

Friendly Fifth Friday News

December 13, 2019

Send all web posting info and calendar dates/events directly to our webmaster at inputd5@sonsofnorway5.com

Christmas and Winter Program Ideas and Resources

Start with the Idea Bank-

https://www.sofn.com/member_resources/cultural_programming/idea_bank/

Our Idea Bank is a great resource when it comes to providing fresh, fun and engaging activities for members of all ages.

Want to download an overview of this page and all the program ideas? Get it here.

Children and Youth

Look here for program ideas developed especially for youth.

#40 Manual for Planning a Barneløpet- Planning a children's ski race

- [Barneløpet Risk and Release Form](#)
- [Barneløpet Supplies Order Form](#)

Festivals and Special Events

Looking to host a large-scale event that could become the highlight of the year? We've got ideas right here.

#15 Santa Lucia Service

#27 Winter Games – weekend festival

Skits

Skits are a popular way to get your members actively involved in lodge programs –some of the options here were written by other Sons of Norway members.

#26 Christmas Memories – a lodge play

#29 The Troll & the Leprechaun Skit

#34 About Nisse & Other Matters Skit

#35 Christmas in Norway – script & songs

Then Check the Information Bank-

https://www.sofn.com/member_resources/cultural_programming/information_bank/

These are just some of the cultural topics you can explore in these downloadable pdfs covering various aspects of Norwegian customs and culture. Satisfy your curiosity, incorporate the content into a lodge program or newsletter, or share these topics with children and grandchildren: there's more than one way to enjoy this Sons of Norway cultural resource.

Looking for even more lodge ideas? Be sure to visit [Lodge Programming](#) for mini-

Holidays & Special Events

#204 Norwegian Christmas (Updated 2013)

#216 Norwegian Christmas Carols

Then check Mini Presentations-

https://www.sofn.com/member_resources/cultural_programming/mini_presentations/

Food

#336 Lutefisk

#337 Lefse

#339 Favorite Norwegian Foods

#379 Norwegian Drinks

Holidays

#358 Romjula – The days between Christmas and New Year

Traditions and Activities

#304 Lucia

#340 The Nisse

Looking for Christmas gift ideas?

- ✓ The gift of a SN membership
- ✓ District 5 fundraising items- shirts, aprons, hats, books, pins and flags
- ✓ International's 125th anniversary items
- ✓ A membership to learn about their genealogy through the Norwegian American Genealogy Center and Naeseth Library in Madison, WI
- ✓ A Norsk cooking, baking or cultural class at Vesterheim or other venues near you!



10 Ways to Celebrate the 125th Anniversary at your Lodge

1. Host a contest! In your digital box, you received a coloring page with a picture of the fjords, sailboat, lodge and Norwegian flag. Host a contest for the kids and/or adults to see who colors it best!
2. Throw a big bash and invite your friends and family. Make traditional Nordic cuisine, decorate your lodge, and show your non-member friends how great it is to be a part of Sons of Norway.
 - For recipe inspiration, visit our recipe box here:
https://www.sofn.com/norwegian_culture/recipe_box/
3. Movie night! Play the “History of Sons of Norway” video to learn about how Sons of Norway was started, the evolution and growth of the organization, and what’s in store for the future. Gather everyone in your lodge, get some popcorn and enjoy this 25 minute video.
 - History video can be found here: <https://www.youtube.com/sonsofnorwayhq>
4. Order commemorative merchandise. Order a cake, get a pair of Sons of Norway socks or order t-shirts with the anniversary logo on them.
 - Sons of Norway online store coming out after Labor Day
5. Host a 5K. Invite your lodge members, friends and family to run a 5K in honor of the 125th anniversary. Wave your Norwegian flags as you run!
 - You can order small Norwegian flags here: <https://www.united-states-flag.com/world-norway.html>
6. Ask your Chamber of Commerce to make it the official Sons of Norway day in your town.
7. Host a folk art competition. Have your lodge members bring their proudest art pieces to display at the lodge and make it competitive!
8. Create a time capsule. Make a video or presentation, tape pictures to the walls and display the evaluation of your Sons of Norway lodge.
9. Throw a lodge open house. Invite members of the community to come learn about Sons of Norway and what being a member is all about.
10. Bake off! Have your members bake their favorite Nordic treats and invite friends and family to enjoy.

2019-20 District 5 and International Calendar and Deadlines

(Updated 11-28-2019- changes in red)

December 2019

- D17 and D18 forms, instructions and timeline sent to lodge treasurers.

December 16, 2019

- Application deadline for:
 - Community Partnership Grant applications are due to Sons of Norway Foundation.
- Date that new member applications (paper forms) must be **received** at HQ to ensure processing in time for end-of-year delegate calculation and recruitment challenge recognition. (Online applications may be submitted through December 31.)

December 31, 2019

- Lodge Officer Update/D63 information is due to Membership Services at Sons of Norway Headquarters.
- Last day to enter new membership applications into the database for delegate calculations and 2019 recruitment challenge recognition. (**Paper applications should be received at headquarters by December 15** to ensure adequate time for processing.)
- Application deadline for:
 - - Lodge Helping Hands to Children Grant*
 - Lodge Culture and Heritage Grant*
 - Lodge Vitality Grant*
- Deadline to order Barneløpet supplies.

January 1, 2020

- New dues structure takes effect in Norway and Canada

January 15, 2020

- Deadline — International travel scholarship applications due to Sons of Norway Foundation:
 - Douglas Warne – Rolf & Wenche Eng Scholarship
 - Helen Tronvold Adult Learner Scholarship*
 - Helen Tronvold Folk High School Scholarship**
 - King Olav V Norwegian-American Heritage Scholarship
 - Lund Fund Scholarship**
 - Oslo International Summer School Scholarship**

February 15, 2020

- D17 financial form is due from the lodges to District Presidents.
- Lodge Achievement and Family Lodge of the Year forms are due to Membership Services at Sons of Norway Headquarters.
- Community and Fraternal activities and hour totals, using AFA Year-end report form or online reporting at Fraternalgive.org, are due to Membership Services at Sons of Norway Headquarters.

March 2020

- Fraternal Funds packet is sent to the district treasurers.

March 1, 2020

- Deadline — Domestic scholarship applications due to Sons of Norway Foundation:
 - Astrid G. Cates Scholarship**
 - Bernt Anker Scholarship
 - Dan and Betty Rude Scholarship
 - Myrtle Beinhauer Scholarship**
 - Nancy Lorraine Jensen Memorial Scholarship**
 - Orel and Marie Winjum Memorial Scholarship

May 15, 2020

- Fraternal Funds Report due to Sons of Norway Headquarters
- IRS filing deadline for tax form 990. Lodge treasurer needs to notify Sons of Norway Headquarters when 990 has been submitted.
- D17 & 990 filing deadline for lodges that own property

*Insurance membership with Sons of Norway required

**Membership with Sons of Norway required (social or insurance)

DISTRICT FIVE LODGE MEETING

June 24-28, 2020 at the Radisson Hotel, Grand Canyon Drive, Madison

INTERNATIONAL LODGE MEETING

August 16-23, 2020 in Hamar Norway

Viking Chest Rotation

- The rotation will begin again with this rotation.
- The zone directors are responsible for keeping track of the whereabouts and letting their lodges know that the chest is in their zone for that time period.
- The chest should be brought back to the District Board Meeting to be given to the next zone.

Rotation for sharing the Viking Chest will continue as follows:

- Zone 5 Oct. 2019 - Apr. 2020
- Zone 2 Apr. 2020 - Oct. 2020
- Zone 4 Oct. 2020 - Apr. 2021
- Zone 6 Apr. 2021 - Oct. 2021
- Zone 1 Oct. 2021 - Apr. 2022
- Zone 3 Apr. 2022 - Oct. 2022

Note:

- Check correspondence from the International and District and the International (www.sofn.com) and District (www.sonsofnorway5.com) websites for any updates and changes.
- Additional deadlines for the District 5 and International Conventions/Lodge Meetings will be added as those dates are established. Watch for future mailings and the District 5 website.
- The District 5 Convention will be June 24-28 at the Radisson Hotel, Grand Canyon Drive, Madison hosted by Idun Lodge.
- The International Sons of Norway Convention will be August 16-23, 2020 in Hamar Norway

Compiled by Darlene Arneson, SN District 5 Secretary (arnesonfamily5@gmail.com or 608-873-7209)

FFFN Basics

In an attempt to help our lodge leaders become more familiar with resources, changes, deadlines and other information, I will compile a weekly “Friendly Fifth Friday News” email to our leadership. Some of the information you might already have, but hopefully it will be a good reminder for all of us (me included) of all the great resources that Sons of Norway has to offer. **Please feel free to cut and paste any of this information for your lodge’s use!**

Send all web posting info and calendar dates/events directly to our webmaster at inputd5@sonsofnorway5.com With our new arrangement, I actually send the FFFN pdf to our webmaster on Thursday morning before I go to work. So if you have anything you’d like me to consider putting in, please send it by Wednesday night. Please do not send pdf’s as I have a hard time cutting and pasting them. The Word Document works best for me. Don’t forget that lodge events should be submitted to inputd5@sonsofnorway.com as I have a hard time keeping track of all lodge activities. I’ll put some in but that is more the role of the website event calendar.

If you would like to get the MS Word document, just shoot me an email and I’ll add you to the list. I send it out right after I send the email to the large group.

Darlene Arneson – arnesonfamily5@gmail.com