

Friendly Fifth Friday News
August 28, 2020

Send all web posting info and calendar dates/events directly to our webmaster at inputd5@sonsofnorway5.com

District 5 Zone Alignment Survey- All the details are found at
http://www.sonsofnorway5.com/board_of_directors/directors_messages.php

Please send responses by September 1, 2020 to Darlene Arneson
(arnesonfamily5@gmail.com) or 2056 Skaalen Road, Stoughton, WI 53589

Rank from 1-5 (1- your favorite, 5- least favorite) options

- ___ Option 1
- ___ Option 2
- ___ Option 3
- ___ Option 4
- ___ Leave them the same as they are now

Comments and observations about each option. Also include if you think it would be hard to find eligible directors and alternates for the board from these options.

Option 1-

Option 2-

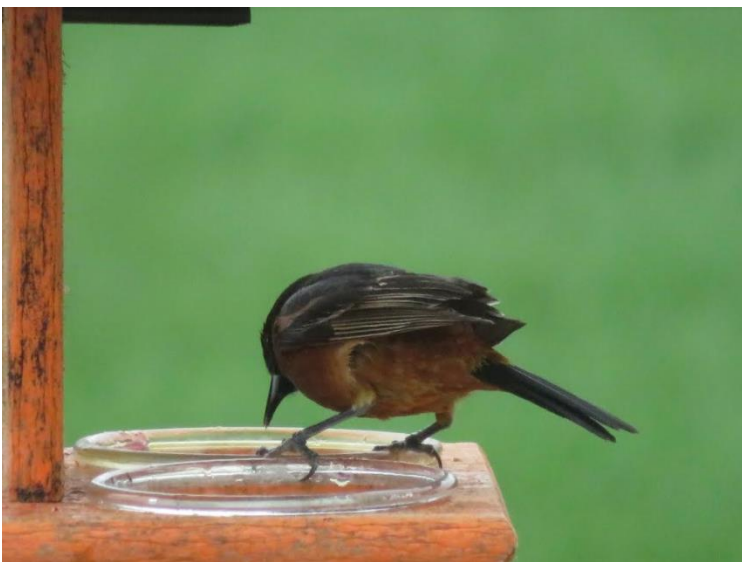
Option 3-

Option 4-

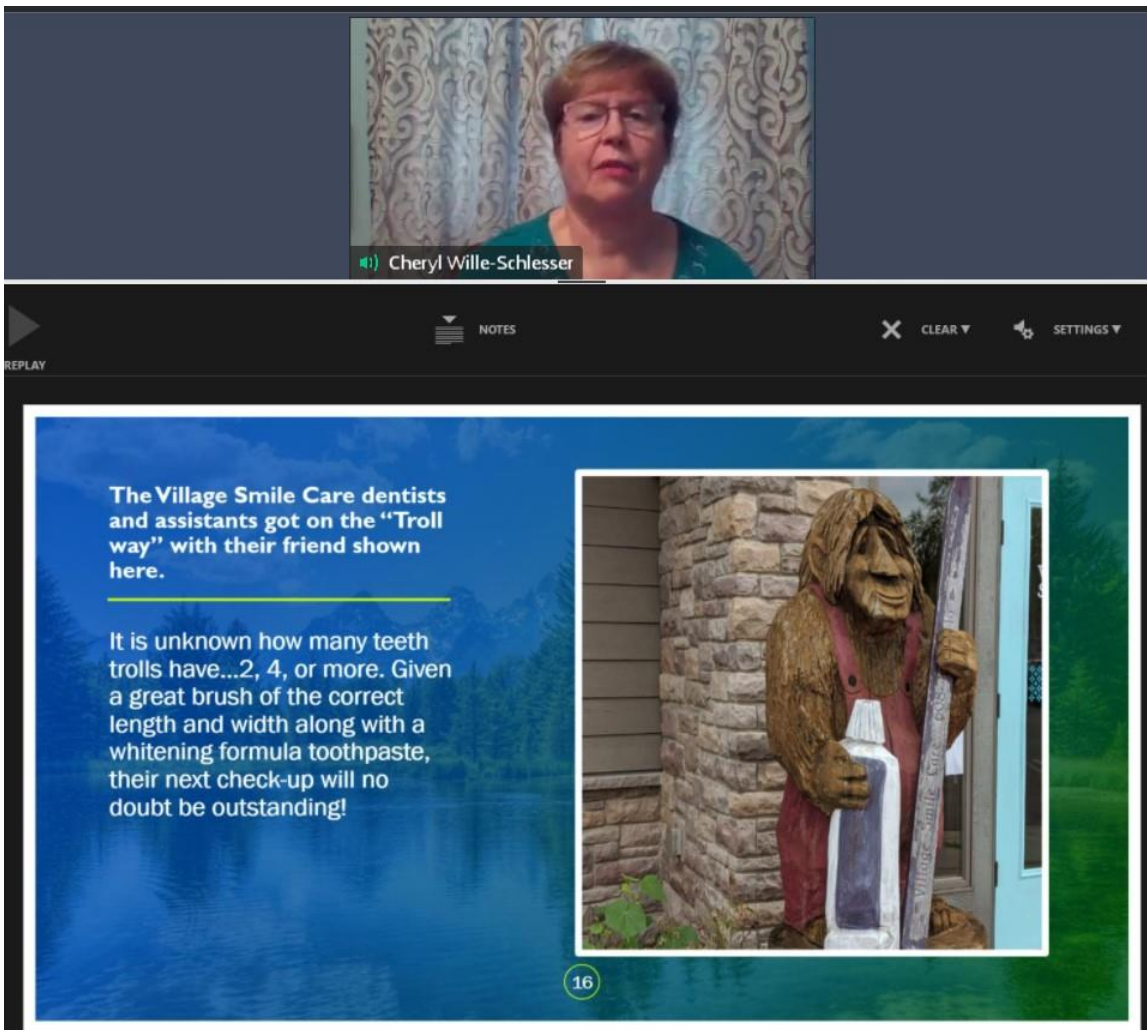
Leaving them the same-

What are your concerns, needs, ideas for improving our zones, zone meetings, activities and lodge support?

The Bird Watching Continues- Sandra Olson's pictures!



Nordic News this week...




Cheryl Wille-Schlesser

REPLAY NOTES CLEAR SETTINGS

The Village Smile Care dentists and assistants got on the “Troll way” with their friend shown here.

It is unknown how many teeth trolls have...2, 4, or more. Given a great brush of the correct length and width along with a whitening formula toothpaste, their next check-up will no doubt be outstanding!

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Last week's "Nordic News" featured Cheryl Wille-Schlesser in, "[Mount Horeb WI – Troll Capital of America.](#)" Wille-Schlesser is a member of Vennelag lodge in Mount Horeb WI and District 5 vice president.

Many Mount Horeb residents are of Scandinavian descent. The first carved trolls were brought from Norway to Mount Horeb in 1976 by George and Janice Sievert. When a highway bypass was created around Mount Horeb, more trolls were brought in, to make a tourist attraction to encourage visitors to shop and dine in Mount Horeb. Many of Mount Horeb's original wooden trolls have been recreated in resin, to preserve them from weather and aging. In Cheryl's presentation, she shares many stories about Mount Horeb's trolls.

Four D5 Scandinavian Photo Contest winners, who's trolls are featured as jokers in the playing card deck, also talked about their troll entries and the "behind the scenes stories." Those photographers are: Michael Charman (Shawnee Skogen – Carbondale IL), Mark Bjorgo (Fosselyngen – Milwaukee WI), Victor Bekkum (Dovre – Barron WI) and Cheryl Wille-Schlesser (Vennelag – Mount Horeb WI).

The August 18th Nordic News featured Carol Bender of Elvedal – Wisconsin Rapids WI, who talked about her work teaching rosemaling at Masse Moro (lots of fun) youth camp over the past 17 years. As part of weekly Nordic News programs, the audience also did show-and-tell, by holding up their favorite rosemaled items up to their computer cameras and shared comments about their treasures.

Upcoming "Nordic News"

Sept. 1 – TBD

Sept. 8 – Dana Kelly, Norwegian American Genealogical Library

Sept. 15 – Wendy Winkelman, Starting a New Sons of Norway Lodge – One year later

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Tune in at 6:20 PM (Central); 7:20 PM (Eastern) every Tuesday.

By computer: <https://gotomeet.me/SofN-D5>

By phone: 646-749-3112 (access code: 509-077-557)

By iPhone, iPad, or Android tablet/phone: download the GoToMeeting app from the Apple or Google Play Store. Launch the app and enter the meeting code: SofN-D5

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You can watch past episodes of Nordic News at:

http://www.sonsofnorway5.com/programs/speakers_bureau.php

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D5 Scandinavian Photo Contest update...

So far, we have received orders for over 150 of the 1000 decks of the D5 Scandinavian Photo Contest playing cards. The printer says that the cards will arrive soon.

Order form is at the D5 website: http://www.sonsofnorway5.com/financial/district_5_merchandise.php



FROM FORMER DISTRICT 5 SPORTS DIRECTOR, CHERYL WILLE-SCHLESSER

I am happy to report that the members of Polar Star Lodge, Aurora, IL have returned from their walk to Norway. Motivated to keep fit and healthy during this time, they have challenged one another to make a second trip! That's right! They are going again! Many of our members have earned walking medals for their efforts. Some members have earned the medals more than once! With the additions of the new sports medals this year, there will be new goals to attain. Congratulations once again to the energetic walkers in Polar Star Lodge.

**Jerri Lynn Baker
Sports Director**

Additional pictures of their members are below.

Joanie Koehler



Karen Oswald



Nancy Anderson



Our walkers

Tom Harkins
Jim Van Winkle
Al Bergh
Koehler
Carol DeVito

Viola Skogen
Jeri Lynn Baker
Ken Johnson
Kelly Welin
Josie Gehler

Nancy Anderson
Barb Johnson
Richard Vignes
Don Danielson

Ed Hatteberg
Carol Vignes
Phoebe Berg Joanie
Frank Krawczyk



Barb Johnson



Don Danielson



Jeri Lynn Baker

Nancy Anderson is working for the new Idrettshelt medal with her walk to Norway. She had previously earned all levels of Gangmerke before the walk.

Jeri Lynn Baker I had previously earned two complete sets of Gangmerke medals before the walk. I have walked enough "virtual" miles to earn the new Idettshelt medal once and am now working towards earning it the 2nd time for my second set!

Al Bergh Al has ever earned any medals previously. He has earned Bronze and Silver walking this walk.

Phoebe Berg had not participated previously, but she has earned Bronze walking this challenge.

Don Danielson earned Bronze while participating in the virtual walk.

Josie Gehler has walked enough to earn her Silver Gangmerke.

Tom Harkins has walked enough to earn his Bronze Gangmerke.

Ed Hatteberg has earned all levels of the Gangmerke medals and is working towards the new Idrettshelt.

Barb Johnson is working for the new Idrettshelt medal with her walk to Norway miles. She previously earned all levels of Gangmerke previously.

Ken Johnson has earned his Enamel Gangmerke participating in this walk.

Joanie Koehler-has earned a bronze and silver Gangemerke medal.

Frank Krawczyk finished the miles he needed to earn his Enamel Gangmerke with the walk to Norway and is now working towards the new Idrettshelt medal.

Karen Oswald has previously earned all levels of Gangmerke and is working towards the new Idrettshelt.

Diana Raimond has previously earned all levels of Gangmerke and has enough miles to have earned the new Idrettshelt.

Viola Skogen had previously earned Silver Gangmerke. She has earned the Gold while walking the virtual.

Carol Vignes previously earned the Gold level of Gangmerke and walked enough miles to earn Enamel.

Richard Vignes had not earned any medals previous to the start of this walk and has now earned Bronze and Silver Gangmerke.

Kelly Welin has not earned any medals previously. She has earned Bronze and Silver while participating in the virtual walk to Norway.

Attachments area

Social Media use for your lodge- <https://youtu.be/KcVqo3i8vyY>

In this week's video, David Crabb, Fraternal Engagement Manager, discusses the necessity of using social media for your lodge including sharing resources for using social media more effectively.

2020 District 5 and International Calendar and Deadlines

Changes in red!

September 1, 2020

- Responses due to the Zone Alignment Committee

September 2020

- Lodge liability premium sent to all lodge treasurers. This package includes information regarding the coverage, a certificate of insurance for the lodge and an invoice for the lodge's share of the premium.
- September 10 – Foundation Board of Governors applications due. If you are someone who loves nonprofits, governance and your Nordic values, running for a Foundation board position may be a perfect fit!

September 10, 2020

- Lodge photos are due to the District Publicity Director by the 10th of the month for the 'Viking' Magazine consideration in the edition three months out.

October 2020

- Lodge Officer Update/D63 form and instructions is mailed to lodge secretaries.
- The Sons of Norway Foundation portal is available for lodges and individuals to apply for grants and scholarships.
- Lodge Achievement, Family Lodge of the Year and AFA Year-end report forms and instructions is mailed to lodge secretaries.
- Lodge Barneløpet Coordinators are encouraged to contact Sons of Norway Headquarters to discuss plans for anticipated events.

October is Foundation Month

- Help support our grant and scholarship recipients and share your Nordic values by celebrating Foundation month! Please consider a donation directly to the Foundation or plan a fundraising event through your lodge.
- October 1 Grant applications open – Our lodge grants award amounts go up to \$500-\$1,500 depending on a lodge's project.
- October 1 Scholarship applications open – Scholarship opportunities start at \$1,000 with an average scholarship of \$3,000.

October 9-10, 2020

- District 5 Board Meeting ~~in Illinois~~

October 10, 2020

- Lodge photos are due to the District Publicity Director by the 10th of the month for the 'Viking' Magazine consideration in the edition three months out.

October 15, 2020

- Lodge liability premium is due to Sons of Norway Headquarters.

November 10, 2020

- Lodge photos are due to the District Publicity Director by the 10th of the month for the 'Viking' Magazine consideration in the edition three months out.

December 2020

- D17 and D18 forms, instructions and timeline sent to lodge treasurers.

December 10, 2020

- Lodge photos are due to the District Publicity Director by the 10th of the month for the 'Viking' Magazine consideration in the edition three months out.

December 15, 2020

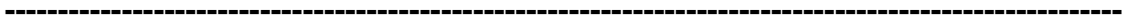
- District 5 Sports Challenge ends

December 16, 2020

- Application deadline for:
 - Community Partnership Grant applications are due to Sons of Norway Foundation.
- Date that new member applications (paper forms) must be **received** at HQ to ensure processing in time for end-of-year delegate calculation and recruitment challenge recognition. (Online applications may be submitted through December 31.)

December 31, 2020

- Lodge Officer Update/D63 information is due to Membership Services at Sons of Norway Headquarters.
- Last day to enter new membership applications into the database for delegate calculations and 2019 recruitment challenge recognition. (**Paper applications should be received at headquarters by December 15** to ensure adequate time for processing.)
- Application deadline for:
 - - Lodge Helping Hands to Children Grant*
 - Lodge Culture and Heritage Grant*
 - Lodge Vitality Grant*
- Deadline to order Baneløpet supplies.



DISTRICT FIVE LODGE MEETING

Idun Lodge will host the meeting in 2022 in Madison, Wisconsin. Hotel to be determined.

INTERNATIONAL LODGE MEETING

The International Lodge Meeting will be held in 2022. The location has not been announced.

Viking Chest Rotation

- The rotation will begin again with this rotation.
- The zone directors are responsible for keeping track of the whereabouts and letting their lodges know that the chest is in their zone for that time period.
- The chest should be brought back to the District Board Meeting to be given to the next zone.

Time period	Zone with chest
October 2019-April 2020	5
April 2020-October 2020	2

October 2020-April 2021	4
April 2021-October 2021	6
October 2021 – April 2022	1
April 2022 – October 2022	3

Zone Meeting Schedule 2020

Zone	Date	Hosted by	Location
1	Thursday, Feb 20 at 1:15	Zone 1 Directors	Veterans Community Center, Hayward during the volunteer reception after Barnebirkie
2			
3	Sat. January 25	Mandt Lodge	Stoughton, WI
4			
5			
6			

Note:

- Check correspondence from the International and District and the International (www.sofn.com) and District (www.sonsofnorway5.com) websites for any updates and changes.
- Additional deadlines for the District 5 and International Conventions/Lodge Meetings will be added as those dates are established. Watch for future mailings and the District 5 website.
- The District 5 Convention will be June 25-28 at the Radisson Hotel, Grand Canyon Drive, Madison hosted by Idun Lodge.
- The International Sons of Norway Convention will be August 19-23, 2020 in Ringsaker Norway

Compiled by Darlene Arneson, SN District 5 Secretary (arnesonfamily5@gmail.com or 608-873-7209)

FFFN Basics

In an attempt to help our lodge leaders become more familiar with resources, changes, deadlines and other information, I will compile a weekly “Friendly Fifth Friday News” email to our leadership. Some of the information you might already have, but hopefully it will be a good reminder for all of us (me included) of all the great resources that Sons of Norway has to offer. **Please feel free to cut and paste any of this information for your lodge’s use!**

Send all web posting info and calendar dates/events directly to our webmaster at inputd5@sonsofnorway5.com With our new arrangement, I actually send the FFFN pdf to our webmaster on Thursday morning before I go to work. So if you have anything you’d like me to consider putting in, please send it by Wednesday night. Please do not send pdf’s as I have a hard time cutting and pasting them. The Word Document works best for me. Don’t forget that lodge events should be submitted to inputd5@sonsofnorway5.com as I have a hard time keeping track of all lodge activities. I’ll put some in but that is more the role of the website event calendar.

If you would like to get the MS Word document, just shoot me an email and I'll add you to the list. I send it out right after I send the email to the large group.

Darlene Arneson – arnesonfamily5@gmail.com