

Sons of Norway District 5 - Friendly Fifth Friday News

January 12, 2024

A District Weekly Newsletter to Keep Us Up-to-Date!

As soon as we get the report from International on the final adult membership for each lodge, D5 Secretary will send each lodge a mailing with their number of delegates and alternates they need to elect! This must be done by March 5. Start planning now for your delegate elections keeping in mind that only delegates in 2024 (in Indianapolis) are eligible to be candidates for the District Board or alternates for the board.



Suggestions From Previous Conventions

The 2024 Convention Planning Committee is working to make the June D5 Lodge Meeting a great one. We plan to please. Each year the convention planners ask for feedback through a questionnaire filled out after the event. Suggestions from delegates and other attendees are reviewed for planning future conventions.

After previous conventions you asked for:

- time for delegates to hear speakers
- time for delegates to take classes
- time to meet other delegates
- time to shop at the vendors
- time to view the cultural folk art display
- more "down time, stretch breaks"
- cold beverage besides coffee at break
- something to do in the evening
- more signs and schedule postings
- leadership workshop
- lodge banners displayed
- temperature control
- music from a Scandinavian group
- more singing

At the next convention we offer:

- speakers on Wednesday and Thursday
- expanded offering of speaker topics
- classes on Wednesday and Thursday
- expanded offering of classes
- long coffee breaks, evening gatherings each night
- long coffee breaks; vendors open until 6 pm Th, Fri
- long coffee breaks
- long coffee breaks Thurs pm, Fri am & pm, Sat am
- lemonade or iced tea besides coffee at break
- entertainment/presentation each evening
- we're working on that
- have tried, will try again, small response in past
- ongoing practice
- We request moderate cooling temperature, but we all have different comfort levels, so just to be sure, plan to dress "like an onion" in layers.
- banquet entertainment by professional Norwegian and Swedish duo at this convention
- songs printed in the booklet if business time permits singing time

Zone 3 Meeting on Saturday, January 27, at Mandt Lodge in Stoughton

WHAT? Zone 3 Directors Scott Wegner and Cheryl Wille-Schlesser, in conjunction with District 5 Secretary Darlene Arneson, and International Director Duane Kittleson will be joining forces to present the 2024 training seminar for our members.

WHERE? Mandt Lodge, 317 S. Page Street, Stoughton, WI 53589

WHEN? COMING VERY SOON...SATURDAY, JANUARY 27, 2024

Registration, beverages, and pastries at 8:30 AM

Meeting to commence at 9:00 AM

WHO? ALL NEWLY ELECTED OFFICERS, LODGE LEADERS, INTERESTED MEMBERS AND GUESTS

WHY? As the Sons of Norway continues to evolve, it is important to train and inform our current lodge leaders.

HOW? Via planes, trains, automobiles, or dogsleds. Carpool with friends, making your journey an enjoyable one.

WE LOOK FORWARD TO SEEING YOU SOON!

TUSEN TAKK,

Cheryl Wille-Schlesser and Scott Wegner

cwschlesser200bc@gmail.com or rogcher@mhtc.net, 608-219-4464

srweg61@gmail.com, 608-209-7753

A message from our President and Zone 3 Director Cheryl Wille-Schlesser

Godt Nyttår, Alle sammen-Happy New Year, Everyone!

2024 brings New Officers, New Changes, New Challenges, New Ideas, and New Members! We are contacting you, as a local lodge leader, asking you to participate in this year's training program. Find out how your lodge can be on the cutting edge of greatness!

As the Sons of Norway International continues to evolve, we have seen a new emphasis placed on our fraternal organization. At this training we will expand on the knowledge you have to better understand what is happening and how to make 2024 one of the best years for your local lodge and community.

*We will detail some of the activities for the District 5 Convention to be held in Indianapolis, IN, in June.

*There will be updates on the District sports challenge and the Barnebirkie.

*Get the financial picture of our district.

*Learn the latest news from Masse Moro, our youth heritage camp.

*Discover how the District 5 Foundation varies from its counterpart in Minneapolis.

*Learn about a new benefit product in development that may greatly interest our members.

*Learn about the new volunteer reporting system, deadlines of upcoming reports, and a tour of websites

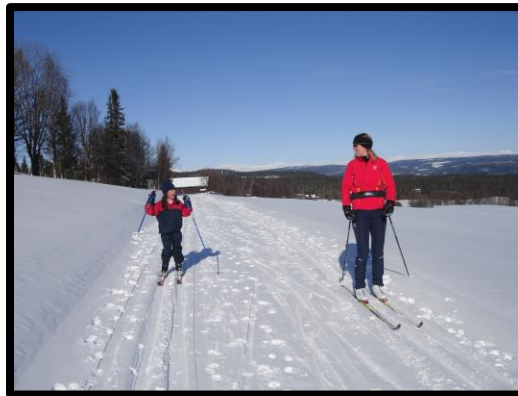
Bring your questions; we are stronger together!

There will be time for idea sharing among the attendees. Has your lodge had a recent successful membership drive, presentation, or field excursion? Inquiring minds want to know!

We welcome others from outside of our zone to join us, too. Please share this email with a friend!

A lunch will be provided, but we need to know how many people will be in attendance. Lodge Presidents, please send me the number of your participants by Monday, January 22, 2024. If you live outside of Zone 3, please contact me directly with your desire to attend. Should you have specific dietary needs, please know that you are welcome to bring a prepared lunch.

Barnebirkie



YOUR HELP IS NEEDED TO MAKE THE BARNEBIRKIE SUCCESSFUL!

The Fifth District of the Sons of Norway will be assisting with the children's cross country ski race for ages 3-13 in Hayward, WI, on February 22, 2024. District members volunteer to work in the registration area before the race, and they pass out cookies at the end of the course. Members also meet and greet adult skiers later in the day at the EXPO CENTER held inside Hayward High School. It is exciting to interact with skiers from across the world at this international event.

I am kindly asking our members to consider baking for this event. Please refrain from the use of nuts in any of the cookies you make due to allergy concerns in our youth participants. The kiddos enjoy all kinds of cookies, but the most popular are chocolate chip varieties. They also enjoy frosted sugar cookies. Some racers like homemade raisin oatmeal cookies, too! Baking one of your family's favorites is certain to be a winner!

After the cookies are distributed in the Celebration Tent, the excess is moved to Hayward High School where the classic skiers come to obtain their timing chips and bibs. These skiers look forward

to seeing our smiling faces, but mostly, they enjoy the homemade cookies made by our Sons of Norway members! Adults savor spice cookies and healthy varieties: molasses, Snickerdoodles, ginger, pepperkaker, and cardamom. Our district goal each year is 1,000 dozen cookies-yes, you read that correctly! Oreo cookies are also popular.

I will be leaving for the Barnebirkie on Wednesday, February 21st (sooner if inclement weather is forecast). Additional cars will be heading north to help deliver the cookies and volunteers will help in a variety of locations. You may also deliver cookies to District Secretary Darlene Arneson or drop them off at Open House Imports in Mt. Horeb. I am also available to pick up your donations and have met members from lodges in northern Illinois previously. *Thank you for your support in helping to make the Barnebirkie a memorable event for the littlest skiers of all.*

VOLUNTEER OPPORTUNITY... The youth registration tent is staffed, but we need help at the Celebration Tent at the end of the race. Volunteers *must* register at the American Birkebeiner Foundation website.

Become a Birkie Volunteer | American Birkebeiner ([birkie.com/volunteer](https://www.birkie.com/volunteer)) The password for the Celebration (cookie) Tent is **finishbarne2024**. I look forward to volunteering with you!

SNOW UPDATE-One to three inches of snow is forecast for the Hayward vicinity this week. That's a start. You can check the trail conditions by visiting the American Birkebeiner website: [birkie.com](https://www.birkie.com). Select ski, then *trail report*.

Tusen takk,

Cheryl Wille-Schlesser
District 5 President
608-219-4464
cwschlesser200bc@gmail.com

Update, 1-8-24

La Vonne has taken the extra bed in my room at the casino hotel.

Robin and Robert Fossum have signed up to work in the cookie tent, joining Carla Burkhardt. The Arnesons and possibly some of their friends may also help.

La Vonne will take on Masse Moro promotion at the high school and will help Lucy and Judy, providing breaks for them and making coffee. Carla is also willing to assist at the EXPO.

Here's the Cookie Tent signup link in case anyone needs it! Go to the American Birkebeiner volunteer page(<https://www.birkie.com/volunteer/> - "Birkie Week Events") **and use the password: finishbarne2024.)**

I will be wearing multiple hats that day and moving between venues.

A dinner reservation at the Steakhouse and Lodge, 15860 T Bone Lane, Hayward, WI 54843, has been made for our volunteers on Wed Feb 21st. We will meet at 6 PM, and I will provide updates. Name badges will be distributed at that time. Please confirm whether you will be in town for dinner so I can modify the reservation, if necessary.

Thank you,

Cheryl Wille-Schlesser

Don't have time to bake or too far to send cookies?

If you don't want to send cookies, financial contributions are also welcome! We know we have people volunteering from LaCrosse, Stoughton, Appleton, Mt. Horeb, and Middleton so cookies can be dropped off in those areas! You can use this form to make donations to the SN District 5 Nordic Legacy Foundation and be sure to check what category you want donations to be used in!

Sons of Norway Fifth District Nordic Legacy Foundation, Inc. Donation Form

The purpose of this Foundation is to support youth, heritage, culture, and education through presentations, programs, and foundation grants. The Foundation is a 501(c) (3) and donations given are tax deductible (minus any costs/services received) for the donation. We welcome donations given to help support District 5 activities such as Masse Moro, District Scholarships, and other activities and programs that may come forth. If you have questions, contact District Secretary, Darlene Arneson, at arnesonfamily5@gmail.com or 608-873-7209.

The Sons of Norway Fifth District Nordic Legacy Foundation, Inc. is a 501(c) (3) and donations given are tax deductible (minus any costs/services received) for the donation.

Enclosed is my contribution of \$_____ to the "Sons of Norway Fifth District Nordic Legacy Foundation, Inc." Send to D5 Treasurer Corey Olson, W5907 Sweet William Drive, Appleton, WI 54915.

Please direct this donation to (check one): If unchecked, it will go to General

_____ General - allows District Board to use it for District 5 NLF activities and expenses

☒ Barnbirkie _____ Masse Moro _____ District Scholarships _____ Adult Heritage Camp

My/our name: _____ Lodge _____

Address _____ City _____, St _____ Zip _____

Phone _____ Email _____

If this gift is in Memory or Honor of someone, please send notification of this gift (amount not stated in letter) to:

In Memory/Honor (circle which) of _____

Send notification to: Name _____ Address _____

City _____ State _____ Zip _____

Sons of Norway Stamping Class
New date- Saturday, January 27, 2024 from 9 AM- 4 PM
at SN Mandt Lodge, 317 S. Page Street, Stoughton

Join District 5 Zone Director, Connie Aiello, as she leads this class utilizing the new Nordic stamps the District has developed. A class for all skill levels so you can learn, share, and network! Lunch is included in the registration fee along with other snacks and beverages. All supplies will be included for each class except for the Beginning Stamp Kit.

9:00 AM- 10:15 AM Beginning Stamping for those learning to stamp– \$10 for the class

Learn how to use acrylic stamp sets. We will make a card using the Alphabet 1 & 2 stamps sets. Plus, I will let you in on a little artist secret to enhance your cards. **Beginning Stamp Kits are available for \$15-** tape runner, gridded stamp block, Memento (Tuxedo Black) ink pad, and boning tool

10:30 AM – 2:45 PM- Main workshop and lunch- \$50- Intermediate Cardmaking – Learn card folding techniques. How to add embellishments to make your cards pop.

- **Advanced Cardmaking** – Pop-up card. Learn how to make a landscape pop-up card using the Nordic Wishes woodland animals stamp set.
- **Stamping Beyond Cards** – It's not just for paper. Learn how to stamp on fabric, bags, t-shirts, and more. We will be using the Nordic Sympathy rosemaling stamp set to decorate a mini tote bag.
- **Gifting Ideas** - Learn how to create personalized gift wrap, bags, tags, gift card envelopes and holders, and small gift boxes.

3:00 PM- Blind Date with a Book – \$10

You might have seen this hottest gifting trend at your local bookshop, talked about it at your book club, or seen it at a wedding reception or party. Come join us as we get ready to celebrate Påskekrim. Norway's obsession of reading crime novels over Påske (Easter) break. I don't know about your lodge, Nordlyset Lodge will be having a *Blind Date with a Book* event at our March meeting. So, bring along your favorite crime novel or one you wish to give to someone. We will wrap it in kraft paper, add embellishments, and decorate it using the Norwegian Easter set.

Supplies available for purchase- contact Connie Aiello at cdaiello31@gmail.com if interested in any

- gridded stamp block (\$6)
- ink pad -Memento (Tuxedo Black) (\$8)
- boning tool (\$1.50)
- tape runner (\$2)
- mini artist glue (\$3)
- 50 foam dots (1 sheet/\$1)
- enamel dots (10pk/\$1)
- ruler (\$2)
- colored pencil pack (\$2)
- twine (1 yd/25¢)
- silicone mat (\$3)

Sons of Norway District 5 NLF Stamping Class- January 27, 2024

Registration Form- Registrations are due January 21.

Name _____

Address _____

City _____ State _____ Zip _____

Phone _____ Email _____

Age: Under 18 _____ Over 18 _____

If under 18, parent's signature _____

I want to attend: (check all that apply)

_____ 9:00 AM- 10:15 AM Beginning Stamping for those learning to stamp— \$10

_____ 10:30 AM – 2:45 PM- Main workshop and lunch- \$50

_____ 3:00 PM- Blind Date with a Book – \$10

_____ I need a Beginner Stamp Kit- \$15

Amount due: \$_____ enclosed (check to: SN District 5 Nordic Legacy Foundation)

Return the form and check by January 21.

Send to: Darlene Arneson, 2056 Skaalen Rd., Stoughton, WI 53589.

I release SN Mandt Lodge and District 5 from any liability and allow photos/videos from the class to be used by the lodge for social media, promotions and other uses.

Sign _____ Date _____

Deadlines and Dates! Changes in red!

January 15

Deadline — International travel scholarship applications due to Sons of Norway Foundation:

- Douglas Warne – Rolf & Wenche Eng Scholarship
- Helen Tronvold Folk High School Scholarship
- Lund Fund Scholarship
- Oslo International Summer School Scholarship

January 20- Viking photos due to LaVonne Wier

January 20- Ballots due back from District 5 Delegates on Task Force Proposal

January 27- Card/Stamping workshop in Stoughton

January 27- Zone 3 Meeting at Mandt Lodge in Stoughton

February 15

Deadline — Domestic scholarship applications due to Sons of Norway Foundation:

- Astrid G. Cates Scholarship
- Bernt Anker Scholarship
- Dan and Betty Rude Scholarship
- King Olav V Norwegian-American Heritage Scholarship
- Myrtle Beinhauer Scholarship
- Nancy Lorraine Jensen Memorial Scholarship
- Orel and Marie Winjum Memorial Scholarship
- Elaine Nelson Scholarship
- District 4 Scholarship
- Nordkap Lodge 3-215 Scholarship
- Sissel and Roger Espeland Memorial Scholarship Fund

February 20- Viking photos due to LaVonne Wier

February 22- Barnebirkie in Hayward, WI

March 15

- D17 financial form is due from the lodges and districts to Sons of Norway Headquarters.
- Lodge Achievement and Family Lodge of the Year forms are due to Membership Services at Sons of Norway Headquarters.

- Community and Fraternal activities and hour totals, using AFA Year-end report form or online reporting at Fraternalgive.org, are due to Membership Services at Sons of Norway Headquarters.
- D64 Lodge Property Officer forms are due to Sons of Norway Headquarters.
- Deadlines for Lodge Achievement, Family Lodge of the Year and AFA Reporting.

March 15- District 5 Scholarship Applications due

March 20- Viking photos due to LaVonne Wier

April 20- Viking photos due to LaVonne Wier

May 1

- **Deadlines for convention vendor applications, sponsorships, Well Wishers, and ads.**

May 15

- D18 property association financial form is due from the lodges to Sons of Norway Headquarters.
- IRS filing deadline for tax form 990. Lodge treasurer needs to notify Sons of Norway Headquarters when 990 has been submitted.

*Insurance membership with Sons of Norway required

**Membership with Sons of Norway required (social or insurance)

May 19- District Sports Challenge Ends

May 19- Deadline to reserve rooms under the room block for the District Convention at convention rates

May 20- Viking photos due to LaVonne Wier

June 20- Viking photos due to LaVonne Wier

Who to contact at the home office when you need help

- You can email cbs@sofn.com for any member updates that need to be made.
- For anything fraternal- Connie O'Brien (COBrien@sofn.com) or Amy Tuchenhagen (ATuchenhagen@sofn.com). Sherry Gorse is no longer employed at Sons of Norway.
- For matter like submitting a death, a change to a members address or other info please email cbs@sofn.com
- For issues with passwords or website use ithelp@sofn.com.
- The 800 number to call in for member support is 800-945-8851
- If you need something related to sales, you can use sales@sofn.com

Viking Chest / Immigrant Trunk Schedule

Oct 2023 to Apr 2024:

Chest--zone 6

Trunk--zone 5

Apr 2024 to Oct 2024

Chest--zone 2

Trunk--zone 1

Oct 2024 to April 2025

Chest--zone 3

Trunk--zone 4

Note:

- Check correspondence from the International and District and the International (www.sofn.com) and District (www.sonsofnorway5.com) websites for any updates and changes.
- Additional deadlines for the District 5 and International Conventions/Lodge Meetings will be added as those dates are established. Watch for future mailings and the District 5 website.

Compiled by Darlene Arneson, SN District 5 Secretary (arnesonfamily5@gmail.com or 608-873-7209)

FFFN Basics

In an attempt to help our lodge leaders become more familiar with resources, changes, deadlines and other information, I will compile a weekly "Friendly Fifth Friday News" email to our leadership. Some of the information you might already have, but hopefully it will be a good reminder for all of us (me included) of all the great resources that Sons of Norway has to offer. **Please feel free to cut and paste any of this information for your lodge's use!**

Send all web posting info and calendar dates/events directly to our webmaster at inputd5@sonsofnorway5.com

With our new arrangement, I actually send the FFFN pdf to our webmaster on Thursday morning before I go to work. So if you have anything you'd like me to consider putting in, please send it by 4 am on Thursday morning. Please do not send pdf's as I have a hard time cutting and pasting them. The Word Document works best for me. Don't forget that lodge events should be submitted to inputd5@sonsofnorway5.com as I have a hard time keeping track of all lodge activities. I'll put some in but that is more the role of the website event calendar.

If you would like to get the MS Word document, just shoot me an email and I'll add you to the list. I send it out right after I send the email to the large group.

Darlene Arneson – arnesonfamily5@gmail.com