

# Friendly Fifth Friday News

## May 26, 2017

In an attempt to help our lodge leaders become more familiar with resources, changes, deadlines and other information, I will compile a weekly "Friendly Fifth Friday News" email to our leadership. Some of the information you might already have, but hopefully it will be a good reminder for all of us (me included) of all the great resources that Sons of Norway has to offer. **Please feel free to cut and paste any of this information for your lodge's use!**

Darlene Arneson, District 5 Secretary

**Send all web posting info to [inputd5@sonsofnorway5.com](mailto:inputd5@sonsofnorway5.com)**

### **Change of address, emails or phone!**

Last week I had a number of emails changing their email address. I can change it on my records but you really need to change it on the membership data base. Please refer to the information below to assist you!

### **How to update your membership information!**

The membership listing and contact information in this directory is what your personal member profile indicates. It is very important to keep this updated as you change addresses, email, phone numbers, or other life changes. I can't make those changes- the members must do that. You can either go online to this section or they can fill out a form and send it in. I would encourage you to have all members and especially officers make sure that they are checking their profiles and updating their information!

The screenshot shows a web browser window with the URL [https://members.sofn.com/ap1/memberPic\\_D](https://members.sofn.com/ap1/memberPic_D). The page header features the Sons of Norway logo and navigation links: "Donate | FBC Resources | E-Post Newsletter Signup | Events | Profile | MEMBER RESOURCES". A secondary navigation bar includes "About Us", "Financial Products", "Member Benefits", "Norwegian Culture", "Foundation", and "Blog".

The main content area is titled "Member Profile" and includes a welcome message: "Welcome to your profile page. Please use it to keep your information current and to navigate to the resources you need. If you don't find what your looking for here you can click here for a site search or to visit the Member Resources click here .".

The profile details for Darlene L. Arneson are as follows:

Contact Information	Home Address
(608) 873-7209 <a href="#">Edit</a> arnesonfamily5@gmail.com	2056 Skaalen Rd <a href="#">Edit</a> Stoughton WI 53589-3530 US
Household Members	Seasonal Address
Darlene L. Arneson 9301924 (Primary) John H. Arneson 9336916 (Spouse) Lars J. Arneson 9337903 Jens O. Arneson 9337904 Sigrid M. Arneson 9350997	

The sidebar on the left contains a menu with "HOME" and "LOG OUT" buttons, and a list of links: "Lodge Activity", "Lodge Officer Updates", "Membership Lists", "Lodge Achievement Form", "Foundation Board of Governors", "International Board", and "Language Lessons".

You can send the card below, but you need to write in email and phone information to Sons of Norway, 1455 West Lake Street, Minneapolis, MN 55408.

Or you can contact Sherry Gorse directly and she can assist you!

Sherry Gorse  
Membership Services  
Sons of Norway  
1-800-945-8851 x643  
fraternal@sofn.com

CHANGE OF ADDRESS CARD				
<hr/>				
Member's Name <i>(Print)</i>		Membership Number		
<hr/>				
Spouse's Name <i>(Print)</i>		Membership Number		
<hr/>				
Member of Lodge				
_____ No. _____ has moved.				
<b>From:</b>				
_____				
Street				
<hr/>				
_____				
City State/Prov. Zip Country				
<b>To:</b>				
_____				
Street				
<hr/>				
_____				
City State/Prov. Zip Country				
This card is used to report change of address of members. Use separate cards for each member, and fill in old address if possible.				
A member's change of address should be reported immediately to Sons of Norway Headquarters.				
Form 20 (10/04)				

## **It's Kubb Season!!**

Kubb is a very fun game that has a Nordic connection to the Vikings. If your lodge is looking for a game that is fun, doesn't require a lot of athletic ability, can be done by all ages, and is appealing to all- this is it!

Mandt Lodge in Stoughton is hosting a tournament along with our Stoughton Kubb Club on Saturday, July 22. There are many tournaments around the country (and world) and there are some great online resources. We also promote kubb playing with our youth, some of our members go to the school's phy ed classes, Boy Scouts, and other groups to teach them, and it's been a great outreach.

Here are a few websites that have information and you can always come to any of our Mandt Lodge drop in practices on Sunday nights at our house! Here is the practice schedule for the first part of the summer. May 28, June 4, June 11, June 18, June 25, July 2, July 9, and July 16 at 6:00 PM at our farm. No need to bring kubb equipment but BYOB for beverages!

There are some great resources to learn how to play kubb, rules and other helpful hints on Kubb United's website. Check out the video! I'll make copies of the new kubb poster as it's a great tool for all of us.

<http://www.kubbunited.com/rules-of-kubb/>

<http://www.usakubb.org/>

Facebook pages: Kubb United Inc, Stoughton Kubb Club, U.S. National Kubb Championship



## **Rules for Open Play**

### **Preface:**

The purpose of Kubb United's Rules for Open Play is to provide a set of rules for sanctioned U.S. Open tournaments and events. To become a sanctioned Open tournament please reach out to us at: [unitedwekubb\[at\]gmail.com](mailto:unitedwekubb@gmail.com)

Our vision is for this document to serve as a guide to U.S. Open tournament play as the game continues to develop and is refined. Any changes to this ruleset will be made utilizing a change log

and a corresponding document explaining why. An open forum to help communicate those changes to the community will also be utilized.

Kubb United is committed to furthering the sport of kubb. Our goal is to partner with other events and tournament organizers to continue establishing rules that best benefit the tournament director, spectators, referees, athletes, and most importantly...the game itself.

We feel that the betterment of kubb comes from innovations and ideas from around the world. Tournaments, events, ideas, and discussions from the international community of kubb have been considered into the ruleset. The discussion and decisions made to improve the sport will always be held in a structured manner that encourages dialogue from the community.

The [U.S. National Kubb Championship Rules v3.2](#) will be used as the primary source of adjudication with the following adjustments and/or clarifications below:

## Tournament structure

Kubb United sanctioned events will utilize a single game [Klassic System](#) for game pairings and placing. Single games will be played during 8 pairing rounds to seed teams into elimination brackets. Seeding will be broken down by:

1. Games won
2. Game points
3. Opponent points (Strength of Schedule)
4. Head to Head
5. Throw off (each team throws 6 batons at 5 baseline kubbs, with players throwing 3 batons each. Most hits will break the tie. If hits are tied, repeat the throw off until one team hits more kubbs than the other team.

The 16 top-seeded teams after the pairing rounds will move on to the championship elimination brackets. During the championship elimination bracket, there will be no time limits, and a “best of three” games will be played. The amount of consolation brackets will be dependent on tournament team count.

Any other brackets (consolation) will be 30 minute timed games only, tracked by the teams playing.

Pairing rounds will have a set time of 25 minutes. Games that go past time will be stopped when the active team is done throwing batons.

## Additional Timing Rules

Due to time restrictions the need to make sure all teams are available to play at the start of each round is important:

- There is a 5 minute "Grace" Period
- 6-10 minutes late: If the game goes to time, the late team is assessed a game loss
  - 11+ minutes late: The late team is assessed a forfeit.

# Clarification: Throwing Motion

All supporting areas (ex. Two Feet) must be established behind the throwing line and between the sidelines throughout the entire throwing motion. The momentum of your throw cannot take you over the line, and forward motion during your throw must stop completely prior to crossing the line. A good habit to get into when throwing is to back away from the line prior to crossing it. Hit the king, win the game, back up and high five your team, then walk across the pitch for the handshake.

## Additional Tournament Clarifications or Deviations from U.S. National Rules 3.2

- 2+ player teams will be accepted for U.S. Open sanctioned play, with a player required to throw three batons per turn.
- One substitution is allowed per game only, and no re-entry of the substituted player. It is expected that the two players that start a game finish the game, barring emergency, restroom break, or unscheduled absence.
- Referees will be active and available for games. There is an expectation that referees cannot be at every pitch during the rounds. If a situation arises requiring the consultation of a referee, halt play, and notify a referee.
- Referees are required by the tournament director to call fouls when they see them. This includes line infractions, illegal throws, and all other violations listed in the US National Kubb Championship 3.2 ruleset.
- Pitches will be painted and no marking stakes will be used on the pitch (weather and field conditions permitting). If weather and/or field conditions require marking stakes to be used, the 100% rule (see below) will still be used.
- Any rules enforced on the throwing team during any throwing phase (ex. Foot faults) will result in the forfeiture of the last toss, unless declined by the non-throwing team.

## Hand Chalk will be allowed at all U.S. Open Sanctioned tournaments

A player is allowed to use hand chalk or powder in a reasonable amount as determined by the referee. Chalk and powder cannot be applied directly to game components.

## The 100% rule will be enforced at all U.S. Open Sanctioned tournaments

Initial baseline kubbs are setup on the line. This is the only time a kubb can touch the line, and gives baseline kubbs a distinct property field kubbs do not have.

Kubbs will be determined in-bounds if it has a footprint that is 100% in the field of play, without touching a marked line. As with the original (and most important) rule, if a kubb can be setup in-bounds, it MUST be setup in-bounds.

With the 100% rule, kubbs cannot be placed on a line (via punishment or “neighbor rule”)[see below]

In the event marking stakes are used due to poor weather or field conditions, the inside edge of the marking stake, where the stake touches the ground, will be deemed the line.

## The “neighbor rule” will be enforced at all U.S. Open Sanctioned tournaments

### **The “neighbor rule” (a.k.a Elevated Award):**

At the end of the kubb tossing phase, any kubbs that are elevated, not touching the ground, and have an in-bounds footprint as though the kubb were not elevated, become award kubbs.

Grass cannot support an elevated kubb. To determine if a kubb is elevated, imagine taking away the grass, and if the kubb would remain elevated, it is an elevated kubb.

Award kubbs are collected by the attacking team at the beginning of the kubb raising phase.

At the end of the kubb raising phase the attacking team places award kubbs upright and on the ground anywhere on their opponents half of the pitch in bounds provided they are at least one baton-length (30 cm) from the king or any field marking stakes (if field marking stakes are used).

### [Clarifications to the U.S. National Kubb Championship Rules Updates for 2016:](#)

#### **2016 U.S. National Kubb Rule Update: 2.B.11 – “Friendly Fire - batons”**

If you topple an upright kubb on your own half of the pitch with a baton, that kubb and any other kubbs (on your side or your opponent’s side) will be reset, and the thrown baton is forfeited.

If you topple an upright kubb on your own half of the pitch, and the king is toppled prior to all other opponents’ kubbs being toppled, you lose the game.

If you topple an upright kubb on your own half of the pitch, and the king is toppled on the game-ending king throw, the king is reset, and the thrown baton is forfeited.

#### **2016 U.S. National Kubb Rule Update: II.C.4.b – “Friendly Fire - kubbs”**

If you topple an upright kubb on your own half of the pitch, that kubb and any other kubbs on your side of the pitch will be reset, and the thrown kubb is considered out of bounds and will be removed from play immediately.

**2016 U.S. National Kubb Rule Update: II.D.10 – “Kubbs that come to rest on the long edge”**

It is the interpretation of Kubb United that grass cannot support kubbs.

When determining if a kubb comes to rest on the long edge, imagine taking away the grass, and flatten to the side it would naturally fall to.

If you cannot determine which side it would naturally fall to, it must be flattened to an in-bounds position, if possible. If both sides would be in, it is the defender’s choice.

Fig. 1

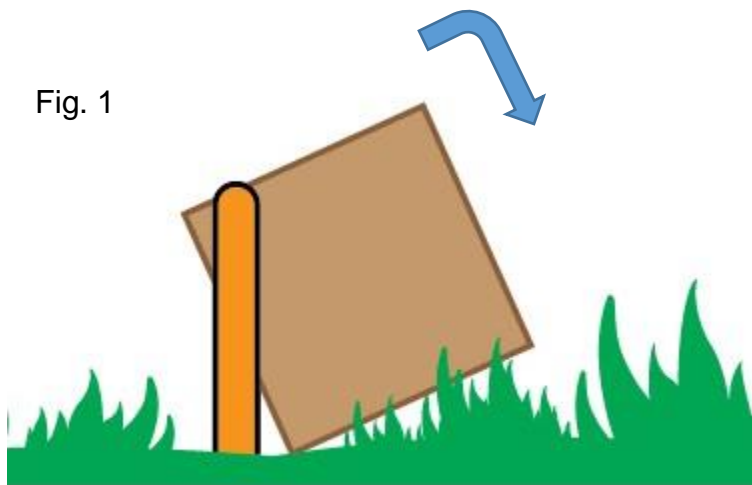


Fig 1: In this scenario, the kubb would be deemed to be supported by grass. If the grass was taken away, the kubb would flatten. Therefore, the kubb is flattened to the right (OUT).

IN    OUT

Fig2

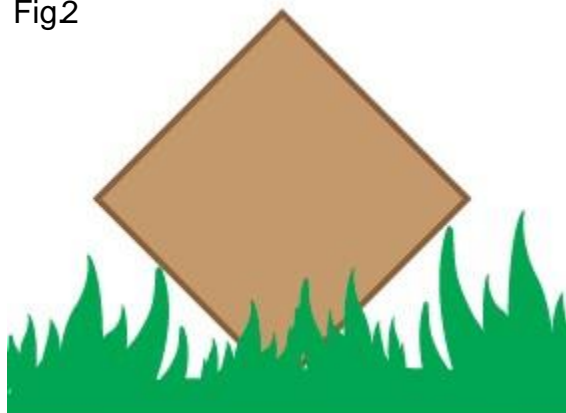


Fig 2: In this scenario, it is hard to judge which side the kubb would flatten to without grass. Since both sides are IN, the defender may choose which side to flatten to.

If one side were IN and one side were OUT, you would be required to flatten to an inbounds position.

IN

IN

## **2016-2018 Biennium District 5 Lodge Calendar and Other Deadlines (new this week in red)**

### June 2017

- June 27- Balance due for **Masse Moro Norwegian Heritage Camp** registrations.

### July 2017

- July 16-29 - **Masse Moro Norwegian Heritage Camp** - Beaver Creek Reserve - Eau Claire, WI

### September 2017

- September 29-30- District 5 Board of Director's Meeting- location to be determined

### October 2017

- October 15- **Lodge liability premium due** to International SN office
- October 20-21- District 5 Local Lodge President's Conference
- Nominating Committee report due to Lodge

### November 2017

- Elect Lodge Officers for coming year (unless you have two-year officer terms)

### December 2017

- December 1 – SN Foundation **General Heritage and Culture** grants due
- December 15 –SN Foundation **Local Lodge Partnership and Helping Hands to Children** grants
- December 15- **D-63 Report of Elections** due. Send one copy to International Headquarters and one to District Secretary.

### **Note:**

- **Check correspondence from the International and District and the International ([www.sofn.com](http://www.sofn.com)) and District ([www.sonsofnorway5.com](http://www.sonsofnorway5.com)) websites for any updates and changes** Additional deadlines for the District 5 and International Conventions/Lodge Meetings will be added as those dates are established. Watch for future mailings and the District 5 website.
- The District 5 Convention will be June 27-July 1, 2018 at Hotel Radisson in La Crosse, Wisconsin.



- The International Sons of Norway Convention will be August \_\_\_\_ in Minneapolis, MN.

Compiled by Darlene Arneson, SN District 5 Secretary (arnesonfamily5@gmail.com or 608-873-7209)