

Sons of Norway District 5 - Friendly Fifth Friday News
January 19, 2024
A District Weekly Newsletter to Keep Us Up to Date!

**Norwegian
Lutefisk & Meatball Dinner**



NORWAY LUTHERAN CHURCH
6321 Heg Park Road
Wind Lake, WI 53185

SATURDAY, FEBRUARY 10, 2024
Servings at 11:30am, 12:30pm & 1:30pm

ADULTS.....	\$22.00
SENIORS.....	\$20.00
CHILDREN (under 10).....	\$12.00
CHILDREN (seated in a high chair).....	FREE

RESERVATIONS REQUIRED

Tickets go on sale **Tuesday, January 2, 2024**
at norwaylutheranchurch.org

or by phone, call Pam Burke at (262) 895-3407.

Notice for Central Lodge Members

January 2024

Central Lodge members of Sons of Norway are entitled to have their voice heard at District Conventions. If you are not affiliated with a local Lodge, you are in a Central Lodge. If you are a member of District 5 Central Lodge, you can be a delegate to our District Convention. Our District 5 Convention and Lodge Meeting will be June 19-22 in Indianapolis, Indiana. You can learn more at <https://sonsofnorway5.com/conventions/>.

This does not apply to members who belong to a local lodge but I need to post this information so that any Central Lodge member is notified! If a Central Lodge member wants to be a delegate, please reach out to the and Secretary Darlene Arneson (arnesonfamily5@gmail.com) by January 19. The District 5 ZOOM call will be on Sunday, January 21, 2024 at 6:00 PM Central Time for the interested candidates and election. The deadline to notify either officer of your intention is Friday, January 19, 2024 so the meeting link can be sent to you.

We look forward to hearing from you! Darlene Arneson, District 5 Secretary

Year End Membership Totals

2023 membership numbers were just emailed late on January 17. I will use the “total adult members” to calculate your delegate numbers this weekend and get that information out to you. I am hoping to get the new officer lists so I can send that to your 2024 Lodge President and Secretary.

Darlene

Dist rict	Lodg e	Lodge Name	Insur ance Mem bers	Soci al Me mbe rs	Total Adult Memb ers	**	Juveni le Memb ers	Total Adult +Juv	Active Ins NonMb r	Total Memb ership	Herita ge Memb ers
5	0	Central	2150	701	2851		53	2904	812	3716	81
5	28	Wergeland	50	138	188		6	194	0	194	13
5	29	Løven	10	66	76		8	84	0	84	3
5	53	Valkyrien	8	48	56		2	58	0	58	6
5	74	Idun	21	87	108		6	114	0	114	6
5	82	Fosselyngen	18	149	167		5	172	0	172	4
5	100	Skjold	16	97	113		11	124	0	124	1
5	168	Valhall	21	47	68		4	72	0	72	15
5	183	Nordlyset	13	75	88		7	95	0	95	7
5	220	Trygvason	4	11	15		4	19	0	19	2
5	286	Jotunheimen	1	10	11		0	11	0	11	0
5	314	Mandt	24	231	255		2	257	0	257	40
5	353	Dovre	12	62	74		12	86	0	86	18
5	378	Nordkap	9	152	161		0	161	0	161	17
5	457	Solvang	6	77	83		3	86	0	86	4
5	472	Polar Star	12	47	59		3	62	0	62	7
5	490	Sonja Henie	2	17	19		0	19	0	19	2
5	491	Norse Valley	7	59	66		5	71	0	71	8
5	496	Rib Fjell	2	46	48		0	48	0	48	0
5	513	Vennelag	15	157	172		9	181	0	181	14
5	523	Sognefjord	4	43	47		0	47	0	47	0
5	525	Clengpeerson	9	41	50		2	52	0	52	1
5	544	Nordland	7	25	32		2	34	0	34	0
5	556	Elvedal	7	20	27		1	28	0	28	1
5	568	Christian Radich	1	32	33		0	33	0	33	0
5	580	Norskeland	1	27	28		0	28	0	28	0
5	593	Elvesund	5	22	27		0	27	0	27	1
5	600	Scandiana	4	35	39		0	39	0	39	2
5	609	Myrmarken	4	18	22		6	28	0	28	0
5	610	Askeladden	6	89	95		3	98	0	98	12
5	614	Circle City	9	95	104		2	106	0	106	18

5	616	Fagernes	6	46	52		5	57	0	57	15
5	625	Viking	9	13	22		1	23	0	23	3
5	627	Vennligfolk	3	51	54		0	54	0	54	1
5	632	Grønnvik	9	94	103		5	108	0	108	13
5	642	Ostestaden	10	23	33		1	34	0	34	10
5	650	Norsemen Of Lakes	11	18	29		3	32	0	32	0
5	657	Edvard Grieg	4	100	104		0	104	0	104	15
5	670	Ulseth	1	17	18		0	18	0	18	2
5	677	Vikings Of The Smokies	5	60	65		0	65	0	65	20
5	681	Music City Vikings	1	49	50		0	50	0	50	1
5	689	Shawnee Skogen	4	33	37		0	37	0	37	12
5	999	Spirit New Century	12	419	431		5	436	0	436	35
5	0	District Totals	2533	3647	6180		176	6356	812	7168	410

Zone 3 Meeting on Saturday, January 27, at Mandt Lodge in Stoughton

WHAT? Zone 3 Directors Scott Wegner and Cheryl Wille-Schlesser, in conjunction with District 5 Secretary Darlene Arneson, and International Director Duane Kittleson will be joining forces to present the 2024 training seminar for our members.

WHERE? Mandt Lodge, 317 S. Page Street, Stoughton, WI 53589

WHEN? COMING VERY SOON...SATURDAY, JANUARY 27, 2024

Registration, beverages, and pastries at 8:30 AM

Meeting to commence at 9:00 AM

WHO? ALL NEWLY ELECTED OFFICERS, LODGE LEADERS, INTERESTED MEMBERS AND GUESTS

WHY? As the Sons of Norway continues to evolve, it is important to train and inform our current lodge leaders.

HOW? Via planes, trains, automobiles, or dogsleds. Carpool with friends, making your journey an enjoyable one.

WE LOOK FORWARD TO SEEING YOU SOON!

TUSEN TAKK,

Cheryl Wille-Schlesser and Scott Wegner
cwschlesser200bc@gmail.com or rogcher@mhtc.net, 608-219-4464
srweg61@gmail.com, 608-209-7753



**SONS of
NORWAY**

Open with ▼

Sons of Norway Content & Photo Submission Form

This form is provided to help you share information about your members, past and upcoming lodge events and district happenings via Viking magazine and other organization communications.

The event or photo caption will be based on information you provide so please check spelling of lodges, member names and location information. Send your member profile photographs and this form to your lodge publicity director who in turn should forward it to the district publicity director. If your lodge does not have a lodge publicity director, please send submissions, including this form, directly to your district publicity director.

By submitting this photo submission form, I grant permission and consent to Sons of Norway and the Sons of Norway Foundation for the use of the following photograph(s) as identified below to promote the organization(s). Use may include but is not limited to print publication, publicity, advertising, and digital or online content.

Submitter's Contact Information

**** Highlighted fields are required. Place cursor after highlighted word and type your response.**

Name:

Phone:

Email:

Lodge Name:

District/Lodge Number:

Location:

Are you providing a High-Resolution photo (Yes or No):

(Not sure? Here is a [link](#) explaining what a high-resolution photo is)

File name if providing a photo:

Please fill in the appropriate information for the content categories noted below. Please keep in mind that Viking magazine content is prepared two months ahead of issue.

1. Past Events and Member Activities

Includes recognition of current members, lodge celebrations, community service projects and other past activities. Please include event purpose and location. Individual member names of these shown in photo may be included, however we are limited in caption length to 1 or 2 lines per photo.

Description:

C&P_8.2021

1

2. Member Profiles

This content features members who with an interesting story that will inspire other members. It could include outstanding long-term or young members in your lodge and district, other members who celebrate their heritage in unique ways. Please include the member contact information, along with a brief description explaining why you believe they should be featured.

Description:

3. Upcoming Events and Member Activities

Includes upcoming lodge and district events that are open to all members, as well as public events. We will feature in-person and remote events such as district wide fundraising initiatives, festivals, community events where the lodge/district will be represented, and upcoming cultural activities or youth camps. A photo is not required. Your description should include dates and location of the upcoming event and a contact name and email/phone number that will be published.

Description:

Task Force Voting Ballots Due January 20, 2024 from Delegates who served in Middleton

Thank you again to those who served as a delegate to the District 5 Lodge Meeting in Middleton, WI in June 2022. We have asked for their action previously on a bylaw proposal last year and now have the Task Force Recommendation for them to act on as we prepare for the 2024 District Lodge Meeting and Convention in Indianapolis, IN in June 2024.

As you have been kept informed over the past two years via emails, Friendly Fifth Friday News, our website section, and invitations to Task Force ZOOM meetings, we have looked at many different ways to restructure the District Board.

The bylaw proposal was emailed and hard copy mailed to those who served in 2022 as they still serve as the District Lodge until delegates are seated in Indianapolis in June 2024. The information gives the current wording, changes, and how the new section would read. I included a postcard that can be used as their ballot. Postcards should be returned by Saturday, January 20, 2024. At that time, we will have the board send the updated bylaws to International for acceptance and then the Nominating Committee will be able to proceed.

If you have any questions, please contact me at arnesonfamily5@gmail.com or call 608-873-7209. Thank you, Darlene Arneson, Chair, District 5 Task Force

Sons of Norway Stamping Class

Saturday, January 27, 2024 from 9 AM- 4 PM

at SN Mandt Lodge, 317 S. Page Street, Stoughton

Join District 5 Zone Director, Connie Aiello, as she leads this class utilizing the new Nordic stamps the District has developed. A class for all skill levels so you can learn, share, and network! Lunch is included in the registration fee along with other snacks and beverages. All supplies will be included for each class except for the Beginning Stamp Kit.

9:00 AM- 10:15 AM Beginning Stamping for those learning to stamp– \$10 for the class

Learn how to use acrylic stamp sets. We will make a card using the Alphabet 1 & 2 stamps sets. Plus, I will let you in on a little artist secret to enhance your cards. **Beginning Stamp Kits are available for \$15-** tape runner, gridded stamp block, Memento (Tuxedo Black) ink pad, and boning tool

10:30 AM – 2:45 PM- Main workshop and lunch- \$50- Intermediate Cardmaking – Learn card folding techniques. How to add embellishments to make your cards pop.

- **Advanced Cardmaking** – Pop-up card. Learn how to make a landscape pop-up card using the Nordic Wishes woodland animals stamp set.
- **Stamping Beyond Cards** – It's not just for paper. Learn how to stamp on fabric, bags, t-shirts, and more. We will be using the Nordic Sympathy rosemaling stamp set to decorate a mini tote bag.
- **Gifting Ideas** - Learn how to create personalized gift wrap, bags, tags, gift card envelopes and holders, and small gift boxes.

3:00 PM- Blind Date with a Book – \$10

You might have seen this hottest gifting trend at your local bookshop, talked about it at your book club, or seen it at a wedding reception or party. Come join us as we get ready to celebrate Påskekrim. Norway's obsession of reading crime novels over Påske (Easter) break. I don't know about your lodge, Nordlyset Lodge will be having a *Blind Date with a Book* event at our March meeting. So, bring along your favorite crime novel or one you wish to give to someone. We will wrap it in kraft paper, add embellishments, and decorate it using the Norwegian Easter set.

Supplies available for purchase- contact Connie Aiello at cdaiello31@gmail.com if interested in any

- gridded stamp block (\$6)
- ink pad -Memento (Tuxedo Black) (\$8)
- boning tool (\$1.50)
- tape runner (\$2)
- mini artist glue (\$3)
- 50 foam dots (1 sheet/\$1)
- enamel dots (10pk/\$1)
- ruler (\$2)
- colored pencil pack (\$2)
- twine (1 yd/25¢)
- silicone mat (\$3)

Sons of Norway District 5 NLF Stamping Class- January 27, 2024

Registration Form- Registrations are due January 21.

Name _____

Address _____

City _____ State _____ Zip _____

Phone _____ Email _____

Age: Under 18 _____ Over 18 _____

If under 18, parent's signature _____

I want to attend: (check all that apply)

_____ 9:00 AM- 10:15 AM Beginning Stamping for those learning to stamp– \$10

_____ 10:30 AM – 2:45 PM- Main workshop and lunch- \$50

_____ 3:00 PM- Blind Date with a Book – \$10

_____ I need a Beginner Stamp Kit- \$15

Amount due: \$_____ enclosed (check to: SN District 5 Nordic Legacy Foundation)

Return the form and check by January 21.

Send to: Darlene Arneson, 2056 Skaalen Rd., Stoughton, WI 53589.

I release SN Mandt Lodge and District 5 from any liability and allow photos/videos from the class to be used by the lodge for social media, promotions and other uses.

Sign _____ Date _____



Reporting 2023 Hours

As a fraternal organization, Sons of Norway is required to report all volunteer hours to the American Fraternal Alliance (AFA). Besides being a requirement, it's also good business practice for an organization such as ours. These are some added benefits of tracking and recording volunteer hours:

- It improves the quality of our events, lodges, and organization overall to keep us running smoothly
- It helps give purpose and meaning to the valuable work volunteers do and attracts others to join us, so we can grow
- It can demonstrate community impact and inspire people to support us (including financially)

What will we use to report 2023 hours?

We are changing from reporting our hours for the AFA from the Fraternal Gives site to Survey Monkey. This is similar to how lodges are reporting for Lodge of the Year.

Why are we changing to this new method?

Much of the data that Fraternal Gives requested was not needed for our purposes, and we wanted to make a change to a platform that was simple to use and only collected the information needed. Bonus – no extra password to remember!

What if I have already entered hours into Fraternal Gives?

If you have input any 2023 data into Fraternal Gives already, please go in as soon as possible to retrieve that information so you can include it on Survey Monkey. Headquarters will not have access to the Fraternal Gives data you may have already entered.

Is the method of how members report their hours to the Secretary changing?

No, you should continue to track your individual hours and submit them as you always have.

How do I get to the Survey Monkey site?

The link will be sent to all lodge leaders via email in early February 2024.

Then what do I do?

Follow the prompts in the link to enter the information needed.

What do I need to report?

The survey is eight (8) questions total. See survey sample at the end of this document.

What if I run into an issue or need help?

Reach out to us at fraternal@sofn.com for help or questions.



Survey Sample:

American Fraternal Alliance Year End Report 2023

General Information

Complete the following questions about your lodge.

- * 1. Lodge name and number (Example: Draxton 1-464)

Minneapolis 1-234

- * 2. What state is your lodge in?

Minnesota

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American Fraternal Alliance Year End Report 2023

Community Service Events

Activities on behalf of Sons of Norway that assist needy or improve community (visits to nursing homes, blood/food/clothing drives, scholarships, tutoring children, etc).

Directions:

1. Events: Count the number of Community Service Events (visits to nursing homes, blood/food/clothing drives, scholarships, tutoring children, etc) organized by your lodge in 2023. Enter these numbers in the 'Events' box below.

2. Member Hours: The cumulative number of hours members spent working for Sons of Norway in 2023 both at events and on their own. **Event example:** Two hour lodge meeting. 3 lodge officers ran the meeting and 2 members served coffee and cookies. 5 total volunteers multiplied by 2 hours = 10 member hours for the event. **On their own example:** Lodge editor spent 3 hours working on the newsletter by himself each month. 12 months = 36 hours to add to year's total fraternal hours.

The time travelled to and from events can be added to the total member hours. To determine travel time, estimate how long it takes the typical member to drive to and from an event. Then, multiply this amount of time by the total number of members who volunteered at your events throughout the year.

For Example:

Typical member travel time to/from monthly lodge meeting: .5 hour

Total number of volunteers at average lodge meeting: 6 officers and members

.5 hour x 6 = 3 hours travel time per monthly lodge meeting

12 monthly lodge meetings x 3 hours of travel per meeting = 36 hours of travel time for the year.

Add this amount to your Member Hours. Record totals in the box below.

QUESTIONS?

Contact Sons of Norway Headquarters at (612) 821-4643 or fraternal@sofn.com.

Survey Sample (continued)

* 3. Number of Community Service Events

* 4. Total Community Service Hours (Event & Individual)

* 5. Community Service Financial Disbursement

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American Fraternal Alliance Year End Report 2023

Fraternal Support

Activities to conduct business of lodge, promote member fellowship, advance purposes of Sons of Norway, or personal development of members.

Directions:

1. Events: Count the number of Fraternal Events (activities to conduct business of lodge, promote member fellowship, advance purposes of Sons of Norway, or personal development of members) organized by your lodge in 2023. Enter these numbers in the 'Events' box below.

2. Member Hours: The cumulative number of hours members spent working for Sons of Norway in 2023 both at events and on their own. **Event example:** Two hour lodge meeting. 3 lodge officers ran the meeting and 2 members served coffee and cookies. 5 total volunteers multiplied by 2 hours = 10 member hours for the event. **On their own example:** Lodge editor spent 3 hours working on the newsletter by himself each month. 12 months = 36 hours to add to year's total fraternal hours.

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Survey Sample (continued)

QUESTIONS?

Contact Sons of Norway Headquarters at (612) 821-4643 or fraternal@sofn.com.

* 6. Number of Fraternal Events

* 7. Total Fraternal Member Hours (Event & Individual)

* 8. Fraternal Financial Disbursement

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Submit Your 2023 AFA Report

Final Screen:

American Fraternal Alliance Year End Report 2023

Thank you for submitting your 2023 American Fraternal Alliance Year End Report. If you have any questions please contact Sons of Norway Headquarters at (612) 821-4643 or fraternal@sofn.com

Submit Your 2023 AFA Report

Deadlines and Dates! Changes in red!

January 20- Viking photos due to LaVonne Wier

January 20- Ballots due back from District 5 Delegates on Task Force Proposal

January 27- Card/Stamping workshop in Stoughton

January 27- Zone 3 Meeting at Mandt Lodge in Stoughton

February 15

Deadline — Domestic scholarship applications due to Sons of Norway Foundation:

- Astrid G. Cates Scholarship
- Bernt Anker Scholarship
- Dan and Betty Rude Scholarship
- King Olav V Norwegian-American Heritage Scholarship
- Myrtle Beinhauer Scholarship
- Nancy Lorraine Jensen Memorial Scholarship
- Orel and Marie Winjum Memorial Scholarship
- Elaine Nelson Scholarship
- District 4 Scholarship
- Nordkap Lodge 3-215 Scholarship
- Sissel and Roger Espeland Memorial Scholarship Fund

February 20- Viking photos due to LaVonne Wier

February 22- Barnebirkie in Hayward, WI

March 15

- D17 financial form is due from the lodges and districts to Sons of Norway Headquarters.
- Lodge Achievement and Family Lodge of the Year forms are due to Membership Services at Sons of Norway Headquarters.
- Community and Fraternal activities and hour totals, using AFA Year-end report form or online reporting at Fraternalgive.org, are due to Membership Services at Sons of Norway Headquarters.
- D64 Lodge Property Officer forms are due to Sons of Norway Headquarters.
- Deadlines for Lodge Achievement, Family Lodge of the Year and AFA Reporting.

March 15- District 5 Scholarship Applications due

March 20- Viking photos due to LaVonne Wier

April 20- Viking photos due to LaVonne Wier

May 1

- **Deadlines for convention vendor applications, sponsorships, Well Wishers, and ads.**

May 15

- D18 property association financial form is due from the lodges to Sons of Norway Headquarters.
- IRS filing deadline for tax form 990. Lodge treasurer needs to notify Sons of Norway Headquarters when 990 has been submitted.

*Insurance membership with Sons of Norway required

**Membership with Sons of Norway required (social or insurance)

May 19- District Sports Challenge Ends

May 19- Deadline to reserve rooms under the room block for the District Convention at convention rates

May 20- Viking photos due to LaVonne Wier

June 20- Viking photos due to LaVonne Wier

Who to contact at the home office when you need help

- You can email cbs@sofn.com for any member updates that need to be made.
- For anything fraternal- Connie O'Brien (COBrien@sofn.com) or Amy Tuchenhagen (ATuchenhagen@sofn.com). Sherry Gorse is no longer employed at Sons of Norway.
- For matter like submitting a death, a change to a members address or other info please email cbs@sofn.com
- For issues with passwords or website use ithelp@sofn.com.
- The 800 number to call in for member support is 800-945-8851
- If you need something related to sales, you can use sales@sofn.com

Viking Chest / Immigrant Trunk Schedule

Oct 2023 to Apr 2024:

Chest--zone 6

Trunk--zone 5

Apr 2024 to Oct 2024

Chest--zone 2

Trunk--zone 1

Oct 2024 to April 2025

Chest--zone 3

Trunk--zone 4

Note:

- Check correspondence from the International and District and the International (www.sofn.com) and District (www.sonsofnorway5.com) websites for any updates and changes.
- Additional deadlines for the District 5 and International Conventions/Lodge Meetings will be added as those dates are established. Watch for future mailings and the District 5 website.

Compiled by Darlene Arneson, SN District 5 Secretary (arnesonfamily5@gmail.com or 608-873-7209)

FFFN Basics

In an attempt to help our lodge leaders become more familiar with resources, changes, deadlines and other information, I will compile a weekly "Friendly Fifth Friday News" email to our leadership. Some of the information you might already have, but hopefully it will be a good reminder for all of us (me included) of all the great resources that Sons of Norway has to offer. **Please feel free to cut and paste any of this information for your lodge's use!**

Send all web posting info and calendar dates/events directly to our webmaster at inputd5@sonsofnorway5.com

With our new arrangement, I actually send the FFFN pdf to our webmaster on Thursday morning before I go to work. So if you have anything you'd like me to consider putting in, please send it by 4 am on Thursday morning. Please do not send pdf's as I have a hard time cutting and pasting them. The Word Document works best for me. Don't forget that lodge events should be submitted to inputd5@sonsofnorway.com as I have a hard time keeping track of all lodge activities. I'll put some in but that is more the role of the website event calendar.

If you would like to get the MS Word document, just shoot me an email and I'll add you to the list. I send it out right after I send the email to the large group.

Darlene Arneson – arnesonfamily5@gmail.com