

## Friendly Fifth Friday News December 16, 2022

**Send all web posting info and calendar dates/events directly to our webmaster at [inputd5@sonsofnorway5.com](mailto:inputd5@sonsofnorway5.com). Feel free to share this with your lodge members!**

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### **Barnebirkie Plans!**

#### WISCONSIN BARNEBIRKIE 2023 COOKIES AND VOLUNTEERS WANTED!

As of this date, the Hayward Birkie Foundation is planning a Barnebirkie that will look more usual with the event being held on Thursday, February 23, 2023. A Celebration Cookie Tent is in the plans with Sons of Norway District 5 providing cookies for the young skiers Thursday morning. Details below. We have also reserved a table in the Expo Center to provide cookies and coffee for the adult attendees. We need volunteers for the tent Thursday morning and also for volunteers to keep coffee flowing in the Expo on Thursday and Friday during the day. We can divide the Expo into 2 shifts if necessary. If you are interested, please contact Robert Fossum at [robertfossum@gmail.com](mailto:robertfossum@gmail.com), or 715.924.4111 or text me at 715.6422872 as soon as possible. We are asking Lodges to contribute cookies homemade or purchased without nuts to prevent nut allergies. Healthy oatmeal, lower-sugar or gluten free type cookies for the Barnebirkie and Expo are sometimes requested. They usually have over 900 barnebirkie skiers so we need lots of cookies for the Barnebirkie and many cookies at the registration area at the EXPO Center.

Colleen Graham, Barnebirkie Finish Line Chief, knows that Sons of Norway will provide cookies and send a crew to serve cookies for the event. The details are as follows. Race day is Thursday, February 23. The first of three waves starts at 11:30 so we would expect to start seeing skiers in the tent by 11:45. Most likely all will have been through the tent around 1:00.

Volunteer cookie crew members must register in order to participate. The volunteer website can be found at <https://birkie.volunteerlocal.com/volunteer/?id=69124> and the password 23BarneFinish needs to be entered in order to see the Barnie slots. Please, if you plan to be on the cookie crew, enter your info and complete the waiver at your earliest convenience. The Birkie office orders lunches based on volunteer sign-ups.

Robert Fossum: D5 Sports Director

## **Filling the Task Force- are you or your members interested?**

From Darlene Arneson- chair

### **Our Timeline**

December 20- fill the task force list

January 1- Plan an orientation meeting for early January

January – March- Task force reaches out to the District gaining insight through a variety of methods- surveys, calls, in-person inquiries and more. We encourage the Task Force to reach out to other Districts to see how they are organized.

April- First report to the District Board

May – August- Continue Task Force Outreach to develop a report and action plan for the October board meeting

After October- if there is a plan to take to the District 5 Lodge members (delegates who served in Middleton), then that will need to be done

### **How to be a part of it!**

If you would like to be a part of this task force or have suggestions for names, please send them to President Cheryl Wille-Schlesser at [cwschlesser200bc@gmail.com](mailto:cwschlesser200bc@gmail.com) .

If you have suggestions for the Task Force (but don't want to serve on it), watch for their outreach and you can also send suggestions to either Cheryl or committee chair, Darlene Arneson, at [arnesonfamily5@gmail.com](mailto:arnesonfamily5@gmail.com).

Categories	Name	Lodge	Email
Past leaders			
Present leaders			
Younger members			
"Seasoned" members			
Men			
Women			
Younger members (under 25)			
IP Representative			
Zone 1			
Zone 2			
Zone 3			
Zone 4			
Zone 5			
Zone 6			
Central			
Spirit of the New Century			

## **Get those D63 Officer Election Forms Done by December 31**

Next week, Darlene will send out an update on what lodges have filed the form electronically! Don't be on the "naughty list". Remember, you have to submit the report even if your lodge doesn't elect officers this year. Just hit the "no changes" tab and you'll be done!!

Dear Lodge Secretaries,

It is time to update your lodge officer rosters for 2023!

To record your new officers or to let us know there are no changes, please sign on to [www.sofn.com](http://www.sofn.com) with your username and password:

1. Once you have signed on, click on the word 'Profile' at the top of the page to enter your membership profile.
2. On your membership profile, Click "Lodge Officer Updates"
3. Click 'Change Meeting Information' if the location or time of your meetings will change for 2023.
4. Click 'Officers' to change your officer roster. You will need member numbers for new people taking over offices in 2023.
5. IF you have no changes click 'No Changes for Upcoming Year'.
6. If you are adding a new officer position, for example if you didn't have a Youth Director in 2022 but WILL have a Youth Director in 2023, click 'Add a New Position'. Then choose the title and add the member number for the person taking on the new office. Click Submit. Then click, Save the Changes.
7. If you are removing a position for 2023, click the box 'Remove this position' under the title of the office.
8. To record the new member holding an officer for 2023, type their member number in the Officer Member No. box. Add all the new officers before going to the next step. The names will NOT change on the screen in front of you.
9. Click 'SUBMIT CHANGES'
10. Click 'Save the Changes'.

The new changes will not go into effect until 01/15/2023. If you need to make changes that will go in place immediately, please contact Sons of Norway Headquarters.

If you need to make changes to officers' addresses, phone numbers or emails, please also contact Headquarters.

For help or questions, contact Sherry Gorse at 612 821 4643 or [fraternal@sofn.com](mailto:fraternal@sofn.com)

### **Sherry Gorse**

Lodge Support Services

Direct 612.821.4643 | Fax 612.827.0658 [fraternal@sofn.com](mailto:fraternal@sofn.com)

1455 W Lake St, Minneapolis, MN, 55408

612-827-3611

800-945-8851

The Sons of Norway Foundation has played a crucial role in our community since 1966. With generous support from our donors, we provide scholarships for higher education, distribute humanitarian aid, and promote and preserve Norwegian culture. Our mission is to share and preserve our Nordic heritage, positively affect our members' lives, and make Sons of Norway communities better places to live.

**We hope that you will join us in this Mission by contributing to the membership-wide fundraising campaign, “Together We Are The Future.” Your donation, no matter the size, is valued and will make a difference immediately!**

Don't just take our word for it, though. In the words of 2021 King Olav V Scholarship winner Olivia Helland, “I cannot thank you enough for your generous contributions towards this scholarship which has meant more than you can imagine to me. I spent this past semester in Bø, Norway studying Outdoor Leadership through experiential learning in overnight skiing and kayaking trips. During this time, I have been able to expand my love for the outdoors, gain a new perspective on environmental education, deepen my Norwegian roots, and create lifelong connections with people from all around the world. These memories will stay with me forever.”



*2021 King Olav V Scholarship winner Olivia Helland*

Please consider donating to the Sons of Norway Foundation online before the end of the year and assisting more members like Olivia.

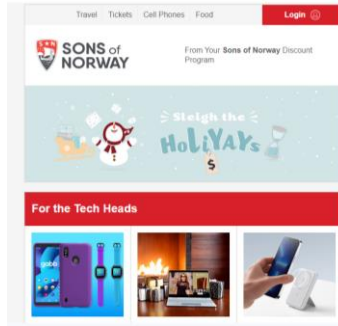
**[DONATE NOW!](#)**

Tusen Takk,

*Emily Stark*

Foundation Development Manager

## Are you using the Perk Spot Member Benefit for your shopping?



### PerkSpot

By visiting Sons of Norway's exclusive [PerkSpot portal](#) you can start saving today on products and services, like travel, clothing, food, entertainment and electronics. But that's not all! Every month new discounts are added to enhance the benefit and, once you create your account, the discounts you see will be tailored to the area in which you live!

## PerkSpot: A SN Member Benefit

PerkSpot, a one-stop shop for member discounts, which greatly expands our membership benefits.

Now, when you are out recruiting, you can tell prospective members that joining Sons of Norway means gaining access to thousands of discounts from hundreds of local and national retailers. What's more, the discounts they receive will be tailored to where they live as well as their preferences.

Now, when you approach a prospective member, you may want to add something like this to your recruitment script:

*Do you love to travel? Sons of Norway members enjoy more than 50 different discounts on airfare, rental cars, hotels, and travel insurance. Do you have an active lifestyle? Joining Sons of Norway now means you can access discounts on health clubs, sporting goods and fitness equipment. Or maybe you prefer to relax at home? Then you'll love our discounts on garden & patio items, home décor, and bed & bath products.*

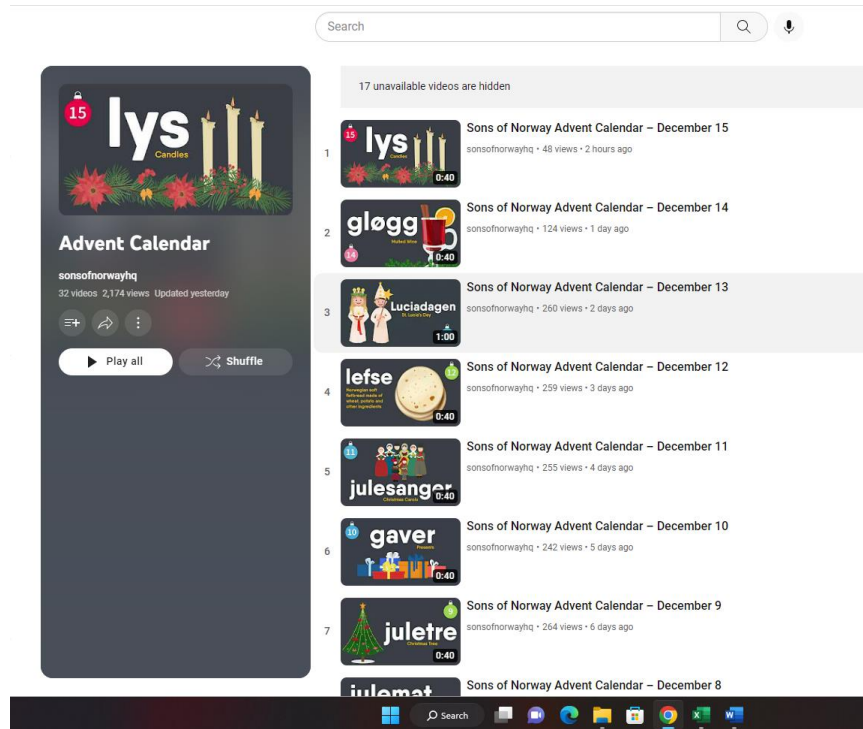
Taking advantage of these wonderful discounts is easy. All you have to do is visit [Member Discounts](#) to learn all about the new benefits offered via [PerkSpot](#). But in order to have access, you need to be a member.

Now, if you would like to use this new partnership to help recruit new members into your lodge, **click here** to download a flyer that you can print out and have available at events, recruitment dinners or just to keep handy in case someone wants to learn more about the benefits of Sons of Norway membership.

In the meantime, we encourage you to explore the [Sons of Norway PerkSpot](#) portal and learn about all the great discounts that are available in your community. And don't forget—PerkSpot plans to add new discounts every month, so if you don't see something you are looking for yet, keep checking back. Or send us an [email](#) about which products/services you'd like to receive discounts on.

## Advent Calendar- Share with your members!

<https://youtube.com/playlist?list=PLJAn1AfEnOp4HMd43JXMu-gS-iLlc0yBZ>



## Deadlines and Dates! **Changes in red!**

- December 31- D63 Officer Election reports due to International or online
- January 10- Photo submissions for the Viking to LaVonne Wier at [2nor1rus@gmail.com](mailto:2nor1rus@gmail.com)
- February 3- Zone 3 meeting in Monroe
- February 10- Photo submissions for the Viking to LaVonne Wier at [2nor1rus@gmail.com](mailto:2nor1rus@gmail.com)
- March 10- Photo submissions for the Viking to LaVonne Wier at [2nor1rus@gmail.com](mailto:2nor1rus@gmail.com)
- April 10- Photo submissions for the Viking to LaVonne Wier at [2nor1rus@gmail.com](mailto:2nor1rus@gmail.com)
- April 14-16- Spring District 5 Board Meeting in southern Illinois
- May 10- Photo submissions for the Viking to LaVonne Wier at [2nor1rus@gmail.com](mailto:2nor1rus@gmail.com)
- June 10- Photo submissions for the Viking to LaVonne Wier at [2nor1rus@gmail.com](mailto:2nor1rus@gmail.com)
- July 10- Photo submissions for the Viking to LaVonne Wier at [2nor1rus@gmail.com](mailto:2nor1rus@gmail.com)

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## Viking Chest / Immigrant Trunk Schedule

Oct 2022 to Apr 2023:

Chest--zone 1

Trunk--zone 2

Apr 2023 to Oct 2023:

Chest--zone 4

Trunk--zone 3

Oct 2023 to Apr 2024:

Chest--zone 6

Trunk--zone 5

Apr 2024 to Oct 2024

Chest--zone 2

Trunk--zone 1

Oct 2024 to April 2025

Chest--zone 3

Trunk--zone 4

### **Note:**

- Check correspondence from the International and District and the International ([www.sofn.com](http://www.sofn.com)) and District ([www.sonsofnorway5.com](http://www.sonsofnorway5.com)) websites for any updates and changes.
- Additional deadlines for the District 5 and International Conventions/Lodge Meetings will be added as those dates are established. Watch for future mailings and the District 5 website.

Compiled by Darlene Arneson, SN District 5 Secretary ([arnesonfamily5@gmail.com](mailto:arnesonfamily5@gmail.com) or 608-873-7209)

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### **FFFN Basics**

In an attempt to help our lodge leaders become more familiar with resources, changes, deadlines and other information, I will compile a weekly "Friendly Fifth Friday News" email to our leadership. Some of the information you might already have, but hopefully it will be a good reminder for all of us (me included) of all the great resources that Sons of Norway has to offer. **Please feel free to cut and paste any of this information for your lodge's use!**

**Send all web posting info and calendar dates/events directly to our webmaster at [inputd5@sonsofnorway5.com](mailto:inputd5@sonsofnorway5.com)**

With our new arrangement, I actually send the FFFN pdf to our webmaster on Thursday morning before I go to work. So if you have anything you'd like me to consider putting in, please send it by 4 am on Thursday morning. Please do not send pdf's as I have a hard time cutting and pasting them. The Word Document works best for me. Don't forget that lodge events should be submitted to [inputd5@sonsofnorway5.com](mailto:inputd5@sonsofnorway5.com) as I have a hard time keeping track of all lodge activities. I'll put some in but that is more the role of the website event calendar.

If you would like to get the MS Word document, just shoot me an email and I'll add you to the list. I send it out right after I send the email to the large group.

Darlene Arneson – [arnesonfamily5@gmail.com](mailto:arnesonfamily5@gmail.com)