

Sons of Norway District 5 - Friendly Fifth Friday News
March 8, 2024
A District Weekly Newsletter to Keep Us Up to Date!



**General Schedule for Sons of Norway District 5
Convention 2024**

Here's what is happening and when it is happening in Indianapolis
from June 19 to 22, 2024, at the Indianapolis Crowne Plaza Airport Hotel

Classes begin Wednesday as requested by previous delegates. Some classes last 3 ½ days, some are only one day long, one class is a half day offered twice, one class lasts 1 ½ days.

Students need to register for the class they wish to take ASAP to ensure that they have a place.

They also need to choose carefully since **no refunds** will be given. Delegates are free to take classes Wednesday and Thursday if they are not on a committee. Delegate fees for the 3 ½ day classes are prorated for the amount of time they are available to attend.

There will be **no refunds** for classes unless there are not enough students to offer a class.

Speakers on various topics will begin sharing their knowledge Wednesday afternoon and continue throughout the convention. There will be entertainment Wednesday evening, speakers Thursday and Friday evenings, and the banquet Saturday evening. Speakers and evening gatherings are included in the registration fee.

The banquet has a separate fee which includes the meal and entertainment. Friends who wish to come only for the banquet are welcome. They may order tickets through someone who is registered.

Out-of-town delegates will need to arrive Thursday evening so they are ready for the start of business at 8 am on Friday morning. The second day of business begins Saturday morning also at 8 am. Delegates who are elected to offices will be installed at the banquet Saturday night. What a wonderful opportunity to show off bunader!

Plan your schedule, reserve your hotel room, register for the convention and for classes you wish to take, then come and enjoy!



**SONS OF NORWAY
DISTRICT 5 CONVENTION 2024
June 19 – 22, 2024
Crowne Plaza Indianapolis Airport**

DELEGATE REGISTRATION

NAME: _____

ADDRESS: _____ Phone: _____

EMAIL: _____ Lodge Name/ #: _____

RACING TO THE FUTURE



Deadline: May 1, 2024

Item	Cost	#	Amt
Delegate Registration Fee (Includes Fri & Sat lunches, coffee breaks & bag)	\$125		\$
Banquet Saturday, June 22, 6:00 pm (Choose entrée which includes meal, entertainment, salad, bread, dessert, coffee) ___ Country Fried Steak ___ Pecan-Crusted Salmon ___ Pasta Primavera ___ Pasta Primavera w/chicken	\$55		\$
Sami-Inspired Bracelet (incl. materials) One Day class, Thur - June 20, 9-4 pm	\$75		\$
Hardanger Embroidery (incl. pattern, fabric, thread, needle) Two Day class, Wed, Thur - June 19-20, 9-4 pm	\$115		\$
Rosemaling (Incl. Blank Plate) (see class description f/supply list) Two Day class, Wed, Thur - June 19-20, 9-4 pm	\$105		\$
Carving Ornaments (Incl. Wood Blank) 1/2 Day class, Wed or Thur (choose which day) June 19-20, 9-Noon	\$60		\$
Needle Felting (incl. materials & needle) One Day class, Wed - June 19, 9-4 pm	\$65		\$
Knitting (two color project) (Instruction only, see class description f/materials & equipment) Two Day class, Wed, Thur - June 19-20, 9-4 pm	\$90		\$
Stamping (Instruction only, see class description f/materials & equipment) Two Day class, Wed, Thur - June 19-20, 9-4 pm	\$90		\$
Convention Pins (Indicate # of pins ordered)	\$5		\$
T-Shirts (indicate qty of each size) S/M/L/XL/2XL/3XL	\$20		\$
Late Reg Fee (if postmarked after 5/1/2024)	\$10		\$
Grand Total			\$

Make check payable to: Sons of Norway District 5 (no refunds will be given unless class is not full)
Mail Reg. Form and Check to: Wendy Winkelman, 6525 Water Valley Road, Cobden, IL 62920



**SONS OF NORWAY
DISTRICT 5 CONVENTION 2024
June 19 – 22, 2024
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RACING TO THE FUTURE



NON-DELEGATE REGISTRATION

NAME: _____

ADDRESS: _____ Phone: _____

EMAIL: _____ Lodge Name/#: _____

Deadline: May 1, 2024

Item	Cost	#	Amt
Non-Delegate Registration Fee (Includes coffee breaks & bag)	\$40		\$
Any Additional Lunches	\$30 ea.		\$
Friday: Chicken Caesar Wrap, Potato salad, coffee, dessert			
Saturday: Turkey Sub, Potato chips, coffee, dessert			
Banquet Saturday, June 22, 6:00 pm (Choose entrée which includes meal, entertainment, salad, bread, dessert, coffee)	\$55		\$
____ Country Fried Steak			
____ Pecan-Crusted Salmon			
____ Pasta Primavera			
____ Pasta Primavera w/chicken			
Sami-Inspired Bracelet (incl. materials)	\$75		\$
One Day class, Thur, June 20, 9-4 pm			
Hardanger Embroidery (incl. pattern, fabric, thread, needle)	\$175		\$
Wed, Thur, Fri, Sat - June 19-22, 9-4 pm, 9-11 am on Sat.			
Rosemaling (Incl. Blank Plate) (see class description f/supply list)	\$165		\$
Wed, Thur, Fri, Sat - June 19-22, 9-4 pm, 9-11 am on Sat.			
Carving Ornaments (Incl. Wood Blank)	\$60		\$
1/2 Day class, Wed or Thur (choose which day)			
June 19-20, 9-Noon			
Needle Felting (incl. materials & needle)	\$65		\$
One Day class, Wed - June 19, 9-4 pm			
Knitting (two color project) (Instruction only, see class description f/materials & equipment)	\$150		\$
Wed, Thur, Fri, Sat, June 19-22, 9-4 pm, 9-11 am on Sat.			
Stamping (Instruction only, see class description f/materials & equipment)	\$150		\$
Wed, Thur, Fri, Sat, June 19-22, 9-4 pm, 9-11 am on Sat.			
Hardanger Fiddle Class	\$150		\$
Fri - Sat, June 21-22, 9-4 pm, 9-11 on Sat. (Instruction only, bring own instrument)			
Convention Pins - Indicate # of pins ordered	\$5		\$
T-Shirts (indicate qty of ea size)	\$20		\$
S/M/L/XL/2XL/3XL			
Late Reg Fee (if postmarked after 5/1/2024)	\$10		\$
Grand Total			\$

Make check payable to: Sons of Norway District 5 (no refunds will be given unless class is not full)

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BARNEBIRKIE 2024 EN, TO, TRE...Gå Ski!

What a momentous event it was! The 2024 *Barnebirkie in Hayward, WI*, took on a different feel this year with no measurable snow on the ground. How does one ski without snow? They improvise! The children were challenged with a running race. Believe it or not, the running race ended in downtown Hayward, just a few steps away from the Sons of Norway cookie tent! Our members did not disappoint the participants. A total of 601.5 dozen cookies were provided by our members and many lodges contributed money to help with the effort. Our volunteers came out in full force from many area lodges; some driving distances of more than five hours!

See page two for the names of the contributing lodges and the amounts. In addition, those lodges who sent monetary donations are also listed. Please update me if I am unaware of your donation.

The day began early with District Secretary Darlene Arneson and her husband John setting up the tables and arranging the tents. Cookies were placed on the tables and the kids were encouraged to take a maximum of three cookies. This newly instituted plan was necessary due to the uncertainty of the number of youngsters, and it worked like a charm!

President Cheryl was a member of the registration team and checked in many youth skiers where she has worked for many years. Handing out bib numbers and seeing the excitement on the faces of the children is rewarding. Explaining to the youngest skiers that they have a “lucky” number brings joy to many. As the Birkebeiner Foundation likes to share, “this is the place where Birkebeiner dreams begin.”

I am proud of the unbelievable number of volunteers who reported to help this year from across the district. In addition, several friends of our members also assisted with this endeavor.

To the best of my knowledge the list below is thorough. If I have omitted someone, please let me know.

John and Darlene Arneson-Mandt 314
William Bosak-Dovre 353
Wendy and Kimball Higgins-Valhall 168
Carla Burkhardt-Wergeland 28
Judy Keilholz-Dovre 353
Kathy Nelson-Løven 29
Audrey Parrett-Løven 29
LaVonne Wier-Fagernes 616
Judy Ghastin-Norse Valley 491
Lucy Ghastin-Idun 74
Cheryl Wille-Schlesser-Vennelag 513

In addition, several friends of our members also assisted with this endeavor.

A special thank you is extended to Judy and Lucy Ghastin who rose up to organize the cookie table at the Expo Center at Hayward High School. The classic skiers report to this location to pick up their timing chips, packs, and race bibs.

The dreams of the organizers are to return to the normal number of participants for 2025; the youth skiers usually number between 700 to 900!

Takk for hjelpen oss,

Cheryl Wille-Schlesser

D5 President

cwschlesser200bc@gmail.com

Cookie Donations by Lodge

Dovre 353--48 dozen

Fagernes 616--52 dozen

Idun 74--72 dozen

Vennelag 513--35 dozen

Valhall 168--31 dozen

Løven 029--61 dozen

Solvang 457--42 dozen

Mandt 314--110.5 dozen

Norse Valley 491--21 dozen

Ulseth 670--8 dozen

Wergeland 28--10 dozen

Østestaden 642--44 dozen

Polar Star 472--67 dozen

Lodges Providing Monetary Donations

Edvard Grieg 657

Mandt 314

Nordkap 378

Askeladden 610

Myrmarken 609

Wergeland 28

Valkyrien 53

Viking 625

Elvedal 556

Skjold 100

Valhall 168

Check this out!

Hot off the press, here is the new website for "Crossings" the 200th anniversary of Norwegian immigration. Additional information will be periodically added. Please share with your district networks.

<https://crossings.norwegianamerican.com/>

The best,

Claudia Berg, SofN International Board of Directors

New Email coming March 7 From International!

Leadership Resource

A Newsletter for Sons of Norway Lodge Leaders - March 2024

Mark Your Calendars!



- The D-17, D-64, Lodge Achievement Form, Family Lodge of the Year Form, and American Fraternal Alliance (AFA) Survey are all due **March 15, 2024**.
- D-18 and 990 Filing is due **May 15, 2024**.

Compliance by the Numbers

As of March 4, this is how many lodges have *completed* their requirements:

- **D-17: 91**
- **Lodge Achievement Form Survey: 82**
- **Family Lodge of the Year Survey: 24**
- **American Fraternal Alliance (AFA): 70**

[2024 Compliance Requirements](#)

D-17

This form is to report the year-end finances of your lodge. Failure to complete it on time will result in lodge dues being withheld. The lodge treasurer/financial secretary and president can access these through their profile page. **This is due March 15.**

The D-17 requires three signatures to be considered complete. If any of those signers are having difficulty accessing the form electronically, please email taxinfo@sofn.com. When you do, please state:

Unable to access online authorization to sign for the 2023 D-17.

I, (name, member number) am the audit committee chair (or Pres, or Treas) for Lodge Name #-### and I approve the completed 2023 D-17.

[D-17 Instructions](#)

D64 / Property Officer Updates

If your lodge owns property, please make sure you update your property officers by **March 15**. This can be updated through the profile page under **Lodge Officer Updates**.

Lodge Achievement Form

Lodge Secretaries complete this online in the forms section by **March 15**. Lodges that need help with this should reach out to their Zone Director. If you need a draft to work from, please see the links below and then go to the survey link to complete and submit.

[Lodge Achievement Form Survey 2023](#)

Family Lodge of the Year Form

The Family Lodge of the Year form has been added to the website and determines Family Lodge of the Year awards. Lodges that need help with this should reach out to their Zone Director. If you need a draft to work from, please see the link below and then go to the survey link to complete and submit.

[**Family Lodge of the Year Survey 2023**](#)

[FLOY - Draft](#)

American Fraternal Alliance (AFA)

Reporting 2023 hours for the AFA will use Survey Monkey this year. **This is due March 15.**

[**American Fraternal Alliance Survey 2023**](#)

Helpful Definitions:

- **Community Service Financial Disbursement** – amount spent on the activities that assist the needy or improve the community on behalf of Sons of Norway. This amount can be found in section 3a on your D-17 from the same year.
 - **Fraternal Financial Disbursement** – amount spent on member activities, business needs, development and/or items that advance the purpose of Sons of Norway. This amount can be found in section 3b on your D-17 from the same year.
-

D-18

Lodges with property must complete a D-18 by **May 15**. These are available through the profile page for officers. Please reach out to taxinfo@sofn.com with questions or if you need assistance.

990

All US lodges must complete a 990 form by **May 15**. Please send a copy of your confirmation to taxinfo@sofn.com.

Please go to the IRS website to view the user guide: [IRS Form 990-N Userguide \(irs.gov\)](https://www.irs.gov/efile/irs-form-990-n-userguide).

You can also call **877-829-5500** to contact the IRS regarding non-profit organizations and speak to someone.

Membership Cards



**SONS of
NORWAY**

Official Membership Card

1455 West Lake Street
Minneapolis, MN 55408-2666
Toll-free: 800-945-8851
sonsofnorway.com

Great news! You can now access and print your membership card from your profile. [Log in and take a look!](#)

Paying for Membership – Credit Cards

Renew Membership

[Home](#) > [Join or Renew](#) > [Renew Membership](#)

How would you like to pay?

MONTHLY

Set up an automatic monthly withdrawal from your checking account.

ANNUALLY

Make an annual payment using your credit card.

Just a reminder that while we can't accept a credit card number over the phone or written on an application/renewal, you **can** use your credit card when you renew online. Just know that it will NOT automatically renew yearly, so when you get your invoice notice, make sure to go back in to pay.

Please make sure any paper applications you use do not have credit card information on them. The website has the most up-to-date version of the applications:

- [US Application](#)
- [Canada and Norway Application](#)

Family Membership

Reminder that members included in a family membership must reside at the same single-family residence and share a mailing address. This includes college students that still use their home address as their permanent address while not in school. If other family and friends you know want to join Sons of Norway, encourage them to fill out an application so they can enjoy the full member experience.

Lodges with Property: Opportunity!

Does your lodge have a bar on its property? Would you like to carry Norwegian beer? If so, keep reading for a message from the owners of Norwegian

Beverage Co. Please reach out to them directly if interested.

From Norway to North America

To all our fellow Norwegians,

Based in Belgrade, Montana, Norwegian Beverage Co. is excited to introduce Aass beer to the North American market, bringing a taste of home to those with Norwegian roots and sharing a classic beer of Norway with beer lovers across the US and Canada. If you are interested in getting Scandinavia's oldest beer at your lodge or a store near you, please contact us at:

duke@norwegianbeverageco.com

jorn@norwegianbeverageco.com

All the best,

Duke and Jørn

www.norwegianbeverageco.com

How to Contact Us



Wondering who to reach out to with your questions?

Foundation, Scholarships & Grants

Amy Tuchenhagen

foundation@sofn.com

atuchenhagen@sofn.com

(612) 821-4655

Fraternal & Membership

Connie O'Brien and Kirsten Lehman

fraternal@sofn.com

(612) 821-4643

Culture, *Viking* & Language:

Jana Velo

jvelo@sofn.com

Insurance Sales:

Michael Godbout

sonsofnorwaysales@sofn.com

(833) 707-0012 – option 2

If you have questions about any of the topics in this issue, or if you would like to share a programming/recruitment tool that your lodge uses, contact us at sonsofnorway@sofn.com.

Fraternally,

Sons of Norway

Calendar of Events, Deadlines, and Other Dates to Note (changes in red)

March 15

- D17 financial form is due from the lodges and districts to Sons of Norway Headquarters.
- Lodge Achievement and Family Lodge of the Year forms are due to Membership Services at Sons of Norway Headquarters.
- Community and Fraternal activities and hour totals, using AFA Year-end report form or online reporting at Fraternalsgiving.org, are due to Membership Services at Sons of Norway Headquarters.
- D64 Lodge Property Officer forms are due to Sons of Norway Headquarters.
- Deadlines for Lodge Achievement, Family Lodge of the Year and AFA Reporting.

March 15- District 5 Scholarship Applications due

March 20- Viking photos due to LaVonne Wier

April 1- Bids to host the 2026 District Convention are due. Resolutions and Bylaw proposals due for District Lodge Meeting.

April 15- Sarah Paulsen Scholarships due to Scandiana Lodge

April 20- Viking photos due to LaVonne Wier

May 1

- **Deadlines for convention vendor applications, sponsorships, Well Wishers, and ads.**

May 15

- D18 property association financial form is due from the lodges to Sons of Norway Headquarters.
- IRS filing deadline for tax form 990. Lodge treasurer needs to notify Sons of Norway Headquarters when 990 has been submitted.

*Insurance membership with Sons of Norway required

**Membership with Sons of Norway required (social or insurance)

May 19- District Sports Challenge Ends

May 19- Deadline to reserve rooms under the room block for the District Convention at convention rates

May 20- Viking photos due to LaVonne Wier

June 20- Viking photos due to LaVonne Wier

Who to contact at the home office when you need help

- You can email cbs@sofn.com for any member updates that need to be made.
- For anything fraternal- Connie O'Brien (COBrien@sofn.com) or Amy Tuchenhausen (ATuchenhausen@sofn.com).
- For matter like submitting a death, a change to a members address or other info please email cbs@sofn.com
- For issues with passwords or website use ithelp@sofn.com.
- The 800 number to call in for member support is 800-945-8851
- If you need something related to sales, you can use sales@sofn.com

Viking Chest / Immigrant Trunk Schedule

Oct 2023 to Apr 2024:

Chest--zone 6

Trunk--zone 5

Apr 2024 to Oct 2024

Chest--zone 2

Trunk--zone 1

Oct 2024 to April 2025

Chest--zone 3

Trunk--zone 4

Note:

- Check correspondence from the International and District and the International (www.sofn.com) and District (www.sonsofnorway5.com) websites for any updates and changes.
- Additional deadlines for the District 5 and International Conventions/Lodge Meetings will be added as those dates are established. Watch for future mailings and the District 5 website.

Compiled by Darlene Arneson, SN District 5 Secretary (arnesonfamily5@gmail.com or 608-873-7209)

FFFN Basics

In an attempt to help our lodge leaders become more familiar with resources, changes, deadlines and other information, I will compile a weekly "Friendly Fifth Friday News" email to our leadership. Some of the information you might already have, but hopefully it will be a good reminder for all of us (me included) of all the great resources that Sons of Norway has to offer. **Please feel free to cut and paste any of this information for your lodge's use!**

Send all web posting info and calendar dates/events directly to our webmaster at inputd5@sonsofnorway5.com

With our new arrangement, I actually send the FFFN pdf to our webmaster on Thursday morning before I go to work. So if you have anything you'd like me to consider putting in, please send it by 4 am on Thursday morning. Please do not send pdf's as I have a hard time cutting and pasting them. The Word Document works best for me. Don't forget that lodge events should be submitted to inputd5@sonsofnorway5.com as I have a hard time keeping track of all lodge activities. I'll put some in but that is more the role of the website event calendar.

If you would like to get the MS Word document, just shoot me an email and I'll add you to the list. I send it out right after I send the email to the large group.

Darlene Arneson – arnesonfamily5@gmail.com