

Friendly Fifth Friday News

September 7, 2018

In an attempt to help our lodge leaders become more familiar with resources, changes, deadlines and other information, I will compile a weekly "Friendly Fifth Friday News" email to our leadership. Some of the information you might already have, but hopefully it will be a good reminder for all of us (me included) of all the great resources that Sons of Norway has to offer. **Please feel free to cut and paste any of this information for your lodge's use!**

Send all web posting info to inputd5@sonsofnorway5.com

Lodge Record Retention Guidelines- update from Sherry Gorse (SN Fraternal Dept)

To be kept in Perpetuity

- Lodge Charter
- Lodge Bylaws
- Lodge or District Building Association's financial and original records (*such as articles of incorporation and charter*) if applicable
- Lodge Seal Embosser (*if the lodge has one*)
- Lodge Scrapbooks
- Secretary's Minute Book *
- Membership Roster *
- Membership Record Book(s) (*3-ring binder(s) with complete, current individual membership record sheets for current members*) *

Seven Years

- D17 Annual Financial Statement
- Treasurer's Cash Book*
- Financial Secretary's Cash Book*
- Cancelled checks, bank account statements
- Data filed with state/provincial taxation agencies
- 990 Tax Forms

Two Years

- Treasurer's Record of Bills*
- Membership Records of individuals who left the organization (suspended or cancelled) two or more years ago.*

One Year

- Treasurer's copy of the Financial Secretary's Report to Treasurer*
- Financial Secretary's copy of above report*
- Lodge copy of Membership Applications *

**In many lodges, the forms marked with an asterisk are no longer being utilized. That information may be kept in a different format, such as on a computer spreadsheet. Don't be concerned if your lodge doesn't have some of these specific forms in its collection.*

Greetings to All and welcome to fall from Chery Wille-Schlesser

Cooler Temperatures, hayrides, brisk morning hikes, garden harvests, and steaming apple pie all signal the change in seasons. The District 5 Board is undergoing changes too. New directors were elected to serve in a variety of capacities at the biennial District 5 Convention. With change comes anticipation, bursting energy, and new ideas. We are fortunate to be members of District 5 where our members realize the value in what we do. Our Board is a link between the International Office and the local lodges. If you have a question or a concern, contact your Zone Director for assistance. Please keep the lines of communication open, as we move forward.

Currently, past directors are finalizing their 2017-2018 reports, and they will soon begin segueing into their new positions. We all appreciate your patience during this time of transition.

[New Additions to the Sports and Recreation Line-up for 2018-2020](#)

A tradition of fine food has been our hallmark for many years, and I ask Lodges to consider tweaking the Chili Cook-off Event previously established and make it more relevant for your lodges and members. Sports and Recreation Directors and Cultural Skills Directors could work in tandem to lead members through the Sons of Norway's *Traditional Norwegian Cooking* series. The cooking unit has three levels and groups of people could partner to prepare different offerings *for a lodge meeting*. The first unit is entitled, *Favorites*, followed by *Baked Goods and Desserts*, and lastly *Meat or Fish Dishes*. Members would earn Cultural Skills pins for cooking and baking together. The fellowship and camaraderie provided by such an activity would strengthen the bonds in your lodge, and it could be enjoyable! Members who have already earned their cultural pins for the cooking unit could serve as mentors for others. The unit and its requirements can be found under the Cultural Programming tab on the SofN.com website. This activity would be a perfect way to involve your youth members; send them a special invitation to join you!

Since the Barnebirkie (Children's Ski Race) is a District 5 sponsored activity each February, I ask that your lodges consider completing the *Baked Goods and Desserts* unit at the end of January or during the first three weeks of February. Traditional cookies could be made to satisfy the requirements of the unit. Additionally, favorite family cookies or bars could also be baked with the Barnebirkie event in mind. The 2019 Barnebirke is scheduled during the American Birkebeiner weekend on Thursday, February 21st. * I ask that lodges who are participating in the cookie bake take photos of their event and submit them to me for posting on the District 5 Facebook or webpage. Recognition will be sent to all participating lodges. The lodge who sends the most cookies to the Barnebirkie will receive a special gift from the District 5 Board to be used with their membership.

I will be arranging for cookie pick-ups prior to the event in February, and I will be looking for volunteers to serve on-site in a variety of ways. Monetary donations are also acceptable for the Barnebirkie. If your lodge is located quite a distance from Hayward, WI, consider supporting the young skiers in this fashion.

I have been searching for an activity that is family-friendly and one that would involve multiple generations, as well as lodge members young and older alike. To that end, I propose that all lodges plan a Friendly Five Fisheree! Google, *Otter Street Fishing Club, Oshkosh, WI* to see what another group does for its community! Your fisheree could be held during the warmer months or in the winter on ice. Look for more information on the District 5 Fisheree to be shared through the Friendly Friday Fifth News in the upcoming months.

Another idea for lodges in the northern climes is to institute a candlelight ski or snowshoe event. Work with a local park ranger to lay a course and set out for an evening of fun. As the Norwegians say, there is no such thing as bad weather, only bad clothing! What a perfect night this would make for hot chocolate and a good movie to follow. Please take photos of your candlelight ski and detail where your event took place. If your members are older and wish to be outside during the daylight hours-please do so. The idea is to provide our members with activities that enhance wellness. Older members could also walk a course in your town. Participating members would earn credit toward a sports medal during this activity, walking for those with snowshoes or skiing. For more information on the Sons of Norway Sports Medal Program, go to SofN.com. Click on the Cultural Programming tab, or type the words *sports program* into the search box at the top of the page.

Another great activity that brings your lodge attention is the Adopt a highway or bike trail program. Both programs allow your lodge to receive signage for the portion of the highway or trail assigned. Find lodge members who enjoy being outdoors and encourage them to help you with this project. Submit an article to your local newspaper, including pictures. Blow your own horn, if you don't, who will? This activity is good for all ages and is a great community service project.

PLEASE SEND MORE IDEAS!

I would like to hear from Lodges who wish to retain the Bowling activity. Interest in that offering has waned in recent years.

Would your lodge be interested in a Kubb Tournament? If so, please weigh-in! We can help you with that!

Please submit other ideas for sports and recreation. Nothing is written in stone and we can easily make changes.

With a change in director, this seems to be the perfect time to institute new opportunities and challenges for our members.

Thank you,

Cheryl Wille-Schlesser

D5 Sports and Recreation Director

rogrcher@mhtc.net 608-219-4464

Watch Your Mailbox

In the beginning of September a renewal package for lodge liability insurance will be sent to all lodge treasurers. The package will include information regarding the coverage, a certificate of insurance for the lodge and an invoice for the lodge's share of the premium. Payments will be due to Sons of Norway Headquarters by October 15, 2018.

If you have members affected by storms and have lost homes...

In 2004 the Sons of Norway Foundation established this grant to help current members by awarding funds of up to \$1,000 per family following natural disasters including floods, tornadoes, hurricanes and wildfires.

To receive further information please contact the Foundation Director at foundation@sofn.com.

2018 District 5 and International Calendar and Deadlines

(Updated 8/10/18)

August 26, 2018

Zone 3 and Mandt Lodge Picnic at Arneson's in Stoughton, WI

September 30, 2018

Lodge liability premium due to International SN office

October 19-21, 2018

District 5 Board Meeting- Madison area

December 15, 2018

D-63 Report of Elections due. Send one copy to International Headquarters and one to District Secretary.

Viking Chest Rotation

- The rotation will begin again with this rotation.
- The zone directors are responsible for keeping track of the whereabouts and letting their lodges know that the chest is in their zone for that time period.
- The chest should be brought back to the District Board Meeting to be given to the next zone.

Time period	Zone with chest
October 2017-April 2018	4
April 2018-October 2018	6
October 2018-April 2019	1
April 2019-October 2019	3

Zone Meeting Schedule 2018

Zone	Date	Hosted by	Location
1			
2			
3- Zone Picnic	August 26, 2018	John and Darlene Arneson	2056 Skaalen Rd, Stoughton
4	October 6, 2018	Peggy Schroeder	UWGB CAMPUS, Green Bay
5			
6			

Note:

- Check correspondence from the International and District and the International (www.sofn.com) and District (www.sonsofnorway5.com) websites for any updates and changes.
- Additional deadlines for the District 5 and International Conventions/Lodge Meetings will be added as those dates are established. Watch for future mailings and the District 5 website.
- The District 5 Convention will be June 27-June 30, 2018 at Hotel Radisson in La Crosse, Wisconsin.
- The International Sons of Norway Convention will be August 16-18 in Minneapolis, MN.

Compiled by Darlene Arneson, SN District 5 Secretary (arnesonfamily5@gmail.com or 608-873-7209)

Viking Chest Rotation

Zone 6 now has the chest! Check with Andrew Johnsen or Geraldine Lachman to schedule!

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- The zone directors are responsible for keeping track of the whereabouts and letting their lodges know that the chest is in their zone for that time period.
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