

## Friendly Fifth Friday News January 8, 2021

Send all web posting info and calendar dates/events directly to our webmaster at [inputd5@sonsofnorway5.com](mailto:inputd5@sonsofnorway5.com). Feel free to share this with your lodge members!

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### Viking Photos Due!

Happy and Healthy 2021 to all –

Here's the first Photo Reminder for the 'Viking' Magazine for 2021. Please have your lodge photos to me by January 10<sup>th</sup>. All photos need to be 'Actual Size' without any modifications as the editors use their professional software to re-size the photos. Photos must have at least one person in the shot. Hopefully with it now winter, maybe some 'Winter Outdoor Activities' will be the subject of many of the submissions.

I look forward to receiving your lodge photos. If you are no longer your lodge president, please forward this email to that person.

Take care – Be Safe.

Karen Eberhardt  
District 5 Publicity and Zone 3 Director  
608-577-5906 [eber01dj@gmail.com](mailto:eber01dj@gmail.com)

### Lodge Achievement and Family Lodge of the Year Forms- Due Feb 15

And just when we breathe a sigh of relief that all the D63 reports were filed, we move on to the next set of deadlines and reports due! There are a number of items due February 15 including Lodge Achievement, Family Lodge of the Year, filing hours on FraternalGives or sending in the AFA report if you don't file the hours online, D17 Audit form and the D18 (building corporation's audit) forms!

Uff da!

I did a short video on how to do the Lodge Achievement and Family Lodge of the Year. For our lodges in Tennessee and Michigan, remember you have a different Lodge Achievement form to fill out because you don't have IP (insurance professionals) licensed in your states.

Forms can be downloaded from the Member Resources- Forms section of the International website. I have also sent them to be posted on the District website under documents. The respective officers also have been emailed them!

Lodge Achievement and Family Lodge video- <https://youtu.be/bkdCq4dhN1U>

The video on how to do FraternalGives I did last summer- <https://youtu.be/NbisO2E95BM>

Sherry Gorse's FrateranGives video: <https://youtu.be/y-3GX08K-pQ>

David Crabb's video on important announcements: <https://youtu.be/EG23waLI9nE>

## **Rosemaling Demonstration**

**Saturday, January 30, 2021 Time: 1:00 – 3:00 pm Central**

*If you need something a little different to do on a Saturday, join this demonstration via Zoom. Lois Mueller VGM, Vesterheim Gold Medalist, will be conducting a rosemaling demonstration. It will begin with a discussion of several different styles of rosemaling that Lois does, followed by a demonstration of one of the styles.*

*Lois has been rosemaling since 1977 and teaching since 1979. She began at the Technical College in Appleton, WI and now does travel teaching throughout the USA plus a trip to Taiwan and a couple to Canada. In November of 2020, she taught her first Zoom class for the Illinois Norsk Rosemalers Assoc. She received the Gold Medal from Vesterheim in Decorah, IA in 1998. Since that time she has written 9 rosemaling instruction books. In 2016, she was part of a group that created a new organization called, Rosemaling Coast to Coast. The reason for the organization was to have a way of sponsoring a rosemaling convention. They will be holding their 3<sup>rd</sup> convention, June 21-24, 2021 in Eau Claire, WI, providing Covid allows them to do so.*

*Lois would love to meet you at the demonstration and share some of the knowledge that she has gathered over her many years of rosemaling.*

*Watch for Zoom access information for the demonstration in the FFF News January 22 and January 29. There is no fee for the demonstration.*

*Cultural Committee and Judy Ghastin, D5 Cultural Director*



## **DRUMROLL, PLEASE...**

Let's Hear It for the 5<sup>th</sup> District!

The results have been finalized for the Virtual Walk to Norway challenge. Little did our committee know when the challenge began that it would be so popular. Many members jumped at the chance to participate! Some people committed to a healthier lifestyle through exercise. With restrictions placed on many of us, the extension of the challenge provided motivation for many members. Stamina was increased, positive attitudes were created, and some weight was lost in the process. What a fabulous way for our members to celebrate the 125<sup>th</sup> Anniversary of the Sons of Norway!

Many participants earned sports medals for their efforts, too. Personal certificates have been made for all members no matter the mileage you charted. We were in this together and we came out winners in many respects. The certificates will be mailed to each lodge's president for sharing. Christina Fairchild will post the names of the participating lodges on the District 5 website. In addition, the power point slide show which was created for this activity will also be posted there. A total of 146 District 5 members participated in this activity. That was a surprising number to me as the final mileage was reported.

Congratulations to all who participated. Enjoy a healthy 2021!

Cheryl Wille-Schlessor, Former Sports and Recreation Director

## **Zone Meeting- January 23- Open to ALL lodges!**

The annual Zone Training seminar for District 5 members will be held on Saturday morning, January 23, 2021 via Zoom.

This year, we welcome International Vice President Mark Agerter to our meeting. Mark will focus on membership recruitment and retention. He will share any news from the International Office in this regard and will provide information from the fall International Board meeting, as permissible.

Robin Fossum will present her International Director report.

Sandy Olson and the D5 Board have updated the District 5 scholarships, and she will detail the changes. D5's heritage camp, Masse Moro, could be held this summer! Operation plans will be given.

Judy Ghastin will inform attendees on the success of the virtual cultural classes that were organized for our members during the past few months.

Mike Palecek will detail the financial status of the District, and he will share information about the virtual Norwegian history classes he has organized. He will give a brief summation of the Nordic News program.

Darlene Arneson will share an update on the Zone Alignment project her committee has been working on. She will provide information on best practices for lodges, and she will share information about important documents required and their due dates for both the District and the International levels. Darlene has information of note from the District Secretaries meetings that will impact our lodges.

Karen Eberhardt will give suggestions on how lodges can submit items for the Viking magazine despite city, county, or state restrictions.

\*We are asking that our presenters limit their presentation to 20 minutes.

\* A 10-minute stretch break will be included in the schedule. When finalized, this will be shared with you.

\*Presenters, if you have a simplified Word document to share with the attendees, return a copy of it to me. These documents will be sent in advance to the participants of our meeting, so that we can move expediently through the agenda.

\*If you are a Zone Director, please contact the presidents of the lodges you serve and ask them for a list of interested participants. Return that list of names to me with accompanying email addresses.

Our Zoom link will be published in the January 14<sup>th</sup> edition of the FFFNews.

Thank you and have a great week,

Cheryl Wille-Schlesser  
D5 Vice President  
Zone 3 Director  
[rogcher@mhtc.net](mailto:rogcher@mhtc.net) 608-219-4464

## Deadlines and Dates!

**Changes in red! I hope to have the new calendar from International by next week!**

### **Nordic News Weekly Program- Every Tuesday night**

Tune in at 6:20 PM (Central); 7:20 PM (Eastern) every Tuesday.

By computer: <https://gotomeet.me/SofN-D5>

By phone: 646-749-3112 (access code: 509-077-557)

By iPhone, iPad, or Android tablet/phone: download the GoToMeeting app from the Apple or Google Play Store. Launch the app and enter the meeting code: SofN-D5

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#### **January 8, 2021**

- Scholarship due for Virtual History Class

#### **January 9 and January 16, 2021**

- NAGC & NL and District 5 Genealogy Class

#### **January 10, 2021**

- Viking photo submissions due to Karen Eberhardt

#### **January 23, 2021**

- Zone Meeting via ZOOM

#### **January 30, 2021**

- Rosemaling demonstration 1-3 PM Central

#### **February 4, 11 and 18, 2021**

- Jimmy Miller's Woodcarving class

#### **February 15, 2021 (based on 2020's calendar as the new calendar isn't out yet!)**

- D17 financial form is due from the lodges to Sons of Norway Headquarters.
- Lodge Achievement and Family Lodge of the Year forms are due to Membership Services at Sons of Norway Headquarters.
- Community and Fraternal activities and hour totals, using AFA Year-end report form or online reporting at [Fraternalsgive.org](http://Fraternalsgive.org), are due to Membership Services at Sons of Norway Headquarters.

#### **February 25-27, 2021**

- Barnebirkie and Birkie Ski Races Hayward, WI. Cookies will not be needed this year from the lodges.

#### **April 16-17, 2021**

- District 5 Board Meeting- Nashville, TN

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#### **DISTRICT FIVE LODGE MEETING**

Idun Lodge will host the meeting on June 15-19,2022 at the Madison Marriott West in Middleton, Wisconsin.

#### **INTERNATIONAL LODGE MEETING**

The International Lodge Meeting will be held in 2022 in Minneapolis, MN.

#### **Viking Chest Rotation**

The Viking Chest has not traveled since the health emergency began, and the new schedule cannot be announced until it is safe to hold in-person meetings. Therefore, the rotation schedule is suspended until further notice.

#### **Note:**

- Check correspondence from the International and District and the International ([www.sofn.com](http://www.sofn.com)) and District ([www.sonsofnorway5.com](http://www.sonsofnorway5.com)) websites for any updates and changes.
- Additional deadlines for the District 5 and International Conventions/Lodge Meetings will be added as those dates are established. Watch for future mailings and the District 5 website.

Compiled by Darlene Arneson, SN District 5 Secretary ([arnesonfamily5@gmail.com](mailto:arnesonfamily5@gmail.com) or 608-873-7209)

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#### **FFFN Basics**

In an attempt to help our lodge leaders become more familiar with resources, changes, deadlines and other information, I will compile a weekly "Friendly Fifth Friday News" email to our leadership. Some of the information you might already have, but hopefully it will be a good reminder for all of us (me included) of all the great resources that Sons of Norway has to offer. **Please feel free to cut and paste any of this information for your lodge's use!**

**Send all web posting info and calendar dates/events directly to our webmaster at [inputd5@sonsofnorway5.com](mailto:inputd5@sonsofnorway5.com)** With our new arrangement, I actually send the FFFN pdf to our webmaster on Thursday morning before I go to work. So if you have anything you'd like me to consider putting in, please send it by Wednesday night. Please do not send pdf's as I have a hard time cutting and pasting them. The Word Document works best for me. Don't forget that lodge events should be submitted to [inputd5@sonsofnorway5.com](mailto:inputd5@sonsofnorway5.com) as I have a hard time keeping track of all lodge activities. I'll put some in but that is more the role of the website event calendar.

If you would like to get the MS Word document, just shoot me an email and I'll add you to the list. I send it out right after I send the email to the large group.

Darlene Arneson – [arnesonfamily5@gmail.com](mailto:arnesonfamily5@gmail.com)