

## **Friendly Fifth Friday News**

### **March 4, 2016**

In an attempt to help our lodge leaders become more familiar with resources, changes, deadlines and other information, I will compile a weekly "Friendly Fifth Friday News" email to our leadership. Some of the information you might already have, but hopefully it will be a good reminder for all of us (me included) of all the great resources that Sons of Norway has to offer. **Please feel free to cut and paste any of this information for your lodge's use!**

Darlene Arneson, District 5 Secretary

### **Lodge Treasurers:**

I know that many of you have already filed your 990-N, but if you have not done so yet please note that there has been a change to the electronic filing. From now on, all 990-N (e-Postcard) must be filed through the IRS website at [www.irs.gov/990N](http://www.irs.gov/990N). This new process is due to the Urban Institute no longer accepting filings on behalf of the IRS.

To help everyone complete the new process as quickly and easily as possible, I have created a document that includes a set of [visual walk-through instructions](#) that will show how to complete each new step for filing your lodge's 990-N. Please [click here](#) to download the instructions and then go to [www.irs.gov/990n](http://www.irs.gov/990n) to begin your filing.

If you run into any trouble or are unsure how to proceed with your filing please let me know. I can be reached at [lreque@sofn.com](mailto:lreque@sofn.com) or by calling [\(800\) 945-8851](tel:8009458851).

Best Regards,

Liz Reque  
Executive Administrative Assistant  
Sons of Norway

### **Delegate election forms are due March 5! Have you elected your delegates yet? If I haven't heard from your lodge, expect a call or email soon!**

The District 5 Lodge Meeting will be held [June 22-26](#) at Hotel Marshfield in Marshfield, WI. Hotel Marshfield: 2700 S. Central Avenue, Marshfield, WI 54449. Phone: [715.387.2700](tel:7153872700) or Toll Free: [855.583.2700](tel:8555832700). Room rates: Ask for Sons of Norway room block. \$109 for two beds (sleeps four) or king (sleeps 2), \$119 for studio suites and \$129 for two room suites. Delegate fee: \$65 and include Friday lunch and Saturday lunch, four coffee breaks, and registration materials.

The Sons of Norway District 5 By-Laws, Article 111, Paragraph 2 states: *Every local lodge in the District shall be entitled to two representatives for the lodge, and one representative for every 100 members or major fraction thereof, based on the last Semi-Annual Report prior to the election of delegates. All members in good standing are eligible representatives.*

Delegates should be elected using the formula above based on December 31, 2015 membership figures. You should also elect a corresponding number of alternates, on a priority basis, that will serve should any of your delegates be unable to attend. These elections must take place in the months of January and February 2016. Each lodge secretary is receiving a Report of Election included with this letter, which is to be completed and returned to the District Secretary immediately following the election. (Sons of Norway Constitution reads: "The Secretary of the Local Lodge shall prepare a report of election giving names and addresses of the duly elected Delegates and Alternates. This report shall be signed by the Local Lodge President and Local Lodge Secretary and forwarded to the District Secretary no later than five days after the election.") Please be sure the names are written plainly and spelled correctly! I am asking that you include their membership number, address, city, state, zip, phone and email address on the form and return it to me postmarked no later than March 5, 2016. Please send it to me at: Darlene Arneson, 2056 Skaalen Rd, Stoughton, WI 53589 or email a scanned copy to arnesonfamily5@gmail.com

Your lodge may wish to propose resolutions to be considered at the District or International Conventions. These resolutions, along with any proposed changes to the District 5 By-Laws or International Constitution, must be submitted to the District Secretary no later than April 1, 2016. If your lodge is interested in hosting the 2018 District Lodge Meeting, you are asked to send a written notice of your intention to the District Secretary prior to April 1, 2016. Should your lodge wish to present a bid, we ask that you make arrangements for a "walk through" of the facilities by a District 5 Board Member. This should be done prior to the June convention in order to identify proposal merits as well as needed additions or changes.

For this convention, we will again try to utilize email and the website as much as we can to post documents and keep everyone updated. BUT A HARD COPY OF ALL CONVENTION RELATED DOCUMENTS, FORMS AND OTHER NEEDS WILL BE MAILED TO THE LODGE PRESIDENT. IF A DELEGATE OR OTHER MEMBER DOESN'T HAVE EMAIL OR CAN'T OPEN ATTACHMENTS, THEY WILL NEED TO CONTACT THEIR PRESIDENT FOR A COPY. We hope that this will help eliminate some of the problems that arose during the 2014 convention process.

Once I get the Delegate Election Forms back, then I give the lists to the Convention Committee and they will send out information to the delegates about registration and other convention news. I also give a list to President Christianson who will appoint convention committees. Members who serve on committees will be notified and given the specifics of their tasks.

Please contact me if you have any questions or need assistance. You should be electing the number of people listed in the highlighted column that is titled "2016 Total Del. and Alt." For example, Mandt Lodge has a number 4 in that column so we need to elect 4 delegates and 4 alternates.

Thank you for your prompt attention to this convention call! My home email is arnesonfamily5@gmail.com and cell number is 608-514-4951 if you need to contact me!

Fraternally,  
Darlene Arneson, District Secretary

## Central Lodge Meeting- Delegate Election

March 5, 2016

The District 5 Central Lodge meeting to elect delegates to the convention is scheduled for Monday, March 21, at 8:00 PM (Central time). This will be done via a conference call. District Board members and anyone else interested in participating in the meeting should call 1-888-296-6500 to connect with the conference call. At the prompt use the following pass code - 181879. Anyone interested in being a delegate from the Central Lodge should contact District Secretary Darlene Arneson ([arnesonfamily5@gmail.com](mailto:arnesonfamily5@gmail.com) or 608-873-7209). At this time, Geoff Wodell has expressed interest in being a delegate.

Darlene Arneson, Secretary

Sons of Norway District 5

## Convention 2016 Updates

The committee met last Sunday and are working on finalizing the classes, forms and other details. A huge thank you to Judy Ghastin, Diane Hesseltvan-Dinter, Owen Christianson, Dorothy Berg, Michaela Decker who are on the main convention committee. Board members Duane Kittleson, Cheryl Schlessler and Darlene Arneson have been working with them as well and we're getting input from other board members.

So for this week, you will find the following attachments:

- Well Wisher Form
- Convention Book Advertising information
- Volunteer Form
- Sponsors Form

Here is what the shirts look like. They are \$10 and Dorothy Berg (Marshfield) has them. They are not mailing out shirts and are working on that form. Darlene has some for those of you in the Stoughton/Madison area.



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As we mentioned before, we will send hard copies of all forms and registration materials to the lodge presidents but the majority of the correspondence with delegates will be via email or posting to the District website.

## **Looking ahead to spring! Kubb**

Kubb is an old Nordic game. Starting roughly 25 years ago, kubb exploded throughout the Nordic countries. Over the past 10 years, kubb has had significant growth in Europe and the U.S. The Upper Midwest is currently home to the majority of U.S. recreational and competitive kubb activity.

<http://www.usakubb.org/>

### **Kubb Rules Description**

Source: U.S. National Kubb Championship Website- March 2016

The following is a quick description of the rules:

The corner stakes are placed so that a rectangle is formed, measuring 5m x 8m. The center stakes are placed in the middle of the sidelines. The king is placed upright in the center of the pitch, and five kubbs are placed on each baseline. The pitch is ready for play.

The teams determine which team throws first and which side each team will be on. Starting in 2015, the U.S. Championship will use the 2, 4, 6 open. Team A throws two batons (two different players have to throw). Team B then throws four batons (at least three different players have to throw). Team A then throws six batons, and six batons are then used through the remainder of the game. The game begins with the first team throwing their batons from behind their baseline, attempting to knock down the kubbs on the opposite baseline. Batons may rotate vertically when thrown.

Once all the batons are thrown, the opposing team gathers any kubbs that were knocked down. That team throws them back across to the other half of the pitch (the opponent's side of the field). Kubbs thrown back into play are called field kubbs, and are raised by the first team where they came to rest. If a kubb comes to rest outside of the field of play, the team is allowed to throw that kubb again, after all kubbs have been thrown. If that kubb comes to rest outside the field of play a second time, it becomes a punishment kubb, and the other team is allowed to place it wherever they would like within one baton length of the king or marking stakes. The second team then throws their batons, first attempting to knock down any field kubbs, then the kubbs on the baseline, then the king.

If they are unable to knock down all of their kubbs and the king, then the first team picks up all knocked down kubbs, throws them into play as field kubbs, and then tries to knock them over with the batons. Play continues until the game ends. If at any time a team does not knock down all the field kubbs in their opponents half of the pitch, the other team is allowed to move up to the kubb closest to the center line and throw their batons from that new line. Kubbs and baton throws at the king are always thrown from the baseline.

The game is won by the team who knocks down all the kubbs in their opponents half of the field and on the baseline then knocks over the king. However, if a team knocks down the king prior to knocking down all the kubbs, then that team immediately loses the game. In tournament play, matches are often best-of-three games.

The U.S. Championship and most other U.S. tournaments play with the official U.S. National Kubb

Championship Rules. The U.S. Championship rules were developed from the World Championship rules. It is the most in-depth kubb rules document in the world. Some phases and situations in kubb can be complicated and potentially indefinable by any ruleset. If a situation is not covered in these rules, the decision shall be made in accordance with fairness, with decisions being influenced by the spirit of the game. Often a logical extension of the closest existing rule or the principles embodied in the rules will provide guidance for determining the resolution.

For tournaments, the below dimensions are used:

Pitch: 5m wide x 8m long.

One King: 8x8x25cm to 9x9x30cm

Ten kubbs: 7x7x15cm.

Six batons: diameter 4.4cm, length 30cm.

Four corner stakes and two mid-pitch stakes

For recreational play, game piece and pitch dimensions can vary, which is one of the great things about the game.

## **2016 Kubb Schedule**

Skuffle For The Shovel - 01/16 - Concord, NC

Thief River Falls/Northern MN Championship - 01/16 - TRF, MN

Kubb Society Summit Loppet Warmer Upper Scramble - 01/30 - St. Paul, MN

Northwest Wisconsin Winterfest and Games - 01/30 - Chippewa Falls, WI

Captain Ken's Loppet Kubb Tournament - 02/06 - Minneapolis, MN

Ely Winter Festival Kubb Tournament - 02/06 - Ely, MN

Kubb Krew Spring Fling - 04/30 - Huntersville, NC

Michigan 1 v 1 Tournament - 04/30 - Alanson, MI

The Leinenkugel's Kubb Championship - 04/30 - Chippewa Falls, WI

Kübb Kråwl - 05/07 - Minneapolis/St. Paul, MN

Rockford Kubb Tournament - 05/14 - Rockford, IL

Chippewa Valley Kubb League Spring Fling - 05/14 - Eau Claire, WI

Canadian Kubb Championship - 06/04 - Ottawa, Ontario

Country Kubb Ohio Kubb Championship - 06/04 - Ravenna, OH

Farmer Gene's Campground Tournament - 06/11 - Marion, WI

Kubbing to Kick Cancer - 06/11 - Kasson, MN

Lindsborg Midsommar Tournament - 06/18 - Lindsborg, KS

U.S. Midwest Kubb Championship - 06/18 - Madison, WI

Pre-U.S. Championship Tournament - 06/26 - Eau Claire, WI

The Kubb Summit Scramble - 06/?? - St. Paul, MN

Kid Kubb (U.S. National Junior Kubb Championship) - 07/08 - Eau Claire, WI

U.S. National Kubb Championship - 07/09 and 07/10 - Eau Claire, WI

Corn-O-Kubbia - 07/16 - Stoughton, WI

Iowa Games - 07/16 - Ames, IA

Nordic Fest - 07/30 - Decorah, IA

Leinenkugel's Pure Water Days - 08/13 - Chippewa Falls, WI

U.S. Kubb Open - 08/13 - Beloit, WI

Eastside Hill Neighborhood Kubb Derby - 08/27 - Eau Claire, WI

Kubb Society Summit Scramble - 08/?? - St. Paul, MN

Minnesota Kubb Open - Summer - Minneapolis, MN

Kubb in the Kettle - 09/03 - Hartford, WI

Kubb at the Beach - 09/04 - Milwaukee, WI  
 Great Lakes Kubb Championship - 09/10 - Alanson, MI  
 Great Lakes Kid Kubb Championship - 09/10 - Alanson, MI  
 Hot Iron Days Tournament - 09/10 - Lamberton, MN  
 Chippewa Valley Kubb League Kubbfest - 09/17 - Eau Claire, WI  
 Des Moines Fall Kubb Klassic - 09/24 - Des Moines, IA  
 Dallas Oktoberfest Tournament - 10/01 - Dallas, WI  
 Burning River Kubb Klassic - 10/01 - Ravenna, OH  
 North American 1 v 1 Championship - 10/?? - Chaska, MN  
 Kubbspel Fall Klassic - 10/?? - Huntersville, NC

## District Scholarships Due March 15 – Forms are found at [www.sonsofnorway5.com](http://www.sonsofnorway5.com)

The screenshot shows a web browser window displaying the website for Sons of Norway District 5. The page features a navigation menu on the left with options like Home, Board of Directors, and Downloads. The main content area is titled "Scholarships from District 5" and lists three scholarship opportunities with their respective application deadlines and details.

**Velkommen**  
Saturday, 06 March 2016  
**Sons of Norway District 5**  
Wisconsin Illinois Michigan Indiana Ohio Tennessee

**Scholarships from District 5**  
Sons of Norway District 5 offers a number of scholarships, such as book, International Summer School, and Folk High School scholarships. Download the forms here.

**Documents**  
Date added

Order by: Name | Date | Hits [ Ascendant ]

- 2016 District Five International Summer School Scholarship** hot ⓘ  
 The application for the International Summer School Scholarship. One \$1000 Scholarship is offered each year. Application deadline is March 15, 2016. Hits: 268 11/26/2015  
[Download](#) [View](#) [Details](#)
- 2016 District Five Folk High School Scholarship** hot ⓘ  
 Please complete this application regarding your interest in attending Norwegian Folk High School. Two \$500 Scholarships are offered each year. Application deadline is March 15, 2016. Hits: 246 11/26/2015  
[Download](#) [View](#) [Details](#)
- 2016 District Five Book Scholarships** hot ⓘ  
 Application for the Cyril K. Wittrock (Funded by Skjold Lodge 100) and Olav J. Eide (Funded by H&S: 286 11/26/2015 Fosselyngen 82) \$300.00 book Scholarships. Application deadline is March 15, 2016.  
[Download](#) [View](#) [Details](#)

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