

Friendly Fifth Friday News December 16, 2016

In an attempt to help our lodge leaders become more familiar with resources, changes, deadlines and other information, I will compile a weekly "Friendly Fifth Friday News" email to our leadership. Some of the information you might already have, but hopefully it will be a good reminder for all of us (me included) of all the great resources that Sons of Norway has to offer. **Please feel free to cut and paste any of this information for your lodge's use!**

Darlene Arneson, District 5 Secretary

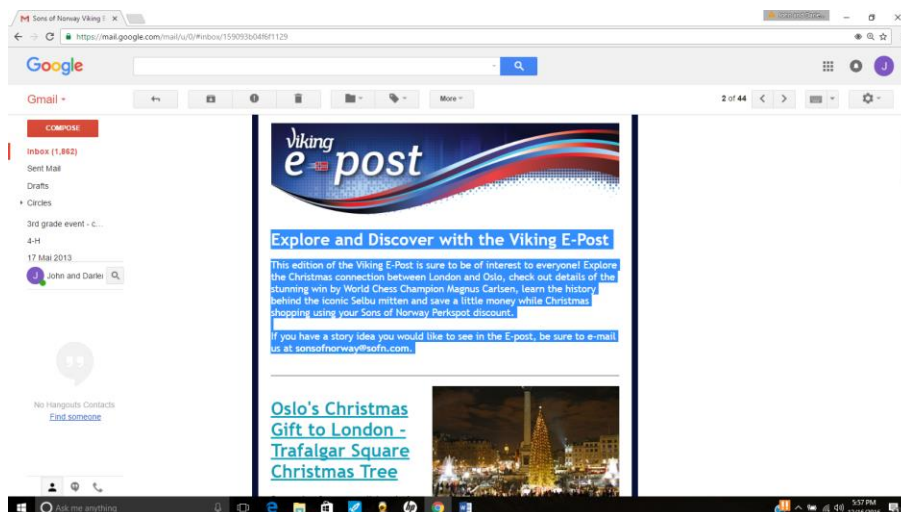
Not getting the Viking e-Post?

The reason might be that your membership information isn't up-to-date! Please go to the Member's Only Section and check your profile to make sure that your contact information is current! All members with email addresses should be getting the Viking e-Post!

Explore and Discover with the Viking E-Post

This edition of the Viking E-Post is sure to be of interest to everyone! Explore the Christmas connection between London and Oslo, check out details of the stunning win by World Chess Champion Magnus Carlsen, learn the history behind the iconic Selbu mitten and save a little money while Christmas shopping using your Sons of Norway Perkspot discount.

If you have a story idea you would like to see in the E-post, be sure to e-mail us at sonsofnorway@sofn.com.



Too snowy and cold to be outside! Bake for Barnebirkie!

Cookie Call!

Cheryl Wille-Schlesser, District 5 Youth Director



Since 1973, Hayward, WI has hosted the American Birkebeiner Ski Race, the granddaddy of all cross country events in America. Over the course of time, different sponsors have been involved, including the Sons of Norway International. Not seen as a profitable venture, the Sons of Norway discontinued its relationship with the event, but the 5th District of the Sons of Norway stepped forward to continue a time-loved tradition of providing cookies for the Barnebirke, the children's ski race, which is held on Thursday of *Birkie Week*, in 2017, February 23rd.

Partnered with Swiss Miss, children and their families enjoy a wonderful cup of hot chocolate and a cookie or two provided by our generous members. Remaining cookies are taken to Hayward High School where the elite skiers gather to pick up their bibs, timing devices, and other supplies. The adults I have met are also thankful for our efforts and some have said, "This is the best part of the Birkebeiner for me!" Coffee is also sold at the high school, contributing some additional funding to the District 5 treasury.

Cookies come to the Barnebirke from lodges throughout District 5 and from as far away as lodges in Indiana via District 5 President Andrew Johnsen. Our cookie goal is 1,000 dozen of cookies, but that total was lacking last year. Some lodges sent a monetary donation, instead of cookies, if their numbers are few or their members unable to help with this project. Before set out, the cookies are counted by the Recreation Director, and a proper report can be made.

Cookies from Southern Wisconsin are gathered and taken to the Barnebirke by members from Idun and Vennelag Lodges. There are a few things to keep in mind when preparing cookies for the event. Please do not use nuts or peanut butter in your cookies, due to allergic reactions some children have today. The serious skiers prefer wholesome cookies made from grains such as oatmeal. Spice cookies are a hit, as are the old-fashioned molasses cookies. Traditional varieties are also enjoyed such as chocolate chip and sugar cookies

I hope that your lodge will be able to assist with our cookie collection this year! If you have further questions about this heartwarming event, don't hesitate to contact me.

Thank you!

Cheryl Wille-Schlesser

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Christmas in Norge, God Jul!

- ♣ Norwegian homes have trees decorated with julekurver-woven heart baskets and streamers of Norwegian flags.
- ♣ Gifts are exchanged on Christmas Eve.
- ♣ Children believe the Julenissen (Santa) or another helpful nisse delivers the gifts.
- ♣ A sheaf of wheat called a julenek is often left outside for the birds to eat.
- ♣ Rice porridge is left for the nisse whose job it is to guard the farm animals.
- ♣ Candles are lit on Christmas Eve and can be seen burning until New Year's Day.
- ♣ Christmas celebrations began in Norway between the years of 1000 to 1100 AD when Christianity arrived in Norway.
- ♣ Previously homage was paid to the old Scandinavian gods. The people celebrated jul in the middle of winter-a celebration of the past harvest and a time to look forward to spring.
- ♣ Much juleøl (beer) was brewed and enjoyed. Nisseøl is made at home, most often sans alcohol.
- ♣ Each year a huge Norwegian pine is sent to the UK to honor the British for their help during WWII. The tree stands in London at Trafalgar Square.
- ♣ One baking tradition is to make "sju slag" seven different types of cakes.
- ♣ A special rice porridge (risgrøtkrem) is eaten on Christmas Eve either as a meal at lunchtime or at dinner. The person who finds a whole almond in the porridge wins a special prize-a pink or white marzipan pig! SOURCE: *WhyChristmas.com*

 A little holiday humor...

WHAT DOES SANTA SUFFER FROM WHEN HE GETS STUCK IN THE CHIMNEY?
Claustrophobia

WHAT DO REINDEER HANG ON THEIR CHRISTMAS TREES?
Hornaments

WHY ARE CHRISTMAS TREES SUCH BAD SEWERS?
The always drop their needles!

WHICH OF SANTA'S REINDEER NEEDS TO BE REMINDED OF HIS MANNERS
Rude-olf!

WHAT DO SHEEP SAY AT CHRISTMASTIME?
Wool-tide bleatings or Merry Christmas to ewe!

When those college and high school students are home on break.....

Don't forget that there are new due dates for many of the Sons of Norway Foundation grants and scholarships. On January 2, a number of the scholarship are due so when those students come home, have them check the website to see if they qualify for any and then get them completed!

January 2 - SN Foundation **Scholarships -King Olav V Scholarship, Oslo International Summer School, Helen Tronvold Norwegian Folk High School Scholarship, Lund Fund Scholarship and Warne-Eng Scholarship** all due.

Check out the details at: <https://www.sofn.com/foundation/scholarships/> (you have to log in!)

King Olav V Scholarship

King Olav V of Norway gave his permission to the Sons of Norway Foundation to use his name in establishing a fund to be known as the "King Olav V Norwegian-American Heritage Fund." Its purpose is to fund activities in which the American and Norwegian heritages are explored, studied and shared by qualified scholarship recipients. Endowment money has been raised by selling medallions and securing gifts from Sons of Norway members.

Oslo International Summer School

The Sons of Norway Foundation offers two scholarships to Oslo International Summer School annually. Each of the two scholarships is for \$1,500. The Sons of Norway Foundation general fund supports this scholarship through donations from our generous members, lodges and friends.

Helen Tronvold Norwegian Folk High School Scholarship

The Sons of Norway Foundation Helen Tronvold Norwegian Folk High School Scholarship, established in 2005, supports the Sons of Norway Foundation's objective of providing cross-cultural experiences for youth. Helen Tronvold remembered Sons of Norway youth with a special bequest in her will that is a major source of funding for this scholarship. Sons of Norway members also donate to the fund to help it grow.

Lund Fund Scholarship

The Sons of Norway International Board of Directors established the Lund Fund of the Sons of Norway Foundation in 2010 as a tribute to former Chief Executive Officer, John Lund and former Legal Counsel of Sons of Norway, Allan Lund, for their combined forty years of outstanding service and dedication. The Lund family has chosen to use this scholarship fund for study abroad experiences through accredited, post high school, educational institutions. No preference shall be given based on the country selected for the study abroad experience. Special consideration shall be given to military veterans.

Warne-Eng Scholarship

The Douglas Warne – Rolf & Wenche Eng Scholarship creates an opportunity for qualified applicants to attend educational institutions in Norway and assists with the costs of tuition, room and board. This scholarship is endowed and funded by Douglas Warne in honor and remembrance of his experiences at the University of Oslo, International Summer School and the friendship and assistance provided by the Rotary and the Rolf and Wenche Eng family during that school year and subsequent visits to Norway. Both affected his choices in life and in his profession. In 2013, Mr. Warne marked being active in his local Scandinavian Community for more than 50 years. He is past president of the Norwegian Commercial Club, Leif Erikson Lodge of the Sons of Norway, secretary of Leif Erikson Recreation Board and a member of the Board of Governors of the Sons of Norway Foundation.

2016-2018 Biennium District 5 Lodge Calendar and Other Deadlines

Last updated November 11, 2016

January 2017

- January 2 - SN Foundation **Scholarships -King Olav V Scholarship, Oslo International Summer School, Helen Tronvold Norwegian Folk High School Scholarship, Lund Fund Scholarship and Warne-Eng Scholarship** all due
- Install officers
- Member submit volunteer hours to lodge secretary
- January 1- District Bowling Tournament begins and ends April 30

February 2016

- February 1- Deadline for **LA** and **FLAF** forms (see February)- send to International Office (NEW- this is a date change and also a change that they are NO LONGER SENT to the zone directors)
- February 1- Updates for FraternalGive.org should also be completed (NEW)
- February 1- New form for lodges who do not use FraternalGive.org to record their activities. It is the American Fraternal Alliance (AFA) Year End Report. It is also due to the International Office. (NEW)
- Complete lodge financial audit so the **D17– Financial Report** can be finished by March 1
- Elect District Convention Delegates in even years
- **No date yet-** Wisconsin Regional Ski for Light - Rosholt, WI
- February 22- (Wednesday) Volunteer dinner for Barnebirkie volunteers, cookie exchange and tally, Cookie goal :1,000 dozen cookies

- February 23 (Thursday) Barnebirkie Race in Hayward, WI, Volunteer meal provided in the PM

March 2017

- March 1 – SN Foundation **Astrid G. Cates & Myrtle Beinhauer Scholarships** due
- March 1- Deadline for **D17 Financial Report** – send to International
- March 15- District Scholarship Applications due
- March 18- Zone 3 meeting hosted by Vakkertland Lodge – Mauston
- March 31- Chili Cook off information and pictures due to Sports Director Michaela Decker

April 2017

- April 1 - **Nancy Lorraine Jensen Memorial Scholarship** due
- April 7-8- District 5 Board Meeting in Stoughton, WI
- April 30- District Bowling Tournament Ends. Send forms in by May 10 to District Sports Director

May 2017

- May 10- Bowling forms due to District Sports Director
- May 15- Deadline for filing the **990 form**
- May 17- Early registration deadline for **Masse Moro Norwegian Heritage Camp** to qualify for additional deductions in the cost of camp from the Draxten Fund.

June 2017

- June 27- Balance due for **Masse Moro Norwegian Heritage Camp** registrations.

July 2017

- July 16-29 - **Masse Moro Norwegian Heritage Camp** - Beaver Creek Reserve - Eau Claire, WI

Note:

- **Check correspondence from the International and District and the International (www.sofn.com) and District (www.sonsofnorway5.com) websites for any updates and changes** Additional deadlines for the District 5 and International Conventions/Lodge Meetings will be added as those dates are established. Watch for future mailings and the District 5 website.
- The District 5 Convention will be June 27-July 1, 2018 at Hotel Radisson in La Crosse, Wisconsin.
- The International Sons of Norway Convention will be August ____ in Minneapolis, MN.

Compiled by Darlene Arneson, SN District 5 Secretary (arnesonfamily5@gmail.com or 608-873-7209)