

Sons of Norway District 5 - Friendly Fifth Friday News

December 22, 2023

Sons of Norway Stamping Class

Saturday, January 6, 2024 from 9 AM- 4 PM
at SN Mandt Lodge, 317 S. Page Street, Stoughton

Join District 5 Zone Director, Connie Aiello, as she leads this class utilizing the new Nordic stamps the District has developed. A class for all skill levels so you can learn, share, and network! Lunch is included in the registration fee along with other snacks and beverages. All supplies will be included for each class except for the Beginning Stamp Kit.

9:00 AM- 10:15 AM Beginning Stamping for those learning to stamp– \$10 for the class

Learn how to use acrylic stamp sets. We will make a card using the Alphabet 1 & 2 stamps sets. Plus, I will let you in on a little artist secret to enhance your cards. **Beginning Stamp Kits are available for \$15-** tape runner, gridded stamp block, Memento (Tuxedo Black) ink pad, and boning tool

10:30 AM – 2:45 PM- Main workshop and lunch- \$50- Intermediate Cardmaking – Learn card folding techniques. How to add embellishments to make your cards pop.

- **Advanced Cardmaking** – Pop-up card. Learn how to make a landscape pop-up card using the Nordic Wishes woodland animals stamp set.
- **Stamping Beyond Cards** – It's not just for paper. Learn how to stamp on fabric, bags, t-shirts, and more. We will be using the Nordic Sympathy rosemaling stamp set to decorate a mini tote bag.
- **Gifting Ideas** - Learn how to create personalized gift wrap, bags, tags, gift card envelopes and holders, and small gift boxes.

3:00 PM- Blind Date with a Book – \$10

You might have seen this hottest gifting trend at your local bookshop, talked about it at your book club, or seen it at a wedding reception or party. Come join us as we get ready to celebrate Påskekrim. Norway's obsession of reading crime novels over Påske (Easter) break. I don't know about your lodge, Nordlyset Lodge will be having a *Blind Date with a Book* event at our March meeting. So, bring along your favorite crime novel or one you wish to give to someone. We will wrap it in kraft paper, add embellishments, and decorate it using the Norwegian Easter set.

Supplies available for purchase- contact Connie Aiello at cdaiello31@gmail.com if interested in any

- gridded stamp block (\$6)
- ink pad -Memento (Tuxedo Black) (\$8)
- boning tool (\$1.50)
- tape runner (\$2)
- mini artist glue (\$3)
- 50 foam dots (1 sheet/\$1)
- enamel dots (10pk/\$1)
- ruler (\$2)
- colored pencil pack (\$2)
- twine (1 yd/25¢)
- silicone mat (\$3)

Sons of Norway District 5 NLF Stamping Class- January 6, 2024

Registration Form- Registrations are due December 30.

Name _____

Address _____

City _____ State _____ Zip _____

Phone _____ Email _____

Age: Under 18 _____ Over 18 _____

If under 18, parent's signature _____

I want to attend: (check all that apply)

_____ 9:00 AM- 10:15 AM Beginning Stamping for those learning to stamp– \$10

_____ 10:30 AM – 2:45 PM- Main workshop and lunch- \$50

_____ 3:00 PM- Blind Date with a Book – \$10

_____ I need a Beginner Stamp Kit- \$15

Amount due: \$_____ enclosed (check to: SN District 5 Nordic Legacy Foundation)

Return the form and check by December 30.

Send to: Darlene Arneson, 2056 Skaalen Rd., Stoughton, WI 53589.

I release SN Mandt Lodge and District 5 from any liability and allow photos/videos from the class to be used by the lodge for social media, promotions and other uses.

Sign _____ Date _____



District 5 Convention 2024 DELEGATE RESPONSIBILITIES

WHAT ARE MY RESPONSIBILITIES AS A DELEGATE TO THE D5 CONVENTION?

1. **READ** the delegate book which will be sent to all elected delegates. It contains resolutions and has important information for delegates to consider in advance.
2. **SERVE** on a committee if asked. Committees meet in person Thursday morning of convention week. They might also meet ahead of time on Zoom. Committees have specific roles ranging from making recommendations on any resolutions submitted to dealing with financial business.
3. **CHOOSE** extra activities carefully to avoid conflict with responsibilities. For instance, as a delegate I may attend cultural classes on Wednesday and Thursday (unless serving on a committee), but need to be at business meetings all day Friday and Saturday.
4. **ENJOY** special activities, speakers, and cultural classes before the district lodge meeting (Wednesday and Thursday) and activities each evening.
5. **SHOW UP** and attend all business sessions.
6. **LISTEN** to reports and proposals.
7. **ASK** questions. Take an active part in decision-making.
8. **VOTE**.
9. **OPTIONAL** "responsibility": **CELEBRATE** at the banquet Saturday night with lively Scandinavian music by a well-known professional duo and enjoy the presentation of District and International awards.
10. **ACCEPT** any awards my lodge earned and present them to my lodge.
11. **SHARE** experiences and ideas with my lodge.

Sons of Norway Foundation Grants- Due December 31 Heritage and Culture grants- <https://www.sofn.com/foundation/grants/>

The Sons of Norway Foundation distributes over \$30,000 in grants every year. We're dedicated to empowering youth and supporting Nordic cultural projects throughout your communities.

Applications for our Helping Hands to Member grants are open year-round. For all other grant opportunities, We will begin accepting applications on October 1, 2023, for programs/projects taking place between January 2024 and March 2025.

Heritage and Culture Fund

[Community Partnership Grant](#)

[Lodge Heritage and Culture Grant](#)

[Lodge Vitality Grant](#)

Humanitarian Fund

[Helping Hands to Children Grant](#)

[Helping Hands to Members – Disaster Relief Grants](#)

[Helping Hands to Members – Medical Relief Grants](#)

Please contact foundation@sofn.com with any questions or for more information.

Some updates from District Secretary Darlene Arneson

- We received Tom Boudreau's resignation from the board due to health issues. His alternate (specific in that zone) is Susan Boudreau and she declined due to health issues. We will reach out to the other zone alternate to see if he will serve the remainder of the biennium.
- The board will be sending the bylaw change in regard to District Board positions. I hope to have it in the mail within the week.
- We have the stamping fundraiser workshop in Stoughton on January 6. We hope that you can help promote this to others who might be interested in attending.
- I have a few district fundraising items (medium sweatshirts, flag pins, flags, books) that we'd love to sell. Please contact me if interested.
- A reminder that officer elections are due December 31. I'll be sending out reminders and updates this week when I cross check what has come in vs who needs to report yet.
- I have to try the new EXCEL tracking system in how we report volunteer hours. Once I get it figured out, I'll do a short "how to" video and then host a call for those wanting help.
- We are encouraging you to consider being an advertiser or sponsor for the 2024 convention. Please share the forms with any businesses, groups or others that may benefit from this opportunity to promote their business or group. Individuals can also be sponsors or advertisers. We are also looking for vendors for the convention in Indianapolis.
- Lots to do and I'm hoping my "koselig time" between Christmas and New Years helps me tackle my long to-do list and piles in my office!

Have a blessed Christmas and a great New Year. Thanks for all that you do for your local lodges!

Darlene

Deadlines and Dates! Changes in red!

December 31

- Lodge Officer Update/D63 information is due to Membership Services at Sons of Norway Headquarters.
- Any new members joining online must sign-up to be included in year end totals.
- Application deadline for:
 - Lodge Helping Hands to Children Grant
 - Lodge Culture and Heritage Grant
 - Lodge Vitality Grant

January 6- Card/Stamping workshop in Stoughton

January 15

Deadline — International travel scholarship applications due to Sons of Norway Foundation:

- Douglas Warne – Rolf & Wenche Eng Scholarship
- Helen Tronvold Folk High School Scholarship
- Lund Fund Scholarship
- Oslo International Summer School Scholarship

January 20- Viking photos due to LaVonne Wier

February 15

Deadline — Domestic scholarship applications due to Sons of Norway Foundation:

- Astrid G. Cates Scholarship
- Bernt Anker Scholarship
- Dan and Betty Rude Scholarship
- King Olav V Norwegian-American Heritage Scholarship
- Myrtle Beinhauer Scholarship
- Nancy Lorraine Jensen Memorial Scholarship
- Orel and Marie Winjum Memorial Scholarship
- Elaine Nelson Scholarship
- District 4 Scholarship
- Nordkap Lodge 3-215 Scholarship
- Sissel and Roger Espeland Memorial Scholarship Fund

February 20- Viking photos due to LaVonne Wier

March 15

- D17 financial form is due from the lodges and districts to Sons of Norway Headquarters.

- Lodge Achievement and Family Lodge of the Year forms are due to Membership Services at Sons of Norway Headquarters.
- Community and Fraternal activities and hour totals, using AFA Year-end report form or online reporting at Fraternalsgive.org, are due to Membership Services at Sons of Norway Headquarters.
- D64 Lodge Property Officer forms are due to Sons of Norway Headquarters.
- Deadlines for Lodge Achievement, Family Lodge of the Year and AFA Reporting.

March 20- Viking photos due to LaVonne Wier

April 20- Viking photos due to LaVonne Wier

May 1

- **Deadlines for convention vendor applications, sponsorships, Well Wishers, and ads.**

May 15

- D18 property association financial form is due from the lodges to Sons of Norway Headquarters.
- IRS filing deadline for tax form 990. Lodge treasurer needs to notify Sons of Norway Headquarters when 990 has been submitted.

*Insurance membership with Sons of Norway required

**Membership with Sons of Norway required (social or insurance)

May 19- District Sports Challenge Ends

May 19- Deadline to reserve rooms under the room block for the District Convention at convention rates

May 20- Viking photos due to LaVonne Wier

June 20- Viking photos due to LaVonne Wier

Who to contact at the home office when you need help

- You can email cbs@sofn.com for any member updates that need to be made.
- For anything fraternal- Connie O'Brien (COBrien@sofn.com) or Amy Tuchenhagen (ATuchenhagen@sofn.com). Sherry Gorse is no longer employed at Sons of Norway.
- For matter like submitting a death, a change to a members address or other info please email cbs@sofn.com
- For issues with passwords or website use ithelp@sofn.com.
- The 800 number to call in for member support is 800-945-8851
- If you need something related to sales, you can use sales@sofn.com

Viking Chest / Immigrant Trunk Schedule

Oct 2023 to Apr 2024:

Chest--zone 6

Trunk--zone 5

Apr 2024 to Oct 2024

Chest--zone 2

Trunk--zone 1

Oct 2024 to April 2025

Chest--zone 3

Trunk--zone 4

Note:

- Check correspondence from the International and District and the International (www.sofn.com) and District (www.sonsofnorway5.com) websites for any updates and changes.
- Additional deadlines for the District 5 and International Conventions/Lodge Meetings will be added as those dates are established. Watch for future mailings and the District 5 website.

Compiled by Darlene Arneson, SN District 5 Secretary (arnesonfamily5@gmail.com or 608-873-7209)

FFFN Basics

In an attempt to help our lodge leaders become more familiar with resources, changes, deadlines and other information, I will compile a weekly "Friendly Fifth Friday News" email to our leadership. Some of the information you might already have, but hopefully it will be a good reminder for all of us (me included) of all the great resources that Sons of Norway has to offer. **Please feel free to cut and paste any of this information for your lodge's use!**

Send all web posting info and calendar dates/events directly to our webmaster at inputd5@sonsofnorway5.com

With our new arrangement, I actually send the FFFN pdf to our webmaster on Thursday morning before I go to work. So if you have anything you'd like me to consider putting in, please send it by 4 am on Thursday morning. Please do not send pdf's as I have a hard time cutting and pasting them. The Word Document works best for me. Don't forget that lodge events should be submitted to inputd5@sonsofnorway.com as I have a hard time keeping track of all lodge activities. I'll put some in but that is more the role of the website event calendar.

If you would like to get the MS Word document, just shoot me an email and I'll add you to the list. I send it out right after I send the email to the large group.

Darlene Arneson – arnesonfamily5@gmail.com