

# Sons of Norway District 5 - Friendly Fifth Friday News

## November 17, 2023

### Viking Photo Reminder!

Hi all - I hope you all have some great photos to submit to me to forward for consideration in the Viking. Last month was pretty sparse with submissions.

Remember not to edit the photos, and use the photo submission form (copy below). Any questions or concerns - contact me.

Please get them to me at my email address, [2nor1rus@gmail.com](mailto:2nor1rus@gmail.com) by November 20, 2023.

Thanks a bunch!

LaVonne Wier, D5 Publicity

## Sons of Norway Content & Photo Submission Form

This form is provided to help you share information about your members, past and upcoming lodge events and district happenings via Viking magazine and other organization communications.

The event or photo caption will be based on information you provide so please check spelling of lodges, member names and location information. Send your member profile photographs and this form to your lodge publicity director who in turn should forward it to the district publicity director. If your lodge does not have a lodge publicity director, please send submissions, including this form, directly to your district publicity director.

***By submitting this photo submission form, I grant permission and consent to Sons of Norway and the Sons of Norway Foundation for the use of the following photograph(s) as identified below to promote the organization(s). Use may include but is not limited to print publication, publicity, advertising, and digital or online content.***

### Submitter's Contact Information

**\*\* Highlighted fields are required. Place cursor after highlighted word and type your response.**

**Name:**

**Phone:**

**Email:**

**Lodge Name:**

**District/Lodge Number:**

**Location:**

**Are you providing a High-Resolution photo (Yes or No):**

(Not sure? Here is a [link](#) explaining what a high-resolution photo is)

**File name if providing a photo:**

Please fill in the appropriate information for the content categories noted below. Please keep in mind that Viking magazine content is prepared two months ahead of issue.

### **1. Past Events and Member Activities**

Includes recognition of current members, lodge celebrations, community service projects and other past activities. Please include event purpose and location. Individual member names of these shown in photo may be included, however we are limited in caption length to 1 or 2 lines per photo.

**Description:**

### **2. Member Profiles**

This content features members who with an interesting story that will inspire other members. It could include outstanding long-term or young members in your lodge and district, other members who celebrate their heritage in unique ways. Please include the member contact information, along with a brief description explaining why you believe they should be featured.

**Description:**

### **3. Upcoming Events and Member Activities**

Includes upcoming lodge and district events that are open to all members, as well as public events. We will feature in-person and remote events such as district wide fundraising initiatives, festivals, community events where the lodge/district will be represented, and upcoming cultural activities or youth camps. A photo is not required. Your description should include dates and location of the upcoming event and a contact name and email/phone number that will be published.

**Description:**

## Curious if any lodges are collecting stamps?

I had a question from a member asking if any of our lodges are continuing to collect stamps for the other options that we found when TUBFRIM closed? If you can shoot me an email at arnesonfamily5@gmail.com , it will be interesting to see who is continuing this community service project. I saw in a few newsletters that some are but just curious about the rest!

### **The options that we explored and recommend lodges consider:**

- **Sisters at St. Mary's College in Nortre Dame, South Bend, Indiana**

<https://www.cscsisters.org/big-dividends-little-stamp/>

If you have any questions about buying or donating stamps, please address them to: [stamproom@cscsisters.org](mailto:stamproom@cscsisters.org). **Mail stamps to:** Sisters of the Holy Cross-Stamp Room, 100 Augusta Hall–Saint Mary's, Notre Dame, IN 46556-5000

- **Stamps for the Wounded**

<https://www.stampsforthewounded.org/>

Stamps for the Wounded (SFTW) is a service organization dedicated to providing comfort and stimulating activity to U.S. veterans through stamp collecting. SFTW sends donated postage stamps and other philatelic material and supplies to wounded, ill, and isolated veterans.

If you have any questions, please feel free to Contact Us through the web form, by email, or via postal mail. The following kinds of donations are needed: Used postage stamps saved from the mail; Stamps, covers and other items from stamp collections; New and gently used philatelic supplies (album pages, mounts, hinges, stock books, perforation gauges, tongs, etc.); Philatelic literature (catalogues and reference books but not philatelic magazines or newspapers); and cash donations to help with operating costs.

*How To Send Donations to Us by U.S. Postal Service: Stamps for the Wounded, P.O. Box 297, Dunn Loring, VA 22027-0297*

### **#3- New Option in Norway**

STAMP COLLECTION FOR CHILDREN AND YOUNG PEOPLE CONTINUES. 😊

After 01/01/2023. everything will be sent directly to:

Skanfil Auctions AS, Postbox 2030, 5504 Haugesund. Take note of the package with "TUBFRIM".

We hope that everyone will continue the good fundraising work that is made as income for the TUBFRIM Fund and the National Association for Public Health.

Skanfil Auksjoner AS is part of the Skanfil group, with headquarters in Haugesund and branch offices in, among other things, Oslo, Bergen, Sarpsborg and Trondheim. Skanfil is the country's largest collector's company with stamps as their main product. But not only that - the company also turns coins, banknotes, postcards, art and most of the items worth taking care of. This also allows for donations of such objects for income for the TUBFRIM fund.

<https://skanfil.no/tubfrim/>

- **TUBFRIM and Skanfil Auction**

<https://skanfil.no/tubfrim/>

Send stamps to: Skanfil Auctions AS, TUBFRIM-fondet, P.O. Box 2030, 5504 Haugesund, Norway. Feel free to contact us by [tubfrim@skanfil.no](mailto:tubfrim@skanfil.no) or call us on tel. [52 70 39 40](tel:52703940) / [924 90 761](tel:92490761) if you have any questions.

Skanfil Auctions AS is part of the Skanfil Group, with headquarters in Haugesund and branch offices in Oslo, Bergen, Sarpsborg and Trondheim, among others. Skanfil is the country's largest collector's company with stamps as its main product. But not only that – the company also sells coins, banknotes, postcards, art, and most items worth preserving.

## Sons of Norway Ornament-

<https://sofn.logoshop.com/ProductDetails/?productId=554313296>



**SONS of  
NORWAY**

✉ [info@phusionprint.com](mailto:info@phusionprint.com) ☎ (612) 386-2619

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### SOFN Christmas Ornament 2023

**SOFN2023ORN**

Show your Norwegian pride this holiday season by adding the 2023 Sons of Norway commemorative ornament to your Christmas traditions. With its rosemaling design in the Valdres style, this elegant ornament will be a treasured addition to your holiday decor. Packaged in a full-color gift box containing a Christmas greeting from Sons of Norway and an informative description of the Valdres style of rosemaling, this ornament is a unique gift for someone who enjoys their Norwegian heritage as much as you do. \*\*\*\* YOUR CREDIT CARD WILL REFLECT PHUSION LLC - NOT SONS OF NORWAY \*\*\*\* Additional Information ALL ORDERS MUST BE PLACED ONLINE - WE DO NOT ACCEPT PHONE ORDERS

**Additional Information** ALL ORDERS MUST BE PLACED ONLINE - WE DO NOT ACCEPT PHONE ORDERS \*\*

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^ Pricing

SOFN2023ORN

Quantity



1

Where to find other S <https://sofn.logoshop.com/ons> of Norway Gift Items- <https://sofn.logoshop.com/>

Sons of Norway

[See all Products](#)



SOFN - OGIO - Metro Pack.



SOFN Anniversary Lapel Pin (ON SALE!!!)



SOFN - Ladies Enhanced Fleece Full-Zip Jacket



SOFN Anniversary - Custom Knitted Dress Sock (ON SALE!!!)



SOFN Christmas Ornament 2023



SOFN - 125th Anniversary Logo Embroidered Patch (ON SALE!!!)

Phone: (612) 386-2619  
E-mail: [info@phusionprint.com](mailto:info@phusionprint.com)



**SONS of  
NORWAY**

Did you know that Sons of Norway has some fun Mystery Night scripts and resources for a fun winter lodge activity in the Idea Bank? You must log in to see them-

[https://www.sofn.com/member\\_resources/cultural\\_programming/idea\\_bank/](https://www.sofn.com/member_resources/cultural_programming/idea_bank/)

## **Mystery Play**

### ***Promotion Materials***

#### **Promotion Guidance**

1.

1. [About Promoting a Mystery Night Play at Your Lodge](#)

#### **Posters**

1.

1. [The Beginning of the End](#)
2. [Death Knocks Again](#)
3. [The Ambassadors Come to Dinner](#)

#### **Flyers**

1.

1. [The Beginning of the End](#)
2. [Death Knocks Again](#)
3. [The Ambassadors Come to Dinner](#)

#### **Tickets**

1.

1. [Save the Date / Guest Tickets](#)

### ***The Play***

#### **Background & Guidance**

1.

1. [Background & Guidance for Putting On a Mystery Night Play](#)

#### **Scripts**

1.

1. [The Beginning of the End](#)
2. [Death Knocks Again](#)
3. [The Ambassadors Come to Dinner](#)

#### **Perform the Mystery Night Plays at Your Lodge**

Have fun entertaining your lodge and community by putting on one or more of these humorous Mystery Night plays. The plays offer a series of *make believe events and mayhem at a fictional Sons of Norway lodge*. The intent is to make you laugh at the over-the-top characters and celebrate our wonderful members, who most certainly do NOT act like the foolish and murderous folks in these plays.

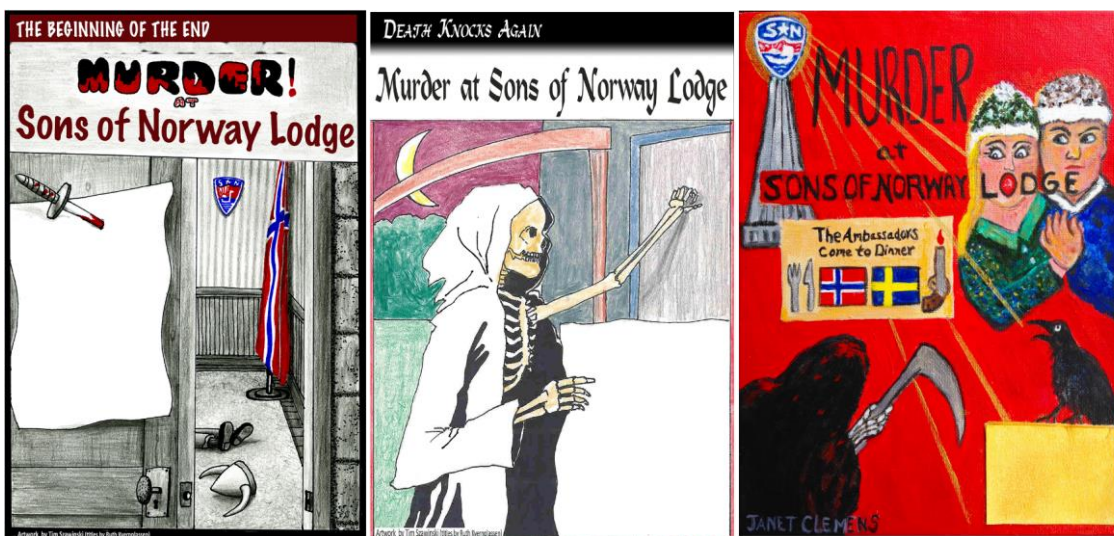
Originally presented by the writer's home lodge as dinner theater performances, you can choose whether or not your lodge will do this. The plays, with or without a dinner, could be great fundraisers for the Sons of Norway Foundation or your lodge scholarship program. You could also get together with another lodge in your district to perform it in your communities to entertain and attract prospective members. It's completely up to you!



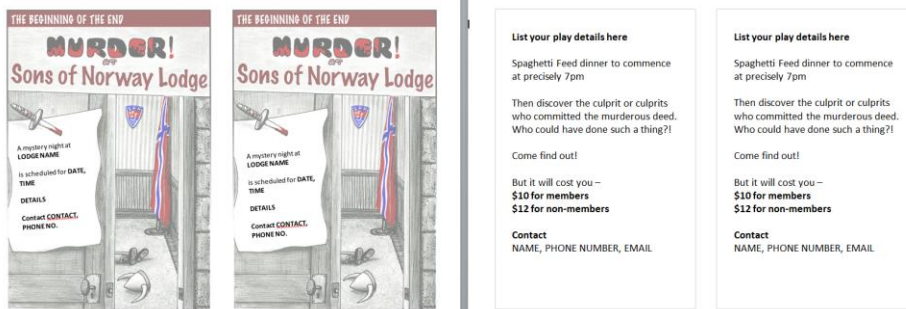
Your lodge prize package includes the enclosed Mystery Night play trilogy on a flash drive, so that you may customize the play and materials and print them out as needed. Later this year the plays will be made available to lodges on the Sons of Norway website.

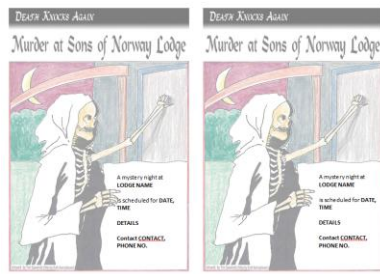
### Here's what is included on the flash drive:

- Individual Word documents with the **scripts** for all three plays.
  1. *Murder at Sons of Norway Lodge I: The Beginning of the End*
  2. *Murder at Sons of Norway Lodge II: Death Knocks Again*
  3. *Murder at Sons of Norway Lodge III: The Ambassadors Come to Dinner*
- **Background and Guidance** with tips and more information on how to successfully prepare for and present your Mystery Night plays.
- Promotional materials that you can display to advertise your event. These include:
  - A customizable art **poster** for each play. These charming, original posters were created specifically for each play. To customize the Word document with your event details like lodge name, play date, time and location; just add your information to the text box in the blank area of the posters.



- **Playbill fliers** that you can hand out to promote the plays in your community or at other events. See examples below of the type of information you could include. These fliers can easily be edited in Word on sides 1 and 2. They are set up for duplex printing on an 8.5 x 11" sheet that can cut apart in the middle for your use.





List your play details here

Spaghetti Feed dinner to commence at precisely 7pm

Then discover the culprit or culprits who committed the murderous deed. Who could have done such a thing?!

Come find out!

But it will cost you –  
\$10 for members  
\$12 for non-members

Contact  
NAME, PHONE NUMBER, EMAIL

List your play details here

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NAME, PHONE NUMBER, EMAIL

- A **Ticket sheet** that you can use if you are selling tickets and/or have limited audience space with assigned seating. The tickets can be customized by editing the Word document.

## BACKGROUND & GUIDANCE FOR PUTTING ON A MYSTERY NIGHT PLAY BY WRITER TED BIRKEDAL AND SONS OF NORWAY

### INTRODUCTION:

The purpose of this guidance is to provide some helpful recommendations and advice if you are planning on putting on one of the *Murder at Sons of Norway Lodge* Mystery Night plays.

The three mystery nights, in the order they should be performed:

1. *Murder at Sons of Norway Lodge I: The Beginning of the End*,
2. *Murder at Sons of Norway Lodge II: Death Knocks Again*
3. *Murder at Sons of Norway Lodge III: The Ambassadors Come to Dinner*

I wrote the three plays after spending good money ordering canned “Mystery Nights” off the Internet and finding none suitable for a mystery night event at our Sons of Norway lodge. I decided I could do better myself and write the plays specifically for our very own Sons of Norway lodge, Bernt Balchen in Anchorage, Alaska. I finished the first play in 2009, the second in 2011, and the third in 2013. We performed the plays those same years during “spaghetti feeds” at Viking Hall, the home of Bernt Balchen lodge, and they were popular with our members.

Together the three plays constitute a trilogy; a story of mayhem and murders at a dysfunctional Sons of Norway lodge over a four-year period. You can choose to produce the first and never follow-up with the last two. Or you can put on the second or third plays independently, but if you choose this option you will let the cat out of the bag for the prior mystery night plays. This is because the second and third plays each reveal what happened at the lodge in the earlier plays. So, for example, if you put on *Murder at Sons of Norway Lodge III: The Ambassadors Come to Dinner* the audience will find out who was murdered and who committed the murders in the prior two plays.

The three plays of the trilogy show what can happen to a lodge when “peace and harmony” do not prevail at a Sons of Norway lodge. They are in a sense

<p>SAVE THE DATE</p> <p>Join Sons of Norway LODGE NAME, for a night of mystery.</p> <p>Date &amp; Time _____</p> <p>Location _____</p> <p>SONS OF NORWAY</p>	<p>SAVE THE DATE</p> <p>Join Sons of Norway LODGE NAME, for a night of mystery.</p> <p>Date &amp; Time _____</p> <p>Location _____</p> <p>SONS OF NORWAY</p>
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“morality plays,” but they are meant to be fun for the performers, as well as provide an entertaining night of mystery and dark humor for the audience.

## **VENUE:**

Just use your lodge headquarters as the venue and setting and adjust the stage action as needed. We used the main hall in Viking Hall so the play reflects that setting. For example, if you do not have stairs leading to a basement in your lodge facility, then create or scout out a place in your space where the character Trond Bokmusen could be ambushed by a hidden killer wielding a brick. Having a plausible location for such a scene in your space will make it that much more real for your audience.

There is mention of a downstairs library in the first play and reference to a walk-in storage room in the second play, but these rooms remain “off stage” and are never scenes of action for the actors.

In two of the plays, a large board meeting table provides the physical focus of the action and dialogue. In the third play the main focus is a large banquet table. These can be assembled from 8-ft portable tables and covered with table cloths to make them “elegant.”

## **SCRIPTS:**

The scripts for the plays are meant to be read, not memorized by the actors. Even if they are not asked to memorize the script, your cast will need to practice reading their lines several times separately and together during rehearsals, so reading before an audience runs smoothly.

Each director of the plays must decide whether or not to issue two editions of the script, one restricted and one un-restricted. At Bernt Balchen lodge we issued “restricted scripts” to the actors that did not play important roles in the last act of each of the three plays. Actors that had major speaking parts in the last acts received the “un-restricted scripts.” This kept the ending from accidentally being revealed and increased the surprise of everyone at the play’s end. But you are free, if you wish to issue the full script to everyone participating in the plays. We found that three-ring plastic binders worked best for the actors. They are easy to hold and help the actors keep track of the action and dialogue. Each of the plays lets the audience know what to expect at the beginning of the play; they are clearly informed that the actors are not professionals and must therefore read their lines.

The scripts provide stage directions for the actors and the placement of furniture and props. The stage directions are typed in bold in the scripts.

You are free to modify or edit the scripts in order to meet your specific lodge needs. You may need to change or adjust stage directions, the words of certain characters, cut lines to shorten the performance, add nonspeaking extras or drop one or more characters from the plays. You may also wish to change the names or gender of characters, where gender is not relevant to the storyline. We have purposely made the plays available as Word files so that your lodge could customize the plays to their needs and requirements.

## **CHARACTER BACKGROUNDS:**

Character backgrounds are included for each of the plays. These give your cast some insight into the primary characters in the plays. You may choose to share them with the audience, but these are not part of the script.

## **PROPS:**

A recommended prop list has been prepared for each play. You are free to modify this list as needed in order to accommodate your lodge’s situation. Most of the recommended props are easy to find with the exception of the “theater pistol” employed in *Murder at Sons of Norway Lodge II: Death Knocks Again*. College theater



departments and small private theaters sometimes own them and may lend you one for free or for a fee. If you can't locate one use a cap or otherwise noisy fake gun from a party/costume store.

In selecting Sons of Norway paraphernalia go over the top. You do not want to mimic exactly what your lodge uses during a board meeting; put out an exaggerated display of Sons of Norway items.

If you have a set of stairs leading to a basement in your lodge facility then you can place the shoes and stuffed pants that represent the half-hidden body of Trond Bokmusen in *Murder at Sons of Norway Lodge I: The Beginning of the End*. If you don't have stairs leading down to a basement then you could put the stuffed pants and shoes of Trond behind a partially opened door. Another option is to drop the whole idea of the audience seeing a "body" as they come into the hall for a mystery night. Seeing a body is not essential to the play.

## **DINNER OR NOT?:**

When we put on the plays at Viking Hall we incorporated a simple dinner (such as a "spaghetti feed") as part of the mystery night event. We served dinner during the performances and provided dessert before the final act. If you decide to produce the plays as "dinner theater" you can choose to serve the dinner in any order you that works best for your lodge. Or you can choose to not include a dinner with any of the three plays.

## **DIRECTOR:**

You will need someone to serve as the play's director to insure everyone participating knows what is going on and what their job is. The director may choose to also serve as an actor in the play, but that requires more work and attention to detail to insure that all goes as intended during the performance of the play.

## **STAGE MANAGER:**

We recommend that you select someone to serve as the stage manager. They would be responsible for the props and their placement as well as the layout of your "set." Again, the stage manager can also serve as an actor, if they have their "act" together.

## **MASTER OF CEREMONIES:**

In all plays you may have a host or "Master of Ceremonies" to inform and guide the audience as each play proceeds. The Master of Ceremonies can be either a man or woman, but the person who undertakes this role should be someone with a strong voice and commanding manner. You might also want to divide this role between two people and modify the script accordingly, if you feel that would be easier to narrate.

## **ACTORS:**

The cast can be a mix of officers or members of the lodge, friends or relatives of lodge members, local high school or college students interested in theater. When we put on the plays at Viking Hall we often had the officers of the Bernt Balchen lodge play themselves, but they took on the personalities of their characters.

The most important character to get right is Detective Nils Skarpnese, who is key to the success of the play. This character may be young or old, a man or a woman. What is important is that the person playing this part has a "presence" and an authoritative and strong voice. If you choose a woman to play the part, choose a new first name that sounds Scandinavian like Siri, Unni, Hanne or Tove and would be the name of a tough, smart woman.

In fact, you are free to change the gender of any of the characters if you wish. We had to do that when one of our actors became ill before the performance. Remember to choose a different first name and modify the script if you do change a character's gender.

## **DRESS:**

The *Murder at Sons of Norway* mystery night plays require no costumes or disguises. When we put on the plays at Viking Hall, the actors wore their own clothing and no stage make-up. But we have some recommendations for the type of dress worn by the actors. In the first two plays most of the actors may just wear casual clothes. However, Detective Nils Skarpnese should wear a suit or sport coat with slacks, and a light trench coat. Marit Stordame should also be elegantly dressed as she is a high officer of Sons of Norway. Furthermore, the Master of Ceremonies should be dressed up whether the character is played by a man or woman.

For *Murder at Sons of Norway Lodge III* all the persons engaged in the banquet should be dressed up as if for a fancy banquet. The exception would be their server, Sigrun Slanders, who wears an apron with the Norwegian flag on it. Also, the actor who played Lars Fortsykkel in our production wore a bicycle racing outfit to make the character “over the top.” In addition, the actor who played Thorvald Olsen wore his suit and tie sloppily. So, if you have an idea that you think will work, go for it.

## **TIME NEEDED TO PUT ON A PLAY:**

The time it takes to put on a *Murder at Sons of Norway Lodge* play will vary. If you are producing the play along with a dinner, it will take more time to complete the play. When we put on the plays at Viking Hall, together with simple dinners, the plays each lasted approximately 90 minutes.

## **CLUES:**

Each play script includes a clue sheet which provides the audience with a set of “clues” to help them pick the murderer or murderers. One or more of the “clues” may be red herrings. These clue sheets are best distributed at the beginning of the intermission just prior to the last act.

## **PRIZES:**

The script of all three plays includes an invitation to members of the audience to pick the culprit or culprits prior to the last act. Members of the audience are asked to guess and turn in their ballots at the start of the last act of each play.

If they guess correctly, they can win a prize after the end of the play. Usually more than one person guesses correctly so we recommend having a blind drawing and draw until you have three correct guesses. Each of these winners would get an equivalent reward such as a Scandinavian crime novel.

## **ADVERTISING:**

Bernt Balchen advertised the mystery night plays in our lodge newsletter and through our “E-Blast” system which notifies members via email of events and news. We also posted fliers at a few select locations around town. You could also post information on your lodge’s Facebook page, other social media or websites and the Sons of Norway events page at [Sonsofnorway.com](http://Sonsofnorway.com). For each play, editable Word documents with posters, playbill flyers and tickets are included and can be customized for your event.

## **MICROPHONES OR NOT?:**

We did not employ microphones in any of our productions because our audiences were small, only between 60 and 80 people, and our actors were asked to speak loudly. For larger lodge halls with bigger audiences, it may be necessary to use several microphones to be passed among the actors or even rent headset microphones for hands free acting and to increase the dialogue volume.

## Membership Form! Important reminders!

- **December 16-** New member enrollment forms **MUST** be into Sons of Norway Headquarters by December 16 to be counted for year-end totals and the Recruitment Contest.
- **Make sure you use the new 3 page application if you are sending in the hard copy.** It has removed the credit card information as they won't accept credit card payments on hard copy as it's a huge security issue.



**SONS of  
NORWAY**

### Join Today!

**For New Members in  
the U.S.—Velkommen!**



### Why Join Sons of Norway?

**Because there's a little bit of Norway in all of us!**

#### Member Benefits Include:

##### Viking magazine

Our #1 rated benefit! This popular bi-monthly print magazine covers a variety of fascinating topics from historical to modern.

##### Cultural programs

Get connected to Norwegian heritage and traditions. Our recipes, online Norwegian language lessons, cultural skills and sports medal programs will put Norway in your life every day.

***BONUS:** As a member, you may enroll your children or grandchildren ages 15 and under for **FREE Heritage membership**.*

##### Travel and other discounts

Explore your roots through thrilling travel adventures. Members enjoy savings on guided tours, self-guided trips, hotel stays, auto rentals and driving maps. Find added savings galore with additional member discounts you can access online.

##### Financial services

Members have exclusive access to competitively priced life insurance and annuity products that offer protection and security no matter what stage of life you're in. The purchase of these products helps support member benefit programs, lodges and our communities.

***PLUS:** Lodge leadership and community service opportunities so you can make a difference!*

##### Sons of Norway Foundation

The Foundation understands that passing our Nordic heritage to the next generation is critical to keeping our shared values alive. As generous donors to the Sons of Norway Foundation, our members and friends positively impact:

- The future workforce, by funding students' education and training.
- Communities and lodges, by supporting Norwegian events and programs.
- Families, by providing opportunities for children to attend Norwegian cultural camps.

Member benefits are non-contractual and subject to change without notice. Products issued by Sons of Norway are available to applicants who meet membership, insurability and residency requirements. Financial products are not available in all states.



**SONS of  
NORWAY**

If known, please provide your:

District #

Lodge #

Lodge Name

### Membership Categories

- ☐ **OPTION 1 Individual Membership** \$60 per year ☐ **OPTION 2 Family Membership** \$95 per year  
Add family members below

**Complete for Options 1 and 2. Please print clearly and return with payment to Sons of Norway headquarters.**

Name \_\_\_\_\_ ☐ Male ☐ Female ☐ Other

First Middle Last

Date of birth \_\_\_\_\_ Norwegian affiliation ☐ Birth ☐ Descent ☐ Marriage ☐ Interest

MM DD YY

Mailing address

Street

Apt/Unit/Suite #

City

State

Zip

Billing address

(if different from mailing address)

Street

Apt/Unit/Suite #

City

State

Zip

Phone

Email

By providing my email address, I give Sons of Norway permission to send me newsletters, alerts, membership correspondence and special offers from Sons of Norway partners.

Additional contact (optional): Name \_\_\_\_\_ Phone \_\_\_\_\_

### Complete for Option 2.

Please provide details for each family member enrolling, including unique email addresses for those age 16 and older. (Privacy regulations do not allow us to use shared email addresses for multiple family members.) Family members must reside at the same address. Free Heritage members must be age 15 or younger and related to a current member. Attach an additional sheet if needed.

Name \_\_\_\_\_ Date of birth \_\_\_\_\_

First

Middle

Last

MM

DD

YY

☐ Spouse ☐ Other ☐ Child/Heritage (ages 0-15) ☐ Male ☐ Female ☐ Other Norwegian affiliation ☐ Birth ☐ Descent ☐ Marriage ☐ Interest

Email \_\_\_\_\_ Phone \_\_\_\_\_

By providing my email address, I give Sons of Norway permission to send me newsletters, alerts, membership correspondence and special offers from Sons of Norway partners.

Name \_\_\_\_\_ Date of birth \_\_\_\_\_

First

Middle

Last

MM

DD

YY

☐ Spouse ☐ Other ☐ Child/Heritage (ages 0-15) ☐ Male ☐ Female ☐ Other Norwegian affiliation ☐ Birth ☐ Descent ☐ Marriage ☐ Interest

Email \_\_\_\_\_ Phone \_\_\_\_\_

By providing my email address, I give Sons of Norway permission to send me newsletters, alerts, membership correspondence and special offers from Sons of Norway partners.

Name \_\_\_\_\_ Date of birth \_\_\_\_\_

First

Middle

Last

MM

DD

YY

☐ Spouse ☐ Other ☐ Child/Heritage (ages 0-15) ☐ Male ☐ Female ☐ Other Norwegian affiliation ☐ Birth ☐ Descent ☐ Marriage ☐ Interest

Email \_\_\_\_\_ Phone \_\_\_\_\_

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Name \_\_\_\_\_ Date of birth \_\_\_\_\_

First

Middle

Last

MM

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☐ Spouse ☐ Other ☐ Child/Heritage (ages 0-15) ☐ Male ☐ Female ☐ Other Norwegian affiliation ☐ Birth ☐ Descent ☐ Marriage ☐ Interest

Email \_\_\_\_\_ Phone \_\_\_\_\_

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## Dues Payment Options (select one)

☐ **Check enclosed** Amount \$\_\_\_\_\_ (annual dues paid in full)

☐ **Automatic monthly withdrawal**

Dues payments may be made by automatic monthly withdrawal (AWP) from checking accounts with established U.S. financial institutions. Your membership dues will be divided into 12 monthly payments and withdrawn each month. Your financial institution may charge an additional fee for this service. To sign up for automatic payments, please attach a voided check to this application.

**AWP Authorization** I authorize Sons of Norway to:

- Make electronic deposits, withdrawals and corrections to my bank account in compliance with U.S. law.
- Act on this authorization, renewing annually, until I revoke it by contacting Sons of Norway at 800-945-8851.
- Make administrative changes to this authorization, as necessary, such as date and amount charged.
- Act upon electronic deposit, withdrawal and administrative instructions I provide.

X

Signature of bank account holder

Date

## Lodge Information

**Membership approved by**

(if approval is required by lodge)

Officer Name

Member #

Date

**Membership referred by**

Member Name

Member #

Date

**Insurance Professional information**

(if applicable)

Insurance Professional Name

Insurance Professional #

## Thank you for joining Sons of Norway.

Please return this form with payment to:

Sons of Norway  
1455 West Lake Street  
Minneapolis, MN 55408-2666

**www.sonsofnorway.com • Toll free 800.945.8851**

Visit sonsofnorway.com to:

- Add family members living at one address to an existing membership
- Enroll and pay dues by credit card if you are joining a nonvoting lodge

**Protecting Your Privacy** – Sons of Norway respects your privacy. We never share your personally identifiable medical or financial information for any purpose other than underwriting insurance applications. Sons of Norway has administrative, technical and physical safeguards in place to protect your information. For our full privacy policy, please visit [www.sonsofnorway.com](http://www.sonsofnorway.com).



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## Deadlines and Dates! **Changes in red!**

- November 20- Viking photo submissions due to LaVonne Wier
- **December 16-** New member enrollment forms **MUST** be into Sons of Norway Headquarters by December 16 to be counted for year-end totals and the Recruitment Contest.
- December 20- Viking photo submissions due to LaVonne Wier
- **December 31**
  - Lodge Officer Update/D63 information is due to Membership Services at Sons of Norway Headquarters.
  - Any new members joining online must sign-up to be included in year end totals.
  - Application deadline for:
    - Lodge Helping Hands to Children Grant\*
    - Lodge Culture and Heritage Grant\*
    - Lodge Vitality Grant\*
  - Deadline to order Barneløpet supplies.

## March 1

- Deadline — Domestic scholarship applications due to Sons of Norway Foundation:
  - Astrid G. Cates Scholarship\*\*
  - Bernt Anker Scholarship
  - Dan and Betty Rude Scholarship
  - Myrtle Beinhauer Scholarship\*\*
  - Nancy Lorraine Jensen Memorial Scholarship\*\*
  - Orel and Marie Winjum Memorial Scholarship
  - Elaine Nelson Scholarship
- Deadline — International travel scholarship applications due to Sons of Norway Foundation:
  - Douglas Warne – Rolf & Wenche Eng Scholarship
  - Helen Tronvold Adult Learner Scholarship\*
  - Helen Tronvold Folk High School Scholarship\*\*
  - King Olav V Norwegian-American Heritage Scholarship
  - Lund Fund Scholarship\*\*
  - Oslo International Summer School Scholarship\*\*

## March 15

- D17 financial form is due from the lodges and districts to Sons of Norway Headquarters.
- Lodge Achievement and Family Lodge of the Year forms are due to Membership Services at Sons of Norway Headquarters.
- Community and Fraternal activities and hour totals, using AFA Year-end report form or online reporting at [Fraternalsgive.org](http://Fraternalsgive.org), are due to Membership Services at Sons of Norway Headquarters.
- D64 Lodge Property Officer forms are due to Sons of Norway Headquarters.
- Deadlines for Lodge Achievement, Family Lodge of the Year and AFA Reporting.

## May 15

- D18 property association financial form is due from the lodges to Sons of Norway Headquarters.
- IRS filing deadline for tax form 990. Lodge treasurer needs to notify Sons of Norway Headquarters when 990 has been submitted.

\*Insurance membership with Sons of Norway required

\*\*Membership with Sons of Norway required (social or insurance)

- May 19- District Sports Challenge Ends

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### **Who to contact at the home office when you need help**

- You can email [cbs@sofn.com](mailto:cbs@sofn.com) for any member updates that need to be made.
- For anything fraternal- Connie O'Brien (COBrien@sofn.com) or Amy Tuchenhausen (ATuchenhausen@sofn.com). Sherry Gorse is no longer employed at Sons of Norway.
- For matter like submitting a death, a change to a members address or other info please email [cbs@sofn.com](mailto:cbs@sofn.com)
- For issues with passwords or website use [ithelp@sofn.com](mailto:ithelp@sofn.com).
- The 800 number to call in for member support is 800-945-8851
- If you need something related to sales, you can use [sales@sofn.com](mailto:sales@sofn.com)

### **Viking Chest / Immigrant Trunk Schedule**

Oct 2023 to Apr 2024:

Chest--zone 6

Trunk--zone 5

Apr 2024 to Oct 2024

Chest--zone 2

Trunk--zone 1

Oct 2024 to April 2025

Chest--zone 3

Trunk--zone 4

### **Note:**

- Check correspondence from the International and District and the International ([www.sofn.com](http://www.sofn.com)) and District ([www.sonsofnorway5.com](http://www.sonsofnorway5.com)) websites for any updates and changes.
- Additional deadlines for the District 5 and International Conventions/Lodge Meetings will be added as those dates are established. Watch for future mailings and the District 5 website.

Compiled by Darlene Arneson, SN District 5 Secretary (arnesonfamily5@gmail.com or 608-873-7209)

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### **FFFN Basics**

In an attempt to help our lodge leaders become more familiar with resources, changes, deadlines and other information, I will compile a weekly "Friendly Fifth Friday News" email to our leadership. Some of the information you might already have, but hopefully it will be a good reminder for all of us (me included) of all the great resources that Sons of Norway has to offer. **Please feel free to cut and paste any of this information for your lodge's use!**

**Send all web posting info and calendar dates/events directly to our webmaster at [inputd5@sonsofnorway5.com](mailto:inputd5@sonsofnorway5.com)**

With our new arrangement, I actually send the FFFN pdf to our webmaster on Thursday morning before I go to work. So if

you have anything you'd like me to consider putting in, please send it by 4 am on Thursday morning. Please do not send pdf's as I have a hard time cutting and pasting them. The Word Document works best for me. Don't forget that lodge events should be submitted to [inputd5@sonsofnorway.com](mailto:inputd5@sonsofnorway.com) as I have a hard time keeping track of all lodge activities. I'll put some in but that is more the role of the website event calendar.

If you would like to get the MS Word document, just shoot me an email and I'll add you to the list. I send it out right after I send the email to the large group.

Darlene Arneson – [arnesonfamily5@gmail.com](mailto:arnesonfamily5@gmail.com)