

Friendly Fifth Friday News

July 29, 2022

Send all web posting info and calendar dates/events directly to our webmaster at inputd5@sonsofnorway5.com. Feel free to share this with your lodge members!

We're Out on the Seas Once Again

We're out on the seas once again,
Going where we've never been,
Where the mast stands tall and straight
And our members are first-rate,
Out on the seas once again!

We're out on the seas once again.
Digging in til it's half-past ten!
Our Viking blood runs true,
And our members are quite a crew,
Out on the seas once again.

Planning our events en masse,
All with some unique Norskie class!
Where you'll sleep well every night
'Cause you've given all your might,
Out on the seas once again.

We're out on the seas once again.
Out where a friend is a friend,
Where the cultural skills are neat,
And the food we enjoy is sweet!
Out on the seas once again.

We go along our way,
Boldly facing what we may,
Out on the seas once again.
Whoopi-ty-aye-oh
Rockin' to and fro-
Out on the seas once again!

August is the perfect month for lodge leaders to review local constitutions and by-laws. Hold training sessions for your board, if needed, and make your leaders aware of upcoming plans. Ask your membership and programming committees to report their plans for the lodge year ahead. If you have not tried a children's event, place one on your calendar.

Set up times for your zone director(s) to meet with your lodge. Many of them are still working, and knowing your plans ahead of time will be beneficial to all.



Consider your lodge's approach to raising funds for the Sons of Norway Foundation. While you are together, identify someone who can write a grant for funding from the Foundation. Darlene Arneson is the District 5 Foundation Director. Closer to our fundraising in October, Darlene will share successful fundraising ideas.

How could your lodge celebrate Halloween and include children in a night of fun? Brainstorm some ideas and make this fall memorable!

Takk så mye,

Cheryl Wille_Schlesser
District 5 President
cwschlesser200bc@gmail.com
608-219-4464-Please leave a voice message.

From President Cheryl

Hello, Members!

This week I have been fielding questions from our membership about the road Sons of Norway is traveling. One of the questions is below with a response. If you have questions I can help you address with your members, please send them to me. I do not have all the answers, but I am confident those who serve on the board will be of immense help, as will the staff from headquarters. I will share the questions and responses in upcoming editions of the *Friendly Fifth Friday News*.

Thank you,

Cheryl Wille-Schlesser
District 5 President
608-219-4464
cwschlesser200bc@gmail.com

Are fraternal members needed and appreciated?

The Sons of Norway was founded as a fraternal organization on January 16, 1895. Protecting the livelihoods of insured families has always been the mission of the Sons of Norway, and it remains true to this day.

Fraternal members compliment the Sons of Norway's financial side of the business. The business division funds many fraternal projects. Submitting your volunteer service hours helps guarantee the company's 501(c)(8) tax status. The Sons of Norway Foundation is a 501 (c)(3) charitable foundation. Grants and scholarships are awarded each year thru the Foundation.

Over time, the original Sons of Norway organization expanded to include cultural activities. Members had the opportunity to learn more about their Norwegian ancestry. They practiced its customs and skills. Norwegian history and genealogy became increasingly more popular. The *Viking* magazine began with goals to inform, educate, and entertain the membership.

Fast forward to 2022. Costs for producing and mailing the Viking, shipping pins, and other lodge supplies, presented a financial challenge for the business. Reorganization provided an opportunity to look deeply into the company's practices. Chris Pinkerton was chosen to lead the organization. It was necessary to shift some costs to local lodges to remain viable in the eyes of the Minnesota Department of Commerce, which regulates the insurance industry to protect consumers.

In the 5th District, our board helps lodges with some of these costs. Membership, sports, and cultural pin orders can have the shipping portion reimbursed. Please send your requests on the district forms provided to Judy Ghastin, Cultural Director, or Wendy Winkelman, D5 Vice President in charge of membership, or Robert Fossum, Sports and Recreation Director.

Lodge activities promote the heritage and culture of Norway. Moreover, hosting a Syttende Mai event, a frokost, or a Scandinavian fair extends the hand of fraternalism to our communities. Know that your efforts are genuinely appreciated.

Stoughton High School Norwegian Dancers are going to Norway! And you can join them!

I am super excited to announce that the Stoughton High School Norwegian Dancers are going to Norway in June of next year! I am in the midst of planning and need to begin putting together the Companion Tour. I would like to take anyone who is interested in coming to Norway with the Dancers. You will have nicer accommodations than the Dancers and I J You'll have the opportunity to watch every performance if you would like, but you wouldn't have to. There will be plenty of sightseeing in fantastic places, all with your own personal tour guide for the entire 11 days. The dates of the trip will be June 16th – June 27th, 2023. Cities visited will include Oslo, Tinn, Rjukan, Gjøvik, Lillehammer, Lom, Geiranger and Trondheim.

*If you think you might be interested, please email myself as soon as possible to get on the list. As soon as I have the itinerary and cost, I will email it to everyone on the list and then you can either commit or decide not to go. **Getting on this initial list is not committing you to going. This is just the "I might be interested list".***

Email heimstaci@gmail.com by mid August to get on the list.

Please forward this to anyone and everyone you know who might be interested. I really appreciate your help in getting the word out to all who might be interested.

Many, many thanks!
Staci Heimsoth
Norwegian Dancer Director

Learn Norwegian in 5 Minutes a Month!

Our monthly language lesson has been out for a while now, and many of you have let us know that it is working well. Thank you for taking the time to communicate with us.

Visitors to “Norwegian in 5 Minutes a Month” have asked for information on the Norwegian alphabet and genealogical terms, so we have added pages on both topics. We look forward to your feedback. In the meantime, good luck!

Notice to Members: You can access language lessons **with sound** in the [Members Login](#) area.

- [The Norwegian Alphabet](#)
- [Lesson 1](#)—When meeting people, small talk, and counting 1 to 10
- [Lesson 2](#)—When leaving people, small talk, and counting 11 to 20
- [Lesson 3](#)—Useful phrases and more numbers
- [Lesson 4](#)—Days, months, and seasons and greetings
- [Lesson 5](#)—Weather
- [Lesson 6](#)—Activities
- [Lesson 7](#)—Let’s Go Shopping, Part 1
- [Lesson 8](#)—Let’s Go Shopping, Part 2
- [Lesson 9](#)—Genealogy Terms
- [Lesson 10](#)—Travel Plans, Part 1
- [Lesson 11](#)—Travel Plans, Part 2
- [Lesson 12](#)—Travel Plans, Part 3
- [Lesson 13](#)—Sports Activities, Part 1
- [Lesson 14](#)—Sports—Equipment and More Sports Vocabulary, Part 2
- [Lesson 15](#)—Christmas Words
- [Lesson 16](#)—Winter Words
- [Lesson 17](#)—Exploring the House
- [Lesson 18](#)—Inside the House
- [Lesson 19](#)—Other Rooms in the House
- [Lesson 20](#)—Wander Out into the Community
- [Lesson 21](#)—Hiking
- [Lesson 22](#)—Fishing
- [Lesson 23](#)—Visit a Museum
- [Lesson 24](#)—A Walk through Trondheim, Part 1
- [Lesson 25](#)—A Walk through Trondheim, Part 2
- [Lesson 26](#)—Christmas Ideas
- [Lesson 27](#)—We Go Skiing
- [Lesson 28](#)—We Bake a Cake
- [Lesson 29](#)—Seventeenth of May in Oslo
- [Lesson 30](#)—Midsummer (St. John’s Eve)
- [Lesson 31](#)—Word List of Professions
- [Lesson 32](#)—Go to the Kristiansand Zoo
- [Lesson 33](#)—Visit Finnmark
- [Lesson 34](#)—Visit the County of Rogaland
- [Lesson 35](#)—Visit the County of Telemark
- [Lesson 36](#)—Visit the County of Hordaland
- [Lesson 37](#)—Sailing with Japanese TV and Thor Heyerdahl

Want more updates via your computer?

Make sure your email is correct on your membership profile and then sign up for E-post!

https://www.sofn.com/e-post_sign_up/

Driving Distance from... (3) Facebook Find People, Phone... Relay For Life of Gr... Phoenix VI Condo Restaurant supply ... Keweenaw Conven... Jamaica Royale - Si... Jamaica R - Jamaica... A Rediscovered Lov... Squeezebo



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Deadlines and Dates! **Changes in red!**

July 17-30, 2022

- Masse Moro Norwegian Heritage Camp

*Insurance membership with Sons of Norway required

**Membership with Sons of Norway required (social or insurance)

Viking Chest / Immigrant Trunk Schedule

Apr 2022 to Oct 2022:

Chest--zone 5

Trunk--zone 6

Oct 2022 to Apr 2023:

Chest--zone 1

Trunk--zone 2

Apr 2023 to Oct 2023:
Chest--zone 4
Trunk--zone 3

Oct 2023 to Apr 2024:
Chest--zone 6
Trunk--zone 5

Apr 2024 to Oct 2024
Chest--zone 2
Trunk--zone 1

Oct 2024 to April 2025
Chest--zone 3
Trunk--zone 4

INTERNATIONAL LODGE MEETING

The dates of the International Virtual Convention:

Wednesday, August 31, 2022, 10 a.m. – 2:45 pm central time and
Thursday, September 1, 2022, 10 a.m. – 2:30 pm central time

Note:

- Check correspondence from the International and District and the International (www.sofn.com) and District (www.sonsofnorway5.com) websites for any updates and changes.
- Additional deadlines for the District 5 and International Conventions/Lodge Meetings will be added as those dates are established. Watch for future mailings and the District 5 website.

Compiled by Darlene Arneson, SN District 5 Secretary (arnesonfamily5@gmail.com or 608-873-7209)

FFFN Basics

In an attempt to help our lodge leaders become more familiar with resources, changes, deadlines and other information, I will compile a weekly "Friendly Fifth Friday News" email to our leadership. Some of the information you might already have, but hopefully it will be a good reminder for all of us (me included) of all the great resources that Sons of Norway has to offer. **Please feel free to cut and paste any of this information for your lodge's use!**

Send all web posting info and calendar dates/events directly to our webmaster at inputd5@sonsofnorway5.com

With our new arrangement, I actually send the FFFN pdf to our webmaster on Thursday morning before I go to work. So if you have anything you'd like me to consider putting in, please send it by 4 am on Thursday morning. Please do not send pdf's as I have a hard time cutting and pasting them. The Word Document works best for me. Don't forget that lodge events should be submitted to inputd5@sonsofnorway5.com as I have a hard time keeping track of all lodge activities. I'll put some in but that is more the role of the website event calendar.

If you would like to get the MS Word document, just shoot me an email and I'll add you to the list. I send it out right after I send the email to the large group.

Darlene Arneson – arnesonfamily5@gmail.com