

Friendly Fifth Friday News November 6, 2020

Send all web posting info and calendar dates/events directly to our webmaster at inputd5@sonsofnorway5.com

ZOOM Call for Lodge Presidents and Secretaries- November 12 at 6 PM CST

District Secretary Darlene Arneson will host a ZOOM call for any lodge President, Secretary, District 5 Board or others that want to join the call on **Thursday, November 12, at 6 PM Central time**. The main topics are the D63 Officer Updates for 2021, how to complete the form online, and to discuss elections. Even though not all lodges will be holding elections this November due to social distancing restrictions, all lodges should affirm or change their lodge officer rosters by 12/31/2020. Due to the pandemic and lodges not meeting as they normally do, we also want to help lodges consider ways that they can hold their elections and meetings. So there will be a short presentation and then we will open the rest of the call for Questions & Answers. This might help to watch before the call: District Secretary Darlene Arneson's YouTube how-to video is found at <https://youtu.be/G1zUTRpGtGc>

Darlene Arneson is inviting you to a scheduled Zoom meeting.

Topic: SN District 5 President and Secretary Call- November 12

Time: Nov 12, 2020 06:00 PM Central Time (US and Canada)

Join Zoom Meeting

<https://us02web.zoom.us/j/89563411607?pwd=UDIYYzBPTERuYmljeXhINS8vWGRTZz09>

Meeting ID: 895 6341 1607

Passcode: 611028

One tap mobile

+13126266799,,89563411607#,,,,,0#,,611028# US (Chicago)

+16465588656,,89563411607#,,,,,0#,,611028# US (New York)

Dial by your location

+1 312 626 6799 US (Chicago)

+1 646 558 8656 US (New York)

+1 301 715 8592 US (Washington D.C)

+1 346 248 7799 US (Houston)

+1 669 900 9128 US (San Jose)

+1 253 215 8782 US (Tacoma)

Meeting ID: 895 6341 1607

Passcode: 611028

Find your local number: <https://us02web.zoom.us/j/89563411607>

Zone Alignment Committee Update to District 5 Members and 2018 Delegates November 4, 2020

Committee Members: Darlene Arneson, Judy Ghastin, Karen Broadhead, Kathy Secora, Sandra Olson

First- a few clarifications-

The District bylaws can only be changed by the District Lodge members. The District Lodge members are those who serve as delegates at a District Lodge Meeting. Because of the pandemic and the International Boards decision to cancel all District Lodge meetings and extend the biennium to 2022, the **District 5 Lodge members are those who served as delegates in La Crosse.**

We are including all lodge members in the communications because it affects all lodges and members. **But the only ones that can vote are your delegates who served in La Crosse.** Your lodge can vote to give your lodge's delegates direction, but lodges (as a whole) won't be voting on making the official change.

I have used the FFFN as the primary way to share the information as all members have access to this weekly document. It is emailed to all lodge officers who have email and it's posted on the District 5 website so that ALL members can see it. All 2018 delegates have been encouraged to keep up with what is happening in the District via the FFFN as they serve until the next delegates are seated.

I also emailed the 2018 delegates with the update and notice of the October 24 information call.

The delegates in La Crosse will serve until the 2022 delegates are seated at the start of the business meeting at the 2022 convention/District lodge meeting in Madison.

Change in plans...

We had an excellent call on Saturday, October 24, with about 16 members who called in. There was a mix of board members, lodge members from various zones, and we spent about 90 minutes in discussion. It was the consensus of the group to ask the Zone Alignment Committee not to proceed with the realignment option we had chosen based on the surveys. They strongly recommended that we go back to the first option in the second survey, which changed the District to have seven zones.

The committee met on October 29 to discuss this. We took into account the comments from the Saturday call and also a number of comments sent to us since the call. We had a wide range of recommendations that stretched from not doing anything, sticking to the original proposal, and moving to another option.

The committee invited the District Board to a call on October 31. During this call, we again had a wide range of discussions and viewpoints. Some of the items were again evident from all three calls:

- Not everyone will be happy
- That zone lines don't mean that lodges can't do things together because they aren't in the same zone
- There is concern about the ongoing effects of the pandemic. We have gotten through 8 months of few/no lodge activities but what will happen if this extends well into 2021? How will membership hold? What about financial implications? The District may be in a good financial position now but what about in a year from now?
- Some have strong feelings about NOT adding a seventh zone

- Is this the time to make changes when lodges aren't meeting, meeting virtually, and may/may not have the opportunity to really discuss this?
- Are we better off to keep the zones as they are and not do anything?
- What can be done to help zone directors who have not been actively having zone meetings, outreach or other events? If we stayed with the current structure, would zone directors be willing to let other board members/officers to help with zone activities within their area?
- How can we be proactive in reaching all lodges and serving their needs?
- Zone involvement seems to vary with the zone directors- what they offer, feel comfortable doing, where they live... So much depends on those individuals.
- There were 16 on the October 24 call. Do they represent all members? Did the members not on the call not care, agree with the proposal, or didn't read it? Who knows!
- Should we have given the board the 2 final options to review and not just one proposal?
- This is our golden opportunity (timing) to make the change with the extra two years. But is it the right time for major changes?

The committee values the input that members bring to the discussion. This is the advantage of major items being discussed at District Lodge Meetings where all members can participate, hear and reflect on the various viewpoints brought up. It's impossible to do that virtually unless we have all members who will be voting (the current District Lodge which is the 2018 delegates in La Crosse). We can schedule calls but that doesn't mean the date/time will work, that they will call in, or that they want to participate in a virtual meeting.

So we are proceeding with the following timeline:

1. We will have the month of November for lodges to discuss Bylaw Proposal #1 – the “clean up” proposal which removes from the Zone Alignment list the lodges who closed, merged or started. We will send out a ballot in early December asking for a vote. The committee will finalize how the vote will be handled (paper or electronic) as we seek advice from the International office staff.

Whereas, Sjoland (5-635), Hafrsfjord (5-206), and Samhold (5-473), have disbanded during this past biennium;

Whereas, Shawnee Skogen (5-689) was instituted and chartered;

Whereas, the zone descriptions must change when lodges disband;

Therefore, be it Resolved, That By-Laws **ARTICLE VI...ZONES**, Par. 2 Description of Zones, be amended as follows:

ARTICLE VI . . . ZONES

Par. 2 Description of Zones

Zone 1- Loven 29, Valkyrien 53, Trygvason 220, Viking 625, Ulseth 670, **and Dovre 353. and Sjoland-635**

Zone 2- Wergeland 28, Jotunheimen 286, Solvang 457, Fossen 534, Fagernes 616, Rib Fjell 496, Elvedal 556, Norskeland 580, Myrmarken 609 and Vennligfolk 627.

Zone 3- Idun 74, Mandt 314, Vennelag 513, Nordland 544, Vakkertland 570, Ostestaden 642. and Norsemen of the Lakes 650.

Zone 4- Fosselyngen 82, Nordlyset 183, **Hafrsfjord 206**, Norse Valley 491, H R Holand 549, and Gronnvik 632.

Zone 5- Skjold 100, Valhall 168, Polar Star 472, Cleng Peerson 525, Trollhaugen 417 and Elvesund 593.

Zone 6- Nordkap 378, **Samhold 473**, Sonja Henie 490, Sognefjord 523, Christian Radich 568, Scandiana 600 Askeladden 610, Circle City 614, Edvard Grieg 657, Arctic Circle 662, Vikings of the Smokies 677, Music City Vikings 681, **and Shawnee Skogen 589**

2. We are NOT going to move forward with any other realignment proposals, except for the clean-up proposal above, to be voted on in December.
3. **We do want the lodges, District Lodge members, and all members to consider the two proposals (A and B below) that were the top two in the second survey or C- (leave zones as they are).**
4. We are planning on helping the zone directors to hold virtual zone meetings starting now through early 2021. We hope that during these meetings, we can have discussion about the two proposals or leaving the zones as they are.
5. **In February - March, the committee will review the comments, hold another virtual meeting for members (or possibly more) and decide whether we will pursue a major zone realignment or wait until the 2022 District Lodge Meeting when discussion and action would be in-person.**
6. If we decide not to proceed with a major realignment during this biennium, the nominating committee elected in Spring 2021 will use the current zone alignment for their work. If there is a proposal that is going to be taken up at the 2022 business meeting, then the effective date of that change (if it would pass) will need to be communicated to the nominating committee as they do their work.
7. Another update, Trollhaugen has requested information on how to disband so we may see another change in the next year.

Uff da! The work continues but I do feel this is the right step to take to insure that all members are involved in the conversations, that we're not rushing into something during a pandemic, that we get as much input as possible, and that the best decision for all is made.

Thank you,
Darlene Arneson, Chr
[-Arnesonfamily5@gmail.com](mailto:Arnesonfamily5@gmail.com) cell- 608-514-4951

Option A- Leaving the District with 6 zones

Zone 1	
Loven 29-Eau Claire, WI Dovre 353- Barron, WI Valkyrien 53-Woodville, WI Viking 625-Mondovi WI	Trygvason 220- Osseo, WI Fagerness 616-Blair WI Fossen 534-Black River Falls WI Wergeland 28-La Crosse WI
Zone 2	
Jotunheimen 286- Viroqua, WI Solvang 457- Westby, WI Elvedal 556-Wisconsin Rapids WI	Rib Fjell 496- Wausau, WI Norskeland 580- Scandinavia, WI Myrmarken 609- Marshfield, WI Vennligfolk 627- Stevens Point, WI
Zone 3	
Gronnvik 632 Green Bay WI Norse Valley 491 Appleton WI H.R. Holland 549 Sturgeon Bay WI Ulseth 670 Calumet MI	Vennelag 513 Mt. Horeb WI Idun 74 Madison WI Mandt 314 Stoughton WI Ostestaden 642 Monroe WI Vakkertland 570 WI Dells WI
Zone 4	
Fosselyngen 82 Milwaukee WI Nordlyset 183 Racine WI Norsemen of the Lakes 650 Elkhorn WI Nordland 544 Janesville WI	Valhall 168 Rockford IL Skjold 100 Palatine IL Polar Star 472 Montgomery IL Cleng Peerson 525 Ottawa IL
Zone 5	
Scandiana 600 Chesteton IN Circle City 614 Indianapolis IN Elvesund 593 La Grange Park IL Trollhaugen 417 So. Holland IL	Music City Vikings 681 Nashville TN Vikings of the Smokies 677 Knoxville TN Shawnee Skogen 689 Alto Pass IL Edvard Grieg 657 Cincinnati OH
Zone 6	
Sognefjord 523- North Muskegon, MI Christian Radich 568- Suttons Bay, MI Askeladden 610- Kalamazoo, MI	Arctic Circle 662- Canton, OH Nordkap 378 Detroit MI Sonja Henie 490 East Lansing MI

Option B- Changing the District to have 7 Zones

Zone 1	
Loven 29-Eau Claire, WI Dovre 353- Barron, WI Valkyrien 53-Woodville, WI Viking 625-Mondovi, WI	Trygvason 220- Osseo, WI Wergeland 28- LaCrosse, WI Fagernes 616- Blair, WI Fossen 534- Black River Falls, WI
Zone 2	
Jotunheimen 286- Viroqua, WI Solvang 457- Westby, WI Elvedal 556- Wisconsin Rapids, WI	Rib Fjell 496- Wausau, WI Norskeland 580- Scandinavia, WI Myrmarken 609- Marshfield, WI Vennligfolk 627- Stevens Point, WI
Zone 3	
Ostestaden 642- Monroe, WI Nordland 544- Janesville, WI Valhall 168- Rockford, IL	Mandt 314- Stoughton, WI Vennelag 513- Mt. Horeb, WI Idun 74- Madison, WI Vakkertland 570-Wisconsin Dells, WI
Zone 4	
Fosselyngen 82- Milwaukee, WI Nordlyset 183- Racine, WI Norsemen of the Lakes 650- Elkhorn, WI	H R Holand 549- Sturgeon Bay, WI Gronnvik 632- Green Bay, WI Norse Valley 491- Appleton, WI Ulseth 670- Calumet, MI
Zone 5	
Polar Star 472- Montgomery, IL Cleng Peerson 525- Ottawa, IL	Skjold 100- Palatine, IL Trollhaugen 417- South Holland, IL Elvesund 593- La Grange Park, IL
Zone 6	
Nordkap 378- Farmington Hills, MI Sonja Henie 490-East Lansing, MI Askeladden 610- Kalamazoo, MI Scandiana 600- Chesterton, IN	Sognefjord 523- North Muskegon, MI Christian Radich 568- Suttons Bay, MI
Zone 7	
Circle City 614- Indianapolis, IN Edvard Grieg 657- Cincinnati, OH Arctic Circle 662- Canton, OH	Vikings of the Smokies 677- Knoxville, TN Music City Vikings 681- Nashville, TN Shawnee Skogen 689- Alto Pass, IL

Option C- Don't make any major changes!
Our Current Zones
Updated July 25, 2020

Zone 1	
Sandy Olson	Audrey Severson
Loven 29-Eau Claire, WI Dovre 353- Barron, WI Valkyrien 53-Woodville, WI	Trygvason 220- Osseo, WI Ulseth 670-Hancock, MI Viking 625-Mondovi, WI
Zone 2	
Karen Broadhead	Tom Boudreau
Wergeland 28- LaCrosse, WI Jotunheimen 286- Viroqua, WI Solvang 457- Westby, WI Fossen 534- Black River Falls, WI Fagernes 616- Blair, WI	Rib Fjell 496- Wausau, WI Elvedal 556- Wisconsin Rapids, WI Norskeland 580- Scandinavia, WI Myrmarken 609- Marshfield, WI Vennligfolk 627- Stevens Point, WI
Zone 3	
Karen Eberhardt	Cheryl Wille-Schlesser
Idun 74- Madison, WI Vakkertland 570-Wisconsin Dells, WI Norsemen of the Lakes 650- Elkhorn, WI Nordland 544- Janesville, WI	Mandt 314- Stoughton, WI Vennelag 513- Mt. Horeb, WI Ostestaden 642- Monroe, WI
Zone 4	
Judy Ghastin	Peggy Schroeder
Fosselyngen 82- Milwaukee, WI Nordlyset 183- Racine, WI	H R Holand 549- Sturgeon Bay, WI Gronnvik 632- Green Bay, WI Norse Valley 491- Appleton, WI
Zone 5	
Connie Kross	Thomas Maxson
Valhall 168- Rockford, IL Polar Star 472- Montgomery, IL Cleng Peerson 525- Ottawa, IL	Skjold 100- Palatine, IL Trollhaugen 417- South Holland, IL Elvesund 593- La Grange Park, IL
Zone 6	
Andrew Johnsen	Deloris Bumpers
Nordkap 378- Farmington Hills, MI Sonja Henie 490-East Lansing, MI Sognefjord 523- North Muskegon, MI Christian Radich 568- Suttons Bay, MI Scandiana 600- Chesterton, IN Askeladden 610- Kalamazoo, MI	Circle City 614 –Indianapolis, IN Edvard Grieg 657- Cincinnati, OH Arctic Circle 662- Canton, OH Vikings of the Smokies 677- Knoxville, TN Music City Vikings 681- Nashville, TN Shawnee Skogen 689- Alto Pass, IL

Send in a Song for Sons of Norway's 125th Anniversary Party!

To round out our anniversary year in a spirit of festivity and virtual togetherness, we will be hosting a three-day virtual event on December 8, 9 and 10. You can help us celebrate by showing off your musical talents as a featured part of the festivities!

We are seeking video recordings of all age groups playing a musical instrument and/or singing. These performances will be available for viewing on YouTube and on our website. See below for details.

Submission deadline: November 30, 2020

[Application Guidelines](#)

For more information about our 125th Anniversary Virtual Party visit sofn.com/125years/virtual-party/.

Need a COVID at-home activity for your lodge? Update your lodge history!

<http://sonsofnorway5.com/lodges/history/>

Look at the lodge history page of the District 5 Website to see if your lodge's history has been updated! We are also missing some lodges so please consider this great "shelter-at-home" activity for some lodge members to work on!

Viking Photo Submissions due November 10 to Karen Eberhardt!

November 10, 2020

- Lodge photos are due to the District Publicity Director by the 10th of the month for the 'Viking' Magazine consideration in the edition three months out.

Karen Eberhardt- Publicity Director- eber01dj@gmail.com

Photo Guidelines for Viking Magazine Submission- <http://sonsofnorway5.com/galleries/>

- Digital photos must have a resolution of 300 dpi (dots per inch) or greater with no visible pixelation or blur and at least 3" x 5" physical size. (a minimum of 1 to 10 megabytes (MB)
 - Printed photos must be a minimum of 3" X 5" in physical size and reflect the same quality as professional processed photos. There must be no visible ink dots, stripes or patterns from the printing process.
 - Please DO NOT write caption information on the back of the photo as the pen pressure damages the printed photo.
 - Photos should be crisp and clear, a blurry or grainy photo cannot be used .
- The photo must contain Sons of Norway members and caption information must relate directly to the content of the photograph.
- Photos of only inanimate objects (handcrafts, food items, murals, etc.) will not be used.
 - Photos must be visually interesting, well lit and of good composition. It is best to avoid photos containing distracting items in the foreground.
 - Composite or digitally altered images will not be used.
 - When emailing a photo from a tablet or smart phone, be sure to send the largest possible file size offered.
 - Manually attach digital photos to your email via the attachment button(often denoted by a paperclip icon) in your email program.
 - Photos obtained from the internet or social media sites like Facebook & Twitter usually do not reflect the image size and resolution quality needed for printing in the Viking magazine.
 - Do Not color correct or use filters and special effects.
 - It is always best to send in the original unaltered digital file or photo.
 - Photos sent in via PicMonkey should be avoided if possible as the program automatically reduces the image size prior to being sent.

For more information on how to submit photos for the Viking Magazine when using your digital camera, IPAD or IPhone download the current copy of "**Viking Magazine District and Photo Guideline**" found under the "About us" Tab and District 5 Documents.

Save the date! Our 125th Anniversary virtual party is Dec. 8-10

Please mark your calendars and join us for an online celebration of our 125th anniversary!

This three-day event will take place December 8, 9 and 10 to round out our anniversary year in a spirit of festivity and virtual togetherness. You will receive an email on each day of the party with details about that day's events and activities.

Virtually Together: Send us your greetings!

Help us celebrate by participating in our "Virtually Together" Foundation fundraiser event! Send us your anniversary greetings in the form of a short video or photo message, along with a suggested donation to the Sons of Norway Foundation, and we will include it in our programming for the virtual party.

Submit your anniversary greeting by **November 15**, using the link below, to congratulate our members, lodges and headquarters staff on our 125th anniversary. You may send us your greetings individually or together with your family or fellow lodge members. See below for details.

Video greetings:

- Videos should be no more than 30 seconds long
- Introduce yourself with your name, lodge affiliation and length of membership
- Include a brief message of congratulations
- Submission deadline: November 15

Photo greetings:

- Submit a photograph of yourself, your family or your lodge
- Provide a 50-word greeting that includes your name, lodge, length of membership and a brief message of congratulations
- Submission deadline: November 15

Download guidelines and submit your greeting by going to the link below!

We appreciate your participation and your generous support of the Sons of Norway Foundation as we commemorate this landmark occasion—we can't wait to celebrate with you, **virtually together!**

<https://www.sofn.com/125years/virtual-party/>

2020 District 5 and International Calendar and Deadlines

Changes in red!

November 10, 2020

- Lodge photos are due to the District Publicity Director by the 10th of the month for the 'Viking' Magazine consideration in the edition three months out.

November 12, 2020

- ZOOM call for lodge presidents, secretaries, district board, and others at 6 PM CST to discuss D63 forms, elections and other needs!

December 2020

- D17 and D18 forms, instructions and timeline sent to lodge treasurers.

December 8-10, 2020

- **Virtual 125th Celebration-** <https://www.sofn.com/125years/virtual-party/>

December 10, 2020

- Lodge photos are due to the District Publicity Director by the 10th of the month for the 'Viking' Magazine consideration in the edition three months out.

December 15, 2020

- District 5 Sports Challenge ends

December 16, 2020

- Application deadline for:
 - Community Partnership Grant applications are due to Sons of Norway Foundation.
- Date that new member applications (paper forms) must be **received** at HQ to ensure processing in time for end-of-year delegate calculation and recruitment challenge recognition. (Online applications may be submitted through December 31.)

December 31, 2020

- Lodge Officer Update/D63 information is due to Membership Services at Sons of Norway Headquarters.
- Last day to enter new membership applications into the database for delegate calculations and 2019 recruitment challenge recognition. (**Paper applications should be received at headquarters by December 15** to ensure adequate time for processing.)
- Application deadline for:
 - - Lodge Helping Hands to Children Grant*
 - Lodge Culture and Heritage Grant*
 - Lodge Vitality Grant*
- Deadline to order Barneløpet supplies.

April 16-17, 2021

- District 5 Board Meeting- Nashville, TN

DISTRICT FIVE LODGE MEETING

Idun Lodge will host the meeting in 2022 in Madison, Wisconsin. Hotel and dates to be determined.

INTERNATIONAL LODGE MEETING

The International Lodge Meeting will be held in 2022 in Minneapolis, MN.

Viking Chest Rotation

The Viking Chest has not traveled since the health emergency began, and the new schedule cannot be announced until it is safe to hold in-person meetings. Therefore, the rotation schedule is suspended until further notice.

Note:

- Check correspondence from the International and District and the International (www.sofn.com) and District (www.sonsofnorway5.com) websites for any updates and changes.
- Additional deadlines for the District 5 and International Conventions/Lodge Meetings will be added as those dates are established. Watch for future mailings and the District 5 website.

Compiled by Darlene Arneson, SN District 5 Secretary (arnesonfamily5@gmail.com or 608-873-7209)

FFFN Basics

In an attempt to help our lodge leaders become more familiar with resources, changes, deadlines and other information, I will compile a weekly “Friendly Fifth Friday News” email to our leadership. Some of the information you might already have, but hopefully it will be a good reminder for all of us (me included) of all the great resources that Sons of Norway has to offer. **Please feel free to cut and paste any of this information for your lodge’s use!**

Send all web posting info and calendar dates/events directly to our webmaster at inputd5@sonsofnorway5.com With our new arrangement, I actually send the FFFN pdf to our webmaster on Thursday morning before I go to work. So if you have anything you’d like me to consider putting in, please send it by Wednesday night. Please do not send pdf’s as I have a hard time cutting and pasting them. The Word Document works best for me. Don’t forget that lodge events should be submitted to inputd5@sonsofnorway5.com as I have a hard time keeping track of all lodge activities. I’ll put some in but that is more the role of the website event calendar.

If you would like to get the MS Word document, just shoot me an email and I’ll add you to the list. I send it out right after I send the email to the large group.

Darlene Arneson – arnesonfamily5@gmail.com