

Friendly Fifth Friday News

May 27, 2016

In an attempt to help our lodge leaders become more familiar with resources, changes, deadlines and other information, I will compile a weekly "Friendly Fifth Friday News" email to our leadership. Some of the information you might already have, but hopefully it will be a good reminder for all of us (me included) of all the great resources that Sons of Norway has to offer. **Please feel free to cut and paste any of this information for your lodge's use!**

Darlene Arneson, District 5 Secretary

A focus on sports!

Fifth District Sports Director's Message

The 2016 Fifth District Bowling Tournament is now over. Five lodges participated in the tournament with a total of 53 bowlers and \$515.00 in bowling fees going to support the Fifth District Scholarship Fund.

The lodges that participated in the Bowling Tournament were:

Fagernes 5-616

Hafrsjord 5-206

Mandt 5-314

Nordkap 5-378

Polar Star 5-472

The 2016 Bowling Tournament winners are:

Men's lane bowler Mike Jehle, Nordkap 5-378 Three game avg. 177.67

Women's lane bowler Rachel Lachman, Hafrsjord 5-206 Three game avg. 152.67

Youth lane bowler (ages 12 to17) Ian Sorensen, Nordkap 5-378 Three game avg.110.33

WII bowler – Serzh Wier, Fagernes 5-616 Three game avg. 199.00

Mange takk to all the lodges and their members who participated in this year's bowling tournament. If your lodge did not participate in the bowling tournament, please consider this event for a 2017 lodge activity.

The 2016 Sons of Norway District 5 convention will soon be here. A District Golf Tournament is planned for the convention at one of the local country clubs. Our President Owen Christianson is organizing the Golf Tournament. Kubb games are planned for the convention. The Fifth District will be conducting a Walk-A-Thon on Friday, June 24 at 6 a.m. and Saturday, June 25 at 6 a.m. The fee for this event is a minimum donation of \$5.00. Donations from walkers' sponsors are also welcome. All donations will go to support the Fifth District Masse Moro Youth Heritage Camp. The camp provides youths with two weeks of activities related to Norwegian culture and heritage.

Again I would like to thank all the lodges in the Fifth District who supported the 2016 Barnebirkie with volunteers, cookies, and donations. Your continued support is greatly appreciated by the District and the American Birkebeiner Ski Foundation.

Fraternally,

Andy Johnsen

Fifth District Sports and Recreation Director - aijohnsen@att.net

Barnebirkie 2016 Totals

Lodge	Dozen Cookies	Volunteers	Donations
Circle City 5-614			\$50.00
<u>Cleng Peerson</u> 5-525	94		
Dovre 5-353	51	3	
Elvedal 5-556	7		
Fagernes 5-616			\$50.
Gronnvik 5-632	44.5		
HR Holand 5-549	31	2	
Harfrsfjord 5-206	34.5		
Idun 5-074	128.75	5	
Lief Erikson 5-097			\$100.00
Loven 5-029	100	1	
Mandt 5-314	31		
Myrmarken 5-609			\$50.00
Nordkap 5-378			\$30.00
Norse Valley 5-491	37	1	
Norskeland 5-580	69		
Ostestaden 5-642			\$25.00
Polar Star 5-472	122		
Scandiana 5-600	22.5	1	
Solvang 5-457	50		
Trygvasson 5-220	10		
Ulseth 5-670	18		
Vakkertland 5-570	30		
Valkyrien 5-053	203.5	4	
Valhall 5-168	24.5	1	
Vennelag 5-513	42.75	2	
Viking 5-625	44		
<u>Wergeland</u> 5-28	54	2	
Totals	1229	22	\$305.

A total of 28 Fifth District lodges participated with volunteers, cookies, or cash

A total of 28 Fifth District lodges participated with volunteers, cookies, or cash donations. A total of 850 children ages 3 to 13 skied the Barnebirkie. Gross from coffee sales: \$380.88

KUBB- has your lodge gotten Kubb fever?



Kubb (which rhymes with “tube”) also known as “Viking Chess”, is a Scandinavian game rumored to have been started over a 1,000 years ago by the Vikings who used the skull and femur bones of their enemies as game pieces. The more probable explanation is that the game of Kubb began using scraps of firewood since the word “kubb” is derived from the Swedish word *träkubbe* which literally means “block of wood”.



Wooden batons and King shown here are now carved to certain specifications using select species of wood (normally yellow poplar) instead of using pieces of firewood.

The game of Kubb is quickly gaining popularity locally as well as around the world as a new hip and trendy game that can be played by both young and old alike. It is an ideal family game since teams typically consist of between 2 and 6 players. In addition, the rules of Kubb can be taught quickly and the basic skills easily learned. But Kubb is not limited to just back-yard games. Since 2011, Kubb tournaments, particularly in the Mid-West have become more prevalent, wherein skilled teams meet to compete for trophies and often times cash prizes. But even within these tournaments, people of all skill levels are extremely welcome. The more experienced Kubb’ers relish the opportunity to share helpful tips and provide encouragement. For Kubb transcends from merely a game to spiritual enlightenment for many. Kubb organizations and clubs have formed to share the game that links traditions with local and regional identities. These organizations share a common mission of promoting the game for the enjoyment of all.

You may be surprised to learn that the City of Stoughton is home to one such organization. The Stoughton Kubb Club was formed in 2016 to bring together individuals who would like to learn, play, and even compete in the game of Kubb. Working with the Stoughton High School physical education department, the Stoughton Kubb Club has been active in promoting the game with local high school students offering educational demonstrations and hands on learning.



Stoughton High School students get to try their hand at Kubb during a demonstration on May 20, 2016.

Stoughton will be the host of the 2016 **Stoughton Kubb Invitational** which will take place on July 23rd at John Nygaard Virgin Lake Park. The Stoughton Kubb Club along with its partner sponsors, the Sons of Norway Mandt Lodge 5-314 and the Dane County Friends of Scandinavian Culture will team up to provide a full day of Kubb learning and play for any whom may be interested. While there is a team entrance fee of \$40 per team (two to six players per team), kid teams of 12 years and younger can play for free. Registration for the event will take place on the day of the event starting at 8:00 a.m. until 8:45 a.m. Come participate and help spread the fellowship of Kubb. All proceeds will go to local charities. You can find out more about the Stoughton Kubb Club or the upcoming Kubb Invitational by looking for the flyers posted all over town, or by finding them on Facebook at:

<https://www.facebook.com/stoughtonkubbclub/>.

More information about the Sons of Norway Mandt Lodge 5-314 can be found at:

<https://www.facebook.com/Sons-Of-Norway-Stoughton-WI-129998320406152/>.

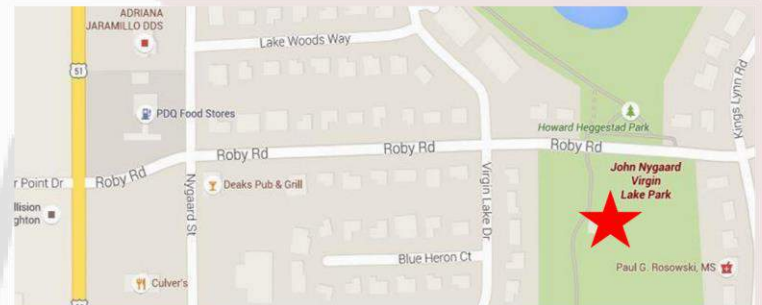
Stoughton Kubb Invitational



Event Info:

Saturday, July 23rd, 2016
@ 9 a.m. "Rain-or-Shine"

John Nygaard Virgin Lake Park,
Stoughton, WI 53589



Everyone is Welcome!

The Stoughton Kubb Club will be hosting the 1st Annual *Stoughton Kubb Invitational* (formerly Corn-O-Kubbia) at John Nygaard Virgin Lake Park on July 23rd. Open to all ages and groups. A fun family event for people with all skill levels.

- Trophies and cash prizes for 1st, 2nd, and 3rd place teams.
- Trophies for consolation bracket winners.
- Entry fee is \$40 per team (2-6 players). Grab your friends, grab your family, it promises to be a great time!
- Non-Profit event with proceeds going to local charities.
- Kid teams 12 and younger play free!
- Register in-person on the day of the event from 8:00 a.m. to 8:45 a.m. Play starts promptly at 9:00 a.m.
- For more details visit our Facebook page.

Sponsored by:



**SONS OF
NORWAY**

Mandt Lodge 5-314



**DANE COUNTY
FRIENDS OF
SCANDINAVIAN CULTURE**



STOUGHTON KUBB CLUB

Stoughton, WI 53589

(608) 695-1336 | StoughtonKubb@gmail.com | Join Us on Facebook: <https://www.facebook.com/events/1570027859977959/>



District Calendar!

June 2015

- June 1- Convention related deadlines: Convention registration, volunteer forms, classes (genealogy, Hardanger, rosemaling and wire weaving)
- June 3- Convention related deadline: Folk Art Exhibit and Competition forms
- June 27- Balance due for **Masse Moro Norwegian Heritage Camp** registrations.

July 2016

- July 1- December 31- Cultural Skills Pin Contest
- July 17-30 - **Masse Moro Norwegian Heritage Camp** - Beaver Creek Reserve - Eau Claire, WI

Note:

- Check correspondence from the International and District and the International (www.sofn.com) and District (www.sonsofnorway5.com) websites for any updates and changes.
- Additional deadlines for the District 5 and International Conventions/Lodge Meetings will be added as those dates are established. Watch for future mailings and the District 5 website.
- The District 5 Convention will be June 22-26, 2016 at the Hotel Marshfield in Marshfield, WI. The convention is being hosted by the District 5 Board and a committee of local lodge leaders- Diane Hesselvan Dinter, Owen Christianson, Judy Ghastin and Dorothy Berg.
- The International Sons of Norway Convention will be August 22-27, 2016 in Tacoma, Washington.