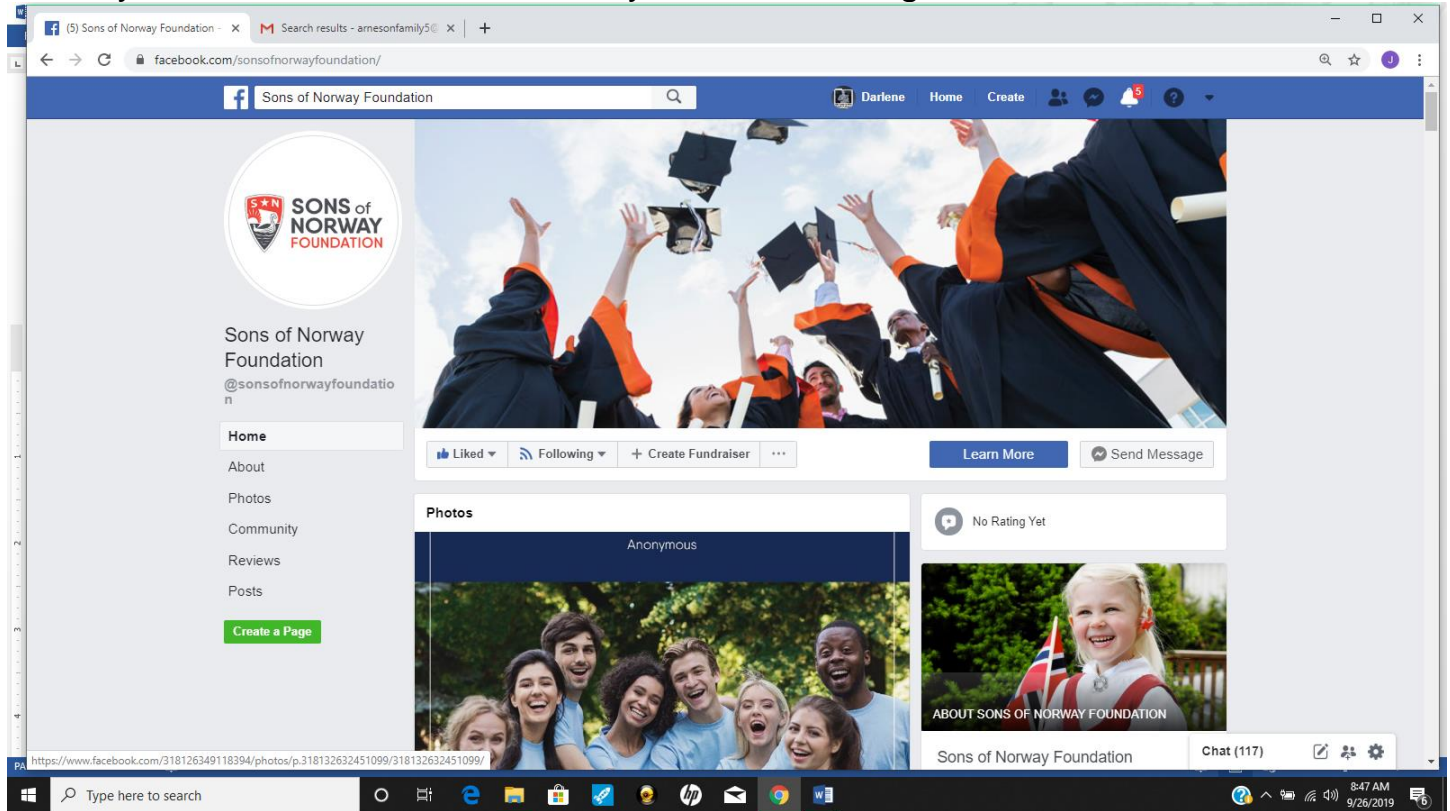
**TOTAL AMOUNT** \_\_\_\_\_

**Tusen takk** for your help in supporting Nordic heritage projects for the D5 Nordic Legacy Foundation. If you have any questions, or need additional items, please contact Mike Palecek, 262-886-5547 or [mikep@sonsofnorwayracine.com](mailto:mikep@sonsofnorwayracine.com)

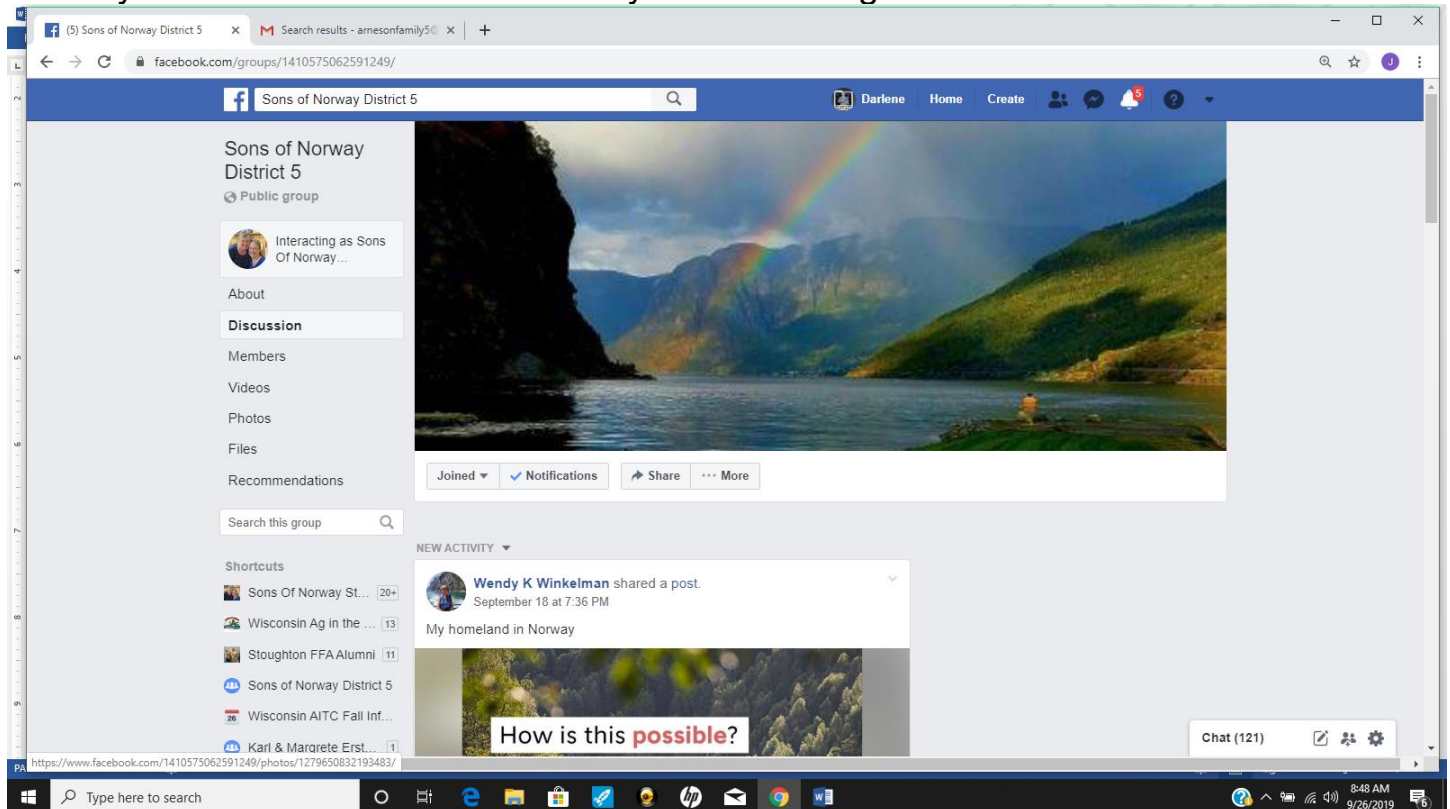
**Checks to D5 Nordic Legacy Foundation. Send check and form to: Mike Palecek, SON D5 treasurer, 5747 Sandy Lane, Racine WI 53406**

# Foundation Month Starts on Tuesday

## Share your events on: Sons of Norway Foundation Page



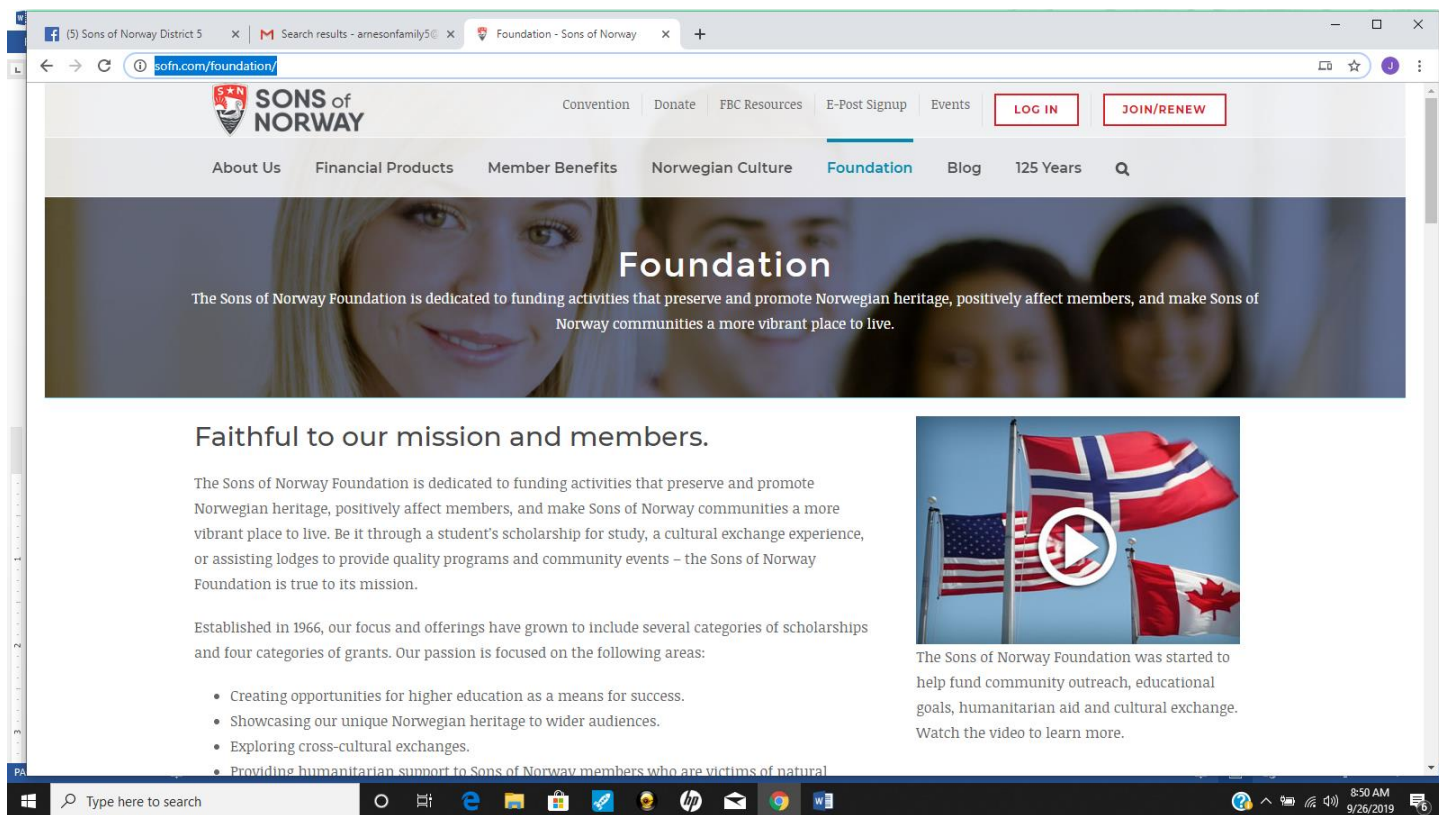
## Share your events on: Sons of Norway District 5 Page





# **Need resources or help with your Foundation Activities?**

**Sons of Norway website- Foundation page- <https://www.sofn.com/foundation/>**



The screenshot shows the website for the Sons of Norway Foundation. The header includes the logo and navigation links: Convention, Donate, FBC Resources, E-Post Signup, Events, LOG IN, and JOIN/RENEW. The main navigation bar lists: About Us, Financial Products, Member Benefits, Norwegian Culture, Foundation (highlighted), Blog, and 125 Years. The hero section features a large image of people and the text: "Foundation. The Sons of Norway Foundation is dedicated to funding activities that preserve and promote Norwegian heritage, positively affect members, and make Sons of Norway communities a more vibrant place to live." Below this is a section titled "Faithful to our mission and members." which states the foundation's mission and lists four categories of grants: "Creating opportunities for higher education as a means for success," "Showcasing our unique Norwegian heritage to wider audiences," "Exploring cross-cultural exchanges," and "Providing humanitarian support to Sons of Norway members who are victims of natural disasters." To the right of this text is a video player showing the Norwegian, American, and Canadian flags.

**Darlene Arneson- District 5 Foundation member**  
**[Arnesonfamily5@gmail.com](mailto:Arnesonfamily5@gmail.com)**

**District 5 Board Members or your zone directors**  
**[http://sonsofnorway5.com/board\\_of\\_directors/](http://sonsofnorway5.com/board_of_directors/)**

## **2020 Convention would love your input!**

The Idun Lodge has been very busy meeting and planning the 2020 District 5 Lodge Meeting and Convention. A big thank you to all of their members who are planning a great event for us.

They'd love your input to know what you're interested in, what your time allotment is, price ranges, and feedback on their ideas to make this week unique. They are also curious as to your interest in seeing things around the Madison area. To access the survey, go to either of the links below! If you can do the survey as soon as possible, they will have the results for their September 29 planning meeting!

Full url: <https://docs.google.com/forms/d/e/1FAIpQLScbSj1yln50157Tsz8mJB2gsnkvNqx8s8QORLYx7TYA6TG5oQ/viewform>

Tiny url: <https://tinyurl.com/y6yo77uq>

# Lutefisk dinner season ahead and the calls are coming!



If your lodge has a lutefisk dinner or there are ones in your area, please send me the information so we can share it.

**I need the: name, date, time, street address, price, phone number of who to call, and if they need reservations.**

**I do NOT want all the other event flyers for other types of events and dinners.** Please post that on the District calendar. I just have time to do the lutefisk dinners! We'll post them on our Facebook page, District calendar, and in this document! **Send all flyers to [inputd5@sonsofnorway5.com](mailto:inputd5@sonsofnorway5.com)**

## **2019 District 5 and International Calendar and Deadlines**

(Updated 5/30/2019- changes in red)

### **September 30, 2019**

Registrations due for District Leadership Conference

### **October 10, 2019**

Photos for the Viking are due to District Publicity Director Karen Eberhardt- eber01dj@gmail.com

### **October- Foundation Month!**

### **October 18-20, 2019**

District 5 Leadership Conference in Cedar Lake, IN

### **November 10, 2019**

Photos for the Viking are due to District Publicity Director Karen Eberhardt- eber01dj@gmail.com

### **December 10, 2019**

Photos for the Viking are due to District Publicity Director Karen Eberhardt- eber01dj@gmail.com

### **DISTRICT FIVE LODGE MEETING**

June 24-28, 2020 at the Radisson Hotel, Grand Canyon Drive, Madison

### **INTERNATIONAL LODGE MEETING**

August 16-23, 2020 in Hamar Norway



## Viking Chest Rotation

- The rotation will begin again with this rotation.
- The zone directors are responsible for keeping track of the whereabouts and letting their lodges know that the chest is in their zone for that time period.
- The chest should be brought back to the District Board Meeting to be given to the next zone.

<b>Time period</b>	<b>Zone with chest</b>
October 2017-April 2018	4
April 2018-October 2018	6
October 2018-April 2019	1
April 2019-October 2019	3

## **Zone Meeting Schedule 2019**

<b>Zone</b>	<b>Date</b>	<b>Hosted by</b>	<b>Location</b>
1	Thursday, Feb 21	Zone 1 Directors	Veterans Community Center, Hayward during the volunteer reception after Barnebirkie
2	April 27, 2019	Tom Boudreau and Karen Broadhead	Woodland Church ; 190 Hoover Ave., Plover WI.
3	Sat. Feb 16	Idun Lodge	Trinity Lutheran Church, Madison
3	Sunday, June 9	Cheryl Schlessler	Picnic and Fisheree - Edgerton
4	June 15	Mike Palecek	Heg Park, Wind Lake
5	Saturday June 8, 2019 9 am - 2 pm	Skjold Lodge 5-100	All Saints Lutheran Church 630 S. Quentin Road Palatine, IL
6			

**Note:**

- Check correspondence from the International and District and the International (www.sofn.com) and District (www.sonsofnorway5.com) websites for any updates and changes.
- Additional deadlines for the District 5 and International Conventions/Lodge Meetings will be added as those dates are established. Watch for future mailings and the District 5 website.
- The District 5 Convention will be June 24-28 at the Radisson Hotel, Grand Canyon Drive, Madison hosted by Idun Lodge.
- The International Sons of Norway Convention will be August 16-23, 2020 in Hamar Norway

Compiled by Darlene Arneson, SN District 5 Secretary (arnesonfamily5@gmail.com or 608-873-7209)

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**FFFN Basics**

In an attempt to help our lodge leaders become more familiar with resources, changes, deadlines and other information, I will compile a weekly “Friendly Fifth Friday News” email to our leadership. Some of the information you might already have, but hopefully it will be a good reminder for all of us (me included) of all the great resources that Sons of Norway has to offer. **Please feel free to cut and paste any of this information for your lodge’s use!**

**Send all web posting info and calendar dates/events directly to our webmaster at [inputd5@sonsofnorway5.com](mailto:inputd5@sonsofnorway5.com)**

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With our new arrangement, I actually send the FFFN pdf to our webmaster on Thursday morning before I go to work. So if you have anything you’d like me to consider putting in, please send it by Wednesday night. Please do not send pdf’s as I have a hard time cutting and pasting them. The Word Document works best for me.

Don’t forget that lodge events should be submitted to [inputd5@sonsofnorway5.com](mailto:inputd5@sonsofnorway5.com) as I have a hard time keeping track of all lodge activities. I’ll put some in but that is more the role of the website event calendar.

If you would like to get the MS Word document, just shoot me an email and I’ll add you to the list. I send it out right after I send the email to the large group.

Darlene Arneson – arnesonfamily5@gmail.com