

Friendly Fifth Friday News

February 12, 2016

In an attempt to help our lodge leaders become more familiar with resources, changes, deadlines and other information, I will compile a weekly "Friendly Fifth Friday News" email to our leadership. Some of the information you might already have, but hopefully it will be a good reminder for all of us (me included) of all the great resources that Sons of Norway has to offer. **Please feel free to cut and paste any of this information for your lodge's use!**

Darlene Arneson, District 5 Secretary

If you're not checking the District website, you're missing news!

Thank you to District Webmaster, Duane Kittleson, who is doing an outstanding job of getting current items on our District website! When District Board members have information, convention updates, deadlines, links to forms, or other needs arrive- Duane has been getting that information posted.

A big thank you to him and please encourage your officers, members and leadership to regularly visit the website! www.sonsofnorway5.com

Also- Duane is the person you can send your lodge's activities to, calendar items, post your newsletters and ect. His email address is dkittverona@gmail.com

The screenshot shows a web browser window displaying the website for Sons of Norway District 5. The page features a large banner with the word "Velkommen" (Welcome) in a stylized font, dated Friday, 12 February 2016. Below the banner is a navigation menu with links for Home, Board of Directors, Directors Messages, Cultural Corner, Secretary's Stuff, Sports - Recreation, Heritage Camp, District 5 Scholarships, Friendly 5th Friday, News, Local Lodge Newsletters, District 5 Documents, Financial Counselors, District Conventions, History of Lodges, Join Sons of Norway, Contact Us, Search, and Calendar. The main content area includes several news items: "Financial Form D17 - Annual Audit Report" with a link to find forms; "Northern Lights - Concert of Scandinavia composers" for Saturday, February 20, 2016; "Stoughton Dancers Norse Afternoon of Fun" for Sunday, February 14, 2016; "2016 Convention information" for June 22-26, 2016; and a "Death Notice" for George Sievers, a member since 1978, who passed away on January 27, 2016.

A note from District Publicity Director

Dear Directors:

Please remind your lodges to get their photos to me for Viking Mag. Its important that they strive to follow the photographic guidelines. I check every photo I receive with Melissa (graphics -S of N) Many are not usable which is a disappointment to all of us. We would like a fair representation for all lodges.

Thanks

Joy, District Publicity Director

Joy Bashara	1460 Maple Hills Drive	Green Bay	WI	54313	920-445-1585	joybaing@gmail.com
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Viking Magazine District Pages Submission Form

Dear Lodge Member:

This form is provided to help you report your lodge's special activities and events for *Viking* magazine. You may choose to answer as many questions as apply and the photo caption will be written for you based on the information you provide.

Send your photographs and this form to your lodge publicity director who in turn should forward it to the district publicity director. In the event that your lodge does not have a lodge publicity director, please send submissions directly to the district publicity director. Please keep in mind that Viking is prepared two months ahead of issue.

Lodge name, number and location: _____

Purpose of event: _____

Location: _____

Dates/times: _____

Photo Caption: _____

Approximate number attending: _____

Contact for more information: Name: _____

Address: _____

Phone: _____ Email: _____

Accompanying photo(s) enclosed: Yes No

Don't forget about SN Foundation Grants and Scholarships!

Grants made possible through our Humanitarian Fund

The Sons of Norway Foundation Humanitarian Fund was established in 1997. We gratefully acknowledge the generosity and patronage of HRM, King Harald V of Norway in establishing and providing its initial funding. A contribution of \$250 or more to the S/N Foundation Humanitarian Fund entitles the donor to a special edition medallion with the image of, HRM, King Harald V. The estate of Dr. Myrtle Beinhauer, a Sons of Norway member and educator, made a generous gift to the Foundation, which is also a major source for this funding.

Helping Hands to Children Grant

Annual deadline February 15

- Available for lodges that help establish educational/heritage programming for youth.
- Examples include Adopt a School, Children's Folk Dancing Groups, Junior Lodges and Heritage Camps.
- Matching fund grants with a maximum award of \$500.

[Apply online.](#)

Past recipients: [2014](#), [2013](#), [2012](#)

Helping Hands to Members Grant

In 2004 the Sons of Norway Foundation established this grant to help current members by awarding grants of \$1,000 per family with recovery following natural disasters including floods, tornadoes, hurricanes and wildfires.

To receive further information on the specific process required to apply for a grant, please contact the Foundation Director at foundation@sofn.com.

Scholarships

King Olav V Norwegian-American Heritage Fund

Annual deadline March 1

HRM, King Olav V of Norway allows the Sons of Norway Foundation to use his name in establishing a fund to promote cultural exchange between Norway and North America.

Eligible applicants are:

- Americans age 18 and older, who plan to explore an interest in Norwegian heritage or modern Norway at an institution of higher learning.
- Norwegians age 18 and older, who desire to further their studies in American culture at an institution of higher learning.

Full scholarship details available at the [online application](#).

[2014 Scholarship Recipients](#)

Astrid G. Cates/Myrtle Beinhauer Fund*

Annual deadline March 1

Astrid G. Cates and Dr. Myrtle Beinhauer remembered Sons of Norway Youth with special bequests through their estates to the Sons of Norway Foundation.

Eligible applicants are:

- Enrolling in post-secondary training or education including trade school, vocational school or college.

Full scholarship details available at the [online application](#).

[2014 Scholarship Recipients](#)

Nancy Lorraine Jensen Memorial Scholarship Fund*

Annual deadline April 1

Dr. and Mrs. Arthur S. Jensen established this fund in memory of their remarkable daughter, Nancy Lorraine Jensen, an aerospace engineer/chemist at NASA, who died unexpectedly at age 35.

Eligibility:

- This scholarship is open to American citizens, women ages 17-35. Applicant, parent or grandparent must have three consecutive years of membership prior to applying.
- Applicant must be a full-time undergraduate who has completed at least one term of studies and been accepted as a major in chemistry, physics, or in chemical, electrical or mechanical engineering.
- Applicant attained an SAT score of at least 1800, a math score of at least 600, or an ACT score of at least 26.
- Scholarship award is for 50% of the tuition of one semester for up to three years.

Full scholarship details available at the [online application](#).

[2014 Scholarship Recipients](#)

Scholarship to Oslo International Summer School*

Annual deadline March 1

The Sons of Norway Foundation offers two \$1,500 scholarships each year for students to attend the Oslo International Summer School, a 6-week program from June to August. Visit [The University of Oslo](#) for details and course descriptions.

Full scholarship details available at the [online application](#).

[2014 Scholarship Recipients](#)

Helen Tronvold Norwegian Folk High School Scholarship

Annual deadline March 1

Established in 2004, thanks to a gift-by-will from Sons of Norway member Helen Tronvold, this scholarship offers up to three \$2,000 scholarships annually. This scholarship supports the Sons of Norway foundation's goal of providing cross-cultural experiences for youth by helping them attend one of Norway's 70 folk high schools for an entire year of study (August-May).

Eligibility:

- Applicant must be a high school graduate, age 18-23.
- Must be accepted to a folk high school.

Full scholarship details available at the [online application](#).

[2014 Scholarship Recipients](#)

Lund Fund Scholarship*

Annual deadline May 1

The Sons of Norway International Board of Directors established the Lund Fund of the Sons of Norway Foundation in 2010 as a tribute to former Chief Executive Officer, John Lund and Allan Lund, former Legal Counsel of Sons of Norway, for their combined forty years of outstanding service and dedication. This fund provides one \$1,500 scholarship, annually, for study abroad experiences through accredited, post high school, educational institutions.

Eligibility:

- High school graduate or equivalent.
- Special consideration given to military veterans.
- No preference is given based on country selected for study-abroad experience.

Full scholarship details available at the [online application](#).

[2014 Scholarship Recipients](#)

Warne - Eng Scholarship*

Annual deadline April 1

This scholarship is endowed and funded by Douglas Warne in honor and remembrance of his experiences at the University of Oslo, International Summer School and the friendship and assistance provided by Rotary through the Rolf and Wenche Eng family during that school year and subsequent visit to Norway.

The Warne-Eng Scholarship creates an opportunity for qualified applicants to attend educational institutions in Norway and assists with the major costs of tuition, room and board.

Eligibility:

- Applicant must be accepted to study at an accredited, post high school setting in Norway, (including, but not limited to, folk and craft schools, Oslo University International Summer School and other colleges in Norway, music, theatre and technical schools).
- Any current American or Canadian members of the Sons of Norway or Rotary, as well as their children or grandchildren, are eligible to apply.
- Applicant must be willing to share their experiences with Sons of Norway or Rotary groups upon return to the USA.
- Applicants of any age who have completed one full year of college level work, and have been accepted by an educational institution in Norway for undergraduate work, are eligible.

Full scholarship details available at the [online application](#).

** Indicates a requirement of current Sons of Norway membership for the applicant, or applicant's parent/grandparent. See full scholarship details in each case.*

Questions?

For more information on scholarships offered by the Sons of Norway Foundation, send us an email at foundation@sofn.com or call (800) 945-8851.