

## Sons of Norway District 5 - Friendly Fifth Friday News November 3, 2023

### Destination Stoughton- SN District 5 Adult Camp a Success!

Sons of Norway District 5 welcomed 21 members from Wisconsin and Illinois to greater Dane County on October 27-29, 2023. The camp allowed our members to experience a weekend of learning, fun, and networking!

Friday's activities included a tour by Craig Bluschke of the historic Hauge Church in rural Mt. Horeb, touring the History Museum in Mt. Horeb, a presentation about the Norway Building by Brian Bigler, and then venturing to Stoughton. Participants could visit the Norwegian American Genealogical Center & Naeseth Library in Madison that day to see their facility and learn about the resources. In Stoughton, Livsreise was open as well as many shops downtown. Sons of Norway-Mandt Lodge offered a meatball meal and the group watched "*Kaskeland*" about the Koshkonong Prairie. We ended the night with presentations Director Wendy Furseth and six of the Stoughton High School Norwegian Dancers on their trip to Norway followed by the Authors and Illustrators, Gary Nauman and Nathan Peterson, of *Vidar and Hans*, will share their story of starting an independent comic book right when the pandemic hit. The Vidar and Hans Series is about a Viking and a Troll hanging out in Stoughton, hiding their secret identities, and aspiring to be superheroes.

A busy Saturday allowed the participants free time in the morning to go to the Wisconsin State Rosemalers Sale, visit Livsreise and the Stoughton Historical Museum, do some shopping, and take in the stamping class the District is offering. Connie Aiello showed the group how to make a card using the District stamps and explained the various sets in our collection. In the afternoon, Howard Kietzke gave a presentation on the Hauge Log Church, Roxy Engelstad gave a presentation about St Paul's Liberty Church near Deerfield, and International Board members, Duane Kittleson and Robin Fossum, gave updates and took questions. District Board members Darlene Arneson, Cheryl Wille-Schlessler, Connie Kross, Connie Aiello, and Judy Ghastin gave updates on the bylaw proposal, 2024 Convention, recent board meeting, fundraisers, and took questions. The group took a break to go watch the Dancers perform and then enjoyed a fish chowder meal will be at the lodge. That evening they had chocolate presentation by Yahara Chocolate owner Brook Johnson and we ended the evening with a fun presentation by Bill Amundson on *Stoughton's Norwegian Culture: An Outsider's Guide*.

On Sunday, some attended church at East Koshkonong Church and enjoyed many treats and coffee afterwards. Bonnie Ehrke and Marilyn Gunderson gave the historic upper church and of the cemetery. We were the first group to see the rock marker showing where the first service was held. Then the group

moved to St. Paul's Liberty Church where Pastor Holly and Roxy Engelstad gave a tour of the church and cemetery.

Ten lodges were represented during the weekend with members coming from Wisconsin and Illinois.

First	Last	Lodge	City	State
Dawn	Gunderson	Cleng Peerson	Leland	IL
Connie	Kross	Cleng Peerson	Sandwich	IL
Robert	Fossum	Dovre	Chetek	WI
Robin	Fossum	Dovre	Chetek	WI
Susan	Van Lith	Fosselyngen	Brookfield	WI
Carol	Brunner	Gronnvik	Green Bay	WI
Lucy	Ghastin	Idun	Middleton	WI
James	Eliason	Idun	Madison	WI
Dee	Grimsrud	Idun	Madison	WI
Vicky	Goplen	Mandt	Edgerton	WI
Bruce	Goplen	Mandt	Edgerton	WI
Darlene	Arneson	Mandt	Stoughton	WI
John	Arneson	Mandt	Stoughton	WI
Patricia	Boelsing	Mandt	Stoughton	WI
Judy	Ghastin	Norse Valley	Appleton	WI
Corlene	Bartels	Norsemen of the Lakes	Lyons	WI
Barb	Johnson	Polar Star	Yorkville	IL
Nancy	Andersen	Polar Star	St. Charles	IL
Arthur	Andersen	Polar Star	St. Charles	IL
Duane	Kittleson	Vennelag	Madison	WI
Cheryl	Wille-Schlesser	Vennelag	Mt. Horeb	WI

Photos can be found on Facebook- Sons of Norway District 5 and will be uploaded to the District website in the near future. The hashtag for the weekend was #SND5AdultCamp2023.

**If you are ordering pins- membership milestone, cultural or sports.... Don't forget that we offer-**

**Sons of Norway District 5  
Application Form –  
Cultural, Sports, and Membership Pins Shipping Grant**

Please fill out the form below and submit it via U.S. Mail or by email. Attach all receipts.  
Reimbursement check will be mailed to the Treasurer.

Lodge Name and Number: \_\_\_\_\_

Name of Person Requesting Grant: \_\_\_\_\_

Lodge Position: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

Name of the Lodge Treasurer: \_\_\_\_\_

Address of Treasurer: \_\_\_\_\_

Date(s) of pin order(s): \_\_\_\_\_

- Attach copy of receipts for pin orders with shipping cost circled.
- No follow-up report is required, but comments are welcome.
- This Grant applies to shipping costs starting January 1, 2022.

The District 5 Board thanks you for acknowledging your members in this way.

Submit applications and receipts to:

Wendy Winkelman  
District 5 Vice President  
6525 Water Valley Road  
Cobden, IL 62920  
wendyathadeland@yahoo.com

## Sons of Norway District 5 Convention 2024

### RACING TO THE FUTURE



**SONS OF NORWAY**  
District 5 Convention  
Indianapolis, Indiana  
6/19/24 - 6/22/24

### RACING TO THE FUTURE

Indianapolis Crowne Plaza Airport Hotel  
2501 S High School Rd, Indianapolis, Indiana 46241  
**June 19-22, 2024**

Mark your calendar now!

The 2024 Sons of Norway District 5 Convention is coming in June 2024!

Plan your vacation so you can enjoy the many attractions in the Indianapolis area before and after the convention. You asked for classes and activities that delegates could enjoy, so classes and speakers will begin on Wednesday, June 19, and continue through Saturday morning, June 22.

Delegates who are not on a committee can take part in a class or enjoy speakers on Wednesday and Thursday. Everyone will be able to enjoy the evening programs on Wednesday, Thursday, and Friday besides the banquet on Saturday evening. Those who are not delegates can attend all three-and one-half days of their class of choice or learn from the presentations offered during that time or take a local trip.

**THERE IS SO MUCH TO DO THAT EVERYONE WILL NEED TO MAKE CHOICES!**

**Watch for more details coming soon!**

Judy Ghastin  
District 5 Cultural Director  
D5 Convention Chair

Don't forget to share your newsletters! Send to: [inputd5@sonsofnorway.com](mailto:inputd5@sonsofnorway.com)

<https://sonsofnorway5.com/lodges/newsletters.php>

## Local Lodge Newsletters

There are currently 543 newsletters. Display

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Lodge	Date Added	Newsletter
Fosselyngen 82	OCT 26, 2023	<a href="#">Fosselyngen "Runespeak" Newsletter - Nov - Dec 2023 - Pdf</a>
Wergeland 28	OCT 26, 2023	<a href="#">Wergeland "Budstikken" Newsletter. November 2023 -Pdf</a>
Polar Star 472	OCT 19, 2023	<a href="#">Polar Star Newsletter October 2023 pdf</a>
Nordkap 378	OCT 08, 2023	<a href="#">Nordkap 'Nordkapen' Newsletter October 2023 pdf</a>
Norsemen of the Lakes 650	OCT 02, 2023	<a href="#">Norsemen of the Lakes Newsletter Oct. 2023 pdf</a>
Norsemen of the Lakes 650	OCT 02, 2023	<a href="#">Norsemen of the Lakes Newsletter Sept. 2023 pdf</a>
Shawnee Skogen 689	OCT 02, 2023	<a href="#">Shawnee Skogen Newsletter Oct. 2023 pdf</a>
Myrmarken 609	OCT 02, 2023	<a href="#">Myrmarken "Myravisen" Newsletter Oct. 2023 pdf</a>
Wergeland 28	OCT 02, 2023	<a href="#">Wergeland "Budstillen" Newsletter. Oct. 2023 -pdf</a>
Askeladden 610	SEP 28, 2023	<a href="#">Askeladden Newsletter October 2023 pdf</a>
Music City Vikings 681	SEP 28, 2023	<a href="#">Music City Vikings Newsletter Sept. - Oct.2023 pdf</a>
Polar Star 472	SEP 18, 2023	<a href="#">Polar Star Newsletter September 2023 pdf</a>
Grønnvik 632	SEP 09, 2023	<a href="#">Grønnvik Newsletter - September, October 2023 pdf</a>

**As the holidays approach and your lodge has bake sales, juletre fests, and other events...**

**There are lots of people who could and should be members of your lodge.**

Who, you ask? You already know them! They are your relatives from ages 0 - 15. Surely, you have children, grandchildren (and greats), nieces and nephews (and greats) cousins, and even step relatives!

They all can be members of your lodge as Heritage Members under YOUR membership! They don't have to live with you to be Heritage members. How much does it cost? Nothing. For free. How do you get them on your roster? Quite easy, peasy!

If you use a paper application form, the Heritage Members are added in Option 2 on the form. There is room to add 4 children all at the same time! If you have more, just photocopy the form and include the additional children with the original. The paper form can be printed off the [www.sofn.com](http://www.sofn.com) website. Headquarters will no longer print and distribute the paper form.

There is also a special Heritage Application form. That has to be printed from the [www.sofn.com](http://www.sofn.com) website. It does the same thing.

The easiest way to add the Heritage children is online. If you don't know how to do that, find someone who can help you.

First, out of courtesy, get permission from the child's parent/guardian to add them to the membership as a Heritage Member. Tell the child what you are doing, and follow up with more information about why you want them in the lodge. Tell them about the sports program and awards they can work for; the cultural programs where they can learn crafts and cooking, etc. Tell them how to access and use the programs, and let the parent/guardian know what you are doing. Better yet, sit down with the child and show him/her about Sons of Norway and what is in it for them. Sometimes, this involvement may spark the interest of the parent/guardian, and they might also want to join Sons of Norway!

Why add these relatives to the lodge membership? Who better to tell them the amazing history and heritage in their ancestry than you and Sons of Norway? They can get engaged in projects and learning. Invite these children to attend a meeting with you or go on a special day trip with your lodge.

Again, you ask, why? Almost everyone eventually yearns to find out where and who they came from. Why not help these children now with that journey? Remember, there is no cost to the child or to you.

What you need to sign up a Heritage Member:

Name, address, date of birth, phone and e-mail of child (or parent/guardian), and that's it! Including the phone and e-mail allows any lodge correspondence to be sent to that Heritage Member and keeps them feeling connected to the lodge.

Another reason we should get these Heritage members on board is that many lodges are consisting of mostly elderly folk. Without the infusion and enthusiasm of bringing in young people, our lodges can face difficulties remaining alive. We also need more new members in the 16 and up age groups. Any time we can sign up a new enthusiastic member is a win for your lodge.

So, what are you waiting for? Let's get those Heritage members signed up!

Wendy K Winkelman, LaVonne Wier, Scott Wegner, Tom Boudreau  
District 5 Membership Committee

### **Deadlines and Dates! Changes in red!**

- November 20- Viking photo submissions due to LaVonne Wier
- December 20- Viking photo submissions due to LaVonne Wier
- May 19- District Sports Challenge Ends

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### **Who to contact at the home office when you need help**

- You can email [cbs@sofn.com](mailto:cbs@sofn.com) for any member updates that need to be made.
- For anything fraternal- Connie O'Brien ([COBrien@sofn.com](mailto:COBrien@sofn.com)) or Amy Tuchenhagen ([ATuchenhagen@sofn.com](mailto:ATuchenhagen@sofn.com)). Sherry Gorse is no longer employed at Sons of Norway.
- For matter like submitting a death, a change to a members address or other info please email [cbs@sofn.com](mailto:cbs@sofn.com)
- For issues with passwords or website use [ithelp@sofn.com](mailto:ithelp@sofn.com).

- The 800 number to call in for member support is 800-945-8851
- If you need something related to sales, you can use [sales@sofn.com](mailto:sales@sofn.com)

### **Viking Chest / Immigrant Trunk Schedule**

Apr 2023 to Oct 2023:

Chest--zone 4 – Contact Connie Aiello and Judy Ghastin to reserve them

Trunk--zone 3 – Contact Scott Wegner and Cheryl Wille-Schlesser to reserve them

Oct 2023 to Apr 2024:

Chest--zone 6

Trunk--zone 5

Apr 2024 to Oct 2024

Chest--zone 2

Trunk--zone 1

Oct 2024 to April 2025

Chest--zone 3

Trunk--zone 4

#### **Note:**

- Check correspondence from the International and District and the International ([www.sofn.com](http://www.sofn.com)) and District ([www.sonsofnorway5.com](http://www.sonsofnorway5.com)) websites for any updates and changes.
- Additional deadlines for the District 5 and International Conventions/Lodge Meetings will be added as those dates are established. Watch for future mailings and the District 5 website.

Compiled by Darlene Arneson, SN District 5 Secretary ([arnesonfamily5@gmail.com](mailto:arnesonfamily5@gmail.com) or 608-873-7209)

#### **FFFN Basics**

In an attempt to help our lodge leaders become more familiar with resources, changes, deadlines and other information, I will compile a weekly “Friendly Fifth Friday News” email to our leadership. Some of the information you might already have, but hopefully it will be a good reminder for all of us (me included) of all the great resources that Sons of Norway has to offer. **Please feel free to cut and paste any of this information for your lodge’s use!**

**Send all web posting info and calendar dates/events directly to our webmaster at [inputd5@sonsofnorway5.com](mailto:inputd5@sonsofnorway5.com)**

With our new arrangement, I actually send the FFFN pdf to our webmaster on Thursday morning before I go to work. So if you have anything you’d like me to consider putting in, please send it by 4 am on Thursday morning. Please do not send pdf’s as I have a hard time cutting and pasting them. The Word Document works best for me. Don’t forget that lodge events should be submitted to [inputd5@sonsofnorway5.com](mailto:inputd5@sonsofnorway5.com) as I have a hard time keeping track of all lodge activities. I’ll put some in but that is more the role of the website event calendar.

If you would like to get the MS Word document, just shoot me an email and I’ll add you to the list. I send it out right after I send the email to the large group.

Darlene Arneson – [arnesonfamily5@gmail.com](mailto:arnesonfamily5@gmail.com)