

Polar Sar 5-472

Culture Medal Programming



Establish a Culture Goal every year

- Use your newsletter to introduce the Culture Goal
- Use a monthly Lodge meeting as a “kick off” event for the culture goal
- Implement culture goals into monthly Lodge programs
- Do Culture Goal paperwork as a Lodge Group project



2013 Rosemaling Part 1 and 2



Lynn Sove Maxson provided two Rosemaling Workshops that met Part 1 and Part 2 medal requirements

2014 Music and Musicians



FOX VALLEY NORWEGIAN CHOIR



Part 1 Introduction to Norwegian Folk Music



President Ken and Cultural Director Barb demonstrate playing a Psalmodikon

Traditional Norwegian Folk Music programs

Mark Foss and Friends



Cole Johnson playing the Psalmodikon

Bodø, Norway Cathedral Choir June 2014



Polar Star hosted a public performance of the choir followed by a luncheon for the choir and their families

Salvation Army Band of Norway - April 2014

Polar Star Field Trip

Part 2

Norwegian National Music



Unit 2: Norwegian Literature



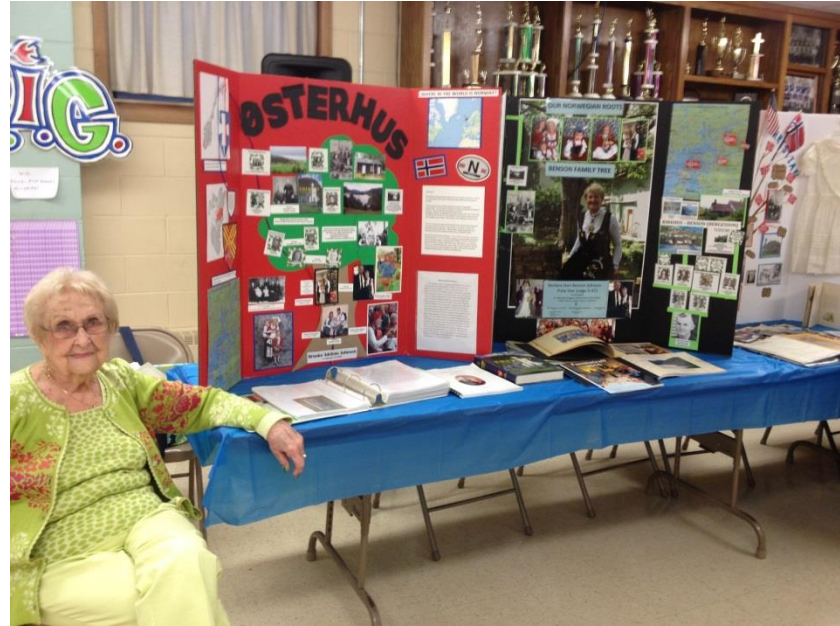
**Polar Star Book Club Meeting
Poetry Lodge Meeting**



2015 Stamps



2016 Genealogy



Four generations represented at the Polar Star Family Tree Fair

Norwegian American Genealogical Center

Family History

Workshop

Elective



2016 Cooking Part 1



Five Traditional dishes made for Lodge Potluck



2017 Foods - Part 2 Desserts, Bread,



2017 Part 2 Cakes, Desserts, Breads



Five traditional desserts served with coffee



Come for Coffee



Inger Langsholt, author of "Come for Coffee"

2016 Folk Dancing Part 1

Norwegian Barn Dance



2018 Foods Part 3 Meat dishes



How To Be A Viking



Little Hats for Big Hearts

Polar Star Knitting Club



RED HATS
FOR
NEWBORNS



Paper work completed together as a group

